

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|                                     | Time  | P/F/S | Name | Age/Yr                  |    |           |  |
|-------------------------------------|-------|-------|------|-------------------------|----|-----------|--|
| <b>Women 10 &amp; Under 50 Free</b> |       |       |      |                         |    |           |  |
| 1                                   | 32.92 | L     | F    | Olivia Geldart          | 10 | INFA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 2                                   | 33.32 | L     | F    | Leah Dabrowski          | 10 | BLMA CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 3                                   | 33.43 | L     | F    | Mila Geldenhuys         | 10 | ACAQ CCD  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 4                                   | 33.48 | L     | F    | Hayley Greyvenstein     | 10 | USC BUF   | 09/02/2024 Infinity Gala 2024                      |
| 5                                   | 33.81 | L     | F    | Elke Coetsee            | 10 | FISH EDD  | 09/02/2024 Infinity Gala 2024                      |
| 6                                   | 33.85 | L     | F    | Isabel Helberg          | 10 | MDOL JHB  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 7                                   | 33.89 | L     | P    | Mia Kunzler             | 9  | KLOO ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 8                                   | 33.93 | L     | F    | Demi Vorster            | 10 | TUKS FSH  | 12/12/2023 NTS Championships 2023                  |
| 9                                   | 34.67 | L     | P    | Haley Pieterse          | 9  | INFA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 10                                  | 34.77 | L     | P    | Kasey De Bruyn          | 10 | TUKS FSH  | 12/12/2023 NTS Championships 2023                  |
| 11                                  | 34.81 | L     | F    | Hannah Raphaela Morgado | 10 | CSA EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 12                                  | 34.85 | L     | P    | Lisa Le Roux            | 10 | BLOT MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 13                                  | 34.91 | L     | F    | Layla Palframan         | 10 | SEAL UMD  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 14                                  | 34.94 | L     | P    | Anè Bezuidenhout        | 9  | TUKS FSH  | 12/12/2023 NTS Championships 2023                  |
| 15                                  | 35.17 | L S   | P    | Bria Ahmed              | 10 | SAAW CPT  | 14/12/2023 Western Cape LC-A Championship 2023     |
| 16                                  | 35.19 | L     | F    | Annebelle Botha         | 10 | PER JHB   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 17                                  | 35.25 | L     | F    | Faye Webb               | 10 | SSISA CPT | 21/01/2024 CTA BMEET 4                             |
| 18                                  | 35.56 | L     | P    | Gia Warby               | 10 | AFIN JHB  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 19                                  | 35.67 | L     | F    | Elle-Anne Roper         | 9  | WSS LLD   | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 20                                  | 35.74 | L     | F    | Lefei Li                | 10 | WATR JHB  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 21                                  | 35.75 | L     | P    | Hannah Stearn           | 10 | INFA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 22                                  | 35.76 | L     | F    | Ella Johnson            | 10 | SAAW CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 23                                  | 35.78 | L     | P    | Cara Hill               | 10 | OHAN ILD  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 24                                  | 35.84 | L     | F    | Kaylie Van der Linde    | 10 | VHD ZLD   | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 25                                  | 35.96 | L     | P    | Siphwosethu Sikhakhane  | 10 | AZON ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 26                                  | 36.47 | L     | F    | Kayla Pieterse          | 10 | LSWBA WB  | 27/01/2024 Limpopo School Champs                   |
| 27                                  | 36.49 | L S   | F    | Keyla Douglas           | 10 | ROA EDD   | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 28                                  | 36.50 | L     | P    | Yamakhuze Loni          | 10 | INFA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 29                                  | 36.53 | L     | P    | Ashleigh Goosen         | 9  | UNI EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 30                                  | 36.60 | L     | P    | Alexi Dandoulakis       | 10 | CA EKU    | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 31                                  | 36.70 | L     | F    | Skye Taute              | 9  | LSM EZD   | 23/02/2024 NW School Championships 2024            |
| 32                                  | 36.77 | L     | F    | Simone Zoutendyk        | 10 | RBOT BPD  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 33                                  | 36.79 | L     | F    | Berre Sun               | 9  | MDOL JHB  | 24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb    |
| 34                                  | 37.00 | L     | F    | Lize Beyers             | 10 | AGAQ QBD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 35                                  | 37.06 | L S   | F    | Isabella Liberty        | 10 | GREY CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 36                                  | 37.11 | L     | F    | Courtney Grant          | 10 | WSTV ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 37                                  | 37.13 | L     | P    | Shalom Mtileni          | 10 | UNI EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 38                                  | 37.19 | L     | F    | Vida Olivier            | 10 | BLNE MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 39                                  | 37.27 | L     | P    | Kyla Coetzee            | 10 | TUKS FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 40                                  | 37.28 | L     | P    | Amy-Lee Wood            | 10 | TCA EKU   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 41                                  | 37.38 | L     | F    | Maria Geyser            | 10 | LSBOS WB  | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 42                                  | 37.41 | L     | F    | Lily Bailes             | 10 | COLJ NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 43                                  | 37.45 | L     | P    | Carli Stoop             | 10 | COMS FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 44                                  | 37.48 | L     | P    | Ditebogo Pheeha         | 10 | ACAQ CCD  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 45                                  | 37.63 | L     | P    | Sarah Mann              | 10 | CA EKU    | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 46                                  | 37.77 | L     | F    | Morgan Thyssse          | 9  | USC BUF   | 15/12/2023 NMBA Championships 2023                 |
| 47                                  | 37.83 | L     | F    | Saskia Gilligan         | 10 | BLMA CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 48                                  | 37.84 | L     | P    | Sophia Clutties         | 9  | WSTV ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 49                                  | 37.87 | L     | F    | Colleen McQueen         | 10 | BLSS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 50*                                 | 37.97 | L     | F    | Accalia Maartens        | 9  | BLOT MAN  | 06/12/2023 Free State Champs 2023                  |
| 50*                                 | 37.97 | L     | P    | Sophie Chiang           | 10 | WATR JHB  | 30/11/2023 CGA Championships 2023                  |
| 52                                  | 37.99 | L     | P    | Mika Ferreira           | 10 | ZASC FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 53                                  | 38.01 | L     | F    | Jane Tredoux            | 10 | BLNE MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 54                                  | 38.03 | L     | F    | Thendo Nemakanga        | 9  | AAS JHB   | 02/03/2024 AG Level 1 Regional Age Group           |
| 55                                  | 38.04 | L     | F    | Emma McClure            | 10 | BCA BUF   | 13/01/2024 BCA Inter-District Championship Gala    |
| 56                                  | 38.08 | L S   | F    | Olivia Normington       | 10 | XCEL CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 57                                  | 38.09 | L     | F    | Caro Bishop             | 10 | VINE CPT  | 21/01/2024 CTA BMEET 4                             |
| 58                                  | 38.19 | L     | F    | Lebogang Maredi         | 10 | SS MPD    | 01/12/2023 Limpopo Champs                          |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                |    |           |            |   |
|------|-------|-------|------|-----------------------|----|-----------|------------|---|
| 59   | 38.22 | L     | F    | Mambay Banza          | 10 | UNI EZD   | 02/02/2024 | MP AGE GROUP 5 GALA                     |
| 60   | 38.34 | L     | F    | Gianna Olivier        | 10 | PAQU CED  | 10/02/2024 | WCA-B Champs - 2024                     |
| 61   | 38.37 | L     | P    | Zara Komani           | 10 | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 62   | 38.39 | L     | F    | Lily Marais           | 10 | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                     |
| 63   | 38.41 | L     | F    | Jaime-Lynn Vermeulen  | 10 | HARL BUF  | 27/01/2024 | BCA January Age Group Gala 2024         |
| 64   | 38.42 | L     | P    | Grace Hoar            | 9  | KLOO ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 65   | 38.45 | L     | F    | Arianne Bac           | 9  | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 66   | 38.48 | L     | F    | Addison Pitout        | 9  | ASAC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 67   | 38.58 | L     | F    | Paige Davies          | 10 | KLOO ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 68   | 38.68 | L     | P    | Murunwa Thidiela      | 10 | BON ECU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 69   | 38.75 | L     | F    | Mila Nel              | 10 | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 70   | 38.76 | L     | P    | Rachel Thompson       | 10 | PSC TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 71   | 38.77 | L     | P    | Diante Bothma         | 10 | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 72   | 38.79 | L     | P    | Nissi Mtetwa          | 10 | WWOL TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 73   | 38.81 | L     | P    | Emma Roets            | 10 | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 74   | 38.84 | L     | P    | Daniella Louw         | 10 | FAAC      | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 75   | 38.85 | L     | P    | Chelsey Crossman      | 10 | BLSS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 76   | 38.86 | L     | P    | Alexi Claassen        | 10 | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 77   | 38.88 | L     | P    | Mackenzi Dart         | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 78   | 38.96 | L     | F    | Sophia Abrams         | 9  | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 79   | 39.04 | L     | P    | Vinelle Moss          | 10 | PEAS NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 80   | 39.05 | L     | P    | Emma-lee Claassen     | 9  | TKS WBD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 81   | 39.18 | L     | P    | Leah Schemel          | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 82   | 39.19 | L     | P    | Emily Van Der Byl     | 10 | USC BUF   | 09/02/2024 | Infinity Gala 2024                      |
| 83*  | 39.24 | L     | F    | Annabelle Van Onselen | 9  | TYGE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 83*  | 39.24 | L     | F    | Shaylee Scheffer      | 10 | GREY CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 85   | 39.25 | L     | F    | Emma Vorster          | 10 | HPS TSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 86   | 39.26 | L     | F    | Kirsti Davids         | 10 | GREY CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 87   | 39.27 | L     | P    | Ava Maritz            | 10 | SEAL UMD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 88   | 39.29 | L     | P    | Mia Mostert           | 10 | AWIN TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 89   | 39.31 | L     | P    | Danica Grant          | 10 | SOUL ECU  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 90   | 39.33 | L     | P    | Anrike Bothma         | 9  | AQU ADJ   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 91   | 39.35 | L     | F    | Kyra Du Preez         | 10 | USC BUF   | 24/11/2023 | BCA Long Course Championships 2023      |
| 92   | 39.37 | L     | P    | Mia Oosthuizen        | 10 | PAC TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 93   | 39.40 | L     | P    | Catherine Couch       | 10 | QUES JHB  | 30/11/2023 | CGA Championships 2023                  |
| 94   | 39.42 | L     | F    | Zaan Van Goeverden    | 10 | FISH EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 95   | 39.44 | L     | F    | Erin Shekel           | 10 | CYBE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 96   | 39.47 | L     | P    | Mia De Lange          | 10 | SS MPD    | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 97   | 39.51 | L     | F    | Hayden Perrins        | 10 | GREY CPT  | 21/01/2024 | CTA BMEET 4                             |
| 98   | 39.52 | L     | F    | Z'Ney Piechaczek      | 9  | BLOT MAN  | 06/12/2023 | Free State Champs 2023                  |
| 99*  | 39.55 | L     | F    | SCARLETT MAC DONALD   | 8  | ROA EDD   | 09/02/2024 | Infinity Gala 2024                      |
| 99*  | 39.55 | L     | F    | Kenzie Du Preez       | 10 | PRIO NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 101  | 39.57 | L S   | F    | Morgan Baard          | 10 | FISH EDD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 102  | 39.58 | L     | P    | Elmine Opperman       | 10 | KTS       | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 103* | 39.59 | L     | F    | Leah Verdon           | 10 | INFA NMA  | 24/06/2023 | PEA Winter Gala 2023                    |
| 103* | 39.59 | L     | P    | Gabriella Scott       | 10 | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 105* | 39.63 | L     | F    | Kayla Coetzee         | 10 | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |
| 105* | 39.63 | L     | P    | Mia Thompson          | 9  | BEST NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 107* | 39.70 | L S   | F    | Dine Vd Wal           | 10 | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 107* | 39.70 | L     | P    | Holly Couzens         | 10 | SGUL ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 109  | 39.71 | L     | F    | Thalia Breedt         | 10 | KSC EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 110  | 39.76 | L     | P    | Morgan Burstein       | 10 | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 111  | 39.84 | L S   | F    | Cayden Parfitt        | 10 | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 112  | 39.85 | L     | F    | Katherine Van Zyl     | 10 | CPSC TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 113  | 39.87 | L     | F    | Amber Gewer           | 10 | MDOL JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 114  | 39.93 | L     | P    | Peta De Souza         | 9  | EXP TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 115  | 39.94 | L     | F    | Elné Hoffmann         | 9  | BS LLD    | 27/10/2023 | Neptune Prestige Gala                   |
| 116  | 39.95 | L     | F    | Sabrina Madondo       | 10 | AAS JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 117  | 39.96 | L     | F    | Wendy Modiba          | 10 | POLSC CCD | 11/11/2023 | Limpopo Age Group 5                     |

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

|      | Time      | P/F/S | Name                  | Age/Yr |           |            |   |
|------|-----------|-------|-----------------------|--------|-----------|------------|---|
| 118  | 39.97 L   | F     | Inge Jv Vuuren        | 10     | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 119* | 40.04 L   | P     | Miane Steyn           | 10     | LEGC ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 119* | 40.04 L   | P     | Ava Du Preez          | 10     | BEAV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 121* | 40.18 L   | F     | Mika Pelser           | 10     | AFIN JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 121* | 40.18 L   | F     | Skyler Muller         | 10     | HARL BUF  | 24/11/2023 | BCA Long Course Championships 2023      |
| 123  | 40.21 L   | F     | Anni Jordaan          | 9      | QSAW CED  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 124  | 40.28 L   | F     | Alyx Cupido           | 8      | BLNE MAN  | 06/12/2023 | Free State Champs 2023                  |
| 125  | 40.30 L   | F     | Aziza Zuma            | 10     | ACSA ETH  | 16/02/2024 | EDA Age Group Gala 6 2024               |
| 126  | 40.33 L S | F     | Kaylee Vd Wal         | 10     | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 127* | 40.37 L   | F     | Lea Dornbrack         | 10     | WELL CED  | 03/02/2024 | Winelands SL final                      |
| 127* | 40.37 L   | F     | Kailah Nel            | 10     | BLSS MAN  | 03/02/2024 | Heidedal Welkom Gala 2                  |
| 129  | 40.44 L   | F     | Cayleigh Knott        | 10     | ASAC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 130  | 40.47 L   | F     | Olivia Odendaal       | 10     | HPS FSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 131  | 40.52 L   | F     | Ashley Du Randt       | 10     | TYGE CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 132  | 40.56 L   | F     | Anna Steenkamp        | 10     | VINE CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 133  | 40.60 L   | F     | Tlotlotsame Makatiers | 10     | SPPS BP   | 23/02/2024 | NW School Championships 2024            |
| 134  | 40.61 L   | F     | Pia Swanepoel         | 10     | ASAC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 135  | 40.65 L   | F     | Nduvho Rabambi        | 10     | BULS MAN  | 11/11/2023 | Bull Sharks Gala                        |
| 136  | 40.67 L   | F     | Kayden Jack           | 10     | PER JHB   | 24/02/2024 | CGA Level 2+ Last Chance Gala 24 Feb    |
| 137  | 40.79 L   | F     | Engela Klopper        | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 138  | 40.82 L   | F     | Millay de Kock        | 9      | NWS       | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023        |
| 139  | 40.99 L   | F     | Lily-Mae Smith        | 10     | TCA EKU   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 140* | 41.02 L   | F     | Cato" Erasmus         | 10     | UNAT      | 06/12/2023 | Free State Champs 2023                  |
| 140* | 41.02 L   | F     | Rachel John           | 9      | DORE JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 140* | 41.02 L   | F     | Madison Warby         | 9      | AFIN JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 143* | 41.04 L   | F     | Izelda Meyer          | 10     | VHD ZLD   | 03/02/2024 | KCDA February Age Group 2024            |
| 143* | 41.04 L   | F     | Amy Freeman           | 10     | NAE EZD   | 23/09/2023 | MP SPRINT GALA 23 SEPTEMBER             |
| 145  | 41.06 L   | F     | Amelie Theron         | 9      | QUIC CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 146* | 41.08 L   | F     | Anzel Smit            | 10     | EXP FSH   | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 146* | 41.08 L   | F     | Lizanté Bam           | 10     | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 148  | 41.14 L   | P     | Jeanine Goosen        | 10     | BLNE MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 149  | 41.15 L   | F     | Maya Schenck          | 10     | TYGE CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 150  | 41.17 L S | F     | Zayb Christians       | 9      | HURA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 151  | 41.23 L   | F     | Bella-Rose Hutchinson | 9      | SGUL ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 152  | 41.24 L   | F     | Avah Smit             | 9      | TKS WBD   | 01/12/2023 | Limpopo Champs                          |
| 153  | 41.29 L   | F     | Anashe Nhando         | 10     | AFIN JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 154* | 41.34 L   | F     | Marli Strydom         | 10     | QUIC CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 154* | 41.34 L   | F     | Myra Bailey           | 10     | HASC JHB  | 27/01/2024 | CGA Level 2+ Gala 27 Jan 2024           |
| 156  | 41.35 L   | F     | Courtney Killian      | 9      | CPPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 157  | 41.38 L   | F     | Elizabeth Hartman     | 9      | BLOT MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 158* | 41.40 L   | F     | Amelie Piater         | 9      | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |
| 158* | 41.40 L   | P     | Tiisetso Makhatho     | 10     | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 160  | 41.44 L   | F     | Alexa Kuhn            | 10     | CASC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 161  | 41.50 L   | F     | Zoë Selesho           | 10     | TUKS FSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 162  | 41.51 L   | P     | Lisa Kotzé            | 9      | POTC KKD  | 06/12/2023 | NWS Championships 2023/24               |
| 163  | 41.56 L   | F     | Ané Venter            | 10     | FISH EDD  | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 164  | 41.57 L   | F     | Lusanele Qusheka      | 10     | BEST NMA  | 21/10/2023 | 4th A League Gala 2023                  |
| 165  | 41.59 L   | P     | Christine Van Zyl     | 9      | CPSC FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 166* | 41.60 L   | F     | Leané Bruwer          | 10     | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 166* | 41.60 L   | P     | Holly Noble           | 10     | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 168  | 41.63 L S | F     | Lily Van Zyl          | 10     | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 169  | 41.67 L   | F     | Chelsey Witney        | 10     | PGAC EKU  | 15/09/2023 | EGA Summer 1                            |
| 170  | 41.72 L   | F     | Helana Pretorius      | 10     | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 171  | 41.74 L   | P     | Lianka Spies          | 10     | HARB BPD  | 06/12/2023 | NWS Championships 2023/24               |
| 172  | 41.80 L   | F     | Zeney De Beer         | 10     | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 173  | 41.81 L   | F     | Mariane Labuschagne   | 10     | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                     |
| 174  | 41.85 L   | F     | Hayley Liedeman       | 10     | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 175  | 41.88 L   | F     | Riaze Haynes          | 9      | RFA FSH   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 176* | 41.95 L   | F     | Charlize Tröger       | 10     | LSPHA MP  | 27/01/2024 | Limpopo School Champs                   |

## Individual Top Times

**Times since: 01-May-23**  
**Number of Top Times: All**

**Times until: 30-Apr-24**  
**Show Long Course Only**

|      | Time  | P/F/S | Name | Age/Yr                        |    |       |  |
|------|-------|-------|------|-------------------------------|----|-------|--|
| 176* | 41.95 | L     | F    | Anais Christine van Huyssteen | 9  | VRC   | FSH 02/03/2024 AG Level 1 Regional Age Group           |
| 178  | 41.97 | L     | F    | Kethelo Mkhize                | 10 | USH   | KCD 03/02/2024 KCDA February Age Group 2024            |
| 179  | 42.01 | L     | F    | Leah Victor                   | 9  | LSPHA | MP 27/01/2024 Limpopo School Champs                    |
| 180  | 42.03 | L     | F    | Charme Van Niekerk            | 9  | LSPN  | MP 27/01/2024 Limpopo School Champs                    |
| 181  | 42.04 | L     | F    | Demi Palmer                   | 10 | PEAS  | NMA 24/06/2023 PEA Winter Gala 2023                    |
| 182  | 42.08 | L     | F    | Georgia Carls                 | 9  | KTS   | 03/02/2024 NCASA SPRINTS 2024                          |
| 183  | 42.09 | L     | P    | Holly Miles                   | 9  | SPS   | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 184  | 42.15 | L     | F    | Emma Oosthuizen               | 10 | AA    | JHB 02/03/2024 AG Level 1 Regional Age Group           |
| 185* | 42.17 | L     | F    | Mieke Drenth                  | 9  | AWIN  | FSH 02/02/2024 NTS Level 1+2 February Age Group        |
| 185* | 42.17 | L     | P    | Kelsey Markgraaff             | 9  | TUKS  | FSH 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 187  | 42.19 | L     | P    | Lexie Carstens                | 10 | TUKS  | FSH 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 188  | 42.21 | L     | F    | Lucy Van der Westhuizen       | 9  | NAE   | EZD 01/12/2023 Mpumalanga Championships 2023           |
| 189  | 42.25 | L     | F    | Lara Britz                    | 9  | FRA   | KCD 21/10/2023 Froggies Championships 2023             |
| 190  | 42.26 | L     | F    | Celiska Stemmet               | 10 | LSJM  | SKD 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 191  | 42.27 | L     | F    | Rorisang Lempe                | 9  | MAKO  | EKU 02/03/2024 AG Level 1 Regional Age Group           |
| 192  | 42.28 | L     | F    | Leanke Loots                  | 10 | KNYA  | EDD 17/02/2024 EDEN 5th A-League Gala 2024             |
| 193  | 42.33 | L     | F    | Beatrisa Kotkljar             | 10 | CYBE  | CPT 10/02/2024 WCA-B Champs - 2024                     |
| 194  | 42.36 | L     | P    | Bailey Bowman                 | 9  | CPRIM | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 195  | 42.46 | L     | F    | Anna Charlton                 | 10 | TRAZ  | FSH 02/03/2024 AG Level 1 Regional Age Group           |
| 196  | 42.49 | L     | P    | Isabelle de Beer              | 10 | HREF  | BP 05/04/2024 SA Level 2 Regional Age Group Champs     |
| 197  | 42.52 | L     | F    | Miané Prinsloo                | 10 | ACAQ  | CCD 01/12/2023 Limpopo Champs                          |
| 198  | 42.54 | L     | F    | Ava Forsythe                  | 8  | INFA  | NMA 09/02/2024 Infinity Gala 2024                      |
| 199  | 42.59 | L     | F    | Caitlin Lombard               | 10 | SPS   | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 200* | 42.60 | L     | P    | Bella-Mae Makelele            | 10 | HPPS  | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 200* | 42.60 | L S   | F    | Karin Gericke                 | 9  | CASC  | CPT 24/11/2023 CTA A & B CHAMPS 2023                   |
| 202  | 42.62 | L     | F    | Meziana Hammouche             | 10 | MAKO  | EKU 26/01/2024 EGA Last Chance 2024                    |
| 203  | 42.70 | L     | F    | Jane Barnard                  | 9  | UNI   | EZD 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 204  | 42.72 | L     | F    | Nina Groenewald               | 9  | KTS   | 13/01/2024 AGE GROUP 4 KATHU 2024                      |
| 205  | 42.74 | L     | F    | Paige Plumb                   | 8  | CSA   | EZD 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 206* | 42.80 | L     | F    | Miane Bendeman                | 10 | LSPHA | MP 27/01/2024 Limpopo School Champs                    |
| 206* | 42.80 | L     | F    | Qhama-Qhamisa Gonya           | 10 | SPS   | BUF 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 208* | 42.83 | L     | F    | Kirei Burgess                 | 8  | CA    | EKU 15/09/2023 EGA Summer 1                            |
| 208* | 42.83 | L     | F    | Paige Van Breda               | 9  | TCA   | EKU 02/03/2024 AG Level 1 Regional Age Group           |
| 210  | 42.90 | L     | F    | Scarlett Meiring              | 10 | SUMW  | NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 211  | 42.91 | L     | F    | Christine Kruger              | 10 | BLSS  | MAN 03/02/2024 Heidedal Welkom Gala 2                  |
| 212  | 42.93 | L     | F    | Kgadi Mamaila                 | 10 | DOLFI | MPD 01/12/2023 Limpopo Champs                          |
| 213  | 42.95 | L     | F    | Anje Adendorff                | 9  | KALA  | 03/02/2024 NCASA SPRINTS 2024                          |
| 214  | 43.00 | L     | P    | Bethany Pierce                | 8  | CPREP | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 215  | 43.02 | L     | F    | Jessica Francis               | 9  | SEAL  | UMD 24/11/2023 Westville-Seals LC Championships        |
| 216* | 43.04 | L     | F    | Amelie v Staden               | 10 | MCS   | BP 23/02/2024 NW School Championships 2024             |
| 216* | 43.04 | L     | F    | Anchen Schoeman               | 10 | BS    | LLD 06/12/2023 Free State Champs 2023                  |
| 218  | 43.09 | L     | F    | Courtney Alcock               | 10 | CASC  | CPT 21/01/2024 CTA BMEET 4                             |
| 219  | 43.13 | L     | F    | Anke Van den Berg             | 9  | CSC   | FSH 16/02/2024 NTS February Open Age Group 2024        |
| 220  | 43.16 | L     | F    | Peyton Strydom                | 9  | TUKS  | FSH 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 221  | 43.26 | L     | F    | Libe Fouche                   | 10 | LALE  | GED 03/02/2024 Winelands SL final                      |
| 222  | 43.29 | L     | F    | Leah Liebenberg               | 9  | TYGE  | CPT 21/01/2024 CTA BMEET 4                             |
| 223  | 43.30 | L     | F    | Katarina Stojanovic           | 9  | RFA   | FSH 02/03/2024 AG Level 1 Regional Age Group           |
| 224  | 43.31 | L     | F    | Isla Conradie                 | 10 | SAAW  | CPT 18/11/2023 CTA QUALIFYING MEET 2                   |
| 225  | 43.32 | L     | F    | Jessica Treeby                | 9  | AWIN  | FSH 03/11/2023 NTS Level 1+2 November Age Group        |
| 226  | 43.38 | L     | F    | Carli Marais                  | 10 | KNYA  | EDD 04/11/2023 EDEN 3rd A-League School Trials Gala    |
| 227* | 43.47 | L     | P    | Julie Schwartz                | 10 | SPS   | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 227* | 43.47 | L     | F    | Kgothatso Raphadu             | 9  | TUKS  | FSH 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 227* | 43.47 | L     | F    | Isabella Van Breda            | 10 | NWUC  | KKD 11/11/2023 NWS Age Group 3 + 4                     |
| 230  | 43.48 | L     | F    | Marlien Nell                  | 10 | GHS   | BP 23/02/2024 NW School Championships 2024             |
| 231  | 43.49 | L     | P    | Elmare Naude                  | 9  | DESA  | NMA 09/02/2024 Infinity Gala 2024                      |
| 232  | 43.54 | L     | F    | Mia Du Preez                  | 10 | BLNE  | MAN 01/09/2023 Seals Gala                              |
| 233  | 43.55 | L     | F    | Sofia Grebe                   | 8  | CUHE  | QBD 17/02/2024 Swartland Invitational Gala 2024        |
| 234  | 43.62 | L     | F    | Kaylyn Blair                  | 9  | BLOT  | MAN 06/12/2023 Free State Champs 2023                  |
| 235* | 43.64 | L     | F    | Mariandi Bredenkamp           | 10 | BS    | LLD 26/08/2023 kovsie Sprint Gala                      |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time    | P/F/S | Name                  | Age/Yr |           |            |   |
|------|---------|-------|-----------------------|--------|-----------|------------|---|
| 235* | 43.64 L | F     | Sarah Ferreira        | 9      | PER JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 237  | 43.67 L | F     | Mihanka vd Bank       | 10     | CUHE OBD  | 03/02/2024 | Winelands SL final                      |
| 238  | 43.75 L | F     | Anzel Swiegers        | 8      | BULS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 239  | 43.76 L | P     | Kamila Mohapi         | 10     | ESTR EKV  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 240  | 43.82 L | F     | Natalie Brown         | 10     | CKDP KK   | 23/02/2024 | NW School Championships 2024            |
| 241  | 43.88 L | F     | Bela Davis-Taylor     | 10     | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 242  | 43.91 L | F     | Meandri Vorster       | 9      | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 243  | 43.95 L | F     | Miele' Loftus         | 10     | BULS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 244  | 44.03 L | F     | Zoey Zovitzkey        | 9      | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 245* | 44.06 L | F     | Lea Noble             | 10     | BLMA CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 245* | 44.06 L | F     | Abigail Snyman        | 10     | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 245* | 44.06 L | P     | Mia Tonkinson         | 10     | SOUL EKV  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 248  | 44.16 L | F     | Marli Nel             | 9      | TUKS TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 249  | 44.17 L | P     | Josephine Watt        | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 250  | 44.19 L | F     | Lienke Rossouw        | 10     | LALE CED  | 11/11/2023 | Winelands SL4                           |
| 251  | 44.20 L | F     | Lily Jones            | 10     | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 252  | 44.24 L | F     | Lara Fouché           | 9      | KPA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 253  | 44.26 L | F     | Tabo Mwenenchanya     | 10     | CRSC JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 254* | 44.28 L | F     | Line Van Rooyen       | 10     | EXP TSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 254* | 44.28 L | F     | Lua Haasbroek         | 9      | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 256  | 44.29 L | F     | Geneva Keeton         | 10     | OHAN HLD  | 27/01/2024 | Ushaka Champs 2024                      |
| 257  | 44.31 L | F     | Mikayla Hanneman      | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 258  | 44.32 L | P     | Adison Gericke        | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 259  | 44.33 L | P     | Khloe Weimers         | 9      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 260  | 44.35 L | F     | Cayla Joubert         | 9      | PELIC MAN | 06/12/2023 | Free State Champs 2023                  |
| 261  | 44.37 L | F     | Kuhlesibonge Zulu     | 10     | DORE JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 262  | 44.45 L | P     | Grace McLean          | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 263* | 44.47 L | F     | Vida Vd Merwe         | 9      | LSJM SKD  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 263* | 44.47 L | F     | Skylin Koupis         | 10     | BLOT MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 263* | 44.47 L | F     | Nolitha Luhabe        | 9      | SWIFT EKV | 02/03/2024 | AG Level 1 Regional Age Group           |
| 266  | 44.49 L | F     | Huibrecht Engelbrecht | 8      | LSTZN CCD | 27/01/2024 | Limpopo School Champs                   |
| 267  | 44.50 L | F     | Luze Potgieter        | 10     | PAC TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 268  | 44.51 L | F     | Molly Wang            | 9      | OHAN HLD  | 27/01/2024 | Ushaka Champs 2024                      |
| 269  | 44.54 L | F     | Anje Weldhagen        | 9      | BLOT MAN  | 06/12/2023 | Free State Champs 2023                  |
| 270* | 44.58 L | F     | Isabella Purdon       | 10     | SWIM1 JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 270* | 44.58 L | F     | Emma Marx             | 9      | NAE EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 272  | 44.62 L | F     | Veronique Coetzee     | 9      | VAQ EKV   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 273  | 44.64 L | F     | Jessica Steyn         | 10     | VHD ZLD   | 24/11/2023 | Westville-Seals LC Championships        |
| 274* | 44.65 L | F     | Anika Nel             | 9      | EXP TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 274* | 44.65 L | F     | Mileah Fourie         | 9      | FRA KCD   | 18/11/2023 | KCDA November Age Group Gala 2023       |
| 276  | 44.74 L | P     | Happy Raphuti         | 10     | HARB BPD  | 06/12/2023 | NWS Championships 2023/24               |
| 277  | 44.77 L | F     | Marné Truter          | 10     | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |
| 278  | 44.82 L | F     | Psalm Oswald          | 9      | ESP EKV   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 279  | 44.84 L | P     | Emma Ranger           | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 280* | 44.88 L | F     | Kaleigh Henning       | 9      | LSTZN CCD | 27/01/2024 | Limpopo School Champs                   |
| 280* | 44.88 L | F     | Olivia Plowman        | 9      | SGUL ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 282  | 44.89 L | F     | Nienke van Wyngaard   | 8      | PSC TSH   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 283  | 45.03 L | F     | Reabetswe Tau         | 9      | PER JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 284  | 45.05 L | F     | Mari Malherbe         | 9      | QSAW CED  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 285  | 45.11 L | F     | Tenè Venter           | 10     | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 286  | 45.12 L | F     | Marizel Prinsloo      | 10     | BS LLD    | 06/12/2023 | Free State Champs 2023                  |
| 287  | 45.18 L | F     | Amice Seaman          | 8      | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 288  | 45.21 L | F     | Zanokuhle Luthuli     | 9      | USH KCD   | 03/02/2024 | KCDA February Age Group 2024            |
| 289  | 45.24 L | F     | Riley Adams           | 8      | LSN EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 290  | 45.25 L | F     | Reaotlotla Mofokeng   | 10     | NWUC KKD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 291  | 45.27 L | F     | Olivia Berry          | 10     | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 292  | 45.29 L | F     | Mine' Kirstein        | 10     | PAC TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 293  | 45.36 L | F     | Riani Vos             | 9      | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |
| 294  | 45.37 L | F     | Chloe Charedzera      | 10     | PEAS NMA  | 11/11/2023 | 5th A League Gala 2023                  |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr               |    |           |  |
|------|-------|-------|------|----------------------|----|-----------|--|
| 295  | 45.39 | L     | P    | Isabelle Oliphant    | 9  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 296  | 45.45 | L     | F    | Cara Cornelissen     | 9  | KTS       | 24/11/2023 AGE GROUP 2 KATHU 2023                  |
| 297* | 45.48 | L     | F    | Alexus Erasmus       | 9  | FSE KCD   | 21/10/2023 Froggies Championships 2023             |
| 297* | 45.48 | L     | F    | Elma Delpont         | 10 | BLSS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 299  | 45.52 | L     | F    | Nina Els             | 10 | RBOT BPD  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 300  | 45.53 | L     | P    | Noluthando Zungu     | 9  | HPPS BUF  | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 301  | 45.57 | L     | F    | Tebogo Machaba       | 10 | PER JHB   | 02/03/2024 AG Level 1 Regional Age Group           |
| 302  | 45.59 | L     | F    | Gabriella Loucao     | 9  | LSTZN CCD | 27/01/2024 Limpopo School Champs                   |
| 303  | 45.62 | L     | P    | Sadie Els            | 9  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 304  | 45.63 | L     | F    | Beulah vd Merwe      | 10 | MCS BP    | 23/02/2024 NW School Championships 2024            |
| 305  | 45.80 | L     | F    | Juliette Myburgh     | 9  | COLJ NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 306  | 45.82 | L     | P    | Leah Vos             | 10 | CSA EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 307  | 45.83 | L     | F    | Kendall Perrins      | 8  | GREY CPT  | 21/01/2024 CTA BMEET 4                             |
| 308  | 45.84 | L     | F    | Leah Kriel           | 9  | GREY CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 309  | 45.85 | L     | F    | Lenice Lange         | 10 | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 310  | 45.86 | L     | F    | Phelan Labuscagne    | 10 | QUES JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 311* | 45.89 | L     | P    | Emma-Kate McCallum   | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 311* | 45.89 | L     | P    | Alexia Botha         | 10 | KALA      | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 313  | 45.90 | L     | P    | Rachael McMaster     | 9  | HPPS BUF  | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 314* | 45.92 | L     | F    | Marguerite Burger    | 9  | SWAR WCD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 314* | 45.92 | L     | F    | Annabel Swart        | 9  | QSAW CED  | 21/01/2024 CTA BMEET 4                             |
| 316* | 45.97 | L     | F    | Jaunté Duvenage      | 10 | LPTBO CCD | 27/01/2024 Limpopo School Champs                   |
| 316* | 45.97 | L     | F    | Lisa Myburgh         | 9  | AFIN JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 318* | 45.99 | L     | F    | Janina Badenhorst    | 9  | HREF BP   | 03/11/2023 NTS Level 1+2 November Age Group        |
| 318* | 45.99 | L S   | P    | Emily Bestbier       | 10 | BON EKU   | 07/12/2023 EGA Summer Championships                |
| 320* | 46.03 | L     | F    | Hanneli van der Watt | 8  | GREY CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 320* | 46.03 | L     | F    | Milana Kyriakides    | 9  | SOUL EKU  | 02/03/2024 AG Level 1 Regional Age Group           |
| 322  | 46.06 | L     | F    | Annabelle Ras        | 10 | QUIC CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 323  | 46.07 | L     | F    | Ayana Mandeau        | 8  | HPPS BUF  | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 324  | 46.09 | L S   | F    | Amy Dick             | 9  | HURA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 325  | 46.13 | L     | F    | Elbe van Zyl         | 9  | BLNE MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 326  | 46.15 | L S   | P    | Vania Martin         | 10 | SOUL EKU  | 07/12/2023 EGA Summer Championships                |
| 327  | 46.16 | L     | F    | Ivy Wilkins          | 9  | HPS TSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 328  | 46.17 | L     | F    | Dominique Du Plessis | 9  | HPS TSH   | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 329  | 46.18 | L     | F    | Tshegofatso Le Roux  | 10 | CASC CPT  | 17/09/2023 CTA BMEET 3                             |
| 330  | 46.27 | L     | P    | Etli Van Niekerk     | 10 | CSA EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 331  | 46.29 | L     | F    | Rouxvé Henn          | 8  | ZASC TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 332  | 46.30 | L     | F    | Jana Hiestermann     | 9  | DDA TSH   | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 333  | 46.31 | L     | F    | Aishah Bingudza      | 10 | VRC TSH   | 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 334  | 46.33 | L     | F    | Ava Sincock          | 8  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 335  | 46.34 | L     | F    | Ilanca Smuts         | 10 | PPARK BP  | 23/02/2024 NW School Championships 2024            |
| 336  | 46.40 | L     | F    | Roxanne Hautmann     | 10 | DSK BP    | 23/02/2024 NW School Championships 2024            |
| 337  | 46.41 | L     | F    | Tabea Greyling       | 10 | RFA TSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 338  | 46.45 | L     | P    | Arielle Christie     | 9  | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 339  | 46.50 | L     | F    | Olivia Wood          | 10 | BARA EKU  | 26/01/2024 EGA Last Chance 2024                    |
| 340  | 46.56 | L     | F    | Liya Cartens         | 9  | CPSC TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 341  | 46.61 | L     | F    | Tshegofatso Kwadjo   | 10 | TUKS TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 342  | 46.68 | L     | F    | Minay Boshoff        | 9  | PSC TSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 343  | 46.71 | L     | F    | Hayleigh Roux        | 10 | FROS FMD  | 02/03/2024 FSA Level 1 2024                        |
| 344* | 46.73 | L     | F    | Iané Briedenhann     | 9  | BLNE MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 344* | 46.73 | L     | F    | Elzere Meyer         | 9  | NAE EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 346  | 46.74 | L     | F    | Emma Gutsche         | 10 | POLSC CCD | 01/12/2023 Limpopo Champs                          |
| 347  | 46.80 | L     | F    | Gemma Goedhals       | 9  | INFA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 348  | 46.81 | L     | F    | Olivia Viviers       | 9  | SPS BUF   | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 349* | 46.92 | L     | F    | Lente Keun           | 8  | VINE CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 349* | 46.92 | L     | P    | Taylor Geswind       | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 351  | 46.94 | L     | F    | Eva Coates           | 8  | FISH EDD  | 24/06/2023 PEA Winter Gala 2023                    |
| 352  | 46.98 | L     | P    | Danelle Louw         | 10 | BULS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 353  | 47.02 | L     | F    | Faythe Evans         | 10 | HASC JHB  | 02/03/2024 AG Level 1 Regional Age Group           |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time  | P/F/S | Name | Age/Yr              |    |           |  |
|------|-------|-------|------|---------------------|----|-----------|--|
| 354  | 47.04 | L     | F    | Kano Molefe         | 9  | HREF BP   | 03/11/2023 NTS Level 1+2 November Age Group        |
| 355  | 47.11 | L     | P    | Natalie Maritz      | 10 | NSAD EZD  | 01/12/2023 Mpumalanga Championships 2023           |
| 356* | 47.13 | L     | F    | Dané Combrinck      | 10 | TUKS TSH  | 29/09/2023 2023 OR Tambo Trials & NTS Oct AG       |
| 356* | 47.13 | L     | F    | Katryn Gerber       | 10 | CPPS NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 358  | 47.19 | L S   | P    | Maya Chelin         | 10 | H2O EKU   | 07/12/2023 EGA Summer Championships                |
| 359  | 47.20 | L     | F    | Leah Staples        | 9  | PELIC MAN | 02/03/2024 FSA Level 1 2024                        |
| 360* | 47.23 | L S   | F    | Mpho Kutumane       | 10 | UWCA CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 360* | 47.23 | L     | F    | Khera Murray        | 10 | H2O EKU   | 26/01/2024 EGA Last Chance 2024                    |
| 362* | 47.25 | L     | F    | Lia Geldenhuys      | 8  | BULS MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 362* | 47.25 | L     | F    | Taylor Matthyser    | 10 | LSKP WB   | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 364* | 47.36 | L     | P    | Miane Kruger        | 9  | MATL KKD  | 06/12/2023 NWS Championships 2023/24               |
| 364* | 47.36 | L     | F    | Kai Roux            | 9  | SOUL EKU  | 02/03/2024 AG Level 1 Regional Age Group           |
| 366  | 47.38 | L     | F    | Otiile Molamu       | 10 | TUKS TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 367* | 47.40 | L     | F    | Jamie Pentz         | 8  | BLOT MAN  | 02/03/2024 FSA Level 1 2024                        |
| 367* | 47.40 | L     | F    | Olivia Sherry       | 9  | HERO JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 369  | 47.41 | L     | F    | Johane' Goosen      | 10 | BLOT MAN  | 02/03/2024 FSA Level 1 2024                        |
| 370  | 47.57 | L     | F    | Mackenzie Bouwer    | 9  | EXP TSH   | 03/11/2023 NTS Level 1+2 November Age Group        |
| 371  | 47.63 | L     | F    | Natalie Gouveia     | 9  | SOUL EKU  | 28/10/2023 EGA Summer 2 2023                       |
| 372  | 47.65 | L S   | F    | Alyssa Bosch        | 10 | BARR CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 373  | 47.70 | L     | F    | Mia du Plessis      | 10 | OLS BP    | 23/02/2024 NW School Championships 2024            |
| 374  | 47.73 | L     | F    | Klara Bruwer        | 10 | SUMW NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 375  | 47.81 | L     | F    | Madison Dingle      | 9  | SOUL EKU  | 02/03/2024 AG Level 1 Regional Age Group           |
| 376  | 47.83 | L     | P    | Sofia Liss          | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 377  | 47.85 | L     | F    | Mamoso Ramokgopa    | 10 | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 378  | 47.88 | L     | F    | Lene Wessels        | 9  | BLOT MAN  | 21/10/2023 Otters Prestige Gala 2023               |
| 379  | 47.92 | L S   | F    | Mieke Labuschagne   | 8  | GSA CPT   | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 380  | 47.94 | L     | F    | Lexi Abrahamse      | 10 | VINE CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 381  | 47.97 | L     | F    | Erin Mackenzie      | 9  | FAAC      | 14/10/2023 FLAMINGO GALA 14 - 15 OCTOBER           |
| 382  | 47.98 | L     | F    | Mia Haddad          | 10 | FAAC      | 20/01/2024 AGE GROUP 5 KBY 2024                    |
| 383  | 48.01 | L     | F    | Emma Macallum       | 9  | SPS BUF   | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 384  | 48.06 | L     | P    | Isabella Du Preez   | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 385  | 48.08 | L     | F    | Josephine Feher     | 10 | DORE JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 386  | 48.15 | L     | F    | Olivia Mason        | 9  | UNI EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 387  | 48.16 | L     | F    | Lienke Myburgh      | 9  | CSA EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 388  | 48.21 | L     | F    | Milan Botha         | 9  | TASC MPD  | 01/12/2023 Limpopo Champs                          |
| 389  | 48.23 | L     | F    | Jorja-Lee Hendricks | 9  | TYGE CPT  | 17/09/2023 CTA BMEET 3                             |
| 390  | 48.25 | L     | F    | Sophia Erasmus      | 8  | FROS TMD  | 18/11/2023 Valsrivier Gala                         |
| 391  | 48.30 | L     | F    | Sabella Chetty      | 10 | HHPs NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 392  | 48.32 | L     | F    | Lila Raubenheimer   | 9  | GILL NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 393  | 48.38 | L     | P    | Ava van Coller      | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 394  | 48.41 | L     | F    | Kayline Cronje      | 9  | JAQ EKU   | 02/03/2024 AG Level 1 Regional Age Group           |
| 395  | 48.43 | L     | F    | Keira Douglas       | 8  | BLOT MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 396  | 48.51 | L S   | P    | Rachel Johnson      | 10 | BARA EKU  | 07/12/2023 EGA Summer Championships                |
| 397  | 48.53 | L     | F    | Mieke Taylor        | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 398  | 48.55 | L     | F    | Nelia Kleynhans     | 9  | POTC KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 399  | 48.56 | L     | F    | Emma Strydom        | 9  | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 400  | 48.57 | L     | F    | Belissa Shabangu    | 7  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 401  | 48.59 | L     | F    | Amy Masterson       | 10 | INFA NMA  | 23/09/2023 3rd A League Gala 2023                  |
| 402  | 48.61 | L     | F    | Danielle De Jager   | 10 | OLDE JHB  | 27/01/2024 CGA Level 2+ Gala 27 Jan 2024           |
| 403* | 48.66 | L S   | F    | Henriette Odendaal  | 8  | QUIC CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 403* | 48.66 | L     | F    | Annabel Marais      | 10 | ACSC TSH  | 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 405  | 48.68 | L     | F    | Janah Louw          | 9  | KALA      | 17/02/2024 KATHU T&S CLUB GALA 2024                |
| 406  | 48.71 | L     | F    | Nienke Eksteen      | 10 | VALS FDD  | 06/12/2023 Free State Champs 2023                  |
| 407  | 48.73 | L     | F    | Teagan Morrith      | 9  | SOUL EKU  | 26/01/2024 EGA Last Chance 2024                    |
| 408  | 48.75 | L     | F    | Yu Xi Jin           | 10 | TYGE CPT  | 11/11/2023 Winelands SL4                           |
| 409  | 48.83 | L     | F    | Ava Candiotes       | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 410  | 48.87 | L     | F    | Jaed Beaton         | 10 | HHPs NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 411  | 48.88 | L     | F    | Heidi Du Toit       | 8  | CSA EZD   | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 412  | 48.89 | L     | F    | Ymeri Wilken        | 10 | VALS FDD  | 06/12/2023 Free State Champs 2023                  |

## Individual Top Times

Times since: 01-May-23  
Number of Top Times: All

Times until: 30-Apr-24  
Show Long Course Only

| Time | P/F/S     | Name | Age/Yr                  |    |           |            |   |
|------|-----------|------|-------------------------|----|-----------|------------|---|
| 413  | 48.91 L   | F    | Karlienke Ras           | 9  | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 414  | 48.96 L   | F    | Chloé Scott             | 8  | TUKS FSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 415  | 48.97 L   | F    | Milan Genis             | 10 | UNI EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 416  | 49.00 L   | P    | Shaye Thornhill         | 9  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 417  | 49.02 L   | F    | Ale Mentz               | 10 | KTS       | 03/02/2024 | NCASA SPRINTS 2024                      |
| 418  | 49.04 L   | F    | Adrienne Meiring        | 10 | PEAS NMA  | 24/06/2023 | PEA Winter Gala 2023                    |
| 419  | 49.14 L   | F    | Ava Smith               | 9  | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 420  | 49.15 L   | F    | Mianka Lubbe            | 10 | HWSK FBD  | 20/01/2024 | AGE GROUP 5 KBY 2024                    |
| 421  | 49.23 L   | F    | Leandri Puth            | 9  | RBOT BPD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 422  | 49.29 L   | F    | Lehanri Cronje          | 10 | NSAD EZD  | 02/02/2024 | MP AGE GROUP 5 GALA                     |
| 423  | 49.33 L   | F    | Lize-Mari Cloete        | 10 | BS LLD    | 06/12/2023 | Free State Champs 2023                  |
| 424  | 49.48 L   | F    | Katerien Snyders        | 10 | LSBOS WB  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 425  | 49.52 L   | F    | Carla Fourie            | 10 | NAE EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 426  | 49.54 L   | F    | Jenna Pidduck           | 10 | TUKS FSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 427  | 49.57 L   | F    | Mikayla Krebs           | 9  | PRIO NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 428* | 49.60 L   | F    | Mila Tredoux            | 9  | CLSC WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 428* | 49.60 L   | F    | Isabella De Jager       | 9  | QSAW CED  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 428* | 49.60 L   | F    | Ayesha Fakier           | 9  | SAAW CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 431  | 49.64 L   | F    | Alae Loots              | 10 | KNYA EDD  | 04/11/2023 | EDEN 3rd A-League School Trials Gala    |
| 432  | 49.67 L   | F    | Mieke Koekemoer         | 9  | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 433  | 49.70 L   | F    | Sophie Shaw             | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 434  | 49.72 L   | F    | Lauren Hans             | 10 | MATL KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 435  | 49.74 L   | F    | Loago Mmoloke           | 10 | MCS BP    | 23/02/2024 | NW School Championships 2024            |
| 436  | 49.77 L   | F    | Zoe Danha               | 10 | NAE EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 437  | 49.78 L   | F    | Nika Loots              | 10 | PELIC MAN | 27/01/2024 | Pelicans Gala 2024                      |
| 438  | 49.79 L   | F    | Jo Anne Schutte         | 9  | KALA      | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 439  | 49.86 L   | F    | Mari-Hane Visser        | 10 | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 440  | 49.88 L   | F    | Leah Bunge              | 10 | BLUO UGD  | 02/12/2023 | Stingrays Swim Champs 2023              |
| 441* | 49.94 L   | F    | Emily Goosen            | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 441* | 49.94 L   | F    | Sisanda Cele            | 9  | FRA KCD   | 27/01/2024 | Ushaka Champs 2024                      |
| 443  | 49.97 L   | F    | Eshile Damoyi           | 10 | HPPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 444  | 50.00 L   | F    | Mckayla Du Plessis      | 9  | CLSC WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 445  | 50.03 L   | F    | Theresa Bartmann        | 9  | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 446  | 50.04 L S | F    | Thalia Mbock Madjang    | 10 | HURA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 447* | 50.07 L   | F    | Ellie van der Mescht    | 8  | DESA NMA  | 15/12/2023 | NMBA Championships 2023                 |
| 447* | 50.07 L   | F    | Klara Meindertsma       | 8  | TUKS FSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 449  | 50.14 L   | F    | Cara Christie           | 8  | LSBOS WB  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 450* | 50.18 L   | F    | Katrien Radley          | 10 | NSAD EZD  | 13/10/2023 | MP AGE GROUP 2                          |
| 450* | 50.18 L   | F    | Kristi Marais           | 9  | PELIC MAN | 02/03/2024 | FSA Level 1 2024                        |
| 452  | 50.25 L   | F    | Kirsten Schnehage       | 10 | VINE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 453  | 50.31 L   | F    | Jorja Petschel          | 10 | HARL BUF  | 24/11/2023 | BCA Long Course Championships 2023      |
| 454* | 50.35 L S | F    | Yi-han Huang            | 9  | BLMA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 454* | 50.35 L   | F    | Aaliya Chippendale      | 9  | MARL CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 456  | 50.37 L   | F    | Leeanne Terblanche      | 9  | BLSS MAN  | 11/11/2023 | Bull Sharks Gala                        |
| 457* | 50.45 L   | F    | Caitlyn Schaper         | 9  | OLS BP    | 23/02/2024 | NW School Championships 2024            |
| 457* | 50.45 L   | F    | Lakin Leibrandt         | 9  | XSAQ CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 459  | 50.50 L   | F    | Lee-Ann Du Plessis      | 8  | RUSTL BP  | 23/02/2024 | NW School Championships 2024            |
| 460  | 50.55 L   | F    | Michaela Kröger         | 10 | BARR CPT  | 17/09/2023 | CTA BMEET 3                             |
| 461  | 50.61 L   | F    | Elzaan Kieck            | 9  | AWIN FSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 462  | 50.68 L   | P    | Sarah Palmer            | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 463  | 50.80 L   | F    | Zivah Carson            | 8  | BULS MAN  | 21/10/2023 | Otters Prestige Gala 2023               |
| 464  | 50.88 L   | F    | Yandzisa Sambo          | 8  | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 465  | 50.89 L   | F    | Lulu Mosima             | 9  | BLOT MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 466  | 50.95 L   | F    | Sophia Lemmer           | 9  | HARL BUF  | 24/11/2023 | BCA Long Course Championships 2023      |
| 467  | 50.97 L   | F    | Hluma Ndamse            | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 468  | 51.00 L   | P    | Olivia Becker           | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 469  | 51.04 L   | F    | Lienke Jv Nieuwenhuizen | 10 | LSWBA WB  | 27/01/2024 | Limpopo School Champs                   |
| 470* | 51.16 L   | F    | Cathryn Davenport       | 9  | DESA NMA  | 15/12/2023 | NMBA Championships 2023                 |
| 470* | 51.16 L S | F    | Tee Nala                | 9  | ONYX EKU  | 07/12/2023 | EGA Summer Championships                |



### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

| Time | P/F/S     | Name | Age/Yr                 |    |           |            |   |
|------|-----------|------|------------------------|----|-----------|------------|---|
| 472  | 51.18 L   | F    | Leah Schultz           | 9  | WBAC CC   | 27/01/2024 | Limpopo School Champs                   |
| 473  | 51.19 L   | P    | Emily Newcombe         | 8  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 474  | 51.30 L   | F    | Gabrealle Coetzee      | 8  | BEARS TSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 475  | 51.33 L   | F    | Nicole Eleftheriou     | 8  | HARL BUF  | 10/02/2024 | BCA Feb Age Group Gala 2024             |
| 476  | 51.35 L   | F    | Amelia-Rose Geldart    | 9  | ESP ECU   | 11/11/2023 | EGA Summer 3                            |
| 477* | 51.39 L   | F    | Livia Venter           | 8  | TKS WBD   | 01/12/2023 | Limpopo Champs                          |
| 477* | 51.39 L   | F    | Montana Barclay        | 10 | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 479  | 51.40 L   | F    | Amery Vermaak          | 8  | TASC MPD  | 11/11/2023 | Limpopo Age Group 5                     |
| 480* | 51.44 L S | F    | Kayla Fouche           | 8  | TYGE CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 480* | 51.44 L   | F    | Kagiso Motuku          | 10 | PGAC ECU  | 26/01/2024 | EGA Last Chance 2024                    |
| 482  | 51.47 L   | F    | Lisa Polson            | 9  | BEARS TSH | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 483  | 51.51 L   | F    | Kamili Kaombwe         | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 484  | 51.53 L   | F    | Mandi Lotriet          | 10 | FAAC      | 11/11/2023 | AGE GROUP 1                             |
| 485  | 51.59 L   | F    | Jemina Hibbert         | 10 | CPPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 486  | 51.61 L   | F    | Carli van der Walt     | 10 | PSA ZLD   | 27/01/2024 | Ushaka Champs 2024                      |
| 487  | 51.65 L   | F    | Ntwanano Chauke        | 8  | DORE JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 488  | 51.66 L   | F    | Mia Snyders            | 9  | UWCA CPT  | 21/01/2024 | CTA BMEET 4                             |
| 489  | 51.68 L   | F    | Amorick Jacobs         | 10 | KTS       | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 490  | 51.76 L   | F    | Hailey Alcock          | 8  | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 491* | 51.81 L   | F    | Lea De Jager           | 9  | ROA EDD   | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 491* | 51.81 L   | F    | Abigail Clay           | 9  | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 493  | 51.95 L   | F    | Carli Roos             | 8  | CPSC TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 494  | 51.97 L   | P    | Rebecca Cronje         | 9  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 495  | 52.00 L   | F    | Nina Bosch             | 8  | BAS ECU   | 11/11/2023 | EGA Summer 3                            |
| 496  | 52.03 L   | F    | Li-Mare Olivier        | 9  | FAAC      | 10/02/2024 | AGE GROUP 6 UPT - 2024                  |
| 497  | 52.06 L   | F    | Kuno Moleme            | 8  | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 498  | 52.09 L   | F    | Eva-Grace Bezuidenhout | 10 | FISH EDD  | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 499  | 52.13 L   | F    | Vida - Ani Markgraaff  | 8  | BLOT MAN  | 21/10/2023 | Otters Prestige Gala 2023               |
| 500  | 52.20 L   | F    | Sarah-Faye Lubbe       | 8  | KALA      | 20/01/2024 | AGE GROUP 5 KATHU 2024                  |
| 501  | 52.21 L   | F    | Jemima Muirhead        | 8  | HDAQ MP   | 01/12/2023 | Limpopo Champs                          |
| 502  | 52.28 L   | F    | Omphile Mahlohela      | 10 | TPS BPD   | 23/02/2024 | NW School Championships 2024            |
| 503  | 52.29 L   | F    | Oageng Mmalekutu       | 9  | LEBII BP  | 23/02/2024 | NW School Championships 2024            |
| 504  | 52.33 L   | F    | Jelanri Du Toit        | 7  | CUR EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 505  | 52.43 L   | F    | Abigail Vermaak        | 8  | KPA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 506  | 52.45 L   | F    | Mikaela Chiadzwa       | 10 | ISSA NM   | 23/02/2024 | NW School Championships 2024            |
| 507  | 52.47 L   | F    | Alic Van Heerden       | 10 | TYGE CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 508  | 52.53 L   | F    | Bonolo Komape          | 10 | DOLFI MPD | 01/12/2023 | Limpopo Champs                          |
| 509  | 52.56 L   | F    | Maria Ferreira         | 7  | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 510  | 52.60 L   | F    | Mishanie Van Jaarsveld | 9  | UPSK ZMD  | 02/12/2023 | UPT GROUP 3 2023                        |
| 511  | 52.65 L   | F    | Mirelle Rademeyer      | 9  | PELIC MAN | 27/01/2024 | Pelicans Gala 2024                      |
| 512* | 52.68 L   | F    | Issabel Lindeboom      | 9  | BLNE MAN  | 03/02/2024 | Heidedal Welkom Gala 2                  |
| 512* | 52.68 L   | F    | Rachel Thompson        | 10 | DSG NMA   | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 514  | 52.75 L   | F    | Richdean De Take       | 10 | KALA      | 11/11/2023 | AGE GROUP 1 KATHU                       |
| 515  | 52.90 L   | F    | Cari van der Merwe     | 9  | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 516  | 52.95 L   | F    | Yolla Mario            | 8  | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 517  | 52.99 L   | F    | Rainn Hughes           | 8  | PELIC MAN | 27/10/2023 | Neptune Prestige Gala                   |
| 518  | 53.03 L   | P    | Jamie Guest            | 8  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 519* | 53.09 L   | F    | Senamile Msomi         | 10 | UMSH ETH  | 16/02/2024 | EDA Age Group Gala 6 2024               |
| 519* | 53.09 L   | F    | Cara Swanepoel         | 8  | LSN EZD   | 13/10/2023 | MP AGE GROUP 2                          |
| 521  | 53.12 L   | F    | Milandri Du Preez      | 8  | LSM EZD   | 23/02/2024 | NW School Championships 2024            |
| 522  | 53.17 L   | F    | Leah Spangenberg       | 8  | QUIC CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 523  | 53.21 L S | F    | Jinxuan Li             | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 524  | 53.22 L   | F    | Juno Vermaak           | 8  | MMD CPT   | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 525  | 53.36 L   | F    | Makanaka Myotcha       | 9  | FRA KCD   | 03/02/2024 | KCDA February Age Group 2024            |
| 526  | 53.47 L   | F    | Stefanie Fouche        | 10 | AASC EZD  | 02/02/2024 | MP AGE GROUP 5 GALA                     |
| 527* | 53.48 L   | P    | Marieke Gab            | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 527* | 53.48 L   | F    | Skyler Petzer          | 9  | RUSTL BP  | 23/02/2024 | NW School Championships 2024            |
| 529  | 53.51 L   | P    | Demi Scholl            | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 530  | 53.62 L   | F    | Adrilynn Sykes         | 10 | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr              |    |           |  |
|------|-------|-------|------|---------------------|----|-----------|--|
| 531  | 53.63 | L     | F    | Armani Jones        | 8  | XCEL CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 532  | 53.64 | L     | F    | Cayla Senekal       | 10 | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 533  | 53.65 | L     | F    | Rachel Hartwig      | 9  | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 534* | 53.72 | L S   | F    | Paige Aarninkhof    | 9  | TYGE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 534* | 53.72 | L     | F    | Marna Nieuwoudt     | 9  | SWAR WCD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 536  | 53.78 | L     | F    | Linnea Bond         | 8  | ROA EDD   | 17/02/2024 EDEN 5th A-League Gala 2024             |
| 537  | 53.83 | L     | F    | Demi Pieterse       | 8  | AWIN TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 538* | 53.87 | L     | F    | Katrien Van Tonder  | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 538* | 53.87 | L     | F    | Liani Jacobs        | 9  | BARR CPT  | 21/01/2024 CTA BMEET 4                             |
| 540  | 53.89 | L     | F    | Makaila Knickelbein | 10 | KBPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 541  | 53.93 | L     | F    | Rosie Deacon        | 8  | UPL EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 542  | 54.04 | L     | P    | Lilly-Marlene Pete  | 7  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 543  | 54.08 | L     | F    | Annabelle Mc Donald | 8  | FISH EDD  | 12/08/2023 Madibaz Swim Meet 2023                  |
| 544  | 54.29 | L     | F    | Anja Schreve        | 9  | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 545  | 54.42 | L     | F    | Thalia Yiorakas     | 8  | BLOT MAN  | 13/10/2023 Pelicans Gala                           |
| 546  | 54.53 | L     | F    | Annalie Claassen    | 10 | VALS FDD  | 06/12/2023 Free State Champs 2023                  |
| 547  | 54.58 | L     | F    | Olivia Rossouw      | 8  | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 548  | 54.59 | L     | F    | Lilani Wolmarans    | 8  | VIPS NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 549  | 54.63 | L     | F    | Lisette Peters      | 8  | SPS BUF   | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 550  | 54.70 | L     | F    | Leiliah Bendeman    | 7  | LSPHA MP  | 27/01/2024 Limpopo School Champs                   |
| 551  | 54.71 | L     | P    | Emma Swanepoel      | 10 | MPS NGD   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 552* | 54.74 | L     | F    | Ayla Mahlangu       | 9  | NSAD EZD  | 29/09/2023 MP AGE GROUP 1 29.09.2023 -             |
| 552* | 54.74 | L     | F    | Bailey Maritz       | 9  | CPREP BUF | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 554  | 54.77 | L S   | F    | Marné Van Eyssen    | 9  | BARR CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 555  | 54.89 | L     | F    | Bea-Mari Bekker     | 8  | LSTZN CCD | 27/01/2024 Limpopo School Champs                   |
| 556  | 55.00 | L     | F    | Emma Botha          | 10 | AASC EZD  | 20/01/2024 MP AGE GROUP 4 GALA 20 JANUARY          |
| 557  | 55.17 | L     | F    | Lumay De Beer       | 7  | CSA EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 558  | 55.18 | L     | F    | Lua Van Coller      | 8  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 559  | 55.20 | L     | F    | Hazel Oliver        | 9  | BLOT MAN  | 11/11/2023 Bull Sharks Gala                        |
| 560  | 55.34 | L     | F    | Mieke Robertson     | 9  | WRP EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 561  | 55.36 | L S   | F    | Emily Rushin        | 8  | HURA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 562  | 55.46 | L     | F    | Helizna Schoeman    | 10 | FROS TMD  | 02/03/2024 FSA Level 1 2024                        |
| 563  | 55.47 | L     | F    | Bella Radley        | 8  | NSAD EZD  | 13/10/2023 MP AGE GROUP 2                          |
| 564  | 55.59 | L     | F    | Mine Zietsman       | 9  | BETH FDD  | 03/11/2023 Heidedal Welkom Gala                    |
| 565  | 55.61 | L     | P    | Khazimla Gqokoma    | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 566  | 55.65 | L     | F    | Milanke Swanepoel   | 9  | FROS TMD  | 02/03/2024 FSA Level 1 2024                        |
| 567  | 55.66 | L     | P    | Ellie du Plessis    | 7  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 568  | 55.67 | L     | F    | Hannah Stewart      | 9  | TASC MPD  | 11/11/2023 Limpopo Age Group 5                     |
| 569  | 55.77 | L     | F    | Aimee Welsh         | 8  | MSC NGD   | 01/12/2023 Mpumalanga Championships 2023           |
| 570* | 55.79 | L     | F    | Janeé Noeth         | 8  | KTS       | 27/10/2023 KALAHARI CLASSIC GALA 2023              |
| 570* | 55.79 | L     | F    | Nqobile Kakana      | 10 | LEBII BP  | 23/02/2024 NW School Championships 2024            |
| 572  | 55.80 | L     | F    | Ashery Grobler      | 9  | KTS       | 27/10/2023 KALAHARI CLASSIC GALA 2023              |
| 573  | 55.81 | L     | F    | Emily Ohlson        | 9  | AQDO CPT  | 17/09/2023 CTA BMEET 3                             |
| 574  | 55.86 | L     | F    | Nathalie Naude      | 10 | HHPS NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 575  | 55.90 | L     | F    | Julia De Beer       | 9  | TASC MPD  | 01/12/2023 Limpopo Champs                          |
| 576  | 55.97 | L     | F    | Mashudu Mokwena     | 10 | LSKP WB   | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 577  | 56.02 | L     | F    | Chloe Liddle        | 9  | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 578  | 56.03 | L     | F    | Aniek Myburgh       | 8  | LSN EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 579  | 56.06 | L     | F    | Jana Pienaar        | 10 | NAE EZD   | 13/10/2023 MP AGE GROUP 2                          |
| 580* | 56.27 | L     | F    | Cleo Julius         | 10 | KALA      | 20/01/2024 AGE GROUP 5 KATHU 2024                  |
| 580* | 56.27 | L S   | P    | Camryn Bolitho      | 9  | SOUL EKU  | 07/12/2023 EGA Summer Championships                |
| 582  | 56.28 | L     | F    | Sophia De Beer      | 10 | QSAW CED  | 17/02/2024 Swartland Invitational Gala 2024        |
| 583  | 56.44 | L     | F    | Carmi Nothnagel     | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 584  | 56.49 | L     | F    | Mikayla Brits       | 9  | LPR EZD   | 13/10/2023 MP AGE GROUP 2                          |
| 585  | 56.62 | L     | F    | Lucy Bush           | 10 | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 586  | 56.65 | L     | F    | Bea Koortzen        | 9  | FAAC      | 20/01/2024 AGE GROUP 5 KBY 2024                    |
| 587  | 56.75 | L     | F    | Catarina Miquelino  | 7  | CUR EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 588  | 56.76 | L     | F    | Zoey Arlow          | 9  | RBOT BPD  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 589  | 56.82 | L S   | F    | Sakeenah Du Toit    | 8  | UWCA CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time        | P/F/S | Name                      | Age/Yr |           |            |   |
|------|-------------|-------|---------------------------|--------|-----------|------------|---|
| 590  | 56.95 L     | F     | Luvuyokazi Dlamini        | 10     | FSE KCD   | 03/02/2024 | KCDA February Age Group 2024            |
| 591  | 56.97 L     | F     | Annabelle Fouche          | 8      | KPA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 592  | 57.19 L     | F     | Noorah Ahmed              | 9      | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 593  | 57.23 L     | F     | Zinnia De Lange           | 9      | TASC MPD  | 01/12/2023 | Limpopo Champs                          |
| 594  | 57.31 L     | F     | Josie Faught              | 9      | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 595  | 57.32 L     | F     | Mbalenhle Siwela          | 9      | AWIN TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 596  | 57.34 L     | F     | Chaney Nathan             | 8      | FISH EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 597  | 57.41 L     | F     | Rozella Gerner            | 9      | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 598  | 57.61 L     | F     | Abigail Lange             | 9      | VINE CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 599  | 57.67 L     | P     | Farron Sincok             | 8      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 600  | 57.71 L     | F     | Olivia Harbron            | 8      | FAAC      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 601  | 57.75 L     | P     | Iminathi Fezani           | 9      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 602  | 57.84 L     | F     | Karli Botha               | 8      | KALA      | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 603  | 57.86 L     | F     | Daniella-Mohapi Lebogo    | 10     | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 604  | 57.99 L     | F     | Marianke Cloete           | 8      | STGR XRD  | 10/02/2024 | AGE GROUP 6 UPT - 2024                  |
| 605  | 58.00 L     | F     | Amoré Vd Linde            | 8      | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 606  | 58.03 L     | P     | Lacey Buitendag           | 8      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 607  | 58.13 L     | F     | Rachel Bennet             | 10     | BHURS BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 608  | 58.37 L     | F     | Paige Hirst               | 9      | HREF BP   | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 609* | 58.45 L     | F     | Maya Abrahams             | 10     | UWCA CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 609* | 58.45 L     | F     | Ava Van Den Heever        | 9      | KTS       | 03/02/2024 | NCASA SPRINTS 2024                      |
| 611  | 58.50 L     | F     | Jemma October             | 9      | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 612  | 58.60 L     | F     | Lily Herrmann             | 9      | SWIFT ECU | 28/10/2023 | EGA Summer 2 2023                       |
| 613  | 58.62 L S   | F     | Mareli Janse van Rensburg | 7      | BARR CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 614* | 58.64 L     | F     | Anlia Webb                | 8      | NSAD EZD  | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 614* | 58.64 L     | F     | Janica Brits              | 9      | BARR CPT  | 21/01/2024 | CTA BMEET 4                             |
| 616  | 58.71 L     | F     | Alani Stevens             | 8      | LSJM SKD  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 617  | 59.03 L     | F     | Camilla Chikonde          | 8      | CPSC TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 618  | 59.30 L     | P     | Eela-Beth Pete            | 7      | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 619  | 59.35 L S   | F     | Nina Schoeman             | 10     | AGAQ OBD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 620  | 59.45 L     | P     | Onako Rubushe             | 7      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 621  | 59.50 L     | P     | Harper van Dyk            | 8      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 622  | 59.63 L     | F     | Rone Burger               | 9      | STGR XRD  | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 623  | 59.65 L     | F     | Miane Momberg             | 10     | BLNE MAN  | 21/10/2023 | Otters Prestige Gala 2023               |
| 624  | 59.81 L     | F     | Sofia Daniels             | 8      | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 625  | 59.87 L     | F     | Raya Singh                | 8      | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 626  | 1:00.11 L   | F     | Kiera Damons              | 8      | BLNE MAN  | 27/01/2024 | Pelicans Gala 2024                      |
| 627  | 1:00.15 L   | F     | Molly Raphuti             | 8      | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 628  | 1:00.17 L   | F     | Ané de Wet                | 9      | STGR XRD  | 20/01/2024 | AGE GROUP 5 KBY 2024                    |
| 629  | 1:00.40 L   | F     | Kara Spies                | 8      | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 630  | 1:00.48 L   | F     | Lunje Tshiki              | 10     | VIPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 631* | 1:00.60 L   | F     | Chinica De Beer           | 8      | FRA KCD   | 02/12/2023 | Stingrays Swim Champs 2023              |
| 631* | 1:00.60 L   | F     | Relebohile Khaoletsa      | 10     | PELIC MAN | 11/11/2023 | Bull Sharks Gala                        |
| 633  | 1:00.67 L   | F     | Mekayla Vd Bank           | 8      | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 634  | 1:00.71 L S | F     | Nikola De Villiers        | 8      | TYGE CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 635  | 1:00.81 L   | F     | Amelia Hope Deiner        | 7      | MPS NGD   | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 636  | 1:00.94 L   | F     | Adia Theko                | 7      | PELIC MAN | 27/01/2024 | Pelicans Gala 2024                      |
| 637  | 1:00.96 L   | F     | Nina Vancoillie           | 9      | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 638  | 1:01.07 L   | F     | Melique Jordaan           | 8      | ZASC TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 639  | 1:01.23 L   | F     | Katherine Schutzler       | 9      | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 640  | 1:01.25 L   | F     | Olivia Schaper            | 9      | OLS BP    | 23/02/2024 | NW School Championships 2024            |
| 641  | 1:01.29 L   | F     | Mila De Kock              | 8      | CA ECU    | 28/10/2023 | EGA Summer 2 2023                       |
| 642  | 1:01.41 L   | F     | Lily Hattingh             | 8      | AASC EZD  | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 643  | 1:01.42 L   | F     | Jessica Davie             | 9      | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 644  | 1:01.70 L   | F     | Iteolaoluwakisi Sogbanmu  | 8      | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 645  | 1:02.00 L   | F     | Rogan Jones               | 9      | KHAY CPT  | 21/01/2024 | CTA BMEET 4                             |
| 646  | 1:02.08 L   | F     | Magdaleen Lombard         | 8      | GREY CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 647  | 1:02.25 L   | F     | India Forssman            | 8      | NAE EZD   | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 648  | 1:02.39 L   | F     | Bailey Nel                | 8      | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |

### Individual Top Times

Times since: 01-May-23  
Number of Top Times: All

Times until: 30-Apr-24  
Show Long Course Only

|     | Time        | P/F/S | Name                     | Age/Yr |           |            |   |
|-----|-------------|-------|--------------------------|--------|-----------|------------|---|
| 649 | 1:02.48 L   | F     | Alana Bam                | 7      | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 650 | 1:02.69 L   | F     | Emelia Veaudry           | 8      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 651 | 1:02.96 L   | F     | Abigail Vlok             | 8      | KALA      | 17/02/2024 | KATHU T&S CLUB GALA 2024                |
| 652 | 1:02.99 L   | F     | Mila Ferns               | 8      | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 653 | 1:03.04 L   | F     | Ane Engels               | 8      | KPA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 654 | 1:03.06 L   | F     | Elane Retief             | 8      | WRP EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 655 | 1:03.38 L   | F     | Mackenzie Rensburg       | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 656 | 1:03.44 L   | F     | Kgosigadi Makatiers      | 7      | RBOT BPD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 657 | 1:03.50 L   | F     | Johanna Erasmus          | 7      | FROS TMD  | 18/11/2023 | Valsrivier Gala                         |
| 658 | 1:03.74 L   | F     | Ansonika Mostert         | 9      | STSC KCD  | 02/12/2023 | Stingrays Swim Champs 2023              |
| 659 | 1:03.77 L   | F     | Eduane Du Plooy          | 9      | DOLF XRD  | 13/01/2024 | AGE GROUP 4 KBY 2024                    |
| 660 | 1:04.11 L   | F     | Micaela Thomas           | 10     | ROA EDD   | 04/11/2023 | EDEN 3rd A-League School Trials Gala    |
| 661 | 1:04.19 L   | P     | Peyton Connellan         | 7      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 662 | 1:04.55 L   | F     | Naeto Eduzor             | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 663 | 1:04.62 L   | F     | Adanje Du Plessis        | 8      | QSAW CED  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 664 | 1:04.94 L   | F     | Jennah Collen            | 10     | TYGE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 665 | 1:04.98 L   | F     | Emily Rawlins            | 9      | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 666 | 1:05.22 L   | F     | Remo Molepo              | 10     | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 667 | 1:05.55 L   | F     | Tshepang Maletle         | 10     | MATL KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 668 | 1:05.66 L   | F     | Adelle Luttig            | 10     | UPSK ZMD  | 10/02/2024 | AGE GROUP 6 UPT - 2024                  |
| 669 | 1:05.82 L   | F     | India Parr               | 8      | KNYA EDD  | 09/02/2024 | Infinity Gala 2024                      |
| 670 | 1:06.09 L   | F     | Ashley Booysen           | 9      | ACSC TSH  | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG       |
| 671 | 1:06.31 L   | F     | Bella De Villiers        | 10     | QUIC CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 672 | 1:06.33 L   | F     | Carli Steenkamp          | 7      | KSSS JTD  | 20/01/2024 | AGE GROUP 5 KATHU 2024                  |
| 673 | 1:06.51 L   | F     | Thuto Monakedi           | 9      | FISH EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 674 | 1:06.80 L   | F     | Amahle Boya              | 10     | MPS NGD   | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 675 | 1:06.82 L   | F     | Tersia Spies             | 8      | ROA EDD   | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 676 | 1:06.97 L   | F     | Mabohlale Seabela        | 9      | KALA      | 02/12/2023 | AGE GROUP 3 KATHU - 2023                |
| 677 | 1:07.04 L   | F     | Lerisha Theys            | 10     | KSSS JTD  | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 678 | 1:07.12 L   | F     | Anneske Smith            | 10     | KTS       | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 679 | 1:07.16 L   | F     | Bumcwane Taleni          | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 680 | 1:07.23 L   | F     | Ananya Thankachen        | 9      | NDLTS EZD | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 681 | 1:07.38 L   | F     | Le-may Smith             | 9      | DORE JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 682 | 1:07.59 L   | F     | Alexia Ras               | 8      | QUIC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 683 | 1:07.63 L   | F     | Wakwetsima Makhubele     | 10     | AASC EZD  | 03/11/2023 | MP AGE GROUP 3 3&4 NOV 2023             |
| 684 | 1:07.70 L   | F     | Leah Adendorff           | 7      | KALA      | 17/02/2024 | KATHU T&S CLUB GALA 2024                |
| 685 | 1:07.78 L   | P     | Isabella Davidson        | 8      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 686 | 1:08.41 L   | F     | Paigan Stols             | 7      | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |
| 687 | 1:08.75 L   | F     | Emilie Labuschagne       | 8      | WRP EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 688 | 1:09.72 L   | F     | Sandisiwe Boya           | 9      | MPS NGD   | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 689 | 1:10.23 L   | F     | Faith Keabetswe Shamboko | 10     | NAE EZD   | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 690 | 1:10.81 L   | F     | Gabrielle Craib          | 8      | CUHE OBD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 691 | 1:10.91 L   | F     | Nina Nauhaus             | 9      | QSAW CED  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 692 | 1:12.02 L   | F     | Misha Goosen             | 10     | KTS       | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 693 | 1:12.47 L   | F     | Celeste Parker           | 8      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 694 | 1:12.50 L   | F     | Orefile Mahume           | 10     | MATL KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 695 | 1:12.58 L   | F     | Jané Vivier              | 7      | BS LLD    | 02/03/2024 | FSA Level 1 2024                        |
| 696 | 1:12.74 L   | F     | Rone Basson              | 8      | AASC EZD  | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 697 | 1:12.77 L   | F     | Amore Bloem              | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 698 | 1:13.17 L   | F     | Karli Wilson             | 9      | KSSS JTD  | 20/01/2024 | AGE GROUP 5 KATHU 2024                  |
| 699 | 1:13.25 L   | F     | Anika Fleming            | 7      | KSSS JTD  | 10/02/2024 | AGE GROUP 6 KATHU 2024                  |
| 700 | 1:13.29 L   | F     | Lize-Mari Louw           | 10     | KSSS JTD  | 20/01/2024 | AGE GROUP 5 KATHU 2024                  |
| 701 | 1:14.00 L   | F     | Reitumetse Thakalekoala  | 7      | PELIC MAN | 27/01/2024 | Pelicans Gala 2024                      |
| 702 | 1:14.86 L   | F     | Kiara Kent               | 7      | LSN EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 703 | 1:14.92 L   | F     | Elmi van Heerden         | 8      | BS LLD    | 02/03/2024 | FSA Level 1 2024                        |
| 704 | 1:15.45 L   | F     | Mieke Jv Vuuren          | 9      | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |
| 705 | 1:15.53 L S | F     | Layla Moosa              | 8      | KHAY CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 706 | 1:16.64 L   | F     | Evanya Bender            | 9      | PSA ZLD   | 02/12/2023 | Stingrays Swim Champs 2023              |
| 707 | 1:18.35 L   | F     | Ava Cheesian             | 9      | KSSS JTD  | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|                                      | Time      | P/F/S | Name                    | Age/Yr |           |            |   |
|--------------------------------------|-----------|-------|-------------------------|--------|-----------|------------|---|
| 708                                  | 1:18.99 L | F     | Simone Du Plooy         | 9      | DOLF XRD  | 20/01/2024 | AGE GROUP 5 KBY 2024                    |
| 709                                  | 1:19.34 L | F     | Zanri van Heerden       | 6      | FAAC      | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 710                                  | 1:19.82 L | F     | Thato Mokhosi           | 9      | KSSS JTD  | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 711                                  | 1:20.08 L | F     | Emke Nöthnagel          | 8      | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 712                                  | 1:20.10 L | F     | Mackenzie Puchert       | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 713                                  | 1:21.37 L | F     | Mia Lessing             | 10     | BETH FDD  | 02/03/2024 | FSA Level 1 2024                        |
| 714                                  | 1:22.22 L | F     | Ame Willemse            | 7      | UPSK ZMD  | 03/02/2024 | NCASA SPRINTS 2024                      |
| 715                                  | 1:23.02 L | F     | Karli Jv Nieuwenhuizen  | 7      | WBSK WBD  | 21/10/2023 | Limpopo Age Group 4                     |
| 716                                  | 1:23.24 L | F     | Edith Van der Walt      | 10     | KSSS JTD  | 11/11/2023 | AGE GROUP 1 KATHU                       |
| 717                                  | 1:24.43 L | F     | Karli Van der Merwe     | 10     | KSSS JTD  | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 718                                  | 1:26.73 L | F     | Carlyn Spogter          | 8      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 719                                  | 1:26.83 L | F     | Leané Rademeyer         | 7      | KSSS JTD  | 10/02/2024 | AGE GROUP 6 KATHU 2024                  |
| 720                                  | 1:34.53 L | F     | Ernestine Rooiland      | 10     | KSSS JTD  | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 721                                  | 1:44.16 L | F     | Eden Ehlers             | 6      | BLSS MAN  | 06/10/2023 | Super Seals & Sentraal Aquatics Gala    |
| 722                                  | 1:52.75 L | F     | Tlhabo Moeti            | 9      | KTS       | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 723                                  | 1:55.34 L | F     | Klara Brink             | 9      | AASC EZD  | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 724                                  | 4:37.03 L | F     | Danelle Oppermann       | 8      | KSSS JTD  | 27/10/2023 | KALAHARI CLASSIC GALA 2023              |
| <b>Women 10 &amp; Under 100 Free</b> |           |       |                         |        |           |            |   |
| 1                                    | 1:13.39 L | F     | Anè Bezuidenhout        | 9      | TUKS TSH  | 12/12/2023 | NTS Championships 2023                  |
| 2                                    | 1:13.76 L | F     | Olivia Geldart          | 10     | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 3                                    | 1:14.37 L | F     | Mila Geldenhuys         | 10     | ACAQ CCD  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 4                                    | 1:14.92 L | F     | Elke Coetsee            | 10     | FISH EDD  | 09/02/2024 | Infinity Gala 2024                      |
| 5                                    | 1:15.15 L | P     | Demi Vorster            | 10     | TUKS TSH  | 12/12/2023 | NTS Championships 2023                  |
| 6                                    | 1:15.36 L | F     | Leah Dabrowski          | 10     | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 7                                    | 1:15.94 L | P     | Kasey De Bruyn          | 10     | TUKS TSH  | 20/03/2024 | SA Level 3 Regional Age Group           |
| 8                                    | 1:16.29 L | P     | Hayley Greyvenstein     | 10     | USC BUF   | 21/03/2024 | SA Level 3 Regional Age Group           |
| 9                                    | 1:16.38 L | F     | Haley Pieterse          | 9      | INFA NMA  | 15/12/2023 | NMBA Championships 2023                 |
| 10                                   | 1:16.55 L | F     | Hannah Raphaela Morgado | 10     | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 11                                   | 1:16.75 L | P     | Lisa Le Roux            | 10     | BLOT MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 12                                   | 1:18.10 L | F     | Layla Palframan         | 10     | SEAL UMD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 13                                   | 1:18.15 L | F     | Bria Ahmed              | 10     | SAAW CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 14                                   | 1:18.28 L | F     | Annebelle Botha         | 10     | PER JHB   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 15                                   | 1:19.26 L | F     | Skye Taute              | 9      | LSM EZD   | 23/02/2024 | NW School Championships 2024            |
| 16                                   | 1:19.33 L | F     | Amy-Lee Wood            | 10     | TCA EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 17                                   | 1:19.67 L | F     | Ella Johnson            | 10     | SAAW CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 18                                   | 1:19.76 L | F     | Siphwosethu Sikhakhane  | 10     | AZON ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 19                                   | 1:19.87 L | P     | Lefei Li                | 10     | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 20                                   | 1:20.40 L | F     | Simone Zoutendyk        | 10     | RBOT BPD  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 21                                   | 1:20.41 L | P     | Mia Kunzler             | 9      | KLOO ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 22                                   | 1:20.53 L | F     | Alexi Dandoulakis       | 10     | CA EKU    | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 23                                   | 1:20.57 L | P     | Sophie Chiang           | 10     | WATR JHB  | 30/11/2023 | CGA Championships 2023                  |
| 24                                   | 1:20.62 L | F     | Saskia Gilligan         | 10     | BLMA CPT  | 21/01/2024 | CTA BMEET 4                             |
| 25                                   | 1:21.81 L | F     | Keyla Douglas           | 10     | ROA EDD   | 18/11/2023 | Eden LC Champs 2023                     |
| 26                                   | 1:21.85 L | P     | Kaylie Van der Linde    | 10     | VHD ZLD   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 27                                   | 1:22.29 L | F     | Isabel Helberg          | 10     | MDOL JHB  | 17/02/2024 | CGA Level 2+ Gala 17 Feb 2024           |
| 28                                   | 1:22.49 L | P     | Gia Warby               | 10     | AFIN JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 29                                   | 1:22.52 L | F     | Faye Webb               | 10     | SSISA CPT | 21/01/2024 | CTA BMEET 4                             |
| 30                                   | 1:22.64 L | F     | Cayden Parfitt          | 10     | CASC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 31                                   | 1:22.70 L | F     | Lize Beyers             | 10     | AGAQ OBD  | 10/02/2024 | WCA-B Champs - 2024                     |
| 32                                   | 1:22.78 L | F     | Courtney Grant          | 10     | WSTV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 33                                   | 1:23.17 L | F     | Mackenzi Dart           | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 34                                   | 1:23.54 L | P     | Alexi Claassen          | 10     | TUKS TSH  | 12/12/2023 | NTS Championships 2023                  |
| 35                                   | 1:23.68 L | F     | Maria Geyser            | 10     | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |
| 36                                   | 1:23.73 L | F     | Cara Hill               | 10     | OHAN ILD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 37                                   | 1:23.80 L | F     | Arianne Bac             | 9      | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 38                                   | 1:23.96 L | F     | Grace Hoar              | 9      | KLOO ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 39*                                  | 1:23.99 L | F     | Olivia Normington       | 10     | XCEL CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 39*                                  | 1:23.99 L | F     | Yamakhuze Loni          | 10     | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 41                                   | 1:24.04 L | F     | Caro Bishop             | 10     | VINE CPT  | 21/01/2024 | CTA BMEET 4                             |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time    | P/F/S | Name | Age/Yr              |    |          |            |                                      |
|-----|---------|-------|------|---------------------|----|----------|------------|--------------------------------------|
| 42  | 1:24.12 | L     | P    | Colleen McQueen     | 10 | BLSS MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 43  | 1:24.15 | L     | P    | Mila Nel            | 10 | TUKS TSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 44  | 1:24.30 | L     | P    | Morgan Burstein     | 10 | TUKS TSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 45  | 1:24.41 | L     | F    | Marli Strydom       | 10 | QUIC CPT | 17/02/2024 | Swartland Invitational Gala 2024     |
| 46  | 1:24.42 | L     | F    | Sarah Mann          | 10 | CA EKU   | 07/12/2023 | EGA Summer Championships             |
| 47  | 1:25.03 | L     | P    | Danica Grant        | 10 | SOUL EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 48  | 1:25.12 | L     | F    | Shalom Mtleni       | 10 | UNI EZD  | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 49  | 1:25.17 | L     | F    | Hannah Stearn       | 10 | INFA NMA | 09/02/2024 | Infinity Gala 2024                   |
| 50  | 1:25.29 | L     | P    | Mackenzie Spencer   | 9  | TRAZ TSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 51  | 1:25.32 | L     | F    | Carli Stoop         | 10 | COMS TSH | 03/11/2023 | NTS Level 1+2 November Age Group     |
| 52  | 1:25.37 | L     | F    | Berre Sun           | 9  | MDOL JHB | 10/11/2023 | CGA Level 2+ Gala 10 - 11 Nov 2023   |
| 53  | 1:25.73 | L     | F    | Kayla Pieterse      | 10 | LSWBA WB | 27/01/2024 | Limpopo School Champs                |
| 54  | 1:25.78 | L     | F    | Kyra Du Preez       | 10 | USC BUF  | 09/02/2024 | Infinity Gala 2024                   |
| 55  | 1:25.88 | L     | F    | Ashleigh Goosen     | 9  | UNI EZD  | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 56  | 1:25.98 | L     | P    | Kyla Coetzee        | 10 | TUKS TSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 57  | 1:26.07 | L     | P    | Sophia Clutties     | 9  | WSTV ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 58  | 1:26.16 | L     | F    | Gianna Olivier      | 10 | PAQU CED | 10/02/2024 | WCA-B Champs - 2024                  |
| 59  | 1:26.53 | L     | F    | Kaylee Vd Wal       | 10 | CASC CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 60  | 1:26.77 | L     | F    | Erin Shekel         | 10 | CYBE CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 61  | 1:26.83 | L     | F    | Sophia Abrams       | 9  | USC BUF  | 15/12/2023 | NMBA Championships 2023              |
| 62  | 1:26.84 | L     | P    | Zara Komani         | 10 | WATR JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 63  | 1:27.02 | L     | P    | Mika Ferreira       | 10 | ZASC TSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 64  | 1:27.04 | L     | F    | Kenzie Du Preez     | 10 | PEAS NMA | 15/12/2023 | NMBA Championships 2023              |
| 65  | 1:27.07 | L     | F    | Accalia Maartens    | 9  | BLOT MAN | 02/03/2024 | FSA Level 1 2024                     |
| 66  | 1:27.20 | L     | F    | Leah Schemel        | 10 | HARL BUF | 24/11/2023 | BCA Long Course Championships 2023   |
| 67* | 1:27.30 | L     | P    | Elle-Anne Roper     | 9  | WSS LLD  | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 67* | 1:27.30 | L     | F    | Chelsey Crossman    | 10 | BLSS MAN | 27/01/2024 | Pelicans Gala 2024                   |
| 69  | 1:27.33 | L     | P    | Puleng Masemene     | 10 | ELEC TSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 70  | 1:27.45 | L     | F    | Z'Ney Piechaczek    | 9  | BLOT MAN | 06/12/2023 | Free State Champs 2023               |
| 71  | 1:27.59 | L     | F    | Morgan Baard        | 10 | FISH EDD | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 72  | 1:27.73 | L     | P    | Olivia Odendaal     | 10 | HPS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 73  | 1:27.79 | L     | F    | Emma-lee Claassen   | 9  | TKS WBD  | 01/12/2023 | Limpopo Champs                       |
| 74  | 1:27.82 | L     | P    | Ava Maritz          | 10 | SEAL UMD | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 75  | 1:27.83 | L     | F    | Hayden Perrins      | 10 | GREY CPT | 21/01/2024 | CTA BMEET 4                          |
| 76* | 1:27.86 | L     | F    | Shaylee Scheffer    | 10 | GREY CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 76* | 1:27.86 | L     | F    | Vinelle Moss        | 10 | PEAS NMA | 09/02/2024 | Infinity Gala 2024                   |
| 78  | 1:27.92 | L     | P    | Kayden Jack         | 10 | PER JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 79  | 1:28.20 | L     | F    | Morgan Thyse        | 9  | USC BUF  | 24/11/2023 | BCA Long Course Championships 2023   |
| 80  | 1:28.25 | L     | F    | Emma McClure        | 10 | USC BUF  | 24/11/2023 | BCA Long Course Championships 2023   |
| 81  | 1:28.44 | L     | F    | Dine Vd Wal         | 10 | CASC CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 82  | 1:28.47 | L     | P    | Kari Nel            | 10 | TUKS TSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 83  | 1:28.48 | L     | P    | Anrike Bothma       | 9  | AQU ADJ  | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 84  | 1:28.56 | L     | F    | Mia Thompson        | 9  | BEST NMA | 15/12/2023 | NMBA Championships 2023              |
| 85  | 1:28.63 | L     | P    | Vida Olivier        | 10 | BLNE MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 86  | 1:28.74 | L     | F    | Skyler Muller       | 10 | HARL BUF | 24/11/2023 | BCA Long Course Championships 2023   |
| 87  | 1:28.99 | L     | P    | Ditebogo Pheeha     | 10 | ACAQ CCD | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 88  | 1:29.16 | L     | P    | Jane Tredoux        | 10 | BLNE MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 89  | 1:29.39 | L     | F    | Daniella Louw       | 10 | FAAC     | 16/02/2024 | Neptunes Last chance Gala            |
| 90  | 1:29.57 | L     | F    | Mambay Banza        | 10 | UNI EZD  | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 91  | 1:29.71 | L     | F    | Ané Venter          | 10 | EDA ED   | 13/01/2024 | BCA Inter-District Championship Gala |
| 92  | 1:29.79 | L     | F    | Paige Davies        | 10 | KLOO ETH | 24/11/2023 | Westville-Seals LC Championships     |
| 93  | 1:30.21 | L     | F    | Willow Coleman      | 10 | SEAL UMD | 24/11/2023 | Westville-Seals LC Championships     |
| 94  | 1:30.32 | L     | F    | Lily Van Zyl        | 10 | TYGE CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 95  | 1:30.61 | L     | F    | Mariane Labuschagne | 10 | FISH EDD | 10/02/2024 | WCA-B Champs - 2024                  |
| 96  | 1:30.67 | L     | F    | Anni Jordaan        | 9  | QSAW CED | 17/02/2024 | Swartland Invitational Gala 2024     |
| 97  | 1:30.70 | L     | F    | Cassidy Christensen | 9  | ACSA ETH | 21/01/2024 | EDA Age Group Gala 5 2024            |
| 98  | 1:30.88 | L     | P    | Holly Noble         | 10 | ESP EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 99  | 1:30.90 | L     | F    | Kirsti Davids       | 10 | GREY CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 100 | 1:30.95 | L     | P    | Miane Steyn         | 10 | LEGC ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                |    |       |     |  |
|------|---------|-------|------|-----------------------|----|-------|-----|--|
| 101  | 1:30.99 | L     | F    | Avah Smit             | 9  | TKS   | WBD | 01/12/2023 Limpopo Champs                          |
| 102  | 1:31.00 | L     | P    | Nissi Mtetwa          | 10 | WWOL  | FSH | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 103  | 1:31.12 | L     | F    | Emily Van Der Byl     | 10 | USC   | BUF | 09/02/2024 Infinity Gala 2024                      |
| 104  | 1:31.15 | L     | F    | Emma Oosthuizen       | 10 | AA    | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 105* | 1:31.17 | L     | F    | Annabelle Van Onselen | 9  | TYGE  | CPT | 17/02/2024 Swartland Invitational Gala 2024        |
| 105* | 1:31.17 | L     | F    | Sabrina Madondo       | 10 | AAS   | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 107  | 1:31.24 | L     | P    | Meziana Hammouche     | 10 | MAKO  | EKU | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 108  | 1:31.29 | L     | F    | Riaze Haynes          | 9  | RFA   | FSH | 02/03/2024 AG Level 1 Regional Age Group           |
| 109  | 1:31.51 | L     | F    | Mika Pelser           | 10 | AFIN  | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 110  | 1:31.55 | L     | P    | Catherine Couch       | 10 | QUES  | JHB | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 111  | 1:31.56 | L     | F    | Myra Bailey           | 10 | HASC  | JHB | 27/01/2024 CGA Level 2+ Gala 27 Jan 2024           |
| 112  | 1:31.63 | L     | F    | Isabelle de Beer      | 10 | GHS   | BP  | 23/02/2024 NW School Championships 2024            |
| 113  | 1:31.90 | L     | F    | Ashley Du Randt       | 10 | TYGE  | CPT | 17/02/2024 Swartland Invitational Gala 2024        |
| 114  | 1:31.96 | L     | F    | Amelie Piater         | 9  | ELRAS | WBD | 01/12/2023 Limpopo Champs                          |
| 115  | 1:32.01 | L     | F    | Madison Warby         | 9  | AFIN  | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 116  | 1:32.16 | L     | F    | Chelsey Witney        | 10 | PGAC  | EKU | 24/11/2023 EGA Summer 4                            |
| 117  | 1:32.18 | L     | F    | Amber Gewer           | 10 | MDOL  | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 118  | 1:32.20 | L     | F    | Kailah Nel            | 10 | BLSS  | MAN | 06/12/2023 Free State Champs 2023                  |
| 119  | 1:32.40 | L     | F    | Miané Prinsloo        | 10 | ACAA  | CCD | 01/12/2023 Limpopo Champs                          |
| 120  | 1:32.56 | L     | F    | Leah Verdon           | 10 | INFA  | NMA | 21/10/2023 4th A League Gala 2023                  |
| 121  | 1:32.57 | L     | F    | Emma Swanepoel        | 10 | CLSC  | WCD | 11/11/2023 Swartland Prestige Gala 2023            |
| 122  | 1:32.60 | L     | F    | Anzel Smit            | 10 | EXP   | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 123  | 1:32.67 | L     | F    | Diante Bothma         | 10 | CSA   | EZD | 23/09/2023 MP SPRINT GALA 23 SEPTEMBER             |
| 124  | 1:32.82 | L     | P    | Thalia Breedt         | 10 | KSC   | EZD | 01/12/2023 Mpumalanga Championships 2023           |
| 125  | 1:32.85 | L     | P    | Elmine Opperman       | 10 | KTS   |     | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 126* | 1:32.87 | L     | F    | Isabella Liberty      | 10 | GREY  | CPT | 17/09/2023 CTA BMEET 3                             |
| 126* | 1:32.87 | L     | F    | Zoë Selesho           | 10 | TUKS  | FSH | 02/03/2024 AG Level 1 Regional Age Group           |
| 128  | 1:32.95 | L     | P    | Peta De Souza         | 9  | EXP   | FSH | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 129  | 1:33.02 | L     | P    | Murunwa Thidiela      | 10 | BON   | EKU | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 130  | 1:33.08 | L     | F    | Paige Plumb           | 8  | CSA   | EZD | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 131  | 1:33.31 | L     | F    | Lisa Kotzé            | 9  | LSM   | EZD | 23/02/2024 NW School Championships 2024            |
| 132  | 1:33.34 | L     | F    | Zaan Van Goeverden    | 10 | EDA   | ED  | 13/01/2024 BCA Inter-District Championship Gala    |
| 133  | 1:33.39 | L     | F    | Gabriella Scott       | 10 | TUKS  | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 134  | 1:33.40 | L     | F    | Courtney Killian      | 9  | CPPS  | NMA | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 135  | 1:33.41 | L     | P    | Nina Groenewald       | 9  | KTS   |     | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 136  | 1:33.42 | L     | F    | Inge Jv Vuuren        | 10 | LSTZN | CCD | 27/01/2024 Limpopo School Champs                   |
| 137* | 1:33.61 | L     | F    | Mia Mostert           | 10 | AWIN  | FSH | 03/11/2023 NTS Level 1+2 November Age Group        |
| 137* | 1:33.61 | L     | F    | Lianka Spies          | 10 | GHS   | BP  | 23/02/2024 NW School Championships 2024            |
| 139  | 1:33.77 | L     | F    | Mia De Lange          | 10 | SS    | MPD | 01/12/2023 Limpopo Champs                          |
| 140  | 1:33.88 | L     | F    | Lexie Carstens        | 10 | TUKS  | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 141  | 1:33.89 | L     | F    | Maya Schenck          | 10 | TYGE  | CPT | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 142  | 1:33.90 | L     | F    | Jaime-Lynn Vermeulen  | 10 | HARL  | BUF | 10/02/2024 BCA Feb Age Group Gala 2024             |
| 143  | 1:34.19 | L     | P    | Jeanine Goosen        | 10 | BLNE  | MAN | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 144  | 1:34.22 | L     | P    | Ava Du Preez          | 10 | BEAV  | ETH | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 145  | 1:34.24 | L     | F    | SCARLETT MAC DONALD   | 8  | ROA   | EDD | 09/02/2024 Infinity Gala 2024                      |
| 146  | 1:34.32 | L     | P    | Rachel Thompson       | 10 | PSC   | FSH | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 147  | 1:34.37 | L     | F    | Addison Pitout        | 9  | ASAC  | CPT | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 148  | 1:34.44 | L     | F    | Anna Charlton         | 10 | TRAZ  | FSH | 02/03/2024 AG Level 1 Regional Age Group           |
| 149  | 1:34.50 | L     | F    | Emma Roets            | 10 | TUKS  | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 150  | 1:34.52 | L     | P    | Amy Freeman           | 10 | NAE   | EZD | 01/12/2023 Mpumalanga Championships 2023           |
| 151  | 1:34.60 | L     | F    | Cayleigh Knott        | 10 | GSA   | CPT | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 152  | 1:34.76 | L     | F    | Luze Potgieter        | 10 | PAC   | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 153  | 1:34.86 | L     | F    | Zayb Christians       | 9  | HURA  | CPT | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 154  | 1:34.92 | L     | F    | Charlize Tröger       | 10 | SS    | MPD | 01/12/2023 Limpopo Champs                          |
| 155  | 1:34.95 | L     | F    | Lizanté Bam           | 10 | BLSS  | MAN | 02/03/2024 FSA Level 1 2024                        |
| 156  | 1:35.00 | L     | P    | Holly Couzens         | 10 | SGUL  | ETH | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 157  | 1:35.17 | L     | F    | Millay de Kock        | 9  | NWS   |     | 27/01/2024 4 + 1 Inter Provincial Gala 2023        |
| 158  | 1:35.23 | L     | F    | Zeney De Beer         | 10 | CSA   | EZD | 29/09/2023 MP AGE GROUP 1 29.09.2023 -             |
| 159  | 1:35.29 | L     | F    | Rachel John           | 9  | DORE  | JHB | 02/03/2024 AG Level 1 Regional Age Group           |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                        |    |           |            |   |
|------|---------|-------|------|-------------------------------|----|-----------|------------|---|
| 160  | 1:35.37 | L     | F    | Cato" Erasmus                 | 10 | FSA FS    | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023        |
| 161* | 1:35.39 | L     | F    | Isabella Van Breda            | 10 | NWUC KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 161* | 1:35.39 | L     | P    | Mine' Kirstein                | 10 | PAC TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 163  | 1:35.40 | L     | F    | Leanke Loots                  | 10 | KNYA EDD  | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 164  | 1:35.60 | L     | F    | Kelsey Markgraaff             | 9  | TUKS TSH  | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 165  | 1:35.67 | L     | F    | Wendy Modiba                  | 10 | POLSC CCD | 01/12/2023 | Limpopo Champs                          |
| 166  | 1:35.78 | L     | F    | Tlotlotsame Makatiers         | 10 | RBOT BPD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 167  | 1:35.98 | L     | F    | Charme Van Niekerk            | 9  | LSPN MP   | 27/01/2024 | Limpopo School Champs                   |
| 168  | 1:36.17 | L     | P    | Dominique Du Plessis          | 9  | HPS TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 169  | 1:36.22 | L     | F    | Bella-Rose Hutchinson         | 9  | SGUL ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 170  | 1:36.29 | L     | F    | Anika Nel                     | 9  | EXP TSH   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 171  | 1:36.36 | L     | F    | Jessica Francis               | 9  | SEAL UMD  | 24/11/2023 | Westville-Seals LC Championships        |
| 172  | 1:36.43 | L     | F    | Peyton Strydom                | 9  | TUKS TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 173  | 1:36.44 | L     | F    | Qhama-Qhamisa Gonya           | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 174  | 1:36.48 | L     | F    | Mieke Drenth                  | 9  | AWIN TSH  | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 175  | 1:36.53 | L     | F    | Anais Christine van Huyssteen | 9  | VRC TSH   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 176  | 1:36.57 | L     | F    | Rorisang Lempe                | 9  | MAKO EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 177  | 1:36.58 | L     | F    | Caitlin Lombard               | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 178  | 1:36.61 | L     | F    | Anashe Nhando                 | 10 | AFIN JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 179  | 1:36.66 | L     | P    | Tiisetso Makhatho             | 10 | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 180  | 1:36.80 | L     | F    | Christine Kruger              | 10 | BLSS MAN  | 27/01/2024 | Pelicans Gala 2024                      |
| 181  | 1:37.09 | L     | F    | Bela Davis-Taylor             | 10 | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 182  | 1:37.18 | L     | F    | Kgothatso Raphadu             | 9  | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 183  | 1:37.26 | L     | F    | Alexa Kuhn                    | 10 | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 184  | 1:37.37 | L     | F    | Emma Vorster                  | 10 | HPS TSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 185  | 1:37.41 | L     | F    | Sophia Ebrahim                | 10 | ESP EKU   | 24/11/2023 | EGA Summer 4                            |
| 186  | 1:37.58 | L     | F    | Bianca Van Jaarsveld          | 10 | TYGE CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 187  | 1:37.59 | L     | F    | Lea Noble                     | 10 | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 188  | 1:37.75 | L     | F    | Jane Barnard                  | 9  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 189  | 1:37.94 | L     | P    | Alexus Erasmus                | 9  | FSE KCD   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 190  | 1:38.17 | L     | F    | Beatrisa Kotklier             | 10 | CYBE CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 191  | 1:38.20 | L     | F    | Annabelle Ras                 | 10 | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 192  | 1:38.32 | L     | F    | Mia Du Preez                  | 10 | BLNE MAN  | 26/08/2023 | kovsie Sprint Gala                      |
| 193  | 1:38.34 | L     | F    | Tshegofatso Le Roux           | 10 | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 194  | 1:38.36 | L     | F    | Anzel Swiegers                | 8  | BULS MAN  | 27/01/2024 | Pelicans Gala 2024                      |
| 195  | 1:38.38 | L     | F    | Alyx Cupido                   | 8  | BLNE MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 196  | 1:38.51 | L     | F    | Aziza Zuma                    | 10 | ACSA ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 197  | 1:38.52 | L     | F    | Mia Tonkinson                 | 10 | SOUL EKU  | 28/10/2023 | EGA Summer 2 2023                       |
| 198  | 1:38.54 | L     | F    | Anke Van den Berg             | 9  | CSC TSH   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 199  | 1:38.63 | L     | F    | Leah Liebenberg               | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 200  | 1:38.74 | L     | F    | Kayla Coetzee                 | 10 | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |
| 201  | 1:38.81 | L     | F    | Lara Britz                    | 9  | FRA KCD   | 21/10/2023 | Froggies Championships 2023             |
| 202  | 1:38.84 | L     | F    | Bella-Mae Makelele            | 10 | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 203  | 1:39.02 | L     | F    | Amelie Theron                 | 9  | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 204  | 1:39.06 | L     | F    | Helana Pretorius              | 10 | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 205  | 1:39.12 | L     | F    | Maya Chelin                   | 10 | H2O EKU   | 26/01/2024 | EGA Last Chance 2024                    |
| 206  | 1:39.14 | L     | F    | Leah Victor                   | 9  | LSPHA MP  | 27/01/2024 | Limpopo School Champs                   |
| 207  | 1:39.28 | L     | F    | Thendo NemaKanga              | 9  | AAS JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 208  | 1:39.29 | L     | F    | Sarah Ferreira                | 9  | PER JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 209  | 1:39.31 | L     | F    | Hayley Liedeman               | 10 | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 210  | 1:39.34 | L     | P    | Georgia Carls                 | 9  | KTS       | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 211  | 1:39.61 | L     | F    | Milana Kyriakides             | 9  | SOUL EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 212  | 1:39.77 | L     | F    | Courtney Alcock               | 10 | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 213  | 1:39.81 | L     | P    | Nduvho Rabambi                | 10 | BULS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 214  | 1:39.89 | L     | F    | Lara Fouché                   | 9  | KPA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 215* | 1:40.08 | L     | F    | Leané Bruwer                  | 10 | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 215* | 1:40.08 | L     | F    | Lily-Mae Smith                | 10 | TCA EKU   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 217  | 1:40.16 | L     | P    | Geneva Keeton                 | 10 | OHAN ILD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 218  | 1:40.22 | L     | F    | Mariandi Bredenkamp           | 10 | BS LLD    | 18/11/2023 | Valsrivier Gala                         |



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time    | P/F/S | Name | Age/Yr              |    |       |  |
|------|---------|-------|------|---------------------|----|-------|--|
| 219  | 1:40.27 | L     | F    | Marné Truter        | 10 | LSKP  | WB 27/01/2024 Limpopo School Champs                    |
| 220  | 1:40.31 | L     | F    | Karin Gericke       | 9  | CASC  | CPT 18/11/2023 CTA QUALIFYING MEET 2                   |
| 221  | 1:40.32 | L     | F    | Eva Coates          | 8  | FISH  | EDD 09/02/2024 Infinity Gala 2024                      |
| 222  | 1:40.35 | L     | F    | Lusanele Qusheka    | 10 | BEST  | NMA 09/02/2024 Infinity Gala 2024                      |
| 223  | 1:40.48 | L     | F    | Emma Marx           | 9  | NAE   | EZD 23/09/2023 MP SPRINT GALA 23 SEPTEMBER             |
| 224  | 1:40.65 | L     | F    | Meandri Vorster     | 9  | TUKS  | FSH 02/03/2024 AG Level 1 Regional Age Group           |
| 225* | 1:40.72 | L     | F    | Amelie v Staden     | 10 | HREF  | BP 21/10/2023 NWS Age Group 1 & 2 2023                 |
| 225* | 1:40.72 | L     | P    | Mamoso Ramokgopa    | 10 | TKS   | WBD 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 227  | 1:40.84 | L     | F    | Carli Marais        | 10 | KNYA  | EDD 20/01/2024 EDEN 4th A-League Gala 2024             |
| 228* | 1:40.85 | L     | F    | Jana Hiestermann    | 9  | DDA   | FSH 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 228* | 1:40.85 | L     | F    | Kayline Cronje      | 9  | JAQ   | EKU 02/03/2024 AG Level 1 Regional Age Group           |
| 230  | 1:40.97 | L     | F    | Ava Forsythe        | 8  | COLJ  | NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 231  | 1:41.11 | L     | P    | Anje Adendorff      | 9  | KALA  | 26/03/2024 SA Level 2 Regional Age Group Champs        |
| 232  | 1:41.18 | L     | F    | Jessica Treeby      | 9  | AWIN  | FSH 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 233  | 1:41.30 | L     | F    | Psalm Oswald        | 9  | ESP   | EKU 02/03/2024 AG Level 1 Regional Age Group           |
| 234  | 1:41.38 | L     | F    | Anchen Schoeman     | 10 | BS    | LLD 02/03/2024 FSA Level 1 2024                        |
| 235  | 1:41.39 | L     | F    | Kethelo Mkhize      | 10 | USH   | KCD 03/02/2024 KCDA February Age Group 2024            |
| 236  | 1:41.51 | L     | F    | Jaunté Duvenage     | 10 | LPTBO | CCD 27/01/2024 Limpopo School Champs                   |
| 237  | 1:41.55 | L     | F    | Tanya Loots         | 10 | TYGE  | CPT 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 238  | 1:41.61 | L     | F    | Katarina Stojanovic | 9  | RFA   | FSH 02/03/2024 AG Level 1 Regional Age Group           |
| 239  | 1:41.67 | L     | F    | Dané Combrinck      | 10 | TUKS  | FSH 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 240  | 1:41.84 | L     | F    | Adison Gericke      | 10 | SPS   | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 241  | 1:41.97 | L     | F    | Cari Kriel          | 10 | LALE  | GED 17/02/2024 Swartland Invitational Gala 2024        |
| 242* | 1:42.06 | L     | F    | Demi Palmer         | 10 | PEAS  | NMA 24/06/2023 PEA Winter Gala 2023                    |
| 242* | 1:42.06 | L     | F    | Juliette Myburgh    | 9  | COLJ  | NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 244  | 1:42.09 | L     | F    | Emma Gutsche        | 10 | POLSC | CCD 01/12/2023 Limpopo Champs                          |
| 245  | 1:42.10 | L     | F    | Molly Wang          | 9  | OHAN  | ILD 27/01/2024 Ushaka Champs 2024                      |
| 246  | 1:42.14 | L     | F    | Elmare Naude        | 9  | DESA  | NMA 09/02/2024 Infinity Gala 2024                      |
| 247  | 1:42.23 | L     | F    | Amice Seaman        | 8  | UNI   | EZD 23/09/2023 MP SPRINT GALA 23 SEPTEMBER             |
| 248  | 1:42.25 | L     | P    | Alexia Botha        | 10 | KALA  | 26/03/2024 SA Level 2 Regional Age Group Champs        |
| 249  | 1:42.26 | L     | F    | Tabea Greyling      | 10 | RFA   | FSH 16/02/2024 NTS February Open Age Group 2024        |
| 250  | 1:42.28 | L     | F    | Olivia Plowman      | 9  | SGUL  | ETH 24/11/2023 Westville-Seals LC Championships        |
| 251  | 1:42.36 | L     | F    | Anniqwe Bester      | 10 | AGAQ  | QBD 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 252  | 1:42.48 | L     | F    | Paige Van Breda     | 9  | TCA   | EKU 02/03/2024 AG Level 1 Regional Age Group           |
| 253  | 1:42.59 | L     | F    | Natalie Brown       | 10 | CKDP  | KK 23/02/2024 NW School Championships 2024             |
| 254  | 1:42.74 | L     | F    | Rachael McMaster    | 9  | HARL  | BUF 10/02/2024 BCA Feb Age Group Gala 2024             |
| 255  | 1:42.76 | L     | F    | Kaleigh Henning     | 9  | SS    | MPD 01/12/2023 Limpopo Champs                          |
| 256  | 1:42.78 | L     | P    | Danelle Louw        | 10 | BULS  | MAN 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 257  | 1:42.86 | L     | P    | Etlí Van Niekerk    | 10 | CSA   | EZD 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 258  | 1:42.95 | L     | F    | Skylin Koupis       | 10 | BLOT  | MAN 02/03/2024 FSA Level 1 2024                        |
| 259  | 1:42.97 | L     | F    | Mihanka vd Bank     | 10 | CUHE  | QBD 17/02/2024 Swartland Invitational Gala 2024        |
| 260  | 1:43.15 | L     | F    | Gemma Goedhals      | 9  | INFA  | NMA 09/02/2024 Infinity Gala 2024                      |
| 261  | 1:43.34 | L     | F    | Janina Badenhorst   | 9  | GHS   | BP 23/02/2024 NW School Championships 2024             |
| 262  | 1:43.64 | L     | P    | Khera Murray        | 10 | H2O   | EKU 07/12/2023 EGA Summer Championships                |
| 263  | 1:43.77 | L     | F    | Izelda Meyer        | 10 | VHD   | ZLD 24/11/2023 Westville-Seals LC Championships        |
| 264  | 1:43.91 | L     | F    | Vania Martin        | 10 | SOUL  | EKU 24/11/2023 EGA Summer 4                            |
| 265  | 1:43.93 | L     | F    | Isabella Purdon     | 10 | SWIM1 | JHB 02/03/2024 AG Level 1 Regional Age Group           |
| 266  | 1:43.98 | L     | F    | Marizel Prinsloo    | 10 | BS    | LLD 06/12/2023 Free State Champs 2023                  |
| 267  | 1:43.99 | L     | F    | Kaylyn Blair        | 9  | BLOT  | MAN 15/09/2023 Bull Sharks Annual Gala                 |
| 268  | 1:44.53 | L     | F    | Isla Conradie       | 10 | SAAW  | CPT 10/02/2024 WCA-B Champs - 2024                     |
| 269* | 1:45.04 | L     | F    | Cara Cornelissen    | 9  | KTS   | 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023                |
| 269* | 1:45.04 | L     | F    | Abigail Snyman      | 10 | SS    | MPD 01/12/2023 Limpopo Champs                          |
| 271  | 1:45.12 | L     | F    | Ilanca Smuts        | 10 | PPARK | BP 23/02/2024 NW School Championships 2024             |
| 272  | 1:45.16 | L     | F    | Marguerite Burger   | 9  | SWAR  | WCD 11/11/2023 Swartland Prestige Gala 2023            |
| 273  | 1:45.18 | L     | F    | Nolitha Luhabe      | 9  | SWIFT | EKU 02/03/2024 AG Level 1 Regional Age Group           |
| 274  | 1:45.28 | L     | F    | Beulah vd Merwe     | 10 | MCS   | BP 23/02/2024 NW School Championships 2024             |
| 275  | 1:45.32 | L     | F    | Rouxvé Henn         | 8  | ZASC  | FSH 02/03/2024 AG Level 1 Regional Age Group           |
| 276  | 1:45.50 | L     | P    | Leah Vos            | 10 | CSA   | EZD 01/12/2023 Mpumalanga Championships 2023           |
| 277  | 1:45.60 | L     | F    | Mileah Fourie       | 9  | FRA   | KCD 02/12/2023 Stingrays Swim Champs 2023              |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time    | P/F/S | Name | Age/Yr               |    |           |            |   |
|------|---------|-------|------|----------------------|----|-----------|------------|---|
| 278  | 1:45.62 | L     | F    | Carla Swart          | 10 | ASAC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 279  | 1:45.69 | L     | F    | Elizabeth Hartman    | 9  | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 280  | 1:45.70 | L     | F    | Tebogo Machaba       | 10 | PER JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 281  | 1:45.74 | L     | F    | Veronique Coetzee    | 9  | JAQ EKU   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 282  | 1:45.77 | L     | F    | Zanokuhle Luthuli    | 9  | USH KCD   | 02/12/2023 | Stingrays Swim Champs 2023              |
| 283* | 1:45.83 | L     | F    | Marli Nel            | 9  | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 283* | 1:45.83 | L     | F    | Leandri Puth         | 9  | LSB BP    | 23/02/2024 | NW School Championships 2024            |
| 285  | 1:45.87 | L     | F    | Kirei Burgess        | 8  | CA EKU    | 28/10/2023 | EGA Summer 2 2023                       |
| 286  | 1:46.07 | L     | F    | Emma Ranger          | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 287  | 1:46.10 | L     | F    | Kgadi Mamaila        | 10 | DOLFI MPD | 01/12/2023 | Limpopo Champs                          |
| 288* | 1:46.23 | L     | F    | Julie Schwartz       | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 288* | 1:46.23 | L     | F    | Miele' Loftus        | 10 | BULS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 290  | 1:46.30 | L     | F    | Adrienne Meiring     | 10 | PEAS NMA  | 22/07/2023 | 1st A League Gala 2023                  |
| 291  | 1:46.62 | L     | F    | Amy Dick             | 9  | HURA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 292  | 1:46.63 | L     | P    | Kamila Mohapi        | 10 | ESTR EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 293  | 1:46.68 | L     | F    | Leah Kriel           | 9  | GREY CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 294  | 1:46.79 | L     | F    | Riani Vos            | 9  | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |
| 295  | 1:46.92 | L     | F    | Roxanne Hautmann     | 10 | DSK BP    | 23/02/2024 | NW School Championships 2024            |
| 296  | 1:47.06 | L     | F    | Lenice Lange         | 10 | TKS WBD   | 01/12/2023 | Limpopo Champs                          |
| 297  | 1:47.16 | L     | F    | Milea Louw           | 10 | TYGE CPT  | 17/09/2023 | CTA BMEET 3                             |
| 298  | 1:47.20 | L     | F    | Tenè Venter          | 10 | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 299* | 1:47.39 | L     | F    | Emily Bestbier       | 10 | BON EKU   | 07/12/2023 | EGA Summer Championships                |
| 299* | 1:47.39 | L     | F    | Madison Dingle       | 9  | SOUL EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 301  | 1:47.48 | L     | F    | Elma Delpont         | 10 | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 302* | 1:47.49 | L     | F    | Ivy Wilkins          | 9  | HPS TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 302* | 1:47.49 | L     | F    | Chloé Scott          | 8  | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 304  | 1:47.63 | L     | F    | Gabriella Loucao     | 9  | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 305  | 1:47.82 | L     | F    | Alyssa Bosch         | 10 | BARR CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 306  | 1:47.88 | L     | F    | Mianka Lubbe         | 10 | HWSK FBD  | 20/01/2024 | AGE GROUP 5 KBY 2024                    |
| 307  | 1:48.08 | L     | F    | Reabetswe Tau        | 9  | PER JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 308  | 1:48.21 | L     | F    | Ymeri Wilken         | 10 | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |
| 309  | 1:48.30 | L     | F    | Hanneli van der Watt | 8  | GREY CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 310  | 1:48.50 | L     | F    | Tabo Mwenechanya     | 10 | CRSC JHB  | 10/11/2023 | CGA Level 2+ Gala 10 - 11 Nov 2023      |
| 311  | 1:48.54 | L     | F    | Marlien Nell         | 10 | HREF BP   | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 312  | 1:48.61 | L     | F    | Lehanri Cronje       | 10 | NSAD EZD  | 02/02/2024 | MP AGE GROUP 5 GALA                     |
| 313  | 1:48.69 | L     | F    | Henriette Odendaal   | 8  | QUIC CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 314* | 1:48.87 | L     | F    | Jorja-Lee Hendricks  | 9  | TYGE CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 314* | 1:48.87 | L     | F    | Sofia Grebe          | 8  | CUHE QBD  | 21/01/2024 | CTA BMEET 4                             |
| 316  | 1:48.91 | L     | F    | Natalie Maritz       | 10 | NSAD EZD  | 03/11/2023 | MP AGE GROUP 3 3&4 NOV 2023             |
| 317  | 1:49.10 | L     | P    | Nina Els             | 10 | RBOT BPD  | 06/12/2023 | NWS Championships 2023/24               |
| 318  | 1:49.23 | L     | F    | Hayleigh Roux        | 10 | FROS TMD  | 02/03/2024 | FSA Level 1 2024                        |
| 319  | 1:49.26 | L     | F    | Rachel Johnson       | 10 | BARA EKU  | 26/01/2024 | EGA Last Chance 2024                    |
| 320  | 1:49.30 | L     | F    | Tshegofatso Kwadjo   | 10 | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 321  | 1:49.62 | L     | F    | Ayesha Fakier        | 9  | SAAW CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 322  | 1:50.17 | L     | F    | Mieke Labuschagne    | 8  | GREY CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 323  | 1:50.25 | L     | F    | Livia Exner          | 10 | QUIC CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 324  | 1:50.72 | L     | F    | Elbe van Zyl         | 9  | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 325  | 1:50.77 | L     | F    | Happy Raphuti        | 10 | GHDS BP   | 23/02/2024 | NW School Championships 2024            |
| 326  | 1:50.81 | L     | F    | Danille De Jager     | 10 | OLDE JHB  | 27/01/2024 | CGA Level 2+ Gala 27 Jan 2024           |
| 327  | 1:50.96 | L     | F    | Elzaan Kieck         | 9  | AWIN TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 328* | 1:51.15 | L     | F    | Lauren Hans          | 10 | MATL KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 328* | 1:51.15 | L     | F    | Aishah Bingudza      | 10 | VRC TSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 330  | 1:51.59 | L     | P    | Mia du Plessis       | 10 | RBOT BPD  | 06/12/2023 | NWS Championships 2023/24               |
| 331  | 1:51.61 | L     | F    | Mari Malherbe        | 9  | QSAW CED  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 332  | 1:51.73 | L     | F    | Emma-Kate McCallum   | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 333  | 1:51.79 | L     | F    | Erin Mackenzie       | 9  | FAAC      | 13/01/2024 | AGE GROUP 4 KBY 2024                    |
| 334  | 1:51.97 | L     | F    | Lexi Abrahamse       | 10 | VINE CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 335  | 1:52.02 | L     | F    | Michaela Kröger      | 10 | BARR CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 336* | 1:52.23 | L     | F    | Mari-Hane Visser     | 10 | KALA      | 10/02/2024 | AGE GROUP 6 KATHU 2024                  |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time    | P/F/S | Name | Age/Yr                  |    |           |  |
|------|---------|-------|------|-------------------------|----|-----------|--|
| 336* | 1:52.23 | L     | F    | Otille Molamu           | 10 | TUKS FSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 338  | 1:52.68 | L     | F    | Yi-han Huang            | 9  | BLMA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 339  | 1:53.34 | L     | F    | Olivia Wood             | 10 | BARA EKV  | 26/01/2024 EGA Last Chance 2024                    |
| 340  | 1:53.48 | L     | F    | Sarah Palmer            | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 341* | 1:53.49 | L     | F    | Lienke Jv Nieuwenhuizen | 10 | LSWBA WB  | 27/01/2024 Limpopo School Champs                   |
| 341* | 1:53.49 | L     | F    | Milan Genis             | 10 | UNI EZD   | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 343  | 1:53.51 | L     | P    | Miane Kruger            | 9  | MATL KKD  | 06/12/2023 NWS Championships 2023/24               |
| 344  | 1:53.92 | L     | F    | Jenna Pidduck           | 10 | TUKS FSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 345  | 1:54.00 | L     | F    | Amorick Jacobs          | 10 | KTS       | 27/10/2023 KALAHARI CLASSIC GALA 2023              |
| 346  | 1:54.05 | L     | F    | Amelia-Rose Geldart     | 9  | ESP EKV   | 26/01/2024 EGA Last Chance 2024                    |
| 347  | 1:54.09 | L     | F    | Mieke Koekemoer         | 9  | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 348  | 1:54.45 | L     | F    | Cathryn Davenport       | 9  | DESA NMA  | 15/12/2023 NMBA Championships 2023                 |
| 349  | 1:54.53 | L     | F    | Senamile Msomi          | 10 | UMSH ETH  | 21/01/2024 EDA Age Group Gala 5 2024               |
| 350  | 1:54.82 | L     | F    | Amy Masterson           | 10 | INFA NMA  | 21/10/2023 4th A League Gala 2023                  |
| 351  | 1:54.92 | L     | F    | Emma Strydom            | 9  | QUIC CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 352  | 1:55.01 | L     | F    | Carli van der Walt      | 10 | PSA ZLD   | 27/01/2024 Ushaka Champs 2024                      |
| 353  | 1:55.03 | L     | F    | Kagiso Motuku           | 10 | PGAC EKV  | 02/03/2024 AG Level 1 Regional Age Group           |
| 354  | 1:55.15 | L     | F    | Kirsten Gibson          | 8  | GREY CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 355  | 1:55.46 | L     | F    | Jaed Beaton             | 10 | PEAS NMA  | 12/08/2023 Madibaz Swim Meet 2023                  |
| 356  | 1:55.86 | L     | F    | Kayla Fouche            | 8  | TYGE CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 357  | 1:56.17 | L     | F    | Cari van der Merwe      | 9  | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 358  | 1:56.31 | L     | F    | Leah Schultz            | 9  | WBAC CC   | 27/01/2024 Limpopo School Champs                   |
| 359  | 1:56.35 | L     | P    | Nelia Kleynhans         | 9  | POTC KKD  | 06/12/2023 NWS Championships 2023/24               |
| 360  | 1:56.57 | L     | F    | Nina Bosch              | 8  | BAS EKV   | 07/12/2023 EGA Summer Championships                |
| 361  | 1:56.67 | L     | P    | Carla Fourie            | 10 | NAE EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 362  | 1:56.88 | L     | F    | Kuno Moleme             | 8  | TUKS FSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 363  | 1:57.04 | L     | F    | Reaotlotla Mofokeng     | 10 | NWUC KKD  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 364  | 1:57.25 | L     | F    | Chloe Charedzera        | 10 | PEAS NMA  | 09/02/2024 Infinity Gala 2024                      |
| 365  | 1:57.48 | L     | F    | Mckayla Du Plessis      | 9  | CLSC WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 366  | 1:57.49 | L     | F    | Karlienne Ras           | 9  | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 367* | 1:58.04 | L     | F    | Janah Louw              | 9  | KALA      | 27/10/2023 KALAHARI CLASSIC GALA 2023              |
| 367* | 1:58.04 | L     | F    | Ntwanano Chauke         | 8  | DORE JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 369  | 1:58.11 | L     | F    | Kano Molefe             | 9  | HREF BP   | 11/11/2023 NWS Age Group 3 + 4                     |
| 370  | 1:58.40 | L     | F    | Emily Ohlson            | 9  | AQDO CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 371  | 1:58.53 | L     | F    | Linnea Bond             | 8  | ROA EDD   | 17/02/2024 EDEN 5th A-League Gala 2024             |
| 372  | 1:58.78 | L     | F    | Nika Loots              | 10 | PELIC MAN | 02/03/2024 FSA Level 1 2024                        |
| 373  | 1:59.03 | L     | F    | Lakin Leibrandt         | 9  | XSAQ CPT  | 17/09/2023 CTA BMEET 3                             |
| 374  | 1:59.08 | L     | F    | Livia Venter            | 8  | LEUPH WB  | 27/01/2024 Limpopo School Champs                   |
| 375  | 1:59.14 | L     | F    | Jo Anne Schutte         | 9  | KALA      | 17/02/2024 KATHU T&S CLUB GALA 2024                |
| 376  | 1:59.17 | L     | F    | Li-Mare Olivier         | 9  | FAAC      | 03/02/2024 NCASA SPRINTS 2024                      |
| 377  | 1:59.18 | L     | F    | Lienke Myburgh          | 9  | CSA EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 378  | 1:59.22 | L     | F    | Leah Bunge              | 10 | BLUO UGD  | 02/12/2023 Stingrays Swim Champs 2023              |
| 379  | 1:59.25 | L     | F    | Mia Snyders             | 9  | UWCA CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 380  | 1:59.65 | L     | F    | Mpho Kutumane           | 10 | UWCA CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 381  | 1:59.81 | L     | F    | Yu Xi Jin               | 10 | TYGE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 382  | 1:59.96 | L     | F    | Abigail Clay            | 9  | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 383  | 2:00.06 | L     | F    | Kirsten Schnehage       | 10 | VINE CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 384  | 2:00.13 | L     | F    | Caitlyn Schaper         | 9  | OLS BP    | 23/02/2024 NW School Championships 2024            |
| 385  | 2:00.56 | L     | F    | Ava Candiotes           | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 386  | 2:00.73 | L     | F    | Anja Schreve            | 9  | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 387  | 2:00.74 | L     | F    | Lisa Polson             | 9  | BEARS FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 388  | 2:00.88 | L     | F    | Camryn Bolitho          | 9  | SOUL EKV  | 02/03/2024 AG Level 1 Regional Age Group           |
| 389  | 2:01.13 | L     | P    | Belissa Shabangu        | 7  | UNI EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 390  | 2:01.20 | L     | F    | Aaliya Chippendale      | 9  | MARL CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 391  | 2:01.36 | L     | F    | Ellie van der Mescht    | 8  | DESA NMA  | 11/11/2023 5th A League Gala 2023                  |
| 392  | 2:01.40 | L     | F    | Mishanie Van Jaarsveld  | 9  | UPSK ZMD  | 02/12/2023 UPT GROUP 3 2023                        |
| 393  | 2:01.61 | L     | F    | Tsakani Mithi           | 10 | BARA EKV  | 24/11/2023 EGA Summer 4                            |
| 394  | 2:01.93 | L     | F    | Jana Pienaar            | 10 | NAE EZD   | 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023             |
| 395  | 2:02.07 | L     | F    | Mikayla Hanneman        | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time    | P/F/S | Name | Age/Yr                 |    |           |  |
|------|---------|-------|------|------------------------|----|-----------|--|
| 396  | 2:02.20 | L     | F    | Elzere Meyer           | 9  | NAE EZD   | 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023             |
| 397* | 2:02.83 | L     | F    | Emily Rushin           | 8  | HURA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 397* | 2:02.83 | L     | F    | Omphile Mahlohela      | 10 | TPS BPD   | 23/02/2024 NW School Championships 2024            |
| 399  | 2:03.15 | L     | F    | Leah Spangenberg       | 8  | QUIC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 400  | 2:03.17 | L     | F    | Sophia Lemmer          | 9  | HARL BUF  | 24/11/2023 BCA Long Course Championships 2023      |
| 401  | 2:03.25 | L     | F    | Alic Van Heerden       | 10 | TYGE CPT  | 21/01/2024 CTA BMEET 4                             |
| 402  | 2:03.42 | L     | F    | Mia Haddad             | 10 | FAAC      | 01/12/2023 AGE GROUP 3 KBY 2023                    |
| 403  | 2:03.44 | L     | F    | Jemma October          | 9  | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 404  | 2:04.38 | L     | F    | Skyler Petzer          | 9  | RUSTL BP  | 23/02/2024 NW School Championships 2024            |
| 405  | 2:04.87 | L     | F    | Janeé Noeth            | 8  | KTS       | 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023            |
| 406  | 2:05.27 | L     | F    | Cayla Senekal          | 10 | TKS WBD   | 21/10/2023 Limpopo Age Group 4                     |
| 407  | 2:05.42 | L     | F    | Yandzisa Sambo         | 8  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 408  | 2:05.70 | L     | F    | Paige Aarninkhof       | 9  | TYGE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 409  | 2:05.89 | L     | F    | Issabel Lindeboom      | 9  | BLNE MAN  | 02/03/2024 FSA Level 1 2024                        |
| 410  | 2:06.25 | L     | F    | Thalia Mbock Madjang   | 10 | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 411  | 2:06.29 | L     | F    | Yolla Mario            | 8  | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 412  | 2:06.45 | L     | F    | Gcinizwi Dom           | 10 | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 413  | 2:06.75 | L     | F    | Loago Mmoloke          | 10 | MCS BP    | 23/02/2024 NW School Championships 2024            |
| 414  | 2:07.25 | L     | F    | Richdean De Take       | 10 | KALA      | 11/11/2023 AGE GROUP 1 KATHU                       |
| 415  | 2:08.26 | L     | F    | Sarah-Faye Lubbe       | 8  | KALA      | 10/02/2024 AGE GROUP 6 KATHU 2024                  |
| 416  | 2:08.35 | L     | F    | Luvuyokazi Dlamini     | 10 | FSE KCD   | 03/02/2024 KCDA February Age Group 2024            |
| 417  | 2:08.41 | L     | F    | Jinxuan Li             | 9  | TYGE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 418  | 2:08.46 | L     | F    | Maria Ferreira         | 7  | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 419  | 2:08.52 | L     | F    | Zoe Danha              | 10 | NAE EZD   | 02/02/2024 MP AGE GROUP 5 GALA                     |
| 420  | 2:09.57 | L     | F    | Bonolo Komape          | 10 | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 421  | 2:10.68 | L     | F    | Abigail Lange          | 9  | VINE CPT  | 21/01/2024 CTA BMEET 4                             |
| 422  | 2:10.86 | L     | F    | Nikola De Villiers     | 8  | TYGE CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 423  | 2:10.89 | L     | F    | Zoey Zovitzkey         | 9  | TUKS TSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 424  | 2:11.34 | L     | F    | Ayla Mahlangu          | 9  | NSAD EZD  | 13/10/2023 MP AGE GROUP 2                          |
| 425  | 2:11.38 | L     | F    | Cleo Julius            | 10 | KALA      | 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023            |
| 426  | 2:11.44 | L     | F    | Mohau Leshabane        | 10 | USHAK EKU | 24/11/2023 EGA Summer 4                            |
| 427  | 2:11.65 | L     | F    | Nina Vancoillie        | 9  | QUIC CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 428  | 2:11.80 | L     | F    | Oageng Mmalekutu       | 9  | LEBII BP  | 23/02/2024 NW School Championships 2024            |
| 429  | 2:12.13 | L     | F    | Mila De Kock           | 8  | CA EKU    | 28/10/2023 EGA Summer 2 2023                       |
| 430  | 2:12.81 | L     | F    | Makanaka Myotcha       | 9  | FRA KCD   | 03/02/2024 KCDA February Age Group 2024            |
| 431  | 2:13.27 | L     | F    | Noorah Ahmed           | 9  | BLNE MAN  | 02/03/2024 FSA Level 1 2024                        |
| 432  | 2:13.47 | L     | F    | Jelanri Du Toit        | 7  | CUR EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 433  | 2:13.77 | L     | F    | Catarina Miquelino     | 7  | CUR EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 434  | 2:14.32 | L     | F    | Chinica De Beer        | 8  | FRA KCD   | 03/02/2024 KCDA February Age Group 2024            |
| 435  | 2:14.41 | L     | F    | Sthando Dlamini        | 10 | EKAQ ETH  | 03/11/2023 EDA Age Group Gala 4 2023               |
| 436  | 2:14.51 | L     | F    | Lua Van Coller         | 8  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 437  | 2:18.16 | L     | F    | Karli Botha            | 8  | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 438  | 2:18.46 | L     | F    | Sophia De Beer         | 10 | QSAW CED  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 439  | 2:19.21 | L     | F    | Raya Singh             | 8  | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 440  | 2:20.43 | L     | F    | Emily Ross             | 9  | AGAQ OBD  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 441  | 2:23.82 | L     | F    | Abigail Vlok           | 8  | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 442  | 2:24.12 | L     | F    | Daniella-Mohapi Lebogo | 10 | TUKS TSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 443  | 2:28.43 | L     | F    | Olivia Schaper         | 9  | OLS BP    | 23/02/2024 NW School Championships 2024            |
| 444  | 2:29.10 | L     | F    | Adelle Luttig          | 10 | UPSK ZMD  | 10/02/2024 AGE GROUP 6 UPT - 2024                  |
| 445  | 2:30.51 | L     | F    | Molly Raphuti          | 8  | HARB BPD  | 02/02/2024 NTS Level 1+2 February Age Group        |
| 446  | 2:31.28 | L     | F    | Bella De Villiers      | 10 | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 447  | 2:36.37 | L     | F    | Lerisha Theys          | 10 | KSSS JTD  | 02/12/2023 AGE GROUP 3 KATHU - 2023                |
| 448  | 2:37.05 | L     | F    | Carli Steenkamp        | 7  | KSSS JTD  | 20/01/2024 AGE GROUP 5 KATHU 2024                  |
| 449  | 2:39.20 | L     | F    | Mieke Jv Vuuren        | 9  | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 450  | 2:42.55 | L     | F    | Anika Fleming          | 7  | KSSS JTD  | 10/02/2024 AGE GROUP 6 KATHU 2024                  |
| 451  | 2:43.01 | L     | F    | Micaela Thomas         | 10 | ROA EDD   | 04/11/2023 EDEN 3rd A-League School Trials Gala    |
| 452  | 2:43.12 | L     | F    | Evanya Bender          | 9  | PSA ZLD   | 02/12/2023 Stingrays Swim Champs 2023              |
| 453  | 2:49.03 | L     | F    | Lize-Mari Louw         | 10 | KALA      | 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023            |
| 454  | 2:51.26 | L     | F    | Leah Adendorff         | 7  | KSSS JTD  | 10/02/2024 AGE GROUP 6 KATHU 2024                  |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|                                      | Time        | P/F/S | Name                    | Age/Yr |          |            |                                      |
|--------------------------------------|-------------|-------|-------------------------|--------|----------|------------|--------------------------------------|
| 455                                  | 2:53.66 L   | F     | Karli Wilson            | 9      | KSSS JTD | 10/02/2024 | AGE GROUP 6 KATHU 2024               |
| 456                                  | 2:54.84 L   | F     | Layla Moosa             | 8      | KHAY CPT | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 457                                  | 2:58.99 L   | F     | Mabohlale Seabela       | 9      | KALA     | 14/10/2023 | FLAMINGO GALA 14 - 15 OCTOBER        |
| <b>Women 10 &amp; Under 200 Free</b> |             |       |                         |        |          |            |                                      |
| 1                                    | 2:41.14 L   | F     | Anè Bezuidenhout        | 9      | TUKS FSH | 12/12/2023 | NTS Championships 2023               |
| 2                                    | 2:41.63 L   | F     | Demi Vorster            | 10     | TUKS FSH | 12/12/2023 | NTS Championships 2023               |
| 3                                    | 2:42.30 L   | F     | Kasey De Bruyn          | 10     | TUKS FSH | 12/12/2023 | NTS Championships 2023               |
| 4                                    | 2:45.46 L   | F     | Ella Johnson            | 10     | SAAW CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 5                                    | 2:47.35 L   | F     | Haley Pieterse          | 9      | INFA NMA | 09/02/2024 | Infinity Gala 2024                   |
| 6                                    | 2:49.43 L   | F     | Olivia Geldart          | 10     | INFA NMA | 09/02/2024 | Infinity Gala 2024                   |
| 7                                    | 2:51.67 L S | F     | Hannah Raphaela Morgado | 10     | CSA EZD  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 8                                    | 2:51.96 L   | P     | Bria Ahmed              | 10     | SAAW CPT | 14/12/2023 | Western Cape LC-A Championship 2023  |
| 9                                    | 2:53.43 L S | F     | Mila Geldenhuys         | 10     | ACAQ CCD | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 10                                   | 2:53.98 L   | F     | Leah Dabrowski          | 10     | BLMA CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 11                                   | 2:54.16 L   | F     | Lisa Le Roux            | 10     | BLOT MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 12                                   | 2:55.26 L   | F     | Sophie Chiang           | 10     | WATR JHB | 20/01/2024 | CGA Level 2+ Gala 20 Jan 2024        |
| 13                                   | 2:55.54 L   | F     | Simone Zoutendyk        | 10     | RBOT BPD | 21/10/2023 | NWS Age Group 1 & 2 2023             |
| 14                                   | 2:56.28 L S | F     | Annebelle Botha         | 10     | PER JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 15                                   | 2:59.31 L   | F     | Courtney Grant          | 10     | WSTV ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 16                                   | 3:00.09 L   | F     | Mackenzi Dart           | 10     | USC BUF  | 15/12/2023 | NMBA Championships 2023              |
| 17                                   | 3:00.10 L   | P     | Colleen McQueen         | 10     | BLSS MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 18                                   | 3:00.84 L   | F     | Saskia Gilligan         | 10     | BLMA CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 19                                   | 3:00.85 L   | F     | Cayden Parfitt          | 10     | CASC CPT | 21/01/2024 | CTA BMEET 4                          |
| 20                                   | 3:01.59 L   | F     | Keyla Douglas           | 10     | ROA EDD  | 18/11/2023 | Eden LC Champs 2023                  |
| 21                                   | 3:01.60 L   | F     | Carli Stoop             | 10     | COMS FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 22                                   | 3:01.90 L S | F     | Amy-Lee Wood            | 10     | TCA EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 23                                   | 3:02.41 L   | F     | Paige Davies            | 10     | KLOO ETH | 03/11/2023 | EDA Age Group Gala 4 2023            |
| 24                                   | 3:03.06 L   | F     | Caro Bishop             | 10     | VINE CPT | 21/01/2024 | CTA BMEET 4                          |
| 25                                   | 3:03.11 L S | F     | Mila Nel                | 10     | TUKS FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 26                                   | 3:03.20 L S | F     | Danica Grant            | 10     | SOUL EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 27                                   | 3:04.40 L S | F     | Mackenzie Spencer       | 9      | TRAZ FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 28                                   | 3:05.33 L S | F     | Alexi Dandoulakis       | 10     | CA EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 29                                   | 3:05.91 L   | F     | Elke Coetsee            | 10     | FISH EDD | 17/02/2024 | EDEN 5th A-League Gala 2024          |
| 30                                   | 3:06.17 L   | F     | Olivia Normington       | 10     | XCEL CPT | 21/01/2024 | CTA BMEET 4                          |
| 31                                   | 3:06.22 L   | F     | Shaylee Scheffer        | 10     | GREY CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 32                                   | 3:06.23 L   | F     | Kaylie Van der Linde    | 10     | VHD ZLD  | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 33                                   | 3:06.32 L   | F     | Marli Strydom           | 10     | QUIC CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 34                                   | 3:06.84 L   | F     | Sophia Clutties         | 9      | WSTV ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 35                                   | 3:07.01 L   | F     | Siphwosethu Sikhakhane  | 10     | AZON ETH | 24/11/2023 | Westville-Seals LC Championships     |
| 36                                   | 3:07.07 L   | P     | Layla Palframan         | 10     | SEAL UMD | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 37                                   | 3:07.33 L S | F     | Sarah Mann              | 10     | CA EKU   | 07/12/2023 | EGA Summer Championships             |
| 38                                   | 3:08.11 L   | F     | Skye Taute              | 9      | POTC KKD | 06/12/2023 | NWS Championships 2023/24            |
| 39                                   | 3:08.12 L   | F     | Olivia Odendaal         | 10     | HPS FSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 40                                   | 3:08.16 L S | F     | Kari Nel                | 10     | TUKS FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 41                                   | 3:09.30 L   | F     | Kyra Du Preez           | 10     | USC BUF  | 15/12/2023 | NMBA Championships 2023              |
| 42                                   | 3:09.47 L S | F     | Morgan Burstein         | 10     | TUKS FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 43                                   | 3:09.87 L   | F     | Emily Van Der Byl       | 10     | USC BUF  | 09/02/2024 | Infinity Gala 2024                   |
| 44                                   | 3:10.24 L S | F     | Mika Ferreira           | 10     | ZASC FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 45                                   | 3:10.89 L   | F     | Yamakhuze Loni          | 10     | INFA NMA | 15/12/2023 | NMBA Championships 2023              |
| 46                                   | 3:11.00 L   | F     | Ashleigh Goosen         | 9      | UNI EZD  | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 47                                   | 3:11.06 L   | F     | Isabel Helberg          | 10     | MDOL JHB | 12/01/2024 | 2024 Grand Prix Invitation Swimming  |
| 48                                   | 3:11.18 L   | F     | Arianne Bac             | 9      | TUKS FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 49                                   | 3:11.31 L   | F     | Addison Pitout          | 9      | ASAC CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 50                                   | 3:11.83 L   | F     | Morgan Thyssse          | 9      | USC BUF  | 24/11/2023 | BCA Long Course Championships 2023   |
| 51                                   | 3:12.20 L   | F     | Sophia Abrams           | 9      | USC BUF  | 15/12/2023 | NMBA Championships 2023              |
| 52                                   | 3:12.28 L   | F     | Erin Shekel             | 10     | CYBE CPT | 17/02/2024 | Swartland Invitational Gala 2024     |
| 53                                   | 3:12.83 L S | F     | Zara Komani             | 10     | WATR JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 54                                   | 3:13.14 L   | F     | Grace Hoar              | 9      | KLOO ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 55                                   | 3:13.37 L   | F     | Kayla Pieterse          | 10     | LSWBA WB | 27/01/2024 | Limpopo School Champs                |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time    | P/F/S | Name | Age/Yr                |    |           |            |                                      |
|-----|---------|-------|------|-----------------------|----|-----------|------------|--------------------------------------|
| 56  | 3:14.18 | L     | F    | Kenzie Du Preez       | 10 | PEAS NMA  | 15/12/2023 | NMBA Championships 2023              |
| 57  | 3:14.32 | L S   | F    | Morgan Baard          | 10 | FISH EDD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 58  | 3:14.94 | L S   | F    | Kaylee Vd Wal         | 10 | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 59  | 3:14.97 | L S   | F    | Ditebogo Pheehea      | 10 | ACAQ CCD  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 60  | 3:15.49 | L     | P    | Anrike Bothma         | 9  | AQU ADJ   | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 61  | 3:15.50 | L     | F    | Mia De Lange          | 10 | SS MPD    | 01/12/2023 | Limpopo Champs                       |
| 62  | 3:15.98 | L     | F    | Shalom Mtileni        | 10 | UNI EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 63  | 3:16.31 | L     | F    | Gianna Olivier        | 10 | PAQU CED  | 03/02/2024 | Winelands SL final                   |
| 64  | 3:17.16 | L     | F    | Lisa Kotzé            | 9  | LSM EZD   | 23/02/2024 | NW School Championships 2024         |
| 65  | 3:17.18 | L     | P    | Elle-Anne Roper       | 9  | WSS LLD   | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 66  | 3:17.64 | L     | F    | Skyler Muller         | 10 | HARL BUF  | 10/02/2024 | BCA Feb Age Group Gala 2024          |
| 67  | 3:17.73 | L     | F    | Berre Sun             | 9  | MDOL JHB  | 24/02/2024 | CGA Level 2+ Last Chance Gala 24 Feb |
| 68  | 3:17.93 | L     | F    | Jaime-Lynn Vermeulen  | 10 | HARL BUF  | 10/02/2024 | BCA Feb Age Group Gala 2024          |
| 69  | 3:18.20 | L     | F    | Daniella Louw         | 10 | FAAC      | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 70  | 3:19.01 | L     | P    | Jeanine Goosen        | 10 | BLNE MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 71  | 3:19.02 | L     | F    | Lily Van Zyl          | 10 | TYGE CPT  | 10/02/2024 | WCA-B Champs - 2024                  |
| 72  | 3:19.84 | L     | P    | Elmine Opperman       | 10 | KTS       | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 73  | 3:19.89 | L     | F    | Mariane Labuschagne   | 10 | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                  |
| 74  | 3:20.21 | L     | F    | Emma Swanepoel        | 10 | CLSC WCD  | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 75  | 3:20.22 | L     | F    | Emma-lee Claassen     | 9  | LSKP WB   | 27/01/2024 | Limpopo School Champs                |
| 76  | 3:20.48 | L     | F    | Z'Ney Piechaczek      | 9  | BLOT MAN  | 27/10/2023 | Neptune Prestige Gala                |
| 77  | 3:20.56 | L S   | F    | Gabriella Scott       | 10 | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 78  | 3:20.76 | L     | F    | Mia Thompson          | 9  | BEST NMA  | 09/02/2024 | Infinity Gala 2024                   |
| 79  | 3:20.80 | L     | F    | Avah Smit             | 9  | TKS WBD   | 01/12/2023 | Limpopo Champs                       |
| 80  | 3:21.27 | L     | F    | Zayb Christians       | 9  | HURA CPT  | 10/02/2024 | WCA-B Champs - 2024                  |
| 81  | 3:21.46 | L     | P    | Isabelle de Beer      | 10 | HREF BP   | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 82  | 3:21.58 | L     | F    | Meziana Hammouche     | 10 | MAKO EKU  | 26/01/2024 | EGA Last Chance 2024                 |
| 83  | 3:21.89 | L     | F    | Wendy Modiba          | 10 | POLSC CCD | 01/12/2023 | Limpopo Champs                       |
| 84  | 3:22.57 | L     | F    | Niah De Lange         | 9  | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 85  | 3:22.76 | L     | F    | Annabelle Van Onselen | 9  | TYGE CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 86  | 3:23.06 | L     | P    | Jane Tredoux          | 10 | BLNE MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 87  | 3:23.35 | L     | F    | Paige Plumb           | 8  | CSA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS          |
| 88  | 3:23.40 | L     | P    | Ava Maritz            | 10 | SEAL UMD  | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 89  | 3:23.54 | L     | F    | Vida Olivier          | 10 | BLNE MAN  | 16/02/2024 | Neptunes Last chance Gala            |
| 90  | 3:23.62 | L S   | F    | Zeney De Beer         | 10 | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 91  | 3:24.13 | L     | F    | Mambay Banza          | 10 | UNI EZD   | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -          |
| 92  | 3:24.48 | L     | F    | Aziza Zuma            | 10 | ACSA ETH  | 16/02/2024 | EDA Age Group Gala 6 2024            |
| 93  | 3:25.01 | L     | F    | SCARLETT MAC DONALD   | 8  | ROA EDD   | 20/01/2024 | EDEN 4th A-League Gala 2024          |
| 94  | 3:25.54 | L     | F    | Cara Hill             | 10 | OHAN ILD  | 27/01/2024 | Ushaka Champs 2024                   |
| 95  | 3:25.55 | L S   | F    | Nissi Mtetwa          | 10 | WWOL FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 96  | 3:25.64 | L S   | F    | Chelsey Witney        | 10 | PGAC EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 97  | 3:25.77 | L     | F    | Lianka Spies          | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 98  | 3:26.29 | L     | F    | Hayden Perrins        | 10 | GREY CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet     |
| 99  | 3:26.38 | L     | F    | Cayleigh Knott        | 10 | ASAC CPT  | 10/02/2024 | WCA-B Champs - 2024                  |
| 100 | 3:26.71 | L S   | F    | Catherine Couch       | 10 | QUES JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 101 | 3:26.83 | L S   | F    | Diante Bothma         | 10 | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 102 | 3:26.91 | L     | F    | Bella-Rose Hutchinson | 9  | SGUL ETH  | 16/02/2024 | EDA Age Group Gala 6 2024            |
| 103 | 3:26.95 | L     | F    | Kyla Coetzee          | 10 | TUKS FSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024 |
| 104 | 3:27.10 | L     | F    | Holly Noble           | 10 | ESP EKU   | 26/01/2024 | EGA Last Chance 2024                 |
| 105 | 3:27.28 | L     | F    | Gia Warby             | 10 | AFIN JHB  | 17/02/2024 | CGA Level 2+ Gala 17 Feb 2024        |
| 106 | 3:27.42 | L S   | F    | Emma Vorster          | 10 | HPS FSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 107 | 3:27.46 | L     | F    | Miané Prinsloo        | 10 | ACAQ CCD  | 01/12/2023 | Limpopo Champs                       |
| 108 | 3:27.59 | L S   | F    | Lize Beyers           | 10 | AGAQ OBD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 109 | 3:27.62 | L     | F    | Nina Groenewald       | 9  | KTS       | 13/01/2024 | AGE GROUP 4 KATHU 2024               |
| 110 | 3:27.92 | L     | F    | Leah Verdon           | 10 | INFA NMA  | 24/06/2023 | PEA Winter Gala 2023                 |
| 111 | 3:28.12 | L     | F    | Inge Jv Vuuren        | 10 | SS MPD    | 21/10/2023 | Limpopo Age Group 4                  |
| 112 | 3:28.40 | L     | F    | Karin Gericke         | 9  | CASC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 113 | 3:28.50 | L     | F    | Leah Schemel          | 10 | HARL BUF  | 24/06/2023 | PEA Winter Gala 2023                 |
| 114 | 3:28.54 | L     | F    | Hannah Stearn         | 10 | INFA NMA  | 23/09/2023 | 3rd A League Gala 2023               |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr              |    |       |     |            |                                      |
|-----|---------|-------|------|---------------------|----|-------|-----|------------|--------------------------------------|
| 115 | 3:28.63 | L     | F    | Holly Couzens       | 10 | SGUL  | ETH | 03/11/2023 | EDA Age Group Gala 4 2023            |
| 116 | 3:28.65 | L     | F    | Isabella Van Breda  | 10 | NWUC  | KKD | 06/12/2023 | NWS Championships 2023/24            |
| 117 | 3:28.67 | L     | F    | Rachel Thompson     | 10 | PSC   | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 118 | 3:28.72 | L     | F    | Isabella Liberty    | 10 | GREY  | CPT | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet     |
| 119 | 3:28.73 | L     | F    | Ané Venter          | 10 | FISH  | EDD | 18/11/2023 | Eden LC Champs 2023                  |
| 120 | 3:28.85 | L     | F    | Emma Roets          | 10 | TUKS  | FSH | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG    |
| 121 | 3:28.90 | L     | F    | Amelie Piater       | 9  | ELRAS | WBD | 01/12/2023 | Limpopo Champs                       |
| 122 | 3:29.19 | L S   | F    | Mia Tonkinson       | 10 | SOUL  | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 123 | 3:29.77 | L     | F    | Maya Chelin         | 10 | H2O   | EKU | 26/01/2024 | EGA Last Chance 2024                 |
| 124 | 3:29.89 | L S   | F    | Kelsey Markgraaff   | 9  | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 125 | 3:30.54 | L     | F    | Thalia Breedt       | 10 | KSC   | EZD | 13/10/2023 | MP AGE GROUP 2                       |
| 126 | 3:30.57 | L S   | F    | Peta De Souza       | 9  | EXP   | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 127 | 3:30.76 | L S   | F    | Khera Murray        | 10 | H2O   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 128 | 3:30.81 | L     | F    | Puleng Masemene     | 10 | ELEC  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 129 | 3:30.90 | L     | P    | Izelda Meyer        | 10 | VHD   | ZLD | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 130 | 3:31.12 | L     | F    | Pia Swanepoel       | 10 | ASAC  | CPT | 17/09/2023 | CTA BMEET 3                          |
| 131 | 3:31.20 | L     | F    | Emma Gutsche        | 10 | POLSC | CCD | 01/12/2023 | Limpopo Champs                       |
| 132 | 3:31.64 | L S   | F    | Alexa Kuhn          | 10 | CASC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 133 | 3:31.78 | L     | F    | Emma Marx           | 9  | NAE   | EZD | 02/02/2024 | MP AGE GROUP 5 GALA                  |
| 134 | 3:32.57 | L S   | F    | Mieke Drenth        | 9  | AWIN  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 135 | 3:32.69 | L     | F    | Zaan Van Goeverden  | 10 | FISH  | EDD | 17/02/2024 | EDEN 5th A-League Gala 2024          |
| 136 | 3:32.71 | L S   | F    | Tiisetso Makhatho   | 10 | ESP   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 137 | 3:32.89 | L     | P    | Nduvho Rabambi      | 10 | BULS  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 138 | 3:33.95 | L     | F    | Ashley Du Randt     | 10 | CASC  | CPT | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet     |
| 139 | 3:34.42 | L     | F    | Leah Liebenberg     | 9  | TYGE  | CPT | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 140 | 3:34.54 | L     | F    | Charme Van Niekerk  | 9  | LSPN  | MP  | 27/01/2024 | Limpopo School Champs                |
| 141 | 3:34.80 | L     | F    | Caitlin Lombard     | 10 | HARL  | BUF | 24/11/2023 | BCA Long Course Championships 2023   |
| 142 | 3:34.93 | L     | F    | Anzel Smit          | 10 | EXP   | FSH | 02/02/2024 | NTS Level 1+2 February Age Group     |
| 143 | 3:34.97 | L     | P    | Anje Adendorff      | 9  | KALA  |     | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 144 | 3:35.10 | L     | F    | Chelsey Crossman    | 10 | BLSS  | MAN | 01/09/2023 | Seals Gala                           |
| 145 | 3:35.22 | L     | F    | Beatrisa Kotklier   | 10 | CYBE  | CPT | 21/01/2024 | CTA BMEET 4                          |
| 146 | 3:35.73 | L     | F    | Geneva Keeton       | 10 | OHAN  | ILD | 27/01/2024 | Ushaka Champs 2024                   |
| 147 | 3:35.83 | L     | F    | Mia Du Preez        | 10 | BLNE  | MAN | 24/06/2023 | PEA Winter Gala 2023                 |
| 148 | 3:36.13 | L     | F    | Lily Marais         | 10 | FISH  | EDD | 17/02/2024 | EDEN 5th A-League Gala 2024          |
| 149 | 3:36.71 | L S   | F    | Dine Vd Wal         | 10 | CASC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 150 | 3:37.05 | L     | F    | Mariandi Bredenkamp | 10 | BS    | LLD | 18/11/2023 | Valsrivier Gala                      |
| 151 | 3:37.13 | L     | F    | Mia Mostert         | 10 | AWIN  | FSH | 03/11/2023 | NTS Level 1+2 November Age Group     |
| 152 | 3:37.24 | L     | F    | Tshegofatso Le Roux | 10 | CASC  | CPT | 21/01/2024 | CTA BMEET 4                          |
| 153 | 3:38.43 | L     | F    | Mia Oosthuizen      | 10 | PAC   | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 154 | 3:38.54 | L     | F    | Leanke Loots        | 10 | KNYA  | EDD | 20/01/2024 | EDEN 4th A-League Gala 2024          |
| 155 | 3:38.59 | L     | F    | Courtney Alcock     | 10 | CASC  | CPT | 21/01/2024 | CTA BMEET 4                          |
| 156 | 3:38.75 | L     | F    | Georgia Carls       | 9  | KTS   |     | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023         |
| 157 | 3:39.08 | L S   | P    | Murunwa Thidiela    | 10 | BON   | EKU | 07/12/2023 | EGA Summer Championships             |
| 158 | 3:39.61 | L     | F    | Kayline Cronje      | 9  | JAQ   | EKU | 02/03/2024 | AG Level 1 Regional Age Group        |
| 159 | 3:40.14 | L     | P    | Alexia Botha        | 10 | KALA  |     | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 160 | 3:40.27 | L     | F    | Lea Noble           | 10 | BLMA  | CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 161 | 3:40.51 | L     | F    | Lexie Carstens      | 10 | TUKS  | FSH | 19/01/2024 | NTS Level 1+2 January Age Group 2024 |
| 162 | 3:41.51 | L     | F    | Leah Vos            | 10 | CSA   | EZD | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 163 | 3:41.77 | L     | F    | Janina Badenhorst   | 9  | GHS   | BP  | 23/02/2024 | NW School Championships 2024         |
| 164 | 3:41.97 | L     | F    | Mari-Hane Visser    | 10 | KALA  |     | 10/02/2024 | AGE GROUP 6 KATHU 2024               |
| 165 | 3:42.60 | L     | F    | Cara Cornelissen    | 9  | KTS   |     | 10/02/2024 | AGE GROUP 6 KATHU 2024               |
| 166 | 3:42.98 | L     | F    | Psalm Oswald        | 9  | ESP   | EKU | 02/03/2024 | AG Level 1 Regional Age Group        |
| 167 | 3:43.96 | L     | F    | Olivia Plowman      | 9  | SGUL  | ETH | 24/11/2023 | Westville-Seals LC Championships     |
| 168 | 3:44.11 | L     | F    | Helana Pretorius    | 10 | SWAR  | WCD | 17/02/2024 | Swartland Invitational Gala 2024     |
| 169 | 3:45.30 | L     | F    | Luze Potgieter      | 10 | PAC   | FSH | 16/02/2024 | NTS February Open Age Group 2024     |
| 170 | 3:45.34 | L     | F    | Natalie Brown       | 10 | MATL  | KKD | 21/10/2023 | NWS Age Group 1 & 2 2023             |
| 171 | 3:45.49 | L     | F    | Annabelle Ras       | 10 | QUIC  | CPT | 21/01/2024 | CTA BMEET 4                          |
| 172 | 3:45.68 | L     | F    | Lusanele Qusheka    | 10 | BEST  | NMA | 11/11/2023 | 5th A League Gala 2023               |
| 173 | 3:46.41 | L     | F    | Mamoso Ramokgopa    | 10 | TKS   | WBD | 11/11/2023 | Limpopo Age Group 5                  |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time    | P/F/S | Name | Age/Yr                  |    |           |   |
|-----|---------|-------|------|-------------------------|----|-----------|---|
| 174 | 3:46.43 | L     | F    | Mileah Fourie           | 9  | FRA KCD   | 27/01/2024 Ushaka Champs 2024                   |
| 175 | 3:46.75 | L     | F    | Tlotlotsame Makatiers   | 10 | RBOT BPD  | 06/12/2023 NWS Championships 2023/24            |
| 176 | 3:46.92 | L     | F    | Amelie Theron           | 9  | QUIC CPT  | 11/11/2023 Swartland Prestige Gala 2023         |
| 177 | 3:47.43 | L     | F    | Kailah Nel              | 10 | BLSS MAN  | 24/06/2023 PEA Winter Gala 2023                 |
| 178 | 3:47.95 | L     | F    | Veronique Coetzee       | 9  | JAQ EKU   | 02/03/2024 AG Level 1 Regional Age Group        |
| 179 | 3:48.14 | L     | F    | Adrienne Meiring        | 10 | PEAS NMA  | 24/06/2023 PEA Winter Gala 2023                 |
| 180 | 3:48.16 | L     | F    | Jane Barnard            | 9  | UNI EZD   | 13/10/2023 MP AGE GROUP 2                       |
| 181 | 3:48.62 | L     | F    | Demi Palmer             | 10 | PEAS NMA  | 24/06/2023 PEA Winter Gala 2023                 |
| 182 | 3:48.79 | L S   | F    | Etti Van Niekerk        | 10 | CSA EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 183 | 3:49.28 | L     | F    | Amice Seaman            | 8  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS          |
| 184 | 3:49.29 | L     | F    | Mine' Kirstein          | 10 | PAC TSH   | 03/11/2023 NTS Level 1+2 November Age Group     |
| 185 | 3:49.38 | L     | F    | Danelle Louw            | 10 | BULS MAN  | 18/11/2023 Valsrivier Gala                      |
| 186 | 3:50.11 | L     | F    | Marlien Nell            | 10 | HREF BP   | 06/12/2023 NWS Championships 2023/24            |
| 187 | 3:50.54 | L     | F    | Zanokuhle Luthuli       | 9  | USH KCD   | 27/01/2024 Ushaka Champs 2024                   |
| 188 | 3:50.66 | L     | F    | Zoë Selesho             | 10 | TUKS TSH  | 03/11/2023 NTS Level 1+2 November Age Group     |
| 189 | 3:52.01 | L S   | F    | Anniqwe Bester          | 10 | AGAQ OBD  | 05/10/2023 42nd Freda Barnard Invitational Gala |
| 190 | 3:52.10 | L S   | F    | Ava Forsythe            | 8  | INFA NMA  | 26/01/2024 6th A League Gala 2024               |
| 191 | 3:52.43 | L     | F    | Elmare Naude            | 9  | DESA NMA  | 21/10/2023 4th A League Gala 2023               |
| 192 | 3:52.46 | L     | F    | Peyton Strydom          | 9  | TUKS TSH  | 19/01/2024 NTS Level 1+2 January Age Group 2024 |
| 193 | 3:53.97 | L     | F    | Amy Masterson           | 10 | INFA NMA  | 21/10/2023 4th A League Gala 2023               |
| 194 | 3:54.37 | L     | F    | Kayla Coetzee           | 10 | VALS FDD  | 18/11/2023 Valsrivier Gala                      |
| 195 | 3:54.55 | L S   | F    | Isla Conradie           | 10 | SAAW CPT  | 24/11/2023 CTA A & B CHAMPS 2023                |
| 196 | 3:55.03 | L     | F    | Cathryn Davenport       | 9  | DESA NMA  | 23/09/2023 3rd A League Gala 2023               |
| 197 | 3:55.08 | L     | F    | Carli Marais            | 10 | KNYA EDD  | 20/01/2024 EDEN 4th A-League Gala 2024          |
| 198 | 3:55.13 | L     | F    | Kgadi Mamaila           | 10 | DOLFI MPD | 01/12/2023 Limpopo Champs                       |
| 199 | 3:55.81 | L     | F    | Livia Exner             | 10 | QUIC CPT  | 11/11/2023 Swartland Prestige Gala 2023         |
| 200 | 3:56.07 | L     | F    | Lara Fouché             | 9  | KSC EZD   | 01/12/2023 Mpumalanga Championships 2023        |
| 201 | 3:56.12 | L     | F    | Carla Swart             | 10 | ASAC CPT  | 21/01/2024 CTA BMEET 4                          |
| 202 | 3:56.24 | L S   | F    | Amy Dick                | 9  | HURA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala |
| 203 | 3:56.31 | L     | F    | Ava Candiotes           | 10 | GHS BP    | 23/02/2024 NW School Championships 2024         |
| 204 | 3:58.37 | L     | F    | Tabo Mwenenchanya       | 10 | CRSC JHB  | 17/02/2024 CGA Level 2+ Gala 17 Feb 2024        |
| 205 | 3:58.42 | L     | F    | Maya Schenck            | 10 | TYGE CPT  | 17/09/2023 CTA BMEET 3                          |
| 206 | 4:00.09 | L S   | F    | Henriette Odendaal      | 8  | QUIC CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala |
| 207 | 4:01.57 | L     | F    | Jorja Petschel          | 10 | HARL BUF  | 24/11/2023 BCA Long Course Championships 2023   |
| 208 | 4:01.59 | L     | F    | Ivy Wilkins             | 9  | HPS TSH   | 19/01/2024 NTS Level 1+2 January Age Group 2024 |
| 209 | 4:02.14 | L     | F    | Happy Raphuti           | 10 | GHS BP    | 23/02/2024 NW School Championships 2024         |
| 210 | 4:02.55 | L     | F    | Emma Strydom            | 9  | QUIC CPT  | 18/11/2023 CTA QUALIFYING MEET 2                |
| 211 | 4:02.70 | L     | F    | Pradhia Singh           | 10 | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024     |
| 212 | 4:03.06 | L     | F    | Jessica Steyn           | 10 | VHD ZLD   | 24/11/2023 Westville-Seals LC Championships     |
| 213 | 4:03.28 | L     | F    | Anchen Schoeman         | 10 | BS LLD    | 27/01/2024 Pelicans Gala 2024                   |
| 214 | 4:03.98 | L     | F    | Kagiso Motuku           | 10 | PGAC EKU  | 02/03/2024 AG Level 1 Regional Age Group        |
| 215 | 4:04.21 | L S   | F    | Amelia-Rose Geldart     | 9  | ESP EKU   | 07/12/2023 EGA Summer Championships             |
| 216 | 4:05.65 | L     | F    | Lienke Jv Nieuwenhuizen | 10 | LSWBA WB  | 27/01/2024 Limpopo School Champs                |
| 217 | 4:06.02 | L     | F    | Tenè Venter             | 10 | BLSS MAN  | 27/10/2023 Neptune Prestige Gala                |
| 218 | 4:06.19 | L S   | F    | Michaela Kröger         | 10 | BARR CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala |
| 219 | 4:06.52 | L     | F    | Isabella De Jager       | 9  | QSAW CED  | 17/02/2024 Swartland Invitational Gala 2024     |
| 220 | 4:07.54 | L     | F    | Yu Xi Jin               | 10 | TYGE CPT  | 11/11/2023 Winelands SL4                        |
| 221 | 4:09.08 | L     | F    | Mihanka vd Bank         | 10 | CUHE OBD  | 03/02/2024 Winelands SL final                   |
| 222 | 4:09.09 | L     | F    | Mieke Koekemoer         | 9  | QUIC CPT  | 11/11/2023 Swartland Prestige Gala 2023         |
| 223 | 4:09.43 | L     | F    | Alic Van Heerden        | 10 | TYGE CPT  | 17/02/2024 Swartland Invitational Gala 2024     |
| 224 | 4:09.79 | L     | F    | Kamila Mohapi           | 10 | ESTR EKU  | 26/01/2024 EGA Last Chance 2024                 |
| 225 | 4:16.71 | L     | F    | Jaunté Duvenage         | 10 | ACAQ CCD  | 11/11/2023 Limpopo Age Group 5                  |
| 226 | 4:16.75 | L     | F    | Amorick Jacobs          | 10 | KTS       | 24/11/2023 AGE GROUP 2 KATHU 2023               |
| 227 | 4:16.96 | L S   | F    | Emily Rushin            | 8  | HURA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala |
| 228 | 4:18.33 | L     | F    | Senamile Msomi          | 10 | UMSH ETH  | 16/02/2024 EDA Age Group Gala 6 2024            |
| 229 | 4:18.50 | L     | F    | Lenice Lange            | 10 | TKS WBD   | 01/12/2023 Limpopo Champs                       |
| 230 | 4:20.51 | L     | F    | Jo Anne Schutte         | 9  | KALA      | 17/02/2024 KATHU T&S CLUB GALA 2024             |
| 231 | 4:21.78 | L     | F    | Yolla Mario             | 8  | KALA      | 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023         |
| 232 | 4:22.28 | L     | F    | Iva Theron              | 10 | MCS BP    | 23/02/2024 NW School Championships 2024         |



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|                                       | Time        | P/F/S | Name                   | Age/Yr |           |            |                                      |
|---------------------------------------|-------------|-------|------------------------|--------|-----------|------------|--------------------------------------|
| 233                                   | 4:24.47 L   | F     | Richdean De Take       | 10     | KALA      | 03/11/2023 | UPINGTON 2023                        |
| 234                                   | 4:25.42 L   | F     | Sarah-Faye Lubbe       | 8      | KALA      | 10/02/2024 | AGE GROUP 6 KATHU 2024               |
| 235                                   | 4:26.18 L   | F     | Leah Spangenberg       | 8      | QUIC CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 236                                   | 4:29.35 L   | F     | Kano Molefe            | 9      | HREF BP   | 06/12/2023 | NWS Championships 2023/24            |
| 237                                   | 4:30.84 L   | F     | Janah Louw             | 9      | KALA      | 24/11/2023 | AGE GROUP 2 KATHU 2023               |
| 238                                   | 4:32.40 L   | F     | Omphile Mahlohela      | 10     | TPS BPD   | 23/02/2024 | NW School Championships 2024         |
| 239                                   | 4:36.02 L   | F     | Makanaka Myotcha       | 9      | FRA KCD   | 27/01/2024 | Ushaka Champs 2024                   |
| 240                                   | 4:39.05 L   | F     | Ymeri Wilken           | 10     | VALS FDD  | 27/10/2023 | Neptune Prestige Gala                |
| 241                                   | 4:41.15 L   | F     | Cleo Julius            | 10     | KALA      | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023         |
| 242                                   | 4:46.19 L   | F     | Thalia Mbock Madjang   | 10     | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023         |
| 243                                   | 4:46.72 L   | F     | Zoe Danha              | 10     | NAE EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS          |
| 244                                   | 4:48.89 L   | F     | Karli Botha            | 8      | KALA      | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023         |
| 245                                   | 4:54.03 L   | F     | Mishanie Van Jaarsveld | 9      | UPSK ZMD  | 13/01/2024 | AGE GROUP 4 UPT 2024                 |
| 246                                   | 4:57.21 L S | F     | Nina Vancoillie        | 9      | QUIC CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 247                                   | 5:14.87 L   | F     | Bonolo Komape          | 10     | DOLFI MPD | 01/12/2023 | Limpopo Champs                       |
| 248                                   | 5:44.30 L   | F     | Mabohlale Seabela      | 9      | KALA      | 24/11/2023 | AGE GROUP 2 KATHU 2023               |
| <b>Women 10 &amp; Under 400 Free</b>  |             |       |                        |        |           |            |                                      |
| 1                                     | 5:36.37 L   | F     | Demi Vorster           | 10     | TUKS TSH  | 16/02/2024 | NTS February Open Age Group 2024     |
| 2                                     | 5:36.70 L   | F     | Kasey De Bruyn         | 10     | TUKS TSH  | 16/02/2024 | NTS February Open Age Group 2024     |
| 3                                     | 5:56.12 L   | F     | Ella Johnson           | 10     | SAAW CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet     |
| 4                                     | 6:08.32 L   | F     | Alexi Claassen         | 10     | TUKS TSH  | 16/02/2024 | NTS February Open Age Group 2024     |
| 5                                     | 6:09.67 L   | F     | Hayley Greyvenstein    | 10     | USC BUF   | 15/12/2023 | NMBA Championships 2023              |
| 6                                     | 6:16.40 L   | F     | Leah Dabrowski         | 10     | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                  |
| 7                                     | 6:30.77 L   | F     | Saskia Gilligan        | 10     | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                  |
| 8                                     | 6:34.73 L   | F     | Emily Van Der Byl      | 10     | USC BUF   | 09/02/2024 | Infinity Gala 2024                   |
| 9                                     | 6:37.44 L S | F     | Keyla Douglas          | 10     | ROA EDD   | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 10                                    | 6:39.55 L   | F     | Kyra Du Preez          | 10     | USC BUF   | 09/02/2024 | Infinity Gala 2024                   |
| 11                                    | 6:41.67 L   | F     | Morgan Thyssen         | 9      | USC BUF   | 24/11/2023 | BCA Long Course Championships 2023   |
| 12                                    | 6:45.80 L   | F     | Mackenzi Dart          | 10     | USC BUF   | 24/11/2023 | BCA Long Course Championships 2023   |
| 13                                    | 6:47.75 L   | F     | Shalom Mtleni          | 10     | UNI EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 14                                    | 6:48.55 L   | F     | Sophia Abrams          | 9      | USC BUF   | 09/02/2024 | Infinity Gala 2024                   |
| 15                                    | 6:51.00 L   | O     | Ashleigh Goosen        | 9      | UNI EZD   | 05/11/2023 | MP Open Water 2 - 5th November 2023  |
| 16                                    | 6:57.88 L   | F     | Kayla Pieterse         | 10     | LSWBA WB  | 27/01/2024 | Limpopo School Champs                |
| 17                                    | 6:59.92 L   | F     | Skyler Muller          | 10     | HARL BUF  | 10/02/2024 | BCA Feb Age Group Gala 2024          |
| 18                                    | 7:00.99 L   | F     | Kenzie Du Preez        | 10     | PEAS NMA  | 21/10/2023 | 4th A League Gala 2023               |
| 19                                    | 7:01.94 L   | F     | Morgan Baard           | 10     | FISH EDD  | 04/11/2023 | EDEN 3rd A-League School Trials Gala |
| 20                                    | 7:03.55 L   | F     | Isabella Van Breda     | 10     | NWUC KKD  | 06/12/2023 | NWS Championships 2023/24            |
| 21                                    | 7:16.13 L   | F     | Addison Pitout         | 9      | ASAC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 22                                    | 7:25.72 L S | F     | Zayb Christians        | 9      | HURA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 23                                    | 7:31.00 L   | O     | Jane Barnard           | 9      | UNI EZD   | 05/11/2023 | MP Open Water 2 - 5th November 2023  |
| 24                                    | 7:44.84 L   | F     | Marlien Nell           | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 25                                    | 7:47.06 L   | F     | Jorja Petschel         | 10     | HARL BUF  | 10/02/2024 | BCA Feb Age Group Gala 2024          |
| 26                                    | 8:08.09 L   | F     | Amelie v Staden        | 10     | MCS BP    | 23/02/2024 | NW School Championships 2024         |
| 27                                    | 8:15.47 L   | F     | Pia Swanepoel          | 10     | ASAC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 28                                    | 8:16.52 L S | F     | Henriette Odendaal     | 8      | QUIC CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 29                                    | 8:37.58 L   | F     | Cara Cornelissen       | 9      | KTS       | 13/01/2024 | AGE GROUP 4 KATHU 2024               |
| 30                                    | 8:51.02 L   | F     | Ava Candiotes          | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 31                                    | 9:41.81 L   | F     | Omphile Mahlohela      | 10     | HREF BP   | 06/12/2023 | NWS Championships 2023/24            |
| 32                                    | 10:14.47 L  | F     | Kano Molefe            | 9      | HREF BP   | 06/12/2023 | NWS Championships 2023/24            |
| <b>Women 10 &amp; Under 800 Free</b>  |             |       |                        |        |           |            |                                      |
| 1                                     | 12:54.96 L  | F     | Hayley Greyvenstein    | 10     | USC BUF   | 24/11/2023 | BCA Long Course Championships 2023   |
| 2                                     | 13:35.57 L  | F     | Mackenzi Dart          | 10     | USC BUF   | 24/11/2023 | BCA Long Course Championships 2023   |
| <b>Women 10 &amp; Under 1500 Free</b> |             |       |                        |        |           |            |                                      |
| 1                                     | 32:58.00 L  | O     | Khera Murray           | 10     | H2O EKU   | 20/01/2024 | Prime View Swim Festival #3          |
| 2                                     | 35:22.00 L  | O     | Maya Chelin            | 10     | H2O EKU   | 20/01/2024 | Prime View Swim Festival #3          |
| <b>Women 10 &amp; Under 50 Back</b>   |             |       |                        |        |           |            |                                      |
| 1                                     | 37.63 L     | F     | Kasey De Bruyn         | 10     | TUKS TSH  | 20/03/2024 | SA Level 3 Regional Age Group        |
| 2                                     | 38.77 L     | F     | Helizna Schoeman       | 10     | FROS TMD  | 18/11/2023 | Valsrivier Gala                      |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time  | P/F/S | Name | Age/Yr                  |    |       |     |            |   |
|-----|-------|-------|------|-------------------------|----|-------|-----|------------|---|
| 3   | 39.72 | L     | F    | Alexi Claassen          | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 4   | 39.82 | L     | F    | Olivia Geldart          | 10 | INFA  | NMA | 09/02/2024 | Infinity Gala 2024                      |
| 5   | 39.99 | L     | F    | Skye Taute              | 9  | LSM   | EZD | 23/02/2024 | NW School Championships 2024            |
| 6   | 40.56 | L     | F    | Emma-lee Claassen       | 9  | TKS   | WBD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 7   | 40.69 | L     | F    | Lize Beyers             | 10 | AGAQ  | QBD | 10/02/2024 | WCA-B Champs - 2024                     |
| 8*  | 40.99 | L     | F    | Hannah Raphaela Morgado | 10 | CSA   | EZD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 8*  | 40.99 | L     | P    | Demi Vorster            | 10 | TUKS  | FSH | 20/03/2024 | SA Level 3 Regional Age Group           |
| 10  | 41.21 | L     | F    | Kaylie Van der Linde    | 10 | VHD   | ZLD | 27/01/2024 | Ushaka Champs 2024                      |
| 11  | 41.27 | L     | F    | Emma Roets              | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 12  | 41.37 | L     | F    | Layla Palframan         | 10 | SEAL  | UMD | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 13  | 41.43 | L     | F    | Leah Dabrowski          | 10 | BLMA  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 14  | 41.75 | L     | F    | Sarah Mann              | 10 | CA    | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 15  | 41.93 | L     | F    | Courtney Grant          | 10 | WSTV  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 16  | 42.07 | L     | P    | Berre Sun               | 9  | MDOL  | JHB | 30/11/2023 | CGA Championships 2023                  |
| 17  | 42.16 | L     | P    | Lisa Le Roux            | 10 | BLOT  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 18  | 42.36 | L     | F    | Anè Bezuidenhout        | 9  | TUKS  | FSH | 22/09/2023 | NTS Level 3+ September Age Group        |
| 19  | 42.37 | L     | P    | Sophie Chiang           | 10 | WATR  | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 20  | 42.44 | L     | F    | Mackenzi Dart           | 10 | USC   | BUF | 09/02/2024 | Infinity Gala 2024                      |
| 21  | 42.49 | L     | F    | Elné Hoffmann           | 9  | BS    | LLD | 18/11/2023 | Valsrivier Gala                         |
| 22  | 42.50 | L     | F    | Mia Kunzler             | 9  | KLOO  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 23  | 42.57 | L     | F    | Cara Hill               | 10 | OHAN  | ILD | 27/01/2024 | Ushaka Champs 2024                      |
| 24  | 42.66 | L S   | F    | Cayden Parfitt          | 10 | CASC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 25  | 42.71 | L     | P    | Haley Pieterse          | 9  | INFA  | NMA | 09/02/2024 | Infinity Gala 2024                      |
| 26  | 42.94 | L     | P    | Mila Geldenhuys         | 10 | ACAQ  | CCD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 27  | 43.02 | L     | F    | Olivia Normington       | 10 | XCEL  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 28  | 43.17 | L     | F    | Keyla Douglas           | 10 | ROA   | EDD | 18/11/2023 | Eden LC Champs 2023                     |
| 29  | 43.20 | L     | P    | Annebelle Botha         | 10 | PER   | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 30  | 43.22 | L     | F    | Hayley Greyvenstein     | 10 | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 31  | 43.26 | L     | P    | Mia Thompson            | 9  | BEST  | NMA | 09/02/2024 | Infinity Gala 2024                      |
| 32  | 43.37 | L     | P    | Kyla Coetzee            | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 33  | 43.48 | L     | F    | Jaime-Lynn Vermeulen    | 10 | HARL  | BUF | 27/01/2024 | BCA January Age Group Gala 2024         |
| 34  | 43.49 | L     | F    | Isabel Helberg          | 10 | MDOL  | JHB | 12/01/2024 | 2024 Grand Prix Invitation Swimming     |
| 35  | 43.50 | L     | F    | Elke Coetsee            | 10 | FISH  | EDD | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 36  | 43.53 | L     | F    | Saskia Gilligan         | 10 | BLMA  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 37  | 43.56 | L     | F    | Arianne Bac             | 9  | TUKS  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 38  | 43.60 | L     | P    | Lefei Li                | 10 | WATR  | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 39  | 43.61 | L     | F    | Ashleigh Goosen         | 9  | UNI   | EZD | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 40  | 43.71 | L     | F    | Avah Smit               | 9  | TKS   | WBD | 01/12/2023 | Limpopo Champs                          |
| 41  | 43.79 | L     | F    | Cayleigh Knott          | 10 | ASAC  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 42  | 43.82 | L     | F    | Scarlett Meiring        | 10 | SUMW  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 43  | 43.83 | L     | F    | Lexie Carstens          | 10 | TUKS  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 44  | 43.98 | L     | F    | Simone Zoutendyk        | 10 | RBOT  | BPD | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 45  | 44.18 | L     | F    | Ella Johnson            | 10 | SAAW  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 46  | 44.20 | L     | P    | Shalom Mtileni          | 10 | UNI   | EZD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 47  | 44.31 | L     | F    | Emma McClure            | 10 | BCA   | BUF | 13/01/2024 | BCA Inter-District Championship Gala    |
| 48  | 44.33 | L     | F    | Kayla Pieterse          | 10 | LSWBA | WB  | 27/01/2024 | Limpopo School Champs                   |
| 49  | 44.40 | L     | F    | Amber Gewer             | 10 | MDOL  | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 50  | 44.48 | L     | F    | Holly Couzens           | 10 | SGUL  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 51* | 44.70 | L     | F    | Paige Davies            | 10 | KLOO  | ETH | 24/11/2023 | Westville-Seals LC Championships        |
| 51* | 44.70 | L     | F    | Ava Maritz              | 10 | SEAL  | UMD | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 53  | 44.72 | L     | F    | Mila Nel                | 10 | TUKS  | FSH | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG       |
| 54  | 44.88 | L     | P    | Grace Hoar              | 9  | KLOO  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 55  | 45.04 | L     | F    | Chelsey Crossman        | 10 | BLSS  | MAN | 06/12/2023 | Free State Champs 2023                  |
| 56  | 45.07 | L     | P    | Holly Noble             | 10 | ESP   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 57  | 45.13 | L     | F    | Z'Ney Piechaczek        | 9  | BLOT  | MAN | 06/12/2023 | Free State Champs 2023                  |
| 58  | 45.20 | L     | P    | Carli Stoop             | 10 | COMS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 59  | 45.27 | L     | P    | Olivia Odendaal         | 10 | HPS   | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 60  | 45.31 | L     | F    | Jane Tredoux            | 10 | BLNE  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 61  | 45.32 | L S   | F    | Kaylee Vd Wal           | 10 | CASC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time      | P/F/S | Name                   | Age/Yr |           |            |   |
|------|-----------|-------|------------------------|--------|-----------|------------|---|
| 62   | 45.38 L   | F     | Sophia Abrams          | 9      | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 63*  | 45.56 L   | F     | Mika Ferreira          | 10     | ZASC FSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 63*  | 45.56 L   | P     | Morgan Burstein        | 10     | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 65   | 45.58 L   | F     | Colleen McQueen        | 10     | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 66   | 45.61 L   | P     | Kayden Jack            | 10     | PER JHB   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 67*  | 45.73 L   | F     | Thalia Breedt          | 10     | KSC EZD   | 23/09/2023 | MP SPRINT GALA 23 SEPTEMBER             |
| 67*  | 45.73 L   | F     | Lily Bailes            | 10     | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 69   | 45.83 L   | F     | Kailah Nel             | 10     | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 70   | 45.88 L   | F     | Annabelle Ras          | 10     | QUIC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 71*  | 45.90 L   | F     | Daniella Louw          | 10     | FAAC      | 06/12/2023 | Free State Champs 2023                  |
| 71*  | 45.90 L   | F     | Jeanine Goosen         | 10     | BLNE MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 73   | 45.98 L   | F     | Kenzie Du Preez        | 10     | PRIO NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 74   | 46.00 L   | F     | Madison Warby          | 9      | AFIN JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 75*  | 46.10 L   | F     | Hannah Stearn          | 10     | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 75*  | 46.10 L   | F     | Emma Vorster           | 10     | HPS FSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 77   | 46.17 L   | F     | Christine Van Zyl      | 9      | CPSC FSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 78   | 46.21 L   | F     | Maya Schenck           | 10     | TYGE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 79   | 46.23 L   | P     | Elle-Anne Roper        | 9      | WSS LLD   | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 80   | 46.30 L   | P     | Mackenzie Spencer      | 9      | TRAZ FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 81*  | 46.34 L   | F     | Mambay Banza           | 10     | UNI EZD   | 13/10/2023 | MP AGE GROUP 2                          |
| 81*  | 46.34 L   | F     | Leané Bruwer           | 10     | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 83   | 46.44 L   | F     | Gianna Olivier         | 10     | PAQU CED  | 10/02/2024 | WCA-B Champs - 2024                     |
| 84   | 46.50 L   | F     | Mariane Labuschagne    | 10     | FISH EDD  | 10/02/2024 | WCA-B Champs - 2024                     |
| 85*  | 46.52 L   | P     | Gia Warby              | 10     | AFIN JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 85*  | 46.52 L   | P     | Tiisetso Makhatho      | 10     | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 87*  | 46.53 L   | F     | Pia Swanepoel          | 10     | ASAC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 87*  | 46.53 L   | F     | Sophia Ebrahim         | 10     | ESP EKU   | 24/11/2023 | EGA Summer 4                            |
| 89   | 46.57 L   | F     | Yamakhuzo Loni         | 10     | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 90   | 46.59 L S | F     | Isabella Liberty       | 10     | GREY CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 91   | 46.64 L S | F     | Morgan Baard           | 10     | FISH EDD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 92   | 46.70 L S | F     | Dine Vd Wal            | 10     | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 93   | 46.77 L   | F     | Mia Du Preez           | 10     | BLNE MAN  | 26/08/2023 | kovsie Sprint Gala                      |
| 94   | 46.80 L   | F     | Gabriella Scott        | 10     | TUKS FSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 95   | 46.84 L   | F     | Diante Bothma          | 10     | CSA EZD   | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 96*  | 46.86 L   | F     | Bela Davis-Taylor      | 10     | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 96*  | 46.86 L   | P     | Zara Komani            | 10     | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 98   | 46.90 L   | F     | Anika Nel              | 9      | EXP FSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 99   | 46.93 L   | F     | Libe Fouche            | 10     | LALE CED  | 03/02/2024 | Winelands SL final                      |
| 100  | 46.95 L   | F     | Mia Mostert            | 10     | AWIN FSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 101  | 47.04 L   | F     | Lea Noble              | 10     | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 102  | 47.06 L   | F     | Willow Coleman         | 10     | SEAL UMD  | 24/11/2023 | Westville-Seals LC Championships        |
| 103  | 47.18 L   | F     | Accalia Maartens       | 9      | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 104  | 47.20 L   | F     | Peyton Strydom         | 9      | TUKS FSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 105  | 47.21 L   | F     | Emily Van Der Byl      | 10     | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 106  | 47.23 L   | P     | Meziana Hammouche      | 10     | MAKO EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 107  | 47.25 L   | F     | Kyra Du Preez          | 10     | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 108  | 47.33 L   | F     | Lianka Spies           | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 109  | 47.38 L   | F     | Siphwosethu Sikhakhane | 10     | AZON ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 110  | 47.44 L   | F     | Thendo Nematikanga     | 9      | AAS JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 111  | 47.51 L   | P     | Khera Murray           | 10     | H2O EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 112  | 47.53 L   | F     | Anzel Smit             | 10     | EXP FSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 113  | 47.55 L   | F     | Inge Jv Vuuren         | 10     | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 114  | 47.56 L   | P     | Charme Van Niekerk     | 9      | DOLFI MPD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 115* | 47.58 L   | F     | Cato" Erasmus          | 10     | UNAT      | 06/12/2023 | Free State Champs 2023                  |
| 115* | 47.58 L   | F     | Aziza Zuma             | 10     | ACSA ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 117  | 47.60 L   | F     | Alyx Cupido            | 8      | BLNE MAN  | 06/12/2023 | Free State Champs 2023                  |
| 118  | 47.64 L   | P     | Amy Freeman            | 10     | NAE EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 119  | 47.67 L   | P     | Catherine Couch        | 10     | QUES JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 120  | 47.68 L   | P     | Murunwa Thidiela       | 10     | BON EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                  |    |       |     |  |
|------|-------|-------|------|-------------------------|----|-------|-----|--|
| 121* | 47.70 | L     | P    | Miane Steyn             | 10 | LEGC  | ETH | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 121* | 47.70 | L     | P    | Leah Vos                | 10 | CSA   | EZD | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 121* | 47.70 | L     | F    | Lizanté Bam             | 10 | BLSS  | MAN | 02/03/2024 FSA Level 1 2024                        |
| 124  | 47.71 | L     | P    | Sophia Clutties         | 9  | WSTV  | ETH | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 125  | 47.73 | L     | F    | SCARLETT MAC DONALD     | 8  | ROA   | EDD | 09/02/2024 Infinity Gala 2024                      |
| 126  | 47.78 | L     | F    | Vinelle Moss            | 10 | HHPS  | NMA | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 127  | 47.79 | L     | F    | Leah Schemel            | 10 | HARL  | BUF | 24/06/2023 PEA Winter Gala 2023                    |
| 128  | 47.86 | L     | P    | Dominique Du Plessis    | 9  | HPS   | FSH | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 129  | 47.89 | L     | F    | Khloe Weimers           | 9  | SPS   | BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 130  | 47.92 | L     | F    | Mika Pelser             | 10 | AFIN  | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 131  | 47.95 | L     | P    | Marli Nel               | 9  | TUKS  | FSH | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 132  | 47.96 | L S   | F    | Annabelle Van Onselen   | 9  | TYGE  | CPT | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 133  | 47.99 | L     | P    | Myra Bailey             | 10 | HASC  | JHB | 30/11/2023 CGA Championships 2023                  |
| 134  | 48.02 | L     | F    | Miané Prinsloo          | 10 | ACAQ  | CCD | 01/12/2023 Limpopo Champs                          |
| 135  | 48.13 | L     | F    | Amelie v Staden         | 10 | HREF  | BP  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 136  | 48.17 | L     | F    | Danica Grant            | 10 | SOUL  | EKU | 07/12/2023 EGA Summer Championships                |
| 137  | 48.19 | L     | F    | Psalm Oswald            | 9  | ESP   | EKU | 02/03/2024 AG Level 1 Regional Age Group           |
| 138  | 48.25 | L     | P    | Izelda Meyer            | 10 | VHD   | ZLD | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 139  | 48.34 | L     | F    | Morgan Thyssse          | 9  | SPS   | BUF | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 140  | 48.35 | L     | F    | Addison Pitout          | 9  | ASAC  | CPT | 10/02/2024 WCA-B Champs - 2024                     |
| 141  | 48.39 | L     | F    | Veronique Coetzee       | 9  | JAQ   | EKU | 02/03/2024 AG Level 1 Regional Age Group           |
| 142  | 48.51 | L     | P    | Nina Groenewald         | 9  | KTS   |     | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 143  | 48.52 | L     | F    | Lily-Mae Smith          | 10 | TCA   | EKU | 02/03/2024 AG Level 1 Regional Age Group           |
| 144  | 48.55 | L     | F    | Isla Conradie           | 10 | SAAW  | CPT | 10/02/2024 WCA-B Champs - 2024                     |
| 145  | 48.58 | L     | F    | Cayla Joubert           | 9  | PELIC | MAN | 02/03/2024 FSA Level 1 2024                        |
| 146  | 48.59 | L     | F    | Hayley Liedeman         | 10 | SWAR  | WCD | 11/11/2023 Swartland Prestige Gala 2023            |
| 147  | 48.62 | L     | F    | Isabelle de Beer        | 10 | GHS   | BP  | 23/02/2024 NW School Championships 2024            |
| 148* | 48.64 | L     | F    | Ashley Du Randt         | 10 | TYGE  | CPT | 17/02/2024 Swartland Invitational Gala 2024        |
| 148* | 48.64 | L     | F    | Ditebogo Pheeha         | 10 | CURNA | CCD | 27/01/2024 Limpopo School Champs                   |
| 150* | 48.68 | L     | F    | Anashe Nhando           | 10 | AFIN  | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 150* | 48.68 | L     | F    | Emma Oosthuizen         | 10 | AA    | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 152  | 48.79 | L     | F    | Jana Hiestermann        | 9  | DDA   | FSH | 02/03/2024 AG Level 1 Regional Age Group           |
| 153  | 48.80 | L     | F    | Lily Van Zyl            | 10 | TYGE  | CPT | 21/01/2024 CTA BMEET 4                             |
| 154  | 48.83 | L     | F    | Ava Forsythe            | 8  | INFA  | NMA | 09/02/2024 Infinity Gala 2024                      |
| 155  | 49.01 | L     | F    | Demi Palmer             | 10 | PEAS  | NMA | 24/06/2023 PEA Winter Gala 2023                    |
| 156  | 49.02 | L     | P    | Paige Van Breda         | 9  | TCA   | EKU | 07/12/2023 EGA Summer Championships                |
| 157  | 49.03 | L S   | F    | Anniqe Bester           | 10 | AGAQ  | ØBD | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 158  | 49.08 | L     | F    | Elmine Opperman         | 10 | KTS   |     | 13/01/2024 AGE GROUP 4 KATHU 2024                  |
| 159  | 49.11 | L     | F    | Charlize Tröger         | 10 | LSKP  | WB  | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 160  | 49.16 | L     | F    | Ivy Wilkins             | 9  | HPS   | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 161* | 49.20 | L S   | F    | Zayb Christians         | 9  | HURA  | CPT | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 161* | 49.20 | L     | P    | Mamoso Ramokgopa        | 10 | TKS   | WBD | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 163  | 49.22 | L S   | F    | Leah Liebenberg         | 9  | TYGE  | CPT | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 164  | 49.25 | L     | F    | Olivia Berry            | 10 | COLJ  | NMA | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 165  | 49.34 | L     | F    | Jane Barnard            | 9  | UNI   | EZD | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 166  | 49.37 | L     | F    | Lente Keun              | 8  | VINE  | CPT | 11/11/2023 Swartland Prestige Gala 2023            |
| 167  | 49.44 | L     | F    | Livia Exner             | 10 | QUIC  | CPT | 11/11/2023 Swartland Prestige Gala 2023            |
| 168  | 49.62 | L     | F    | Engela Klopper          | 10 | CPRIM | BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 169  | 49.65 | L     | F    | Reabetswe Tau           | 9  | PER   | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 170  | 49.66 | L     | F    | Lisa Kotzé              | 9  | LSM   | EZD | 23/02/2024 NW School Championships 2024            |
| 171  | 49.71 | L     | F    | Zeney De Beer           | 10 | CSA   | EZD | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 172  | 49.72 | L     | F    | Lucy Van der Westhuizen | 9  | NAE   | EZD | 13/10/2023 MP AGE GROUP 2                          |
| 173  | 49.74 | L S   | F    | Alexa Kuhn              | 10 | CASC  | CPT | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 174  | 49.85 | L     | F    | Sarah Ferreira          | 9  | PER   | JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 175  | 49.87 | L     | F    | Dané Combrinck          | 10 | TUKS  | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 176  | 49.91 | L     | F    | Kelsey Markgraaff       | 9  | TUKS  | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 177* | 49.97 | L     | F    | Tlotlotsame Makatiers   | 10 | RBOT  | BPD | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 177* | 49.97 | L     | F    | Katherine Van Zyl       | 10 | CPSC  | FSH | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 179  | 50.04 | L     | P    | Adrienne Meiring        | 10 | PEAS  | NMA | 09/02/2024 Infinity Gala 2024                      |

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

| Time | P/F/S     | Name | Age/Yr               |    |           |            |   |
|------|-----------|------|----------------------|----|-----------|------------|---|
| 180* | 50.06 L   | F    | Alexi Dandoulakis    | 10 | CA EKU    | 28/10/2023 | EGA Summer 2 2023                       |
| 180* | 50.06 L   | F    | Peta De Souza        | 9  | EXP TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 180* | 50.06 L   | F    | Leah Verdon          | 10 | INFA NMA  | 24/06/2023 | PEA Winter Gala 2023                    |
| 183  | 50.07 L   | F    | Amelie Theron        | 9  | QUIC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 184  | 50.08 L   | F    | Carla Fourie         | 10 | NAE EZD   | 13/10/2023 | MP AGE GROUP 2                          |
| 185* | 50.11 L   | F    | Courtney Killian     | 9  | CPPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 185* | 50.11 L   | F    | Bianca Van Jaarsveld | 10 | TYGE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 187* | 50.13 L   | F    | Tabea Greyling       | 10 | RFA TSH   | 16/02/2024 | NTS February Open Age Group 2024        |
| 187* | 50.13 L   | P    | Mariandi Bredenkamp  | 10 | BS LLD    | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 189  | 50.16 L   | F    | Vida Olivier         | 10 | BLNE MAN  | 15/09/2023 | Bull Sharks Annual Gala                 |
| 190  | 50.23 L   | F    | Amelie Piater        | 9  | LSBOS WB  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 191  | 50.31 L   | F    | Mikayla Hanneman     | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 192  | 50.39 L   | F    | Nduvho Rabambi       | 10 | BULS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 193  | 50.42 L   | F    | Christine Kruger     | 10 | BLSS MAN  | 03/02/2024 | Heidedal Welkom Gala 2                  |
| 194  | 50.51 L   | F    | Amy Masterson        | 10 | INFA NMA  | 23/09/2023 | 3rd A League Gala 2023                  |
| 195* | 50.61 L   | F    | Chloé Scott          | 8  | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 195* | 50.61 L   | F    | Anke Van den Berg    | 9  | CSC TSH   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 197  | 50.62 L   | F    | Jessica Francis      | 9  | SEAL UMD  | 24/11/2023 | Westville-Seals LC Championships        |
| 198* | 50.65 L   | F    | Kaleigh Henning      | 9  | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 198* | 50.65 L   | F    | Rorisang Lempe       | 9  | MAKO EKU  | 26/01/2024 | EGA Last Chance 2024                    |
| 200  | 50.71 L   | F    | Julie Schwartz       | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 201  | 50.72 L   | F    | Marli Strydom        | 10 | QUIC CPT  | 17/09/2023 | CTA BMEET 3                             |
| 202  | 50.73 L   | F    | Meandri Vorster      | 9  | TUKS TSH  | 16/02/2024 | NTS February Open Age Group 2024        |
| 203  | 50.83 L   | P    | Holly Miles          | 9  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 204  | 50.84 L   | F    | Cara Christie        | 8  | LSBOS WB  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 205  | 50.89 L   | F    | Wendy Modiba         | 10 | POLSC CCD | 01/12/2023 | Limpopo Champs                          |
| 206  | 50.90 L   | F    | Rachel Thompson      | 10 | PSC TSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 207  | 50.91 L   | P    | Amy-Lee Wood         | 10 | TCA EKU   | 07/12/2023 | EGA Summer Championships                |
| 208* | 50.98 L   | F    | Puleng Masemene      | 10 | ELEC TSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 208* | 50.98 L   | F    | Juliette Myburgh     | 9  | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 210  | 51.00 L   | F    | Camilla Schroeder    | 9  | HERO JHB  | 28/02/2024 | Crusaders Night Gala 5                  |
| 211  | 51.04 L   | F    | Olivia Wood          | 10 | BARA EKU  | 07/12/2023 | EGA Summer Championships                |
| 212  | 51.13 L   | F    | Theresa Bartmann     | 9  | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 213  | 51.14 L S | F    | Janina Badenhorst    | 9  | HREF BP   | 06/12/2023 | NWS Championships 2023/24               |
| 214  | 51.23 L   | F    | Leanke Loots         | 10 | KNYA EDD  | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 215  | 51.25 L   | F    | Chelsey Witney       | 10 | PGAC EKU  | 24/11/2023 | EGA Summer 4                            |
| 216  | 51.28 L   | F    | Molly Wang           | 9  | OHAN ILD  | 27/01/2024 | Ushaka Champs 2024                      |
| 217  | 51.29 L   | F    | Leah Victor          | 9  | LSPHA MP  | 27/01/2024 | Limpopo School Champs                   |
| 218  | 51.37 L   | F    | Otilie Molamu        | 10 | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 219  | 51.40 L   | F    | Amice Seaman         | 8  | UNI EZD   | 23/09/2023 | MP SPRINT GALA 23 SEPTEMBER             |
| 220  | 51.46 L   | F    | Zaan Van Goeverden   | 10 | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                     |
| 221  | 51.49 L   | P    | Bella-Mae Makelele   | 10 | HPPS BUF  | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 222  | 51.51 L   | F    | Kayline Cronje       | 9  | JAQ EKU   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 223  | 51.53 L   | P    | Mieke Drenth         | 9  | AWIN TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 224  | 51.59 L   | F    | Marizel Prinsloo     | 10 | BS LLD    | 06/12/2023 | Free State Champs 2023                  |
| 225  | 51.64 L   | F    | Carli Marais         | 10 | KNYA EDD  | 18/11/2023 | Eden LC Champs 2023                     |
| 226  | 51.67 L   | P    | Alexia Botha         | 10 | KALA      | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 227  | 51.79 L   | F    | Erin Mackenzie       | 9  | FAAC      | 13/01/2024 | AGE GROUP 4 KBY 2024                    |
| 228  | 51.91 L   | P    | Skyler Muller        | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 229* | 52.04 L   | F    | Natalie Brown        | 10 | CKDP KK   | 23/02/2024 | NW School Championships 2024            |
| 229* | 52.04 L   | F    | Vania Martin         | 10 | SOUL EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 231  | 52.07 L   | F    | Emma Gutsche         | 10 | POLSC CCD | 21/10/2023 | Limpopo Age Group 4                     |
| 232  | 52.09 L   | P    | Josephine Watt       | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 233  | 52.10 L   | F    | Ymeri Wilken         | 10 | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |
| 234* | 52.11 L   | F    | Paige Plumb          | 8  | CSA EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 234* | 52.11 L   | P    | Caitlin Lombard      | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 236  | 52.20 L   | F    | Eva Coates           | 8  | FISH EDD  | 12/08/2023 | Madibaz Swim Meet 2023                  |
| 237  | 52.21 L S | F    | Miane Kruger         | 9  | MATL KKD  | 06/12/2023 | NWS Championships 2023/24               |
| 238  | 52.23 L   | P    | Mine' Kirstein       | 10 | PAC TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time  | P/F/S | Name | Age/Yr                        |    |       |  |
|------|-------|-------|------|-------------------------------|----|-------|--|
| 239* | 52.25 | L     | F    | Anni Jordaan                  | 9  | QSAW  | GED 17/02/2024 Swartland Invitational Gala 2024        |
| 239* | 52.25 | L     | F    | Lienke Rossouw                | 10 | LALE  | GED 11/11/2023 Winelands SL4                           |
| 241  | 52.26 | L     | F    | Qhama-Qhamisa Gonya           | 10 | SPS   | BUF 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 242  | 52.36 | L     | F    | Anais Christine van Huyssteen | 9  | VRC   | FSH 02/03/2024 AG Level 1 Regional Age Group           |
| 243* | 52.38 | L     | F    | Anna Charlton                 | 10 | TRAZ  | FSH 03/11/2023 NTS Level 1+2 November Age Group        |
| 243* | 52.38 | L     | F    | Rachael McMaster              | 9  | HARL  | BUF 10/02/2024 BCA Feb Age Group Gala 2024             |
| 243* | 52.38 | L     | F    | Iané Briedenhann              | 9  | BLNE  | MAN 02/03/2024 FSA Level 1 2024                        |
| 246  | 52.43 | L     | F    | Katarina Stojanovic           | 9  | RFA   | FSH 02/03/2024 AG Level 1 Regional Age Group           |
| 247  | 52.44 | L     | F    | Line Van Rooyen               | 10 | EXP   | FSH 03/11/2023 NTS Level 1+2 November Age Group        |
| 248  | 52.45 | L     | F    | Kuhlesibonge Zulu             | 10 | DORE  | JHB 02/03/2024 AG Level 1 Regional Age Group           |
| 249* | 52.47 | L     | F    | Emma Marx                     | 9  | NAE   | EZD 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 249* | 52.47 | L     | F    | Henriette Odendaal            | 8  | QUIC  | CPT 17/09/2023 CTA BMEET 3                             |
| 249* | 52.47 | L     | F    | Amelia-Rose Geldart           | 9  | ESP   | EKU 26/01/2024 EGA Last Chance 2024                    |
| 252  | 52.48 | L     | F    | Lusanele Qusheka              | 10 | BEST  | NMA 24/06/2023 PEA Winter Gala 2023                    |
| 253  | 52.51 | L     | F    | Chloe Pohlmann                | 10 | CPPS  | NMA 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 254  | 52.57 | L     | F    | Zoë Selesho                   | 10 | TUKS  | FSH 29/09/2023 2023 OR Tambo Trials & NTS Oct AG       |
| 255  | 52.58 | L     | F    | Lenice Lange                  | 10 | TKS   | WBD 01/12/2023 Limpopo Champs                          |
| 256  | 52.59 | L     | F    | Olivia Becker                 | 8  | SPS   | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 257  | 52.60 | L     | F    | Kgothatso Raphadu             | 9  | TUKS  | FSH 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 258  | 52.63 | L     | F    | Milana Kyriakides             | 9  | SOUL  | EKU 02/03/2024 AG Level 1 Regional Age Group           |
| 259  | 52.65 | L     | F    | Anzel Swiegers                | 8  | BULS  | MAN 02/03/2024 FSA Level 1 2024                        |
| 260  | 52.70 | L     | F    | Mihanka vd Bank               | 10 | CUHE  | QBD 17/02/2024 Swartland Invitational Gala 2024        |
| 261  | 52.75 | L     | F    | Elmare Naude                  | 9  | DESA  | NMA 21/10/2023 4th A League Gala 2023                  |
| 262  | 52.82 | L     | F    | Jaed Beaton                   | 10 | PEAS  | NMA 22/07/2023 1st A League Gala 2023                  |
| 263  | 52.83 | L     | F    | Mia Oosthuizen                | 10 | PAC   | FSH 03/11/2023 NTS Level 1+2 November Age Group        |
| 264* | 52.89 | L     | F    | Natalie Maritz                | 10 | NSAD  | EZD 01/12/2023 Mpumalanga Championships 2023           |
| 264* | 52.89 | L S   | F    | Mieke Labuschagne             | 8  | GSA   | CPT 24/11/2023 CTA A & B CHAMPS 2023                   |
| 266  | 52.91 | L     | F    | Jo Anne Schutte               | 9  | NC    | FB 27/01/2024 4 + 1 Inter Provincial Gala 2023         |
| 267  | 52.94 | L     | F    | Bailey Bowman                 | 9  | CPREP | BUF 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 268  | 53.00 | L     | F    | Helana Pretorius              | 10 | SWAR  | WCD 11/11/2023 Swartland Prestige Gala 2023            |
| 269  | 53.02 | L     | F    | Skylin Koupis                 | 10 | BLOT  | MAN 16/02/2024 Neptunes Last chance Gala               |
| 270  | 53.04 | L     | F    | Taylor Matthyser              | 10 | LSKP  | WB 04/11/2023 Limpopo LS - Top 8 skole 2023            |
| 271  | 53.08 | L     | F    | Sabrina Madondo               | 10 | AAS   | JHB 02/03/2024 AG Level 1 Regional Age Group           |
| 272  | 53.16 | L     | F    | Isabella Purdon               | 10 | SWIM1 | JHB 02/03/2024 AG Level 1 Regional Age Group           |
| 273  | 53.18 | L     | F    | Anje Adendorff                | 9  | NC    | FB 27/01/2024 4 + 1 Inter Provincial Gala 2023         |
| 274  | 53.22 | L     | P    | Sadie Els                     | 9  | SPS   | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 275  | 53.27 | L     | F    | Miane Bendeman                | 10 | LSPHA | MP 27/01/2024 Limpopo School Champs                    |
| 276  | 53.28 | L     | F    | Kamila Mohapi                 | 10 | ESTR  | EKU 28/10/2023 EGA Summer 2 2023                       |
| 277  | 53.33 | L S   | F    | Karin Gericke                 | 9  | CASC  | CPT 24/11/2023 CTA A & B CHAMPS 2023                   |
| 278  | 53.35 | L     | F    | Olivia Sherry                 | 9  | HERO  | JHB 28/02/2024 Crusaders Night Gala 5                  |
| 279  | 53.47 | L     | F    | Jaunté Duvenage               | 10 | LSKP  | WB 04/11/2023 Limpopo LS - Top 8 skole 2023            |
| 280* | 53.48 | L     | F    | Leah Kriel                    | 9  | GREY  | CPT 17/02/2024 Swartland Invitational Gala 2024        |
| 280* | 53.48 | L     | F    | Amorick Jacobs                | 10 | KTS   | 27/10/2023 KALAHARI CLASSIC GALA 2023                  |
| 282  | 53.49 | L     | F    | Phelan Labuschagne            | 10 | QUES  | JHB 02/03/2024 AG Level 1 Regional Age Group           |
| 283  | 53.52 | L     | F    | Jamie Pentz                   | 8  | BLOT  | MAN 27/10/2023 Neptune Prestige Gala                   |
| 284  | 53.53 | L     | F    | Anchen Schoeman               | 10 | BS    | LDD 06/12/2023 Free State Champs 2023                  |
| 285  | 53.54 | L     | F    | Kayla Coetzee                 | 10 | VALS  | FDD 06/12/2023 Free State Champs 2023                  |
| 286  | 53.56 | L     | P    | Rachel Hartwig                | 9  | HPPS  | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 287  | 53.63 | L     | F    | Bella-Rose Hutchinson         | 9  | SGUL  | ETH 24/11/2023 Westville-Seals LC Championships        |
| 288  | 53.64 | L     | F    | Rachel Johnson                | 10 | BARA  | EKU 02/03/2024 AG Level 1 Regional Age Group           |
| 289  | 53.69 | L     | F    | Jessica Treeby                | 9  | AWIN  | FSH 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 290* | 53.70 | L S   | F    | Michaela Kröger               | 10 | BARR  | CPT 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 290* | 53.70 | L     | F    | Lene Wessels                  | 9  | BLOT  | MAN 06/12/2023 Free State Champs 2023                  |
| 292  | 53.71 | L     | F    | Nicole Eleftheriou            | 8  | CPREP | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 293  | 53.79 | L     | P    | Arielle Christie              | 9  | CPRIM | BUF 30/01/2024 Buffalo City Primary School Trials 2024 |
| 294  | 53.90 | L     | F    | Mia De Lange                  | 10 | SS    | MPD 01/12/2023 Limpopo Champs                          |
| 295  | 53.92 | L     | F    | Marné Truter                  | 10 | LSKP  | WB 27/01/2024 Limpopo School Champs                    |
| 296  | 53.94 | L     | F    | Hanneli van der Watt          | 8  | GREY  | CPT 17/02/2024 Swartland Invitational Gala 2024        |
| 297  | 53.99 | L     | F    | Kirei Burgess                 | 8  | CA    | EKU 28/10/2023 EGA Summer 2 2023                       |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr              |    |       |     |            |   |
|------|-------|-------|------|---------------------|----|-------|-----|------------|---|
| 298  | 54.00 | L     | F    | Etti Van Niekerk    | 10 | CSA   | EZD | 02/02/2024 | MP AGE GROUP 5 GALA                     |
| 299* | 54.06 | L     | F    | Ashley Trollop      | 9  | GREY  | CPT | 17/02/2024 | Swartland Invitational Gala 2024        |
| 299* | 54.06 | L     | F    | Daria Galochkina    | 8  | ASAC  | CPT | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 301  | 54.08 | L     | P    | Emily Bestbier      | 10 | BON   | EKU | 07/12/2023 | EGA Summer Championships                |
| 302  | 54.09 | L     | F    | Millay de Kock      | 9  | POTC  | KKD | 11/11/2023 | NWS Age Group 3 + 4                     |
| 303  | 54.10 | L     | F    | Emma Macallum       | 9  | SPS   | BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 304  | 54.13 | L     | F    | Courtney Alcock     | 10 | CASC  | CPT | 17/09/2023 | CTA BMEET 3                             |
| 305  | 54.22 | L     | F    | Gabrealle Coetzee   | 8  | BEARS | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 306  | 54.26 | L     | F    | Mileah Fourie       | 9  | FRA   | KCD | 21/10/2023 | Froggies Championships 2023             |
| 307* | 54.28 | L     | F    | Beatrisa Kotklier   | 10 | CYBE  | CPT | 17/02/2024 | Swartland Invitational Gala 2024        |
| 307* | 54.28 | L     | F    | Riani Vos           | 9  | ELRAS | WBD | 01/12/2023 | Limpopo Champs                          |
| 307* | 54.28 | L     | F    | Livia Venter        | 8  | TKS   | WBD | 21/10/2023 | Limpopo Age Group 4                     |
| 310  | 54.31 | L     | F    | Elzere Meyer        | 9  | NAE   | EZD | 01/12/2023 | Mpumalanga Championships 2023           |
| 311  | 54.33 | L     | F    | Kendall Perrins     | 8  | GREY  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 312* | 54.34 | L     | F    | Georgia Carls       | 9  | KTS   |     | 27/10/2023 | KALAHARI CLASSIC GALA 2023              |
| 312* | 54.34 | L     | F    | Danelle Louw        | 10 | BULS  | MAN | 21/10/2023 | Otters Prestige Gala 2023               |
| 314  | 54.39 | L     | F    | Bethany Pierce      | 8  | CPREP | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 315* | 54.42 | L     | F    | Emma Strydom        | 9  | QUIC  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 315* | 54.42 | L     | F    | Lily Jones          | 10 | COLJ  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 317  | 54.48 | L     | F    | Tabo Mwenechanya    | 10 | CRSC  | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 318  | 54.49 | L     | F    | Reatlotla Mofokeng  | 10 | NWUC  | KKD | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 319  | 54.51 | L     | F    | Mackenzie Bouwer    | 9  | EXP   | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 320  | 54.55 | L     | F    | Jessica Steyn       | 10 | VHD   | ZLD | 24/11/2023 | Westville-Seals LC Championships        |
| 321  | 54.61 | L     | F    | Leah Staples        | 9  | PELIC | MAN | 06/12/2023 | Free State Champs 2023                  |
| 322  | 54.62 | L     | F    | Gemma Goedhals      | 9  | INFA  | NMA | 09/02/2024 | Infinity Gala 2024                      |
| 323  | 54.64 | L     | F    | Milea Louw          | 10 | TYGE  | CPT | 17/09/2023 | CTA BMEET 3                             |
| 324  | 54.67 | L     | P    | Ava Du Preez        | 10 | BEAV  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 325  | 54.73 | L     | F    | Jemina Hibbert      | 10 | CPPS  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 326* | 54.78 | L     | F    | Mieke Koekemoer     | 9  | QUIC  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 326* | 54.78 | L     | F    | Montana Barclay     | 10 | HPPS  | BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 328  | 54.80 | L S   | F    | Alyssa Bosch        | 10 | BARR  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 329  | 54.86 | L     | P    | Nissi Mtetwa        | 10 | WWOL  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 330* | 54.92 | L     | F    | Abigail Snyman      | 10 | SS    | MPD | 01/12/2023 | Limpopo Champs                          |
| 330* | 54.92 | L     | F    | Zoey Zovitzkey      | 9  | TUKS  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 330* | 54.92 | L     | P    | Isabelle Oliphant   | 9  | SPS   | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 333  | 54.99 | L     | F    | Ayana Mandeian      | 8  | HPPS  | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 334  | 55.00 | L     | F    | Nienke van Wyngaard | 8  | PSC   | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 335* | 55.08 | L     | F    | Marlien Nell        | 10 | GHS   | BP  | 23/02/2024 | NW School Championships 2024            |
| 335* | 55.08 | L     | F    | Olivia Viviers      | 9  | SPS   | BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 337* | 55.12 | L S   | F    | Jinxuan Li          | 9  | TYGE  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 337* | 55.12 | L     | F    | Beulah vd Merwe     | 10 | MCS   | BP  | 23/02/2024 | NW School Championships 2024            |
| 339  | 55.26 | L     | P    | Madison Dingle      | 9  | SOUL  | EKU | 07/12/2023 | EGA Summer Championships                |
| 340  | 55.27 | L     | F    | Celiska Stemmet     | 10 | LSJM  | SKD | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 341  | 55.29 | L     | P    | Grace McLean        | 10 | SPS   | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 342  | 55.31 | L     | F    | Riaze Haynes        | 9  | RFA   | FSH | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 343  | 55.33 | L     | F    | Emily Goosen        | 8  | SPS   | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 344  | 55.35 | L     | F    | Lua Haasbroek       | 9  | BLSS  | MAN | 16/02/2024 | Neptunes Last chance Gala               |
| 345  | 55.38 | L     | F    | Josephine Feher     | 10 | DORE  | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 346  | 55.47 | L     | F    | Rebecca Cronje      | 9  | CPREP | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 347  | 55.50 | L     | F    | Katrien Radley      | 10 | NSAD  | EZD | 13/10/2023 | MP AGE GROUP 2                          |
| 348  | 55.54 | L     | F    | Lize-Mari Cloete    | 10 | BS    | LLD | 02/03/2024 | FSA Level 1 2024                        |
| 349  | 55.69 | L     | F    | Cathryn Davenport   | 9  | UHS   | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 350  | 55.73 | L     | F    | Riley Adams         | 8  | LSN   | EZD | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 351  | 55.76 | L     | F    | Maya Chelin         | 10 | H2O   | EKU | 26/01/2024 | EGA Last Chance 2024                    |
| 352  | 55.84 | L     | F    | Chloe Charedzera    | 10 | PEAS  | NMA | 22/07/2023 | 1st A League Gala 2023                  |
| 353  | 55.87 | L     | F    | Jorja Petschel      | 10 | HARL  | BUF | 24/11/2023 | BCA Long Course Championships 2023      |
| 354  | 55.89 | L S   | F    | Happy Raphuti       | 10 | HARB  | BPD | 06/12/2023 | NWS Championships 2023/24               |
| 355  | 55.90 | L     | F    | Nika Loots          | 10 | PELIC | MAN | 02/03/2024 | FSA Level 1 2024                        |
| 356  | 55.97 | L     | F    | Cara Cornelissen    | 9  | KTS   |     | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                  |    |           |  |
|------|-------|-------|------|-------------------------|----|-----------|--|
| 357  | 56.07 | L     | F    | Lisa Myburgh            | 9  | AFIN JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 358  | 56.12 | L     | F    | Isabella Van Breda      | 10 | NWUC KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 359  | 56.20 | L     | F    | Tshegofatso Le Roux     | 10 | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 360  | 56.23 | L     | F    | Mikaela Chiadzwa        | 10 | ISSA NM   | 23/02/2024 NW School Championships 2024            |
| 361  | 56.26 | L     | F    | Emily Rushin            | 8  | HURA CPT  | 03/02/2024 Winelands SL final                      |
| 362* | 56.28 | L     | F    | Ava Candiotes           | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 362* | 56.28 | L     | F    | Lienke Jv Nieuwenhuizen | 10 | WBSK WBD  | 21/10/2023 Limpopo Age Group 4                     |
| 364* | 56.29 | L     | F    | Thalia Yiorikas         | 8  | BLOT MAN  | 21/10/2023 Otters Prestige Gala 2023               |
| 364* | 56.29 | L     | F    | Caitlyn Schaper         | 9  | OLS BP    | 23/02/2024 NW School Championships 2024            |
| 366  | 56.30 | L     | F    | Gabriella Loucao        | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 367  | 56.34 | L     | P    | Emma Ranger             | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 368* | 56.36 | L     | F    | Ilanca Smuts            | 10 | PPARK BP  | 23/02/2024 NW School Championships 2024            |
| 368* | 56.36 | L     | F    | Anje Weldhagen          | 9  | BLOT MAN  | 06/12/2023 Free State Champs 2023                  |
| 370  | 56.44 | L     | P    | Tsakani Mithi           | 10 | BARA EKU  | 07/12/2023 EGA Summer Championships                |
| 371  | 56.57 | L     | F    | Ntwanano Chauke         | 8  | DORE JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 372  | 56.63 | L     | F    | Rouxvé Henn             | 8  | ZASC TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 373  | 56.65 | L     | F    | Ava van Coller          | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 374  | 56.66 | L     | F    | Zivah Carson            | 8  | BULS MAN  | 06/12/2023 Free State Champs 2023                  |
| 375  | 56.67 | L     | F    | Anrike Bothma           | 9  | AQU ADJ   | 18/11/2023 Uthukela District Age Group Gala        |
| 376  | 56.68 | L     | F    | Elbe van Zyl            | 9  | BLNE MAN  | 06/12/2023 Free State Champs 2023                  |
| 377  | 56.80 | L     | F    | Janah Louw              | 9  | KALA      | 24/11/2023 AGE GROUP 2 KATHU 2023                  |
| 378  | 56.82 | L     | P    | Sofia Liss              | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 379  | 56.84 | L     | F    | Thalia Mbock Madjang    | 10 | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 380  | 56.87 | L     | F    | Belissa Shabangu        | 7  | UNI EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 381  | 56.92 | L     | F    | Liya Cartens            | 9  | CPSC TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 382  | 56.93 | L     | F    | Kai Roux                | 9  | SOUL EKU  | 02/03/2024 AG Level 1 Regional Age Group           |
| 383  | 57.06 | L     | F    | Tebogo Machaba          | 10 | PER JHB   | 02/03/2024 AG Level 1 Regional Age Group           |
| 384  | 57.12 | L     | F    | Aaliya Chippendale      | 9  | MARL CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 385  | 57.14 | L     | F    | Mckayla Du Plessis      | 9  | CLSC WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 386* | 57.19 | L     | F    | Yu Xi Jin               | 10 | TYGE CPT  | 11/11/2023 Winelands SL4                           |
| 386* | 57.19 | L     | F    | Alexus Erasmus          | 9  | FSE KCD   | 13/01/2024 KCDA January Age Group Gala 2024        |
| 388  | 57.22 | L     | F    | Ava Sincok              | 8  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 389  | 57.23 | L     | F    | Lienke Myburgh          | 9  | NAE EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 390  | 57.25 | L     | F    | Demi Pieterse           | 8  | AWIN TSH  | 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 391  | 57.27 | L S   | F    | Leandri Puth            | 9  | RBOT BPD  | 06/12/2023 NWS Championships 2023/24               |
| 392  | 57.36 | L     | F    | Cari van der Merwe      | 9  | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 393  | 57.37 | L     | F    | Tshegofatso Kwadjo      | 10 | TUKS TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 394* | 57.50 | L     | F    | Lisa Polson             | 9  | BEARS TSH | 03/11/2023 NTS Level 1+2 November Age Group        |
| 394* | 57.50 | L     | F    | Esihle Damoyi           | 10 | HHPS NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 396  | 57.56 | L     | F    | Jorja-Lee Hendricks     | 9  | TYGE CPT  | 21/01/2024 CTA BMEET 4                             |
| 397  | 57.60 | L     | F    | Mine Zietsman           | 9  | BETH FDD  | 06/12/2023 Free State Champs 2023                  |
| 398  | 57.66 | L     | F    | Elma Delpont            | 10 | BLSS MAN  | 06/12/2023 Free State Champs 2023                  |
| 399  | 57.67 | L     | F    | Adison Gericke          | 10 | SPS BUF   | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 400  | 57.68 | L     | F    | Nolitha Luhabe          | 9  | SWIFT EKU | 07/12/2023 EGA Summer Championships                |
| 401  | 57.73 | L     | F    | Minke Blignaut          | 9  | LSJM SKD  | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 402  | 57.75 | L     | F    | Sophia Lemmer           | 9  | HARL BUF  | 10/02/2024 BCA Feb Age Group Gala 2024             |
| 403  | 57.80 | L     | F    | Elizabeth Hartman       | 9  | BLOT MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 404  | 57.81 | L     | F    | Leeanne Terblanche      | 9  | BLSS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 405  | 57.82 | L     | F    | Olivia Rossouw          | 8  | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 406  | 57.83 | L     | F    | Yandzisa Sambo          | 8  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 407  | 57.84 | L     | F    | Tenè Venter             | 10 | BLSS MAN  | 06/12/2023 Free State Champs 2023                  |
| 408  | 57.85 | L     | F    | Marguerite Burger       | 9  | SWAR WCD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 409  | 57.86 | L     | F    | Annabel Swart           | 9  | QSAW CED  | 21/01/2024 CTA BMEET 4                             |
| 410  | 57.94 | L S   | F    | Yi-han Huang            | 9  | BLMA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 411  | 58.01 | L     | F    | Juno Vermaak            | 8  | VINE CPT  | 21/01/2024 CTA BMEET 4                             |
| 412  | 58.07 | L     | F    | Keira Douglas           | 8  | BLOT MAN  | 11/11/2023 Bull Sharks Gala                        |
| 413  | 58.10 | L     | P    | Nina Bosch              | 8  | BAS EKU   | 07/12/2023 EGA Summer Championships                |
| 414* | 58.15 | L     | F    | Natalie Gouveia         | 9  | SOUL EKU  | 28/10/2023 EGA Summer 2 2023                       |
| 414* | 58.15 | L     | F    | Karlienke Ras           | 9  | GHS BP    | 23/02/2024 NW School Championships 2024            |



### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

| Time | P/F/S       | Name | Age/Yr                 |    |           |            |   |
|------|-------------|------|------------------------|----|-----------|------------|---|
| 416* | 58.18 L     | F    | Klara Meindertsma      | 8  | TUKS TSH  | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG       |
| 416* | 58.18 L     | F    | Ale Mentz              | 10 | KTS       | 03/02/2024 | NCASA SPRINTS 2024                      |
| 418  | 58.19 L     | F    | Sofia Grebe            | 8  | CUHE OBD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 419  | 58.25 L     | F    | Li-Mare Olivier        | 9  | FAAC      | 01/12/2023 | AGE GROUP 3 KBY 2023                    |
| 420  | 58.41 L     | F    | Hailey Alcock          | 8  | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 421* | 58.47 L     | F    | Skyler Petzer          | 9  | RUSTL BP  | 23/02/2024 | NW School Championships 2024            |
| 421* | 58.47 L     | F    | Shaye Thornhill        | 9  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 423  | 58.48 L     | F    | Sarah-Faye Lubbe       | 8  | KALA      | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 424  | 58.51 L     | F    | Elzaan Kieck           | 9  | AWIN TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 425  | 58.54 L     | F    | Olivia Plowman         | 9  | SGUL ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 426  | 58.63 L     | F    | Faythe Evans           | 10 | HASC JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 427  | 58.65 L     | F    | Omphile Mahlohela      | 10 | TPS BPD   | 23/02/2024 | NW School Championships 2024            |
| 428  | 58.70 L     | F    | Anja Schreve           | 9  | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 429  | 58.75 L     | F    | Sabella Chetty         | 10 | HHPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 430  | 58.82 L     | F    | Lara Fouché            | 9  | KPA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 431  | 58.85 L     | F    | Amy Dick               | 9  | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 432  | 58.88 L     | F    | Heidi Du Toit          | 8  | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 433  | 58.94 L     | P    | Emma-Kate McCallum     | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 434  | 59.04 L     | F    | Milan Genis            | 10 | UNI EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 435  | 59.06 L     | F    | Johane' Goosen         | 10 | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 436  | 59.12 L     | F    | Jemima Muirhead        | 8  | HDAQ MP   | 01/12/2023 | Limpopo Champs                          |
| 437  | 59.15 L     | F    | Hayleigh Roux          | 10 | FROS TMD  | 02/03/2024 | FSA Level 1 2024                        |
| 438  | 59.21 L S   | F    | Marné Van Eysen        | 9  | BARR CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 439  | 59.35 L     | F    | Nienke Eksteen         | 10 | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |
| 440  | 59.41 L     | F    | Bailey Nel             | 8  | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 441* | 59.55 L     | F    | Lehanri Cronje         | 10 | NSAD EZD  | 03/11/2023 | MP AGE GROUP 3 3&4 NOV 2023             |
| 441* | 59.55 L     | F    | Camilla Chikonde       | 8  | CPSC TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 443* | 59.61 L     | F    | Kaylyn Blair           | 9  | BLOT MAN  | 21/10/2023 | Otters Prestige Gala 2023               |
| 443* | 59.61 L     | P    | Mari-Hane Visser       | 10 | KALA      | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 445  | 59.63 L     | F    | Yolla Mario            | 8  | KALA      | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 446  | 59.64 L     | F    | Eva-Grace Bezuidenhout | 10 | FISH EDD  | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 447  | 59.66 L     | P    | Demi Scholl            | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 448* | 59.71 L     | F    | Amery Vermaak          | 8  | LSTZN CCD | 27/01/2024 | Limpopo School Champs                   |
| 448* | 59.71 L     | F    | Ellie van der Mescht   | 8  | DESA NMA  | 11/11/2023 | 5th A League Gala 2023                  |
| 450* | 59.72 L     | F    | Hluma Ndamse           | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 450* | 59.72 L     | F    | Liani Jacobs           | 9  | BARR CPT  | 21/01/2024 | CTA BMEET 4                             |
| 452  | 59.81 L     | F    | Kirsten Schnehage      | 10 | VINE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 453  | 59.84 L     | F    | Ava Van Den Heever     | 9  | KTS       | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 454  | 59.85 L     | F    | Elmi van Heerden       | 8  | BS LLD    | 02/03/2024 | FSA Level 1 2024                        |
| 455  | 1:00.00 L S | F    | Nina Schoeman          | 10 | AGAQ OBD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 456  | 1:00.15 L   | F    | Lexi Abrahamse         | 10 | VINE CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 457  | 1:00.17 L   | F    | Bailey Maritz          | 9  | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 458  | 1:00.29 L   | F    | Miele' Loftus          | 10 | BULS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 459  | 1:00.41 L   | F    | Marna Nieuwoudt        | 9  | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 460  | 1:00.55 L   | F    | Kristi Marais          | 9  | PELIC MAN | 27/10/2023 | Neptune Prestige Gala                   |
| 461* | 1:00.62 L   | F    | Lily Herrmann          | 9  | SWIFT ECU | 28/10/2023 | EGA Summer 2 2023                       |
| 461* | 1:00.62 L   | F    | Lucy Bush              | 10 | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 463  | 1:00.67 L   | F    | Janica Brits           | 9  | BARR CPT  | 21/01/2024 | CTA BMEET 4                             |
| 464  | 1:00.75 L S | F    | Kayla Fouche           | 8  | TYGE CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 465  | 1:00.79 L   | F    | Alana Bam              | 7  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 466  | 1:00.88 L   | F    | Sophia Erasmus         | 8  | FROS TMD  | 02/03/2024 | FSA Level 1 2024                        |
| 467* | 1:01.02 L   | F    | Elani Gerner           | 10 | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 467* | 1:01.02 L   | F    | Ashley Booysen         | 9  | ACSC TSH  | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG       |
| 469  | 1:01.05 L   | P    | Josie Faught           | 9  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 470  | 1:01.06 L   | F    | Lumay De Beer          | 7  | CSA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 471  | 1:01.20 L   | F    | Ellie du Plessis       | 7  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 472  | 1:01.23 L   | F    | Mianka Lubbe           | 10 | HWSK FBD  | 20/01/2024 | AGE GROUP 5 KBY 2024                    |
| 473  | 1:01.29 L   | F    | Mieke Taylor           | 9  | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 474  | 1:01.37 L   | F    | Mia du Plessis         | 10 | RBOT BPD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                 |    |           |  |
|------|---------|-------|------|------------------------|----|-----------|--|
| 475  | 1:01.48 | L     | F    | Cleo Julius            | 10 | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 476  | 1:01.55 | L     | F    | Paigan Stols           | 7  | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 477  | 1:01.58 | L     | F    | Tee Nala               | 9  | ONYX EKU  | 07/12/2023 EGA Summer Championships                |
| 478  | 1:01.64 | L     | F    | Carli van der Walt     | 10 | PSA ZLD   | 21/10/2023 Froggies Championships 2023             |
| 479  | 1:01.65 | L     | F    | Aniek Myburgh          | 8  | LSN EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 480  | 1:01.66 | L     | F    | Mia Snyders            | 9  | UWCA CPT  | 21/01/2024 CTA BMEET 4                             |
| 481  | 1:01.69 | L     | F    | Mishanie Van Jaarsveld | 9  | UPSK ZMD  | 10/02/2024 AGE GROUP 6 UPT - 2024                  |
| 482  | 1:01.73 | L     | F    | Zinnia De Lange        | 9  | TASC MPD  | 01/12/2023 Limpopo Champs                          |
| 483  | 1:01.76 | L     | F    | Adia Theko             | 7  | PELIC MAN | 16/02/2024 Neptunes Last chance Gala               |
| 484  | 1:01.80 | L     | F    | Makaila Knickelbein    | 10 | KBPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 485* | 1:01.81 | L     | F    | Issabel Lindeboom      | 9  | BLNE MAN  | 21/10/2023 Otters Prestige Gala 2023               |
| 485* | 1:01.81 | L     | F    | Lauren Hans            | 10 | MATL KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 487  | 1:01.84 | L     | F    | Isabella De Jager      | 9  | QSAW CED  | 11/11/2023 Swartland Prestige Gala 2023            |
| 488  | 1:01.86 | L     | F    | Nelia Kleynhans        | 9  | POTC KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 489  | 1:01.87 | L     | F    | Mandi Lotriet          | 10 | FAAC      | 13/01/2024 AGE GROUP 4 KBY 2024                    |
| 490  | 1:01.88 | L     | F    | Jelanri Du Toit        | 7  | CUR EZD   | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 491  | 1:01.89 | L     | P    | Lisette Peters         | 8  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 492  | 1:01.92 | L     | P    | Taylor Geswind         | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 493  | 1:01.98 | L     | F    | Kgadi Mamaila          | 10 | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 494  | 1:02.12 | L     | F    | Aimee Welsh            | 8  | MSC NGD   | 01/12/2023 Mpumalanga Championships 2023           |
| 495  | 1:02.26 | L     | F    | Lulu Mosima            | 9  | BULS MAN  | 03/11/2023 Heidedal Welkom Gala                    |
| 496  | 1:02.27 | L     | P    | Kagiso Motuku          | 10 | PGAC EKU  | 07/12/2023 EGA Summer Championships                |
| 497  | 1:02.28 | L     | F    | Leah Spangenberg       | 8  | QUIC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 498  | 1:02.30 | L     | F    | Milan Botha            | 9  | TASC MPD  | 01/12/2023 Limpopo Champs                          |
| 499  | 1:02.36 | L S   | F    | Kano Molefe            | 9  | HREF BP   | 06/12/2023 NWS Championships 2023/24               |
| 500  | 1:02.40 | L     | F    | Carmi Nothnagel        | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 501  | 1:02.44 | L S   | F    | Molly Raphuti          | 8  | HARB BPD  | 06/12/2023 NWS Championships 2023/24               |
| 502  | 1:02.47 | L     | F    | Abigail Lange          | 9  | VINE CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 503  | 1:02.48 | L     | F    | Isabella Du Preez      | 10 | CPREP BUF | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 504  | 1:02.51 | L     | F    | Lakin Leibrandt        | 9  | XSAQ CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 505  | 1:02.54 | L     | F    | Bella Radley           | 8  | NSAD EZD  | 13/10/2023 MP AGE GROUP 2                          |
| 506  | 1:02.61 | L     | F    | Anneske Smith          | 10 | KTS       | 03/02/2024 NCASA SPRINTS 2024                      |
| 507  | 1:02.64 | L S   | F    | Nina Vancoillie        | 9  | QUIC CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 508  | 1:02.71 | L     | F    | Catarina Miquelino     | 7  | CUR EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 509  | 1:02.72 | L     | F    | Noorah Ahmed           | 9  | BLNE MAN  | 02/03/2024 FSA Level 1 2024                        |
| 510  | 1:02.73 | L     | F    | Mia Haddad             | 10 | FAAC      | 11/11/2023 AGE GROUP 1                             |
| 511  | 1:02.77 | L     | F    | Nikola De Villiers     | 8  | TYGE CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 512* | 1:02.78 | L     | F    | Klara Brink            | 9  | AASC EZD  | 20/01/2024 MP AGE GROUP 4 GALA 20 JANUARY          |
| 512* | 1:02.78 | L     | F    | Mirelle Rademeyer      | 9  | PELIC MAN | 27/01/2024 Pelicans Gala 2024                      |
| 514  | 1:02.90 | L     | F    | Minay Boshoff          | 9  | PSC TSH   | 03/11/2023 NTS Level 1+2 November Age Group        |
| 515  | 1:02.93 | L     | F    | Mieke Robertson        | 9  | WRP EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 516* | 1:03.05 | L     | F    | Kara Spies             | 8  | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 516* | 1:03.05 | L     | F    | Thato Maredi           | 8  | LSKP WB   | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 518  | 1:03.06 | L     | F    | Cara Swanepoel         | 8  | LSN EZD   | 13/10/2023 MP AGE GROUP 2                          |
| 519  | 1:03.19 | L S   | F    | Paige Aarninkhof       | 9  | TYGE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 520  | 1:03.32 | L     | F    | Lee-Ann Du Plessis     | 8  | RUSTL BP  | 23/02/2024 NW School Championships 2024            |
| 521  | 1:03.33 | L     | F    | Klara Bruwer           | 10 | SUMW NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 522  | 1:03.34 | L     | F    | Mari Malherbe          | 9  | QSAW CED  | 11/11/2023 Swartland Prestige Gala 2023            |
| 523  | 1:03.47 | L     | F    | Abigail Vermaak        | 8  | KPA EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 524* | 1:03.52 | L     | F    | Richdean De Take       | 10 | KALA      | 24/11/2023 AGE GROUP 2 KATHU 2023                  |
| 524* | 1:03.52 | L     | F    | Kuno Moleme            | 8  | TUKS TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 526  | 1:03.55 | L     | F    | Lila Raubenheimer      | 9  | GILL NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 527  | 1:03.67 | L     | F    | Jana Pienaar           | 10 | NAE EZD   | 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023             |
| 528  | 1:03.68 | L     | F    | Emily Newcombe         | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 529  | 1:03.71 | L     | F    | Cayla Senekal          | 10 | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 530* | 1:03.72 | L     | F    | Leah Bunge             | 10 | BLUO UGD  | 02/12/2023 Stingrays Swim Champs 2023              |
| 530* | 1:03.72 | L     | F    | Bonolo Komape          | 10 | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 532  | 1:03.76 | L     | F    | Alic Van Heerden       | 10 | TYGE CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 533  | 1:03.80 | L     | F    | Melique Jordaan        | 8  | ZASC TSH  | 03/11/2023 NTS Level 1+2 November Age Group        |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                    |    |           |            |   |
|------|---------|-------|------|---------------------------|----|-----------|------------|---|
| 534  | 1:04.01 | L     | F    | Armani Jones              | 8  | XCEL CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 535  | 1:04.06 | L     | F    | Vida - Ani Markgraaff     | 8  | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 536  | 1:04.11 | L     | F    | Lua Van Coller            | 8  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 537  | 1:04.20 | L     | F    | Rainn Hughes              | 8  | PELIC MAN | 21/10/2023 | Otters Prestige Gala 2023               |
| 538  | 1:04.34 | L     | F    | Hazel Oliver              | 9  | BLOT MAN  | 11/11/2023 | Bull Sharks Gala                        |
| 539  | 1:04.35 | L     | F    | Jannah Collen             | 10 | TYGE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 540  | 1:04.37 | L     | P    | Khazimla Gqokoma          | 8  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 541  | 1:04.39 | L     | F    | Hannah Stewart            | 9  | TASC MPD  | 01/12/2023 | Limpopo Champs                          |
| 542  | 1:04.46 | L     | F    | Lilly-Marlene Pete        | 7  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 543  | 1:04.51 | L     | F    | Rachel Thompson           | 10 | DSG NMA   | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 544* | 1:04.52 | L     | F    | Oageng Mmalekutu          | 9  | LEBII BP  | 23/02/2024 | NW School Championships 2024            |
| 544* | 1:04.52 | L     | F    | Iteolaoluwakisi Sogbanmu  | 8  | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 546  | 1:04.55 | L     | F    | Mareli Janse van Rensburg | 7  | BARR CPT  | 21/01/2024 | CTA BMEET 4                             |
| 547  | 1:04.64 | L     | F    | Leiliah Bendeman          | 7  | LSPHA MP  | 27/01/2024 | Limpopo School Champs                   |
| 548  | 1:04.67 | L     | F    | Sophia De Beer            | 10 | QSAW CED  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 549* | 1:04.79 | L     | F    | Annalie Claassen          | 10 | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |
| 549* | 1:04.79 | L     | F    | Nathalie Naude            | 10 | HHPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 551  | 1:04.82 | L     | F    | Linnea Bond               | 8  | ROA EDD   | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 552  | 1:04.97 | L     | F    | Annabelle Fouche          | 8  | KPA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 553  | 1:05.08 | L     | F    | Kiera Damons              | 8  | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 554  | 1:05.12 | L     | F    | Karli Botha               | 8  | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 555  | 1:05.21 | L     | F    | Olivia Schaper            | 9  | OLS BP    | 23/02/2024 | NW School Championships 2024            |
| 556  | 1:05.24 | L     | F    | Raya Singh                | 8  | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 557  | 1:05.34 | L     | F    | Marieke Gab               | 8  | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 558  | 1:05.36 | L     | F    | Ayla Mahlangu             | 9  | NSAD EZD  | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 559  | 1:05.52 | L     | F    | Kamili Kaombwe            | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 560  | 1:05.62 | L     | F    | Miane Momberg             | 10 | BLNE MAN  | 21/10/2023 | Otters Prestige Gala 2023               |
| 561  | 1:05.67 | L     | F    | Loago Mmoloke             | 10 | MCS BP    | 23/02/2024 | NW School Championships 2024            |
| 562* | 1:05.74 | L     | P    | Peyton Connellan          | 7  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 562* | 1:05.74 | L     | F    | Sophie Shaw               | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 564  | 1:05.87 | L     | P    | Sarah Palmer              | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 565  | 1:05.90 | L     | F    | Lynn-Mari Esterhuyse      | 9  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 566* | 1:05.99 | L     | F    | Sisanda Cele              | 9  | FRA KCD   | 27/01/2024 | Ushaka Champs 2024                      |
| 566* | 1:05.99 | L     | F    | Camryn Bolitho            | 9  | SOUL EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 568  | 1:06.10 | L S   | F    | Emily Ross                | 9  | AGAQ OBD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 569  | 1:06.26 | L     | P    | Jamie Guest               | 8  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 570  | 1:06.30 | L     | F    | Maria Ferreira            | 7  | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 571  | 1:06.31 | L     | F    | Roxanne Hautmann          | 10 | RBUR BPD  | 19/01/2024 | NWS Level 1+2 January Age Group 2024    |
| 572  | 1:06.57 | L     | F    | Ane Engels                | 8  | KPA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 573  | 1:06.85 | L     | P    | Emma Swanepoel            | 10 | MPS NGD   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 574  | 1:07.06 | L     | F    | Sofia Daniels             | 8  | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 575  | 1:07.12 | L     | F    | Janeé Noeth               | 8  | KTS       | 03/11/2023 | UPINGTON 2023                           |
| 576  | 1:07.18 | L     | F    | Jone de Bruin             | 8  | FAAC      | 20/01/2024 | AGE GROUP 5 KBY 2024                    |
| 577  | 1:07.37 | L     | F    | Lacey Buitendag           | 8  | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 578* | 1:07.51 | L     | F    | Simoné Vd Bank            | 7  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 578* | 1:07.51 | L     | P    | Iminathi Fezani           | 9  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 580  | 1:07.57 | L     | F    | Milanke Swanepoel         | 9  | FROS TMD  | 18/11/2023 | Valsrivier Gala                         |
| 581  | 1:08.20 | L     | F    | Lia Geldenhuis            | 8  | BULS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 582  | 1:08.24 | L     | F    | Lerisha Theys             | 10 | KSSS JTD  | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 583  | 1:08.29 | L     | F    | Mila Ferns                | 8  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 584  | 1:08.34 | L     | F    | Katrien Van Tonder        | 9  | WOLK MP   | 27/01/2024 | Limpopo School Champs                   |
| 585  | 1:08.36 | L     | F    | Rachel Bennet             | 10 | BHURS BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 586  | 1:08.39 | L     | F    | Olivia Harbron            | 8  | FAAC      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 587  | 1:08.50 | L     | F    | Alani Stevens             | 8  | LSJM SKD  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 588  | 1:08.60 | L     | F    | Amoré Vd Linde            | 8  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 589  | 1:08.71 | L     | F    | Sakeenah Du Toit          | 8  | UWCA CPT  | 21/01/2024 | CTA BMEET 4                             |
| 590  | 1:08.87 | L     | F    | Farron Sincoc             | 8  | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 591  | 1:08.89 | L     | P    | Eela-Beth Pete            | 7  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 592  | 1:09.00 | L     | F    | Zoey Arlow                | 9  | RBOT BPD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time     | P/F/S | Name | Age/Yr                  |    |           |  |
|------|----------|-------|------|-------------------------|----|-----------|--|
| 593  | 1:09.31  | L     | F    | Zanokuhle Luthuli       | 9  | USH KCD   | 27/01/2024 Ushaka Champs 2024                      |
| 594  | 1:09.40  | L     | F    | Naeto Eduzor            | 9  | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 595  | 1:09.45  | L     | F    | Tshepang Malete         | 10 | MATL KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 596  | 1:09.57  | L     | F    | Stefanie Visser         | 9  | LSKP WB   | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 597  | 1:09.80  | L     | F    | Emily Ohlson            | 9  | AQDO CPT  | 17/09/2023 CTA BMEET 3                             |
| 598* | 1:09.84  | L     | F    | Emma Botha              | 10 | AASC EZD  | 20/01/2024 MP AGE GROUP 4 GALA 20 JANUARY          |
| 598* | 1:09.84  | L     | F    | Emily Rawlins           | 9  | CPREP BUF | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 600  | 1:09.94  | L     | F    | Adanje Du Plessis       | 8  | QSAW CED  | 11/11/2023 Swartland Prestige Gala 2023            |
| 601  | 1:09.95  | L     | F    | Jessica Davie           | 9  | SPS BUF   | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 602  | 1:10.02  | L     | F    | Daniella-Mohapi Lebogo  | 10 | TUKS TSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 603  | 1:10.13  | L     | F    | Paige Hirst             | 9  | HREF BP   | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 604  | 1:10.21  | L     | F    | Mieke Jv Vuuren         | 9  | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 605  | 1:10.32  | L     | F    | Bea Koortzen            | 9  | FAAC      | 10/02/2024 AGE GROUP 6 KBY - 2024                  |
| 606  | 1:10.34  | L     | F    | Ananya Thankachen       | 9  | NDLTS EZD | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 607  | 1:10.43  | L     | F    | Bea-Mari Bekker         | 8  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 608  | 1:10.45  | L     | F    | Carli Steenkamp         | 7  | KSSS JTD  | 20/01/2024 AGE GROUP 5 KATHU 2024                  |
| 609  | 1:10.57  | L     | F    | Leah Schultz            | 9  | WBAC CC   | 27/01/2024 Limpopo School Champs                   |
| 610  | 1:10.59  | L     | F    | Abigail Vlok            | 8  | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 611  | 1:10.76  | L     | F    | Nqobile Kakana          | 10 | LEBII BP  | 23/02/2024 NW School Championships 2024            |
| 612  | 1:10.78  | L     | F    | Ava Smith               | 9  | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 613  | 1:10.95  | L     | F    | Chaney Nathan           | 8  | FISH EDD  | 18/11/2023 Eden LC Champs 2023                     |
| 614  | 1:11.01  | L     | F    | Katherine Schutler      | 9  | CPREP BUF | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 615  | 1:11.15  | L     | F    | Bella De Villiers       | 10 | QUIC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 616  | 1:11.42  | L     | F    | Amore Bloem             | 9  | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 617  | 1:11.45  | L     | F    | Alexia Ras              | 8  | QUIC CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 618  | 1:11.47  | L     | F    | Mbalenhle Siwela        | 9  | AWIN TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 619  | 1:11.86  | L     | F    | Johanna Erasmus         | 7  | FROS TMD  | 02/03/2024 FSA Level 1 2024                        |
| 620  | 1:12.03  | L     | F    | Mila De Kock            | 8  | CA EKU    | 28/10/2023 EGA Summer 2 2023                       |
| 621  | 1:12.16  | L     | F    | Orefile Mahume          | 10 | MATL KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 622  | 1:12.48  | L     | F    | Shuma Nkuna             | 10 | LSKP WB   | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 623  | 1:12.55  | L     | F    | Kgosigadi Makatiers     | 7  | RBOT BPD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 624  | 1:12.58  | L     | F    | Chinica De Beer         | 8  | FRA KCD   | 02/12/2023 Stingrays Swim Champs 2023              |
| 625* | 1:12.69  | L     | P    | Onako Rubushe           | 7  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 625* | 1:12.69  | L     | F    | Relebohile Khaoletsa    | 10 | PELIC MAN | 06/12/2023 Free State Champs 2023                  |
| 627  | 1:13.24  | L     | F    | Lily Hattingh           | 8  | AASC EZD  | 02/02/2024 MP AGE GROUP 5 GALA                     |
| 628  | 1:13.72  | L     | F    | Ashery Grobler          | 9  | KTS       | 24/11/2023 AGE GROUP 2 KATHU 2023                  |
| 629  | 1:13.88  | L     | F    | Rone Basson             | 8  | AASC EZD  | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 630  | 1:14.00  | L     | F    | Amelia Hope Deiner      | 7  | MPS NGD   | 20/01/2024 MP AGE GROUP 4 GALA 20 JANUARY          |
| 631  | 1:14.31  | L     | P    | Harper van Dyk          | 8  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 632  | 1:14.47  | L     | F    | Leah Adendorff          | 7  | KALA      | 17/02/2024 KATHU T&S CLUB GALA 2024                |
| 633  | 1:14.66  | L     | F    | Carlyn Spogter          | 8  | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 634  | 1:15.25  | L     | F    | Adelle Luttig           | 10 | UPSK ZMD  | 10/02/2024 AGE GROUP 6 UPT - 2024                  |
| 635  | 1:15.55  | L     | F    | Ané de Wet              | 9  | STGR XRD  | 20/01/2024 AGE GROUP 5 KBY 2024                    |
| 636  | 1:15.75  | L     | F    | India Parr              | 8  | KNYA EDD  | 20/01/2024 EDEN 4th A-League Gala 2024             |
| 637  | 1:16.23  | L     | F    | Le-may Smith            | 9  | DORE JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 638  | 1:16.32  | L     | F    | Mackenzie Rensburg      | 9  | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 639  | 1:16.51  | L     | F    | Emilie Labuschagne      | 8  | WRP EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 640  | 1:16.65  | L     | F    | Jemma October           | 9  | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 641  | 1:16.93  | L     | F    | Chloe Liddle            | 9  | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 642  | 1:17.12  | L     | F    | Eden Ehlers             | 6  | BLSS MAN  | 06/12/2023 Free State Champs 2023                  |
| 643  | 1:17.18  | L     | F    | Lunje Tshiki            | 10 | VIPS NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 644  | 1:17.25  | L     | F    | Zanri van Heerden       | 6  | FAAC      | 01/12/2023 AGE GROUP 3 KBY 2023                    |
| 645  | 1:17.36  | L     | F    | Makanaka Myotcha        | 9  | FRA KCD   | 21/10/2023 Froggies Championships 2023             |
| 646  | 1:17.40  | L     | F    | Anika Fleming           | 7  | KSSS JTD  | 13/01/2024 AGE GROUP 4 KATHU 2024                  |
| 647  | 1:17.93  | L     | F    | Simone Du Plooy         | 9  | DOLF XRD  | 20/01/2024 AGE GROUP 5 KBY 2024                    |
| 648  | 1:18.16  | L     | F    | Eduane Du Plooy         | 9  | DOLF XRD  | 13/01/2024 AGE GROUP 4 KBY 2024                    |
| 649  | 1:18.46  | L     | F    | Karli Wilson            | 9  | KSSS JTD  | 24/11/2023 AGE GROUP 2 KATHU 2023                  |
| 650  | x1:18.69 | L     | F    | Lize-Mari Louw          | 10 | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 651  | 1:18.89  | L     | F    | Reitumetse Thakalekoala | 7  | PELIC MAN | 27/10/2023 Neptune Prestige Gala                   |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                   |    |          |            |   |
|-----|---------|-------|------|--------------------------|----|----------|------------|---|
| 652 | 1:18.99 | L     | F    | Emelia Veaudry           | 8  | HPPS BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 653 | 1:19.20 | L     | F    | Wakwetsima Makhubele     | 10 | AASC EZD | 03/11/2023 | MP AGE GROUP 3 3&4 NOV 2023             |
| 654 | 1:19.84 | L     | F    | Mabohlale Seabela        | 9  | KALA     | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 655 | 1:20.02 | L     | F    | Mikayla Brits            | 9  | LPR EZD  | 13/10/2023 | MP AGE GROUP 2                          |
| 656 | 1:20.83 | L     | F    | Ernestine Rooiland       | 10 | KSSS JTD | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 657 | 1:20.85 | L     | F    | Magdaleen Lombard        | 8  | GREY CPT | 17/02/2024 | Swartland Invitational Gala 2024        |
| 658 | 1:21.70 | L     | F    | Evanya Bender            | 9  | PSA ZLD  | 02/12/2023 | Stingrays Swim Champs 2023              |
| 659 | 1:21.82 | L     | F    | Karli Van der Merwe      | 10 | KSSS JTD | 11/11/2023 | AGE GROUP 1 KATHU                       |
| 660 | 1:22.78 | L     | F    | Ava Cheesian             | 9  | KSSS JTD | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 661 | 1:23.51 | L     | F    | Mia Lessing              | 10 | BETH FDD | 02/03/2024 | FSA Level 1 2024                        |
| 662 | 1:23.58 | L     | F    | Kiara Kent               | 7  | NAE EZD  | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 663 | 1:23.84 | L     | F    | Ansonika Mostert         | 9  | STSC KCD | 02/12/2023 | Stingrays Swim Champs 2023              |
| 664 | 1:25.08 | L     | F    | Misha Goosen             | 10 | KTS      | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 665 | 1:25.14 | L     | F    | Edith Van der Walt       | 10 | KSSS JTD | 11/11/2023 | AGE GROUP 1 KATHU                       |
| 666 | 1:26.35 | L     | F    | Leané Rademeyer          | 7  | KSSS JTD | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 667 | 1:27.02 | L     | F    | Faith Keabetswe Shamboko | 10 | NAE EZD  | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 668 | 1:27.06 | L     | P    | Isabella Davidson        | 8  | SPS BUF  | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 669 | 1:30.92 | L     | F    | Amahle Boya              | 10 | MPS NGD  | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 670 | 1:31.37 | L     | F    | Emke Nöthnagel           | 8  | CASC CPT | 17/02/2024 | Swartland Invitational Gala 2024        |
| 671 | 1:32.47 | L     | F    | Gabrielle Craib          | 8  | CUHE QBD | 11/11/2023 | Swartland Prestige Gala 2023            |
| 672 | 1:33.62 | L     | F    | Luvuyokazi Dlamini       | 10 | FSE KCD  | 02/12/2023 | Stingrays Swim Champs 2023              |
| 673 | 1:34.04 | L     | F    | Karli Jv Nieuwenhuizen   | 7  | LSWBA WB | 27/01/2024 | Limpopo School Champs                   |
| 674 | 1:34.43 | L S   | F    | Layla Moosa              | 8  | KHAY CPT | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 675 | 1:34.53 | L     | F    | Ame Willemse             | 7  | UPSK ZMD | 03/02/2024 | NCASA SPRINTS 2024                      |
| 676 | 1:40.28 | L     | F    | Sandisiwe Boya           | 9  | MPS NGD  | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 677 | 1:50.77 | L     | F    | Thato Mokhosi            | 9  | KSSS JTD | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 678 | 2:06.02 | L     | F    | Tlhabo Moeti             | 9  | KTS      | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 679 | 3:37.08 | L     | F    | Danelle Oppermann        | 8  | KSSS JTD | 27/10/2023 | KALAHARI CLASSIC GALA 2023              |

#### Women 10 & Under 100 Back

|     |         |   |   |                         |    |           |            |   |
|-----|---------|---|---|-------------------------|----|-----------|------------|---|
| 1   | 1:19.38 | L | F | Kasey De Bruyn          | 10 | TUKS FSH  | 20/03/2024 | SA Level 3 Regional Age Group           |
| 2   | 1:25.44 | L | F | Alexi Claassen          | 10 | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 3   | 1:28.50 | L | P | Demi Vorster            | 10 | TUKS FSH  | 20/03/2024 | SA Level 3 Regional Age Group           |
| 4   | 1:29.53 | L | F | Sophie Chiang           | 10 | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 5   | 1:29.95 | L | P | Hannah Raphaela Morgado | 10 | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 6   | 1:30.65 | L | F | Lize Beyers             | 10 | AGAQ QBD  | 10/02/2024 | WCA-B Champs - 2024                     |
| 7   | 1:30.96 | L | F | Skye Taute              | 9  | POTC KKD  | 06/12/2023 | NWS Championships 2023/24               |
| 8   | 1:30.97 | L | P | Bria Ahmed              | 10 | SAAW CPT  | 14/12/2023 | Western Cape LC-A Championship 2023     |
| 9   | 1:31.27 | L | F | Cayden Parfitt          | 10 | CASC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 10  | 1:31.60 | L | F | Keyla Douglas           | 10 | EDA ED    | 13/01/2024 | BCA Inter-District Championship Gala    |
| 11  | 1:31.68 | L | P | Annebelle Botha         | 10 | PER JHB   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 12  | 1:31.79 | L | F | Courtney Grant          | 10 | WSTV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 13  | 1:31.83 | L | F | Mackenzi Dart           | 10 | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 14  | 1:32.05 | L | P | Mila Geldenhuys         | 10 | ACAQ CCD  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 15  | 1:32.34 | L | P | Lisa Le Roux            | 10 | BLOT MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 16  | 1:32.64 | L | P | Emma-lee Claassen       | 9  | TKS WBD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 17  | 1:32.74 | L | F | Leah Dabrowski          | 10 | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 18  | 1:33.18 | L | F | Hayley Greyvenstein     | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 19  | 1:33.61 | L | F | Paige Davies            | 10 | KLOO ETH  | 21/01/2024 | EDA Age Group Gala 5 2024               |
| 20  | 1:33.77 | L | P | Berre Sun               | 9  | MDOL JHB  | 30/11/2023 | CGA Championships 2023                  |
| 21* | 1:33.96 | L | F | Simone Zoutendyk        | 10 | VASTR BP  | 23/02/2024 | NW School Championships 2024            |
| 21* | 1:33.96 | L | F | Olivia Normington       | 10 | XCEL CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 23  | 1:34.10 | L | F | Arianne Bac             | 9  | TUKS FSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 24  | 1:34.44 | L | F | Kaylie Van der Linde    | 10 | SEALI HLD | 24/11/2023 | Westville-Seals LC Championships        |
| 25  | 1:34.45 | L | F | Marli Strydom           | 10 | QUIC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 26  | 1:34.55 | L | P | Mia Kunzler             | 9  | KLOO ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 27  | 1:34.69 | L | F | Sarah Mann              | 10 | CA EKU    | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 28  | 1:34.88 | L | F | Cayleigh Knott          | 10 | ASAC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 29  | 1:35.14 | L | P | Carli Stoop             | 10 | COMS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 30  | 1:35.28 | L | F | Lexie Carstens          | 10 | TUKS FSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                |    |       |     |            |   |
|-----|---------|-------|------|-----------------------|----|-------|-----|------------|---|
| 31  | 1:35.35 | L     | P    | Lefei Li              | 10 | WATR  | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 32  | 1:35.50 | L     | P    | Layla Palframan       | 10 | SEAL  | UMD | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 33  | 1:36.51 | L     | F    | Mia Thompson          | 9  | BEST  | NMA | 15/12/2023 | NMBA Championships 2023                 |
| 34  | 1:37.23 | L     | F    | Morgan Baard          | 10 | FISH  | EDD | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 35* | 1:37.28 | L     | F    | Kaylee Vd Wal         | 10 | CASC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 35* | 1:37.28 | L     | P    | Holly Noble           | 10 | ESP   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 37* | 1:37.45 | L     | F    | Kyra Du Preez         | 10 | USC   | BUF | 15/12/2023 | NMBA Championships 2023                 |
| 37* | 1:37.45 | L     | F    | Haley Pieterse        | 9  | INFA  | NMA | 09/02/2024 | Infinity Gala 2024                      |
| 39  | 1:37.50 | L     | F    | Avah Smit             | 9  | LSKP  | WB  | 27/01/2024 | Limpopo School Champs                   |
| 40  | 1:37.66 | L     | F    | Mila Nel              | 10 | TUKS  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 41  | 1:37.72 | L     | P    | Emma Roets            | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 42  | 1:37.80 | L     | P    | Kyla Coetzee          | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 43  | 1:37.91 | L     | P    | Ashleigh Goosen       | 9  | UNI   | EZD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 44  | 1:37.96 | L     | P    | Morgan Burstein       | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 45  | 1:38.29 | L     | F    | Olivia Odendaal       | 10 | HPS   | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 46  | 1:38.30 | L     | F    | Holly Couzens         | 10 | SGUL  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 47  | 1:38.33 | L     | F    | Saskia Gilligan       | 10 | BLMA  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 48  | 1:38.67 | L     | F    | Shalom Mtileni        | 10 | UNI   | EZD | 02/02/2024 | MP AGE GROUP 5 GALA                     |
| 49  | 1:38.70 | L     | F    | Jane Tredoux          | 10 | BLNE  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 50  | 1:38.83 | L     | F    | Lizanté Bam           | 10 | BLSS  | MAN | 02/03/2024 | FSA Level 1 2024                        |
| 51  | 1:38.92 | L     | F    | Sophia Abrams         | 9  | USC   | BUF | 15/12/2023 | NMBA Championships 2023                 |
| 52  | 1:39.16 | L     | F    | Annabelle Van Onselen | 9  | TYGE  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 53  | 1:39.17 | L     | F    | Isabel Helberg        | 10 | MDOL  | JHB | 12/01/2024 | 2024 Grand Prix Invitation Swimming     |
| 54  | 1:39.20 | L     | F    | Emily Van Der Byl     | 10 | USC   | BUF | 15/12/2023 | NMBA Championships 2023                 |
| 55  | 1:39.24 | L     | F    | Ella Johnson          | 10 | SAAW  | CPT | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 56  | 1:39.61 | L     | P    | Colleen McQueen       | 10 | BLSS  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 57  | 1:39.69 | L     | P    | Catherine Couch       | 10 | QUES  | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 58  | 1:40.14 | L     | F    | Leah Schemel          | 10 | HARL  | BUF | 24/11/2023 | BCA Long Course Championships 2023      |
| 59  | 1:40.31 | L     | F    | Maya Schenck          | 10 | TYGE  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 60  | 1:40.63 | L     | F    | Z'Ney Piechaczek      | 9  | BLOT  | MAN | 06/12/2023 | Free State Champs 2023                  |
| 61  | 1:40.66 | L     | P    | Chelsey Crossman      | 10 | BLSS  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 62  | 1:40.70 | L     | F    | Mariane Labuschagne   | 10 | FISH  | EDD | 10/02/2024 | WCA-B Champs - 2024                     |
| 63  | 1:41.03 | L     | P    | Charme Van Niekerk    | 9  | DOLFI | MPD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 64  | 1:41.07 | L     | F    | Kailah Nel            | 10 | BLSS  | MAN | 02/03/2024 | FSA Level 1 2024                        |
| 65  | 1:41.49 | L     | P    | Diante Bothma         | 10 | CSA   | EZD | 01/12/2023 | Mpumalanga Championships 2023           |
| 66  | 1:41.56 | L     | F    | Yamakhuze Loni        | 10 | INFA  | NMA | 09/02/2024 | Infinity Gala 2024                      |
| 67  | 1:41.57 | L     | F    | Gabriella Scott       | 10 | TUKS  | FSH | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 68  | 1:41.69 | L     | F    | Annabelle Ras         | 10 | QUIC  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 69  | 1:41.85 | L     | F    | Mika Ferreira         | 10 | ZASC  | FSH | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 70  | 1:41.88 | L     | F    | Morgan Thyssen        | 9  | USC   | BUF | 15/12/2023 | NMBA Championships 2023                 |
| 71  | 1:41.90 | L     | F    | Erin Shekel           | 10 | CYBE  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 72  | 1:42.17 | L     | F    | Pia Swanepoel         | 10 | ASAC  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 73  | 1:42.19 | L     | F    | Anika Nel             | 9  | EXP   | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 74  | 1:42.25 | L     | F    | Mackenzie Spencer     | 9  | TRAZ  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 75  | 1:42.27 | L     | F    | Miane Steyn           | 10 | LEGC  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 76  | 1:42.47 | L     | P    | Thalia Breedt         | 10 | KSC   | EZD | 01/12/2023 | Mpumalanga Championships 2023           |
| 77  | 1:42.60 | L     | F    | Zara Komani           | 10 | WATR  | JHB | 24/02/2024 | CGA Level 2+ Last Chance Gala 24 Feb    |
| 78  | 1:42.64 | L     | F    | Elle-Anne Roper       | 9  | WSS   | LLD | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 79  | 1:42.67 | L     | F    | Emma Vorster          | 10 | HPS   | FSH | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 80  | 1:42.68 | L     | F    | Siphosethu Sikhakhane | 10 | AZON  | ETH | 24/11/2023 | Westville-Seals LC Championships        |
| 81  | 1:42.72 | L     | F    | Grace Hoar            | 9  | KLOO  | ETH | 24/11/2023 | Westville-Seals LC Championships        |
| 82  | 1:42.81 | L     | F    | Danica Grant          | 10 | SOUL  | EKU | 15/09/2023 | EGA Summer 1                            |
| 83  | 1:42.85 | L     | F    | Jaime-Lynn Vermeulen  | 10 | HARL  | BUF | 24/11/2023 | BCA Long Course Championships 2023      |
| 84  | 1:43.54 | L     | F    | Lily Van Zyl          | 10 | TYGE  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 85  | 1:43.66 | L     | P    | Tiisetso Makhatho     | 10 | ESP   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 86  | 1:43.81 | L     | F    | Lianka Spies          | 10 | GHS   | BP  | 23/02/2024 | NW School Championships 2024            |
| 87  | 1:43.84 | L     | F    | Emma McClure          | 10 | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 88  | 1:44.01 | L     | F    | Leané Bruwer          | 10 | SWAR  | WCD | 17/02/2024 | Swartland Invitational Gala 2024        |
| 89  | 1:44.04 | L     | F    | Shaylee Scheffer      | 10 | GREY  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                |    |           |  |
|------|---------|-------|------|-----------------------|----|-----------|--|
| 90   | 1:44.09 | L     | P    | Peta De Souza         | 9  | EXP TSH   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 91   | 1:44.24 | L     | F    | Addison Pitout        | 9  | ASAC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 92   | 1:44.25 | L     | P    | Chelsey Witney        | 10 | PGAC ECU  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 93   | 1:44.26 | L     | F    | Mia Du Preez          | 10 | BLNE MAN  | 24/06/2023 PEA Winter Gala 2023                    |
| 94   | 1:44.31 | L     | F    | Kayden Jack           | 10 | PER JHB   | 24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb    |
| 95   | 1:44.45 | L     | F    | Peyton Strydom        | 9  | TUKS TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 96   | 1:44.59 | L     | P    | Dominique Du Plessis  | 9  | HPS TSH   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 97   | 1:44.70 | L     | F    | SCARLETT MAC DONALD   | 8  | ROA EDD   | 09/02/2024 Infinity Gala 2024                      |
| 98   | 1:44.72 | L     | P    | Marli Nel             | 9  | TUKS TSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 99   | 1:44.88 | L     | P    | Amy-Lee Wood          | 10 | TCA ECU   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 100  | 1:45.00 | L     | F    | Meziana Hammouche     | 10 | MAKO ECU  | 26/01/2024 EGA Last Chance 2024                    |
| 101  | 1:45.12 | L     | P    | Lisa Kotzé            | 9  | POTC KKD  | 06/12/2023 NWS Championships 2023/24               |
| 102  | 1:45.15 | L     | P    | Ditebogo Pheeha       | 10 | ACAQ CCD  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 103  | 1:45.35 | L     | F    | Daniella Louw         | 10 | FAAC      | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 104  | 1:45.49 | L     | P    | Vida Olivier          | 10 | BLNE MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 105  | 1:45.58 | L     | F    | Nina Groenewald       | 9  | KTS       | 03/02/2024 NCASA SPRINTS 2024                      |
| 106  | 1:45.81 | L     | P    | Zeney De Beer         | 10 | CSA EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 107  | 1:45.92 | L     | F    | Bianca Van Jaarsveld  | 10 | TYGE CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 108  | 1:45.94 | L     | F    | Jeanine Goosen        | 10 | BLNE MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 109  | 1:45.98 | L     | F    | Vinelle Moss          | 10 | HHPS NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 110  | 1:46.15 | L     | F    | Jana Hiestermann      | 9  | DDA TSH   | 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 111  | 1:46.25 | L     | F    | Isabella Liberty      | 10 | GREY CPT  | 17/09/2023 CTA BMEET 3                             |
| 112  | 1:46.30 | L     | F    | Myra Bailey           | 10 | HASC JHB  | 20/01/2024 CGA Level 2+ Gala 20 Jan 2024           |
| 113  | 1:46.37 | L     | F    | Paige Van Breda       | 9  | TCA ECU   | 02/03/2024 AG Level 1 Regional Age Group           |
| 114  | 1:46.38 | L     | F    | Charlize Tröger       | 10 | LSPHA MP  | 27/01/2024 Limpopo School Champs                   |
| 115  | 1:46.73 | L     | F    | Elmine Opperman       | 10 | KTS       | 03/02/2024 NCASA SPRINTS 2024                      |
| 116  | 1:46.78 | L     | P    | Leah Vos              | 10 | CSA EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 117  | 1:46.79 | L     | F    | Ashley Du Randt       | 10 | TYGE CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 118  | 1:46.83 | L     | F    | Ava Forsythe          | 8  | INFA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 119  | 1:47.02 | L     | F    | Miané Prinsloo        | 10 | LPTBO CCD | 27/01/2024 Limpopo School Champs                   |
| 120  | 1:47.16 | L     | F    | Alexa Kuhn            | 10 | CASC CPT  | 21/01/2024 CTA BMEET 4                             |
| 121  | 1:47.39 | L     | P    | Murunwa Thidiela      | 10 | BON ECU   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 122  | 1:47.47 | L     | F    | Sarah Ferreira        | 9  | PER JHB   | 02/03/2024 AG Level 1 Regional Age Group           |
| 123* | 1:47.64 | L     | F    | Cassidy Christensen   | 9  | ACSA ETH  | 21/01/2024 EDA Age Group Gala 5 2024               |
| 123* | 1:47.64 | L     | F    | Kayline Cronje        | 9  | JAQ ECU   | 02/03/2024 AG Level 1 Regional Age Group           |
| 125  | 1:47.71 | L     | F    | Ivy Wilkins           | 9  | HPS TSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 126  | 1:47.81 | L     | F    | Emma Swanepoel        | 10 | CLSC WCD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 127  | 1:47.82 | L     | F    | Dané Combrinck        | 10 | TUKS TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 128* | 1:47.99 | L     | F    | Jane Barnard          | 9  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 128* | 1:47.99 | L     | F    | Reabetswe Tau         | 9  | PER JHB   | 02/03/2024 AG Level 1 Regional Age Group           |
| 130  | 1:48.23 | L     | F    | Inge Jv Vuuren        | 10 | LSTZN CCD | 27/01/2024 Limpopo School Champs                   |
| 131  | 1:48.46 | L     | F    | Alyx Cupido           | 8  | BLNE MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 132  | 1:48.49 | L     | F    | Leah Liebenberg       | 9  | TYGE CPT  | 21/01/2024 CTA BMEET 4                             |
| 133  | 1:48.73 | L     | F    | Lea Noble             | 10 | BLMA CPT  | 21/01/2024 CTA BMEET 4                             |
| 134  | 1:48.78 | L S   | F    | Psalm Oswald          | 9  | ESP ECU   | 07/12/2023 EGA Summer Championships                |
| 135  | 1:48.93 | L     | F    | Libe Fouche           | 10 | LALE CED  | 11/11/2023 Winelands SL4                           |
| 136  | 1:49.12 | L     | F    | Amelie Piater         | 9  | ELRAS WBD | 01/12/2023 Limpopo Champs                          |
| 137  | 1:49.16 | L     | F    | Hannah Stearn         | 10 | COLJ NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 138  | 1:49.22 | L     | P    | Mieke Drenth          | 9  | AWIN TSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 139  | 1:49.27 | L     | F    | Anniqwe Bester        | 10 | AGAQ QBD  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 140  | 1:49.54 | L     | F    | Anashe Nhando         | 10 | AFIN JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 141  | 1:49.63 | L     | F    | Zayb Christians       | 9  | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 142  | 1:49.70 | L     | F    | Veronique Coetzee     | 9  | JAQ ECU   | 11/11/2023 EGA Summer 3                            |
| 143  | 1:49.82 | L     | F    | Livia Exner           | 10 | QUIC CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 144  | 1:49.88 | L     | F    | Thendo Nemakanga      | 9  | AAS JHB   | 02/03/2024 AG Level 1 Regional Age Group           |
| 145  | 1:49.91 | L     | F    | Mia Mostert           | 10 | AWIN TSH  | 29/09/2023 2023 OR Tambo Trials & NTS Oct AG       |
| 146  | 1:49.96 | L     | F    | Marizel Prinsloo      | 10 | BS LLD    | 02/03/2024 FSA Level 1 2024                        |
| 147  | 1:49.98 | L     | P    | Tlotlotsame Makatiers | 10 | RBOT BPD  | 06/12/2023 NWS Championships 2023/24               |
| 148  | 1:50.27 | L     | F    | Jessica Francis       | 9  | SEAL UMD  | 24/11/2023 Westville-Seals LC Championships        |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr              |    |           |  |
|------|---------|-------|------|---------------------|----|-----------|--|
| 149  | 1:50.40 | L     | F    | Mia Oosthuizen      | 10 | PAC FSH   | 16/02/2024 NTS February Open Age Group 2024        |
| 150  | 1:50.43 | L     | F    | Kenzie Du Preez     | 10 | PRIO NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 151  | 1:50.51 | L     | F    | Anna Charlton       | 10 | TRAZ FSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 152  | 1:50.77 | L     | P    | Kamila Mohapi       | 10 | ESTR EKV  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 153  | 1:50.91 | L     | F    | Adrienne Meiring    | 10 | PEAS NMA  | 24/06/2023 PEA Winter Gala 2023                    |
| 154  | 1:51.13 | L     | F    | Skyler Muller       | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 155  | 1:51.17 | L     | F    | Nduvho Rabambi      | 10 | BULS MAN  | 06/12/2023 Free State Champs 2023                  |
| 156  | 1:51.45 | L     | F    | Khera Murray        | 10 | H2O EKV   | 26/01/2024 EGA Last Chance 2024                    |
| 157  | 1:51.51 | L     | F    | Chloé Scott         | 8  | TUKS FSH  | 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 158  | 1:51.53 | L     | F    | Karin Gericke       | 9  | CASC CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 159  | 1:51.74 | L     | F    | Caitlin Lombard     | 10 | HARL BUF  | 24/11/2023 BCA Long Course Championships 2023      |
| 160* | 1:51.85 | L     | F    | Elmare Naude        | 9  | DESA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 160* | 1:51.85 | L     | F    | Meandri Vorster     | 9  | TUKS FSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 162  | 1:51.86 | L     | F    | Ané Venter          | 10 | FISH EDD  | 04/11/2023 EDEN 3rd A-League School Trials Gala    |
| 163  | 1:52.48 | L     | F    | Puleng Masemene     | 10 | ELEC FSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 164  | 1:52.49 | L     | F    | Otille Molamu       | 10 | TUKS FSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 165  | 1:52.56 | L     | F    | Sabrina Madondo     | 10 | AAS JHB   | 02/03/2024 AG Level 1 Regional Age Group           |
| 166  | 1:52.58 | L     | F    | Kirsti Davids       | 10 | GREY CPT  | 21/01/2024 CTA BMEET 4                             |
| 167  | 1:52.61 | L     | P    | Luze Potgieter      | 10 | PAC FSH   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 168  | 1:52.77 | L     | F    | Kirei Burgess       | 8  | CA EKV    | 15/09/2023 EGA Summer 1                            |
| 169  | 1:52.84 | L     | F    | Riaze Haynes        | 9  | RFA FSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 170  | 1:52.89 | L     | F    | Anke Van den Berg   | 9  | CSC FSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 171  | 1:52.96 | L     | F    | Molly Wang          | 9  | OHAN ILD  | 27/01/2024 Ushaka Champs 2024                      |
| 172  | 1:53.03 | L     | F    | Rachael McMaster    | 9  | HARL BUF  | 24/06/2023 PEA Winter Gala 2023                    |
| 173  | 1:53.10 | L     | F    | Christine Kruger    | 10 | BLSS MAN  | 06/12/2023 Free State Champs 2023                  |
| 174  | 1:53.15 | L     | F    | Marlien Nell        | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 175  | 1:53.40 | L     | F    | Helana Pretorius    | 10 | SWAR WCD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 176  | 1:53.69 | L     | P    | Danelle Louw        | 10 | BULS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 177  | 1:54.26 | L     | F    | Katarina Stojanovic | 9  | RFA FSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 178  | 1:54.35 | L     | F    | Henriette Odendaal  | 8  | QUIC CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 179  | 1:54.36 | L     | F    | Wendy Modiba        | 10 | POLSC CCD | 01/12/2023 Limpopo Champs                          |
| 180  | 1:54.46 | L     | P    | Mariandi Bredenkamp | 10 | BS LLD    | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 181  | 1:54.53 | L     | F    | Zoë Selesho         | 10 | TUKS FSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 182  | 1:54.66 | L     | F    | Emma Marx           | 9  | NAE EZD   | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 183  | 1:54.72 | L     | F    | Milea Louw          | 10 | TYGE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 184  | 1:54.77 | L     | F    | Natalie Brown       | 10 | MATL KKD  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 185  | 1:54.97 | L     | F    | Mambay Banza        | 10 | UNI EZD   | 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023             |
| 186  | 1:54.99 | L     | F    | Lusanele Qusheka    | 10 | BEST NMA  | 21/10/2023 4th A League Gala 2023                  |
| 187  | 1:55.04 | L     | F    | Isabelle de Beer    | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 188  | 1:55.19 | L     | F    | Mieke Koekemoer     | 9  | QUIC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 189  | 1:55.29 | L     | F    | Amy Masterson       | 10 | INFA NMA  | 21/10/2023 4th A League Gala 2023                  |
| 190  | 1:55.30 | L     | F    | Mieke Labuschagne   | 8  | GREY CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 191  | 1:55.36 | L     | F    | Etti Van Niekerk    | 10 | CSA EZD   | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 192  | 1:55.38 | L     | F    | Hayley Liedeman     | 10 | SWAR WCD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 193  | 1:55.40 | L     | P    | Paige Plumb         | 8  | CSA EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 194  | 1:55.73 | L     | F    | Beatrisa Kotklier   | 10 | CYBE CPT  | 21/01/2024 CTA BMEET 4                             |
| 195  | 1:55.85 | L     | F    | Holly Miles         | 9  | HARL BUF  | 24/11/2023 BCA Long Course Championships 2023      |
| 196  | 1:56.03 | L     | F    | Isabella Purdon     | 10 | SWIM1 JHB | 02/03/2024 AG Level 1 Regional Age Group           |
| 197  | 1:56.18 | L     | F    | Emma Gutsche        | 10 | POLSC CCD | 01/12/2023 Limpopo Champs                          |
| 198  | 1:56.39 | L     | F    | Mamoso Ramokgopa    | 10 | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 199  | 1:56.54 | L     | F    | Marné Truter        | 10 | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 200  | 1:56.70 | L     | F    | Kelsey Markgraaff   | 9  | TUKS FSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 201* | 1:56.72 | L     | F    | Cato" Erasmus       | 10 | UNAT      | 02/03/2024 FSA Level 1 2024                        |
| 201* | 1:56.72 | L     | F    | Amelie Theron       | 9  | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 203  | 1:56.92 | L     | F    | Yu Xi Jin           | 10 | TYGE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 204  | 1:56.95 | L S   | F    | Amelia-Rose Geldart | 9  | ESP EKV   | 07/12/2023 EGA Summer Championships                |
| 205  | 1:57.02 | L     | F    | Rorisang Lempe      | 9  | MAKO EKV  | 02/03/2024 AG Level 1 Regional Age Group           |
| 206  | 1:57.08 | L     | F    | Mine' Kirstein      | 10 | PAC FSH   | 16/02/2024 NTS February Open Age Group 2024        |
| 207  | 1:57.20 | L     | F    | Emma Ranger         | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |



### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                  |    |           |  |
|------|---------|-------|------|-------------------------|----|-----------|--|
| 208  | 1:57.30 | L     | F    | Janina Badenhorst       | 9  | HREF BP   | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 209  | 1:57.32 | L     | F    | Rachel Johnson          | 10 | BARA EKU  | 02/03/2024 AG Level 1 Regional Age Group           |
| 210  | 1:57.37 | L     | F    | Miane Kruger            | 9  | MATL KKD  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 211  | 1:57.49 | L     | F    | Mia De Lange            | 10 | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 212  | 1:57.59 | L S   | P    | Vania Martin            | 10 | SOUL EKU  | 07/12/2023 EGA Summer Championships                |
| 213  | 1:57.89 | L     | F    | Olivia Plowman          | 9  | SGUL ETH  | 24/11/2023 Westville-Seals LC Championships        |
| 214  | 1:58.23 | L S   | F    | Olivia Wood             | 10 | BARA EKU  | 07/12/2023 EGA Summer Championships                |
| 215  | 1:58.28 | L     | F    | Tshegofatso Le Roux     | 10 | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 216  | 1:58.48 | L     | P    | Anje Adendorff          | 9  | KALA      | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 217  | 1:58.50 | L     | F    | Qhama-Qhamisa Gonya     | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 218  | 1:58.89 | L     | F    | Pradhia Singh           | 10 | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 219  | 1:59.01 | L     | F    | Isla Conradie           | 10 | SAAW CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 220  | 1:59.03 | L     | F    | Isabelle Oliphant       | 9  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 221  | 1:59.10 | L     | F    | Elbe van Zyl            | 9  | BLNE MAN  | 02/03/2024 FSA Level 1 2024                        |
| 222  | 1:59.24 | L     | F    | Eva Coates              | 8  | FISH EDD  | 12/08/2023 Madibaz Swim Meet 2023                  |
| 223  | 1:59.67 | L     | F    | Ava Du Preez            | 10 | BEAV ETH  | 24/11/2023 Westville-Seals LC Championships        |
| 224  | 1:59.71 | L     | F    | Jessica Treeby          | 9  | AWIN TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 225  | 1:59.85 | L     | F    | Emily Rushin            | 8  | HURA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 226* | 2:00.15 | L     | F    | Kaleigh Henning         | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 226* | 2:00.15 | L     | F    | Nika Loots              | 10 | PELIC MAN | 02/03/2024 FSA Level 1 2024                        |
| 228  | 2:00.17 | L     | F    | Carli Marais            | 10 | KNYA EDD  | 18/11/2023 Eden LC Champs 2023                     |
| 229  | 2:00.30 | L     | F    | Tabea Greyling          | 10 | RFA TSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 230  | 2:00.87 | L     | F    | Rouxvé Henn             | 8  | ZASC TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 231  | 2:00.88 | L     | F    | Leanke Loots            | 10 | KNYA EDD  | 17/02/2024 EDEN 5th A-League Gala 2024             |
| 232  | 2:01.22 | L     | F    | Alexia Botha            | 10 | KALA      | 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023            |
| 233  | 2:01.28 | L     | F    | Isabella Van Breda      | 10 | NWUC KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 234  | 2:01.60 | L     | F    | Alyssa Bosch            | 10 | BARR CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 235  | 2:01.79 | L     | F    | Emma Strydom            | 9  | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 236  | 2:01.85 | L     | F    | Lienke Jv Nieuwenhuizen | 10 | LSWBA WB  | 27/01/2024 Limpopo School Champs                   |
| 237  | 2:02.09 | L     | F    | Michaela Kröger         | 10 | BARR CPT  | 21/01/2024 CTA BMEET 4                             |
| 238  | 2:02.22 | L     | P    | Belissa Shabangu        | 7  | UNI EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 239  | 2:02.36 | L     | P    | Amice Seaman            | 8  | UNI EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 240  | 2:02.37 | L S   | F    | Milana Kyriakides       | 9  | SOUL EKU  | 07/12/2023 EGA Summer Championships                |
| 241  | 2:02.84 | L     | F    | Mileah Fourie           | 9  | FRA KCD   | 27/01/2024 Ushaka Champs 2024                      |
| 242  | 2:02.86 | L     | F    | Gabriella Loucao        | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 243  | 2:02.93 | L     | F    | Leandri Puth            | 9  | LSB BP    | 23/02/2024 NW School Championships 2024            |
| 244  | 2:03.03 | L     | F    | Jinxuan Li              | 9  | TYGE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 245  | 2:03.16 | L     | F    | Jo Anne Schutte         | 9  | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 246  | 2:03.18 | L     | F    | Jaed Beaton             | 10 | PEAS NMA  | 24/06/2023 PEA Winter Gala 2023                    |
| 247  | 2:03.20 | L     | F    | Kgothatso Raphadu       | 9  | TUKS TSH  | 02/02/2024 NTS Level 1+2 February Age Group        |
| 248  | 2:03.21 | L     | F    | Kayla Coetzee           | 10 | VALS FDD  | 18/11/2023 Valsrivier Gala                         |
| 249  | 2:03.86 | L     | F    | Amorick Jacobs          | 10 | KTS       | 24/11/2023 AGE GROUP 2 KATHU 2023                  |
| 250  | 2:04.55 | L     | F    | Caitlyn Schaper         | 9  | OLS BP    | 23/02/2024 NW School Championships 2024            |
| 251  | 2:04.61 | L     | F    | Leah Verdon             | 10 | INFA NMA  | 12/08/2023 Madibaz Swim Meet 2023                  |
| 252  | 2:04.63 | L     | F    | Jaunté Duvenage         | 10 | ACAQ CCD  | 01/12/2023 Limpopo Champs                          |
| 253  | 2:04.69 | L     | F    | Mihanka vd Bank         | 10 | CUHE OBD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 254  | 2:04.74 | L S   | P    | Emily Bestbier          | 10 | BON EKU   | 07/12/2023 EGA Summer Championships                |
| 255  | 2:04.77 | L     | F    | Tshegofatso Kwadjo      | 10 | TUKS TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 256  | 2:05.14 | L     | F    | Livia Venter            | 8  | LEUPH WB  | 27/01/2024 Limpopo School Champs                   |
| 257  | 2:05.32 | L     | F    | Kgadi Mamaila           | 10 | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 258  | 2:05.43 | L     | F    | Mikayla Hanneman        | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 259  | 2:05.75 | L     | F    | Nicole Eleftheriou      | 8  | HARL BUF  | 10/02/2024 BCA Feb Age Group Gala 2024             |
| 260  | 2:05.86 | L     | F    | Georgia Carls           | 9  | KTS       | 03/02/2024 NCASA SPRINTS 2024                      |
| 261  | 2:05.89 | L     | F    | Emma-Kate McCallum      | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 262  | 2:05.91 | L     | F    | Sarah-Faye Lubbe        | 8  | KALA      | 13/01/2024 AGE GROUP 4 KATHU 2024                  |
| 263  | 2:05.99 | L     | F    | Kuno Moleme             | 8  | TUKS TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 264  | 2:06.09 | L     | F    | Cari van der Merwe      | 9  | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 265  | 2:06.41 | L     | F    | Janah Louw              | 9  | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 266  | 2:07.22 | L     | F    | Abigail Snyman          | 10 | SS MPD    | 01/12/2023 Limpopo Champs                          |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time    | P/F/S | Name | Age/Yr                 |    |           |            |   |
|-----|---------|-------|------|------------------------|----|-----------|------------|---|
| 267 | 2:07.25 | L     | F    | Yandzisa Sambo         | 8  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 268 | 2:07.45 | L S   | F    | Maya Chelin            | 10 | H2O EKU   | 07/12/2023 | EGA Summer Championships                |
| 269 | 2:07.85 | L     | F    | Li-Mare Olivier        | 9  | FAAC      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 270 | 2:07.93 | L     | F    | Adison Gericke         | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 271 | 2:08.08 | L     | F    | Ellie van der Mescht   | 8  | DESA NMA  | 21/10/2023 | 4th A League Gala 2023                  |
| 272 | 2:08.46 | L     | F    | Anchen Schoeman        | 10 | BS LLD    | 02/03/2024 | FSA Level 1 2024                        |
| 273 | 2:08.64 | L     | F    | Lehanri Cronje         | 10 | NSAD EZD  | 02/02/2024 | MP AGE GROUP 5 GALA                     |
| 274 | 2:09.19 | L     | F    | Lenice Lange           | 10 | TKS WBD   | 01/12/2023 | Limpopo Champs                          |
| 275 | 2:09.48 | L     | F    | Raya Singh             | 8  | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 276 | 2:09.59 | L     | F    | Olivia Rossouw         | 8  | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |
| 277 | 2:09.97 | L     | F    | Yi-han Huang           | 9  | BLMA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 278 | 2:10.72 | L     | F    | Happy Raphuti          | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 279 | 2:11.06 | L     | F    | Linnea Bond            | 8  | ROA EDD   | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 280 | 2:11.37 | L     | P    | Mia du Plessis         | 10 | RBOT BPD  | 06/12/2023 | NWS Championships 2023/24               |
| 281 | 2:11.66 | L     | F    | Ntwanano Chauke        | 8  | DORE JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 282 | 2:12.45 | L     | F    | Iva Theron             | 10 | MCS BP    | 23/02/2024 | NW School Championships 2024            |
| 283 | 2:12.49 | L     | F    | Karlienke Ras          | 9  | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 284 | 2:12.62 | L     | F    | Danille De Jager       | 10 | OLDE JHB  | 27/01/2024 | CGA Level 2+ Gala 27 Jan 2024           |
| 285 | 2:12.92 | L     | F    | Amy Dick               | 9  | HURA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 286 | 2:13.14 | L     | F    | Sofia Grebe            | 8  | CUHE OBD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 287 | 2:13.23 | L     | F    | Tenè Venter            | 10 | BLSS MAN  | 24/06/2023 | PEA Winter Gala 2023                    |
| 288 | 2:13.70 | L     | F    | Mishanie Van Jaarsveld | 9  | UPSK ZMD  | 11/11/2023 | AGE GROUP 1 UPT                         |
| 289 | 2:13.99 | L     | F    | Yolla Mario            | 8  | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 290 | 2:14.49 | L     | F    | Karli Botha            | 8  | KALA      | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 291 | 2:14.60 | L     | F    | Sophia Lemmer          | 9  | HARL BUF  | 01/12/2023 | ECA Long Course Championships 2023      |
| 292 | 2:14.62 | L     | F    | Abigail Lange          | 9  | VINE CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 293 | 2:15.24 | L     | F    | Elzaan Kieck           | 9  | AWIN TSH  | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG       |
| 294 | 2:15.60 | L     | F    | Kagiso Motuku          | 10 | PGAC EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 295 | 2:15.81 | L     | F    | Abigail Clay           | 9  | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 296 | 2:16.73 | L     | F    | Omphile Mahlohela      | 10 | TPS BPD   | 23/02/2024 | NW School Championships 2024            |
| 297 | 2:16.94 | L     | F    | Milan Genis            | 10 | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 298 | 2:17.09 | L     | F    | Nolitha Luhabe         | 9  | SWIFT EKU | 02/03/2024 | AG Level 1 Regional Age Group           |
| 299 | 2:17.37 | L     | F    | Nikola De Villiers     | 8  | TYGE CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 300 | 2:17.58 | L     | F    | Cayla Senekal          | 10 | TKS WBD   | 01/12/2023 | Limpopo Champs                          |
| 301 | 2:18.22 | L     | F    | Thalia Mbock Madjang   | 10 | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 302 | 2:18.81 | L     | F    | Mari-Hane Visser       | 10 | KALA      | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 303 | 2:18.90 | L     | F    | Molly Raphuti          | 8  | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 304 | 2:18.97 | L     | F    | Sarah Palmer           | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 305 | 2:19.31 | L     | F    | Cleo Julius            | 10 | KALA      | 10/02/2024 | AGE GROUP 6 KATHU 2024                  |
| 306 | 2:19.43 | L     | F    | Lua Van Coller         | 8  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 307 | 2:20.25 | L     | F    | Lauren Hans            | 10 | MATL KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 308 | 2:20.89 | L     | F    | Ayla Mahlangu          | 9  | NSAD EZD  | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 309 | 2:21.44 | L     | P    | Kano Molefe            | 9  | HREF BP   | 06/12/2023 | NWS Championships 2023/24               |
| 310 | 2:22.70 | L     | F    | Maria Ferreira         | 7  | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 311 | 2:22.92 | L     | F    | Lakin Leibrandt        | 9  | XSAQ CPT  | 17/09/2023 | CTA BMEET 3                             |
| 312 | 2:23.12 | L     | F    | Olivia Schaper         | 9  | OLS BP    | 23/02/2024 | NW School Championships 2024            |
| 313 | 2:23.98 | L     | F    | Richdean De Take       | 10 | KALA      | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 314 | 2:24.51 | L     | F    | Issabel Lindeboom      | 9  | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 315 | 2:26.55 | L     | F    | Paige Aarinkhof        | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 316 | 2:28.48 | L     | F    | Alic Van Heerden       | 10 | TYGE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 317 | 2:28.88 | L     | F    | Nina Vancoillie        | 9  | QUIC CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 318 | 2:29.40 | L     | F    | Jelanri Du Toit        | 7  | CUR EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 319 | 2:29.54 | L     | F    | Mila De Kock           | 8  | CA EKU    | 11/11/2023 | EGA Summer 3                            |
| 320 | 2:30.55 | L     | F    | Daniella-Mohapi Lebogo | 10 | TUKS TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 321 | 2:32.38 | L     | F    | Mieke Jv Vuuren        | 9  | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |
| 322 | 2:32.80 | L     | F    | Leah Spangenberg       | 8  | QUIC CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 323 | 2:33.06 | L     | F    | Abigail Vlok           | 8  | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 324 | 2:33.49 | L     | F    | Carli Steenkamp        | 7  | KSSS JTD  | 10/02/2024 | AGE GROUP 6 KATHU 2024                  |
| 325 | 2:34.12 | L     | F    | Loago Mmoloke          | 10 | HARB BPD  | 02/02/2024 | NTS Level 1+2 February Age Group        |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|                                      | Time        | P/F/S | Name                    | Age/Yr |           |            |   |  |
|--------------------------------------|-------------|-------|-------------------------|--------|-----------|------------|---|--|
| 326                                  | 2:34.67 L   | F     | Gcinizwi Dom            | 10     | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |  |
| 327                                  | 2:36.10 L   | F     | Bella De Villiers       | 10     | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |  |
| 328                                  | 2:40.95 L   | F     | Bonolo Komape           | 10     | DOLFI MPD | 01/12/2023 | Limpopo Champs                          |  |
| 329                                  | 2:43.26 L   | F     | Le-may Smith            | 9      | DORE JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 330                                  | 2:49.48 L   | F     | Adelle Luttig           | 10     | UPSK ZMD  | 11/11/2023 | AGE GROUP 1 UPT                         |  |
| 331                                  | 2:51.45 L   | F     | Lerisha Theys           | 10     | KSSS JTD  | 10/02/2024 | AGE GROUP 6 KATHU 2024                  |  |
| 332                                  | 2:56.40 L   | F     | Jemma October           | 9      | HURA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |  |
| 333                                  | 3:00.91 L   | F     | Mabohlale Seabela       | 9      | KALA      | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |  |
| 334                                  | 3:16.55 L   | F     | Thuto Monakedi          | 9      | FISH EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |  |
| 335                                  | 3:26.15 L   | F     | Leané Rademeyer         | 7      | KSSS JTD  | 10/02/2024 | AGE GROUP 6 KATHU 2024                  |  |
| <b>Women 10 &amp; Under 200 Back</b> |             |       |                         |        |           |            |   |  |
| 1                                    | 2:49.97 L   | F     | Kasey De Bruyn          | 10     | TUKS FSH  | 20/03/2024 | SA Level 3 Regional Age Group           |  |
| 2                                    | 2:58.93 L   | F     | Alexi Claassen          | 10     | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 3                                    | 3:03.63 L   | P     | Demi Vorster            | 10     | TUKS FSH  | 20/03/2024 | SA Level 3 Regional Age Group           |  |
| 4                                    | 3:09.27 L   | F     | Sophie Chiang           | 10     | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 5                                    | 3:15.10 L   | F     | Mila Geldenhuys         | 10     | ACAQ CCD  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 6                                    | 3:15.39 L   | F     | Hannah Raphaela Morgado | 10     | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 7                                    | 3:18.52 L   | F     | Mackenzi Dart           | 10     | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |  |
| 8                                    | 3:19.12 L   | F     | Annebelle Botha         | 10     | PER JHB   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 9                                    | 3:19.17 L   | F     | Cayden Parfitt          | 10     | CASC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |  |
| 10                                   | 3:19.65 L   | F     | Ella Johnson            | 10     | SAAW CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |  |
| 11                                   | 3:20.92 L   | F     | Lexie Carstens          | 10     | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 12                                   | 3:21.28 L   | F     | Leah Dabrowski          | 10     | BLMA CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |  |
| 13                                   | 3:21.94 L   | F     | Marli Strydom           | 10     | QUIC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 14                                   | 3:22.28 L   | F     | Emma Roets              | 10     | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 15                                   | 3:22.58 L   | F     | Emma-lee Claassen       | 9      | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |  |
| 16                                   | 3:23.20 L S | F     | Olivia Normington       | 10     | XCEL CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |  |
| 17                                   | 3:24.95 L   | F     | Olivia Odendaal         | 10     | HPS FSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |  |
| 18                                   | 3:25.16 L   | F     | Skye Taute              | 9      | LSM EZD   | 23/02/2024 | NW School Championships 2024            |  |
| 19                                   | 3:25.32 L   | F     | Morgan Burstein         | 10     | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 20                                   | 3:25.85 L   | F     | Colleen McQueen         | 10     | BLSS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 21                                   | 3:26.65 L   | F     | Jaime-Lynn Vermeulen    | 10     | HARL BUF  | 27/01/2024 | BCA January Age Group Gala 2024         |  |
| 22                                   | 3:28.80 L   | F     | Jane Tredoux            | 10     | BLNE MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 23                                   | 3:29.35 L   | F     | Kyla Coetzee            | 10     | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 24                                   | 3:29.43 L   | F     | Simone Zoutendyk        | 10     | RBOT BPD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |  |
| 25                                   | 3:29.66 L   | F     | Avah Smit               | 9      | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |  |
| 26                                   | 3:30.25 L   | F     | Kari Nel                | 10     | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 27                                   | 3:30.41 L   | F     | Leah Schemel            | 10     | HARL BUF  | 24/11/2023 | BCA Long Course Championships 2023      |  |
| 28                                   | 3:31.72 L   | F     | Holly Noble             | 10     | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 29                                   | 3:31.74 L   | F     | Kaylee Vd Wal           | 10     | CASC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 30                                   | 3:33.62 L   | F     | Morgan Baard            | 10     | FISH EDD  | 04/11/2023 | EDEN 3rd A-League School Trials Gala    |  |
| 31                                   | 3:34.76 L   | F     | Nina Groenewald         | 9      | KTS       | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 32                                   | 3:35.06 L   | F     | Grace Hoar              | 9      | KLOO ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 33                                   | 3:36.11 L   | F     | Annabelle Ras           | 10     | QUIC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |  |
| 34                                   | 3:36.62 L S | F     | Maya Schenck            | 10     | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |  |
| 35                                   | 3:36.77 L   | F     | Shaylee Scheffer        | 10     | GREY CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |  |
| 36                                   | 3:37.62 L   | F     | Annabelle Van Onselen   | 9      | TYGE CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |  |
| 37                                   | 3:37.76 L S | F     | Mia Thompson            | 9      | BEST NMA  | 26/01/2024 | 6th A League Gala 2024                  |  |
| 38                                   | 3:37.85 L   | F     | Kayla Pieterse          | 10     | LSWBA WB  | 27/01/2024 | Limpopo School Champs                   |  |
| 39                                   | 3:39.50 L   | F     | Emily Van Der Byl       | 10     | USC BUF   | 24/11/2023 | BCA Long Course Championships 2023      |  |
| 40                                   | 3:40.56 L   | F     | Khera Murray            | 10     | H2O EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 41                                   | 3:40.71 L   | F     | Miané Prinsloo          | 10     | ACAQ CCD  | 01/12/2023 | Limpopo Champs                          |  |
| 42                                   | 3:41.21 L   | F     | Isabel Helberg          | 10     | MDOL JHB  | 14/10/2023 | CGA Level 2 + Gala Oct 2023             |  |
| 43                                   | 3:41.55 L   | F     | Kailah Nel              | 10     | BLSS MAN  | 06/10/2023 | Super Seals & Sentraal Aquatics Gala    |  |
| 44                                   | 3:42.44 L   | P     | Chelsey Witney          | 10     | PGAC EKU  | 07/12/2023 | EGA Summer Championships                |  |
| 45                                   | 3:44.37 L   | F     | Tiisetso Makhatho       | 10     | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 46                                   | 3:46.10 L   | F     | Lianka Spies            | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024            |  |
| 47                                   | 3:47.11 L   | F     | Emma Vorster            | 10     | HPS FSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |  |
| 48                                   | 3:47.85 L   | F     | Isabelle de Beer        | 10     | HREF BP   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |

### Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time    | P/F/S | Name | Age/Yr                 |    |           |            |                                      |
|-----|---------|-------|------|------------------------|----|-----------|------------|--------------------------------------|
| 49  | 3:48.04 | L     | F    | Dine Vd Wal            | 10 | CASC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 50  | 3:48.60 | L     | F    | Meziana Hammouche      | 10 | MAKO EKU  | 26/01/2024 | EGA Last Chance 2024                 |
| 51  | 3:48.92 | L     | F    | Adrienne Meiring       | 10 | PEAS NMA  | 24/06/2023 | PEA Winter Gala 2023                 |
| 52  | 3:49.61 | L     | F    | Charme Van Niekerk     | 9  | DOLFI MPD | 01/12/2023 | Limpopo Champs                       |
| 53* | 3:51.25 | L     | F    | Kayline Cronje         | 9  | JAQ EKU   | 07/12/2023 | EGA Summer Championships             |
| 53* | 3:51.25 | L     | F    | Zayb Christians        | 9  | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023         |
| 55  | 3:51.49 | L     | F    | Chelsey Crossman       | 10 | BLSS MAN  | 16/02/2024 | Neptunes Last chance Gala            |
| 56  | 3:52.42 | L     | F    | Peyton Strydom         | 9  | TUKS FSH  | 16/02/2024 | NTS February Open Age Group 2024     |
| 57  | 3:52.87 | L     | F    | Veronique Coetzee      | 9  | JAQ EKU   | 28/10/2023 | EGA Summer 2 2023                    |
| 58  | 3:52.90 | L     | F    | Mieke Drenth           | 9  | AWIN FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 59  | 3:54.54 | L     | F    | Aziza Zuma             | 10 | ACSA ETH  | 16/02/2024 | EDA Age Group Gala 6 2024            |
| 60  | 3:55.53 | L     | F    | Natalie Brown          | 10 | MATL KKD  | 06/12/2023 | NWS Championships 2023/24            |
| 61  | 3:55.60 | L     | F    | Puleng Masemene        | 10 | ELEC FSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024 |
| 62  | 3:56.47 | L     | F    | Leah Vos               | 10 | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 63  | 3:56.51 | L     | F    | Amelie Theron          | 9  | QUIC CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 64  | 3:56.90 | L     | F    | Lizanté Bam            | 10 | BLSS MAN  | 06/10/2023 | Super Seals & Sentraal Aquatics Gala |
| 65  | 3:57.08 | L     | F    | Ava Candiotes          | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 66  | 3:58.26 | L     | P    | Tlotlotsame Makatiers  | 10 | RBOT BPD  | 06/12/2023 | NWS Championships 2023/24            |
| 67  | 3:58.53 | L     | F    | Rachael McMaster       | 9  | HARL BUF  | 24/11/2023 | BCA Long Course Championships 2023   |
| 68  | 3:58.63 | L     | F    | Paige Plumb            | 8  | CSA EZD   | 02/02/2024 | MP AGE GROUP 5 GALA                  |
| 69  | 3:59.27 | L     | F    | Emma Swanepoel         | 10 | CLSC WCD  | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 70  | 3:59.76 | L     | F    | Isabella Liberty       | 10 | GREY CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet     |
| 71  | 4:00.44 | L     | F    | Janina Badenhorst      | 9  | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 72  | 4:00.97 | L     | F    | Mieke Koekemoer        | 9  | QUIC CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 73  | 4:07.69 | L     | F    | Emily Rushin           | 8  | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023         |
| 74  | 4:08.20 | L     | F    | Kamila Mohapi          | 10 | ESTR EKU  | 28/10/2023 | EGA Summer 2 2023                    |
| 75  | 4:09.38 | L     | F    | Emma Marx              | 9  | NAE EZD   | 02/02/2024 | MP AGE GROUP 5 GALA                  |
| 76  | 4:13.86 | L     | F    | Kelsey Markgraaff      | 9  | TUKS FSH  | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG    |
| 77  | 4:14.42 | L     | F    | Amelie v Staden        | 10 | HREF BP   | 21/10/2023 | NWS Age Group 1 & 2 2023             |
| 78  | 4:15.81 | L     | F    | Miane Kruger           | 9  | MATL KKD  | 21/10/2023 | NWS Age Group 1 & 2 2023             |
| 79  | 4:19.36 | L     | F    | Mileah Fourie          | 9  | FRA KCD   | 27/01/2024 | Ushaka Champs 2024                   |
| 80  | 4:20.04 | L     | F    | Emma Strydom           | 9  | QUIC CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 81  | 4:32.17 | L     | F    | Maya Chelin            | 10 | H2O EKU   | 07/12/2023 | EGA Summer Championships             |
| 82  | 4:45.66 | L     | F    | Sarah-Faye Lubbe       | 8  | KALA      | 01/12/2023 | AGE GROUP 3 KBY 2023                 |
| 83  | 4:54.31 | L     | P    | Omphile Mahlohela      | 10 | HREF BP   | 06/12/2023 | NWS Championships 2023/24            |
| 84  | 4:58.32 | L     | F    | Tenè Venter            | 10 | BLSS MAN  | 06/10/2023 | Super Seals & Sentraal Aquatics Gala |
| 85  | 5:05.28 | L     | F    | Mishanie Van Jaarsveld | 9  | UPSK ZMD  | 20/01/2024 | AGE GROUP 5 UPT 2024                 |
| 86  | 5:06.44 | L     | F    | Nina Vancoillie        | 9  | QUIC CPT  | 11/11/2023 | Swartland Prestige Gala 2023         |
| 87  | 5:28.78 | L     | F    | Yolla Mario            | 8  | KALA      | 01/12/2023 | AGE GROUP 3 KBY 2023                 |

#### Women 10 & Under 50 Breast

|     |       |   |   |                     |    |           |            |   |
|-----|-------|---|---|---------------------|----|-----------|------------|---|
| 1   | 43.72 | L | F | Hayley Greyvenstein | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 2   | 44.15 | L | F | Olivia Geldart      | 10 | STGE NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 3   | 44.35 | L | F | Danica Grant        | 10 | SOUL EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 4   | 44.48 | L | F | Annebelle Botha     | 10 | PER JHB   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 5   | 45.13 | L | P | Kayla Coetzee       | 10 | VALS FDD  | 21/03/2024 | SA Level 3 Regional Age Group           |
| 6   | 45.28 | L | P | Jessica Steyn       | 10 | VHD ZLD   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 7   | 45.98 | L | F | Lefei Li            | 10 | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 8   | 45.99 | L | F | Marli Strydom       | 10 | QUIC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 9   | 46.88 | L | F | Simone Zoutendyk    | 10 | RBOT BPD  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 10  | 47.05 | L | F | Elke Coetsee        | 10 | FISH EDD  | 09/02/2024 | Infinity Gala 2024                      |
| 11  | 47.41 | L | F | Leah Dabrowski      | 10 | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 12  | 47.45 | L | F | Kari Nel            | 10 | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 13  | 47.72 | L | F | Ella Johnson        | 10 | SAAW CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 14  | 47.81 | L | F | Avah Smit           | 9  | TKS WBD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 15  | 47.87 | L | F | Mambay Banza        | 10 | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 16  | 47.99 | L | P | Anè Bezuidenhout    | 9  | TUKS FSH  | 12/12/2023 | NTS Championships 2023                  |
| 17  | 48.01 | L | P | Haley Pieterse      | 9  | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 18  | 48.52 | L | F | Lisa Le Roux        | 10 | BLOT MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 19* | 48.56 | L | P | Leah Schemel        | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

|     | Time    | P/F/S | Name                    | Age/Yr |           |            |   |
|-----|---------|-------|-------------------------|--------|-----------|------------|---|
| 19* | 48.56 L | F     | Ané Venter              | 10     | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                     |
| 21  | 48.58 L | F     | Rachel Thompson         | 10     | PSC TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 22  | 48.59 L | F     | Keyla Douglas           | 10     | ROA EDD   | 18/11/2023 | Eden LC Champs 2023                     |
| 23  | 48.65 L | F     | Cara Hill               | 10     | OHAN HLD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 24  | 48.73 L | F     | Kasey De Bruyn          | 10     | TUKS TSH  | 20/10/2023 | NTS Level 3+ October Age Group 2023     |
| 25* | 48.80 L | F     | Caro Bishop             | 10     | VINE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 25* | 48.80 L | F     | Amber Gewer             | 10     | MDOL JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 27* | 49.16 L | F     | Saskia Gilligan         | 10     | BLMA CPT  | 21/01/2024 | CTA BMEET 4                             |
| 27* | 49.16 L | P     | Mia Oosthuizen          | 10     | PAC TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 29  | 49.18 L | F     | Skye Taute              | 9      | POTC KKD  | 06/12/2023 | NWS Championships 2023/24               |
| 30  | 49.22 L | F     | Annabelle Ras           | 10     | QUIC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 31  | 49.29 L | P     | Sophie Chiang           | 10     | WATR JHB  | 30/11/2023 | CGA Championships 2023                  |
| 32  | 49.35 L | P     | Ava Maritz              | 10     | SEAL UMD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 33  | 49.48 L | P     | Courtney Grant          | 10     | WSTV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 34  | 49.61 L | F     | Demi Vorster            | 10     | TUKS TSH  | 26/01/2024 | NTS Level 3+ January Age Group 2024     |
| 35  | 49.83 L | F     | Isabel Helberg          | 10     | MDOL JHB  | 17/02/2024 | CGA Level 2+ Gala 17 Feb 2024           |
| 36  | 49.84 L | F     | Katherine Van Zyl       | 10     | CPSC TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 37  | 49.89 L | F     | Ava Du Preez            | 10     | BEAV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 38  | 49.90 L | F     | Kyra Du Preez           | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 39  | 49.91 L | P     | Hannah Stearn           | 10     | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 40  | 49.92 L | P     | Izelda Meyer            | 10     | VHD ZLD   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 41  | 49.97 L | P     | Berre Sun               | 9      | MDOL JHB  | 30/11/2023 | CGA Championships 2023                  |
| 42  | 50.11 L | F     | Emma Vorster            | 10     | HPS TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 43  | 50.20 L | F     | Olivia Normington       | 10     | XCEL CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 44  | 50.28 L | F     | Miané Prinsloo          | 10     | ACAO CCD  | 01/12/2023 | Limpopo Champs                          |
| 45  | 50.35 L | F     | Elle-Anne Roper         | 9      | WSS LLD   | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 46  | 50.42 L | F     | Gianna Olivier          | 10     | PAQU CED  | 10/02/2024 | WCA-B Champs - 2024                     |
| 47  | 50.56 L | P     | Emma Gutsche            | 10     | POLSC CCD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 48  | 50.59 L | F     | Isabelle de Beer        | 10     | NWS       | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023        |
| 49  | 50.65 L | F     | Morgan Thyssse          | 9      | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 50  | 50.69 L | F     | Maria Geysse            | 10     | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |
| 51  | 50.72 L | P     | Luze Potgieter          | 10     | PAC TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 52  | 50.74 L | F     | Zayb Christians         | 9      | HURA CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 53  | 50.78 L | F     | Jane Tredoux            | 10     | BLNE MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 54  | 50.81 L | F     | Mika Pelser             | 10     | AFIN JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 55  | 50.93 L | F     | Julie Schwartz          | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 56  | 50.99 L | F     | Phelan Labuscagne       | 10     | QUES JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 57  | 51.02 L | F     | Z'Ney Piechaczek        | 9      | BLOT MAN  | 06/12/2023 | Free State Champs 2023                  |
| 58  | 51.09 L | F     | Colleen McQueen         | 10     | BLSS MAN  | 21/10/2023 | Otters Prestige Gala 2023               |
| 59  | 51.17 L | F     | Emma-lee Claassen       | 9      | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |
| 60  | 51.35 L | F     | Isla Conradie           | 10     | SAAW CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 61  | 51.36 L | F     | Zoey Zovitzkey          | 9      | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 62  | 51.45 L | P     | Alexi Claassen          | 10     | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 63  | 51.51 L | P     | Emily Van Der Byl       | 10     | USC BUF   | 09/02/2024 | Infinity Gala 2024                      |
| 64  | 51.52 L | F     | Marizel Prinsloo        | 10     | BS LLD    | 06/12/2023 | Free State Champs 2023                  |
| 65  | 51.53 L | P     | Alexi Dandoulakis       | 10     | CA EKU    | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 66  | 51.55 L | F     | Erin Shekel             | 10     | CYBE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 67  | 51.60 L | P     | Kyla Coetzee            | 10     | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 68  | 51.67 L | F     | Dominique Du Plessis    | 9      | HPS TSH   | 16/02/2024 | NTS February Open Age Group 2024        |
| 69  | 51.71 L | P     | Chelsey Crossman        | 10     | BLSS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 70  | 51.85 L | P     | Shalom Mtileni          | 10     | UNI EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 71  | 51.86 L | P     | Christine Van Zyl       | 9      | CPSC TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 72  | 51.88 L | P     | Layla Palframan         | 10     | SEAL UMD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 73  | 51.91 L | F     | Lily Bailes             | 10     | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 74* | 51.96 L | F     | Anje Adendorff          | 9      | NC FB     | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023        |
| 74* | 51.96 L | F     | Hannah Raphaela Morgado | 10     | CSA EZD   | 27/01/2024 | Ushaka Champs 2024                      |
| 76  | 52.00 L | F     | Faye Webb               | 10     | SSISA CPT | 21/01/2024 | CTA BMEET 4                             |
| 77  | 52.01 L | F     | Leah Verdon             | 10     | CPPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 78  | 52.14 L | F     | Sarah Mann              | 10     | CA EKU    | 26/01/2024 | EGA Last Chance 2024                    |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time      | P/F/S | Name                  | Age/Yr |           |            |   |
|------|-----------|-------|-----------------------|--------|-----------|------------|---|
| 79   | 52.20 L   | P     | Amy Freeman           | 10     | NAE EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 80   | 52.47 L   | F     | Maya Schenck          | 10     | TYGE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 81   | 52.49 L   | F     | Kaylyn Blair          | 9      | BLOT MAN  | 06/12/2023 | Free State Champs 2023                  |
| 82   | 52.63 L   | F     | Kelsey Markgraaff     | 9      | TUKS TSH  | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 83   | 52.65 L   | F     | Beatrisa Kotkljar     | 10     | CYBE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 84   | 52.74 L   | F     | Lize Beyers           | 10     | AGAQ OBD  | 10/02/2024 | WCA-B Champs - 2024                     |
| 85   | 52.75 L   | F     | Skylin Koupis         | 10     | BLOT MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 86   | 52.76 L   | F     | Yamakhuze Loni        | 10     | INFA NMA  | 21/10/2023 | 4th A League Gala 2023                  |
| 87   | 52.82 L   | P     | Mine Kirstein         | 10     | PAC TSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 88   | 52.96 L   | P     | Holly Couzens         | 10     | SGUL ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 89   | 53.04 L   | P     | Catherine Couch       | 10     | QUES JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 90   | 53.05 L   | F     | Skyler Muller         | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 91   | 53.06 L   | F     | Kailah Nel            | 10     | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 92   | 53.14 L   | F     | Mackenzi Dart         | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 93   | 53.16 L   | F     | Peta De Souza         | 9      | EXP TSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 94   | 53.18 L   | F     | Paige Van Breda       | 9      | TCA EKU   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 95   | 53.25 L   | F     | Wendy Modiba          | 10     | POLSC CCD | 01/12/2023 | Limpopo Champs                          |
| 96   | 53.28 L   | P     | Emma McClure          | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 97   | 53.32 L   | P     | Holly Noble           | 10     | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 98   | 53.33 L   | P     | Miane Steyn           | 10     | LEGC ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 99   | 53.34 L   | F     | Mika Ferreira         | 10     | ZASC TSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 100  | 53.43 L   | F     | Sophia Abrams         | 9      | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 101  | 53.48 L   | F     | Anzel Swiegers        | 8      | BULS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 102  | 53.53 L   | F     | Dine Vd Wal           | 10     | CASC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 103  | 53.68 L   | P     | Daniella Louw         | 10     | FAAC      | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 104  | 53.70 L   | P     | Kamila Mohapi         | 10     | ESTR EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 105  | 53.71 L   | P     | Chloe Charedzera      | 10     | PEAS NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 106  | 53.73 L   | P     | Emma Roets            | 10     | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 107  | 53.78 L   | F     | Chloe Pohlmann        | 10     | CPPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 108  | 53.79 L   | F     | Mila Geldenhuys       | 10     | ACAQ CCD  | 01/12/2023 | Limpopo Champs                          |
| 109  | 53.87 L   | F     | Kaylie Van der Linde  | 10     | VHD ZLD   | 27/01/2024 | Ushaka Champs 2024                      |
| 110  | 54.04 L   | F     | Camilla Schroeder     | 9      | HERO JHB  | 28/02/2024 | Crusaders Night Gala 5                  |
| 111  | 54.09 L   | F     | Anje Weldhagen        | 9      | BLOT MAN  | 06/12/2023 | Free State Champs 2023                  |
| 112  | 54.10 L   | F     | Annabelle Van Onselen | 9      | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 113  | 54.13 L   | P     | Sophia Clutties       | 9      | WSTV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 114  | 54.18 L   | F     | Rachel John           | 9      | DORE JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 115  | 54.24 L   | P     | Isabella Van Breda    | 10     | NWUC KKD  | 06/12/2023 | NWS Championships 2023/24               |
| 116* | 54.25 L   | P     | Jaime-Lynn Vermeulen  | 10     | GPS EDD   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 116* | 54.25 L   | F     | Alexia Botha          | 10     | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 118  | 54.27 L S | P     | Khera Murray          | 10     | H2O EKU   | 07/12/2023 | EGA Summer Championships                |
| 119  | 54.29 L   | F     | Leah Victor           | 9      | LSPHA MP  | 27/01/2024 | Limpopo School Champs                   |
| 120  | 54.33 L   | P     | Jeanine Goosen        | 10     | BLNE MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 121  | 54.36 L   | P     | Alexus Erasmus        | 9      | FSE KCD   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 122  | 54.54 L   | F     | Morgan Baard          | 10     | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                     |
| 123  | 54.55 L   | F     | Shaylee Scheffer      | 10     | GREY CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 124  | 54.57 L   | F     | Amy-Lee Wood          | 10     | TCA EKU   | 15/09/2023 | EGA Summer 1                            |
| 125  | 54.62 L   | P     | Zara Komani           | 10     | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 126  | 54.74 L   | F     | Vida Olivier          | 10     | BLNE MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 127  | 54.85 L   | F     | Thendo Nemaakanga     | 9      | AAS JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 128  | 54.86 L   | F     | Ditebogo Pheeha       | 10     | ACAQ CCD  | 21/10/2023 | Limpopo Age Group 4                     |
| 129  | 54.90 L   | F     | Cato Erasmus          | 10     | UNAT      | 02/03/2024 | FSA Level 1 2024                        |
| 130  | 54.93 L   | F     | Zeney De Beer         | 10     | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 131  | 54.95 L   | F     | Inge Jv Vuuren        | 10     | LSTZN CCD | 27/01/2024 | Limpopo School Champs                   |
| 132* | 54.99 L   | F     | Aishah Bingudza       | 10     | VRC TSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 132* | 54.99 L   | P     | Nduvho Rabambi        | 10     | BULS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 134* | 55.19 L   | F     | Isabella De Jager     | 9      | QSAW CED  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 134* | 55.19 L   | P     | Mackenzie Spencer     | 9      | TRAZ TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 136  | 55.20 L   | F     | Geneva Keeton         | 10     | OHAN ILD  | 27/01/2024 | Ushaka Champs 2024                      |
| 137  | 55.22 L   | F     | Diante Bothma         | 10     | CSA EZD   | 23/09/2023 | MP SPRINT GALA 23 SEPTEMBER             |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr                  |    |           |  |
|------|-------|-------|------|-------------------------|----|-----------|--|
| 138  | 55.24 | L     | F    | Lily Van Zyl            | 10 | TYGE CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 139  | 55.30 | L     | F    | Mia De Lange            | 10 | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 140  | 55.35 | L     | F    | Siphwosethu Sikhakhane  | 10 | AZON ETH  | 24/11/2023 Westville-Seals LC Championships        |
| 141  | 55.38 | L     | F    | Lebogang Maredi         | 10 | SS MPD    | 11/11/2023 Limpopo Age Group 5                     |
| 142  | 55.41 | L     | F    | Lexi Abrahamse          | 10 | VINE CPT  | 21/01/2024 CTA BMEET 4                             |
| 143  | 55.46 | L     | F    | Johane' Goosen          | 10 | BLOT MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 144  | 55.47 | L     | F    | Livia Venter            | 8  | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 145* | 55.48 | L     | F    | Paige Davies            | 10 | KLOO ETH  | 03/11/2023 EDA Age Group Gala 4 2023               |
| 145* | 55.48 | L     | F    | Miele' Loftus           | 10 | BULS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 147  | 55.55 | L     | F    | Ava Sincock             | 8  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 148  | 55.56 | L     | P    | Etli Van Niekerk        | 10 | CSA EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 149* | 55.59 | L     | F    | Mariane Labuschagne     | 10 | FISH EDD  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 149* | 55.59 | L     | F    | Lienke Myburgh          | 9  | CSA EZD   | 02/02/2024 MP AGE GROUP 5 GALA                     |
| 149* | 55.59 | L     | P    | Mamoso Ramokgopa        | 10 | TKS WBD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 152  | 55.64 | L     | F    | Carla Swart             | 10 | ASAC CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 153  | 55.73 | L     | F    | Emma Strydom            | 9  | QUIC CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 154  | 55.82 | L     | F    | Kayla Pieterse          | 10 | LSWBA WB  | 27/01/2024 Limpopo School Champs                   |
| 155  | 55.83 | L     | F    | Lea Noble               | 10 | BLMA CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 156  | 55.84 | L     | F    | Vida Vd Merwe           | 9  | LSJM SKD  | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 157  | 55.85 | L     | F    | Meandri Vorster         | 9  | TUKS FSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 158  | 55.92 | L     | F    | Amelie Theron           | 9  | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 159  | 55.94 | L     | F    | Accalia Maartens        | 9  | BLOT MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 160  | 55.95 | L     | P    | Josephine Watt          | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 161* | 55.96 | L     | F    | Mia Tonkinson           | 10 | SOUL EKU  | 11/11/2023 EGA Summer 3                            |
| 161* | 55.96 | L     | F    | Anna Charlton           | 10 | TRAZ FSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 163* | 56.07 | L     | F    | Alyssa Bosch            | 10 | BARR CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 163* | 56.07 | L     | F    | Anika Nel               | 9  | EXP FSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 165* | 56.12 | L     | P    | Lisa Kotzé              | 9  | POTC KKD  | 06/12/2023 NWS Championships 2023/24               |
| 165* | 56.12 | L     | F    | Ivy Wilkins             | 9  | HPS FSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 167  | 56.15 | L     | F    | Kethelo Mkhize          | 10 | USH KCD   | 03/02/2024 KCDA February Age Group 2024            |
| 168  | 56.18 | L     | F    | Bethany Pierce          | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 169  | 56.22 | L     | F    | Peyton Strydom          | 9  | TUKS FSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 170  | 56.27 | L     | P    | Lexie Carstens          | 10 | TUKS FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 171  | 56.29 | L     | F    | Cayden Parfitt          | 10 | CASC CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 172  | 56.30 | L     | P    | Ashleigh Goosen         | 9  | UNI EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 173  | 56.31 | L     | F    | Annabel Swart           | 9  | QSAW CED  | 21/01/2024 CTA BMEET 4                             |
| 174  | 56.32 | L     | F    | Emma Oosthuizen         | 10 | AA JHB    | 02/03/2024 AG Level 1 Regional Age Group           |
| 175  | 56.33 | L     | F    | Mia Thompson            | 9  | BEST NMA  | 15/12/2023 NMBA Championships 2023                 |
| 176  | 56.35 | L     | P    | Tlotlotsame Makatiers   | 10 | RBOT BPD  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 177  | 56.36 | L     | F    | Murunwa Thidiela        | 10 | BON EKU   | 26/01/2024 EGA Last Chance 2024                    |
| 178* | 56.37 | L     | P    | Nissi Mtetwa            | 10 | WWOL FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 178* | 56.37 | L     | F    | Kayline Cronje          | 9  | JAQ EKU   | 02/03/2024 AG Level 1 Regional Age Group           |
| 180  | 56.38 | L     | F    | Lianka Spies            | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 181  | 56.41 | L     | P    | Bailey Bowman           | 9  | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 182  | 56.45 | L     | F    | Eva Coates              | 8  | FISH EDD  | 09/02/2024 Infinity Gala 2024                      |
| 183* | 56.47 | L     | F    | Zaan Van Goeverden      | 10 | FISH EDD  | 17/02/2024 EDEN 5th A-League Gala 2024             |
| 183* | 56.47 | L     | F    | Molly Wang              | 9  | OHAN ILD  | 27/01/2024 Ushaka Champs 2024                      |
| 185  | 56.48 | L     | F    | Lucy Van der Westhuizen | 9  | NAE EZD   | 02/02/2024 MP AGE GROUP 5 GALA                     |
| 186  | 56.57 | L     | F    | Annabel Marais          | 10 | ACSC FSH  | 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 187  | 56.67 | L     | F    | SCARLETT MAC DONALD     | 8  | ROA EDD   | 09/02/2024 Infinity Gala 2024                      |
| 188  | 56.69 | L     | F    | Scarlett Meiring        | 10 | SUMW NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 189  | 56.70 | L     | P    | Puleng Masemene         | 10 | ELEC FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 190  | 56.75 | L     | F    | Gabriella Loucao        | 9  | LSKP WB   | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 191  | 56.78 | L     | F    | Thalia Breedt           | 10 | KSC EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 192  | 56.84 | L     | F    | Sadie Els               | 9  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 193  | 56.85 | L     | F    | Carli Stoop             | 10 | COMS FSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 194  | 56.90 | L     | F    | Elmine Opperman         | 10 | KTS       | 24/11/2023 AGE GROUP 2 KATHU 2023                  |
| 195  | 56.92 | L     | P    | Maya Chelin             | 10 | H2O EKU   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 196  | 56.95 | L     | F    | Natalie Maritz          | 10 | NSAD EZD  | 01/12/2023 Mpumalanga Championships 2023           |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time      | P/F/S | Name                    | Age/Yr |           |            |   |  |
|------|-----------|-------|-------------------------|--------|-----------|------------|---|--|
| 197  | 57.01 L   | P     | Mia Mostert             | 10     | AWIN TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 198  | 57.05 L   | F     | Tenè Venter             | 10     | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |  |
| 199  | 57.09 L   | F     | Marguerite Burger       | 9      | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |  |
| 200  | 57.19 L   | F     | Millay de Kock          | 9      | NWS       | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023        |  |
| 201  | 57.26 L   | F     | Paige Plumb             | 8      | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |  |
| 202  | 57.31 L   | F     | Sarah Ferreira          | 9      | PER JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 203  | 57.32 L S | P     | Veronique Coetzee       | 9      | JAQ EKU   | 07/12/2023 | EGA Summer Championships                |  |
| 204  | 57.40 L   | P     | Roxanne Hautmann        | 10     | RBUR BPD  | 06/12/2023 | NWS Championships 2023/24               |  |
| 205  | 57.44 L   | F     | Psalm Oswald            | 9      | ESP EKU   | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 206  | 57.54 L   | F     | Kgothatso Raphadu       | 9      | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 207  | 57.58 L   | F     | Sabrina Madondo         | 10     | AAS JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 208  | 57.60 L   | F     | Jaunté Duvenage         | 10     | LPTBO CCD | 27/01/2024 | Limpopo School Champs                   |  |
| 209  | 57.63 L   | P     | Leah Vos                | 10     | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 210  | 57.69 L   | F     | Holly Miles             | 9      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 211  | 57.70 L   | F     | Marlien Nell            | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024            |  |
| 212  | 57.74 L   | F     | Anni Jordaan            | 9      | QSAW CED  | 17/02/2024 | Swartland Invitational Gala 2024        |  |
| 213  | 57.76 L   | F     | Liya Cartens            | 9      | CPSC TSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |  |
| 214  | 57.81 L   | F     | Annique Bester          | 10     | AGAQ OBD  | 11/11/2023 | Swartland Prestige Gala 2023            |  |
| 215  | 57.83 L   | P     | Caitlin Lombard         | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 216  | 57.85 L   | F     | Bella-Rose Hutchinson   | 9      | SGUL ETH  | 24/11/2023 | Westville-Seals LC Championships        |  |
| 217  | 57.86 L   | F     | Lienke Jv Nieuwenhuizen | 10     | LSWBA WB  | 27/01/2024 | Limpopo School Champs                   |  |
| 218  | 57.87 L   | F     | Lizanté Bam             | 10     | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |  |
| 219  | 57.91 L   | F     | Mihanka vd Bank         | 10     | CUHE OBD  | 03/02/2024 | Winelands SL final                      |  |
| 220  | 57.92 L   | F     | Lily-Mae Smith          | 10     | TCA EKU   | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 221  | 57.94 L   | P     | Chelsey Witney          | 10     | PGAC EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 222  | 57.95 L   | F     | Lara Britz              | 9      | FRA KCD   | 21/10/2023 | Froggies Championships 2023             |  |
| 223  | 57.96 L   | F     | Mari-Hane Visser        | 10     | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |  |
| 224  | 57.98 L   | F     | Line Van Rooyen         | 10     | EXP TSH   | 03/11/2023 | NTS Level 1+2 November Age Group        |  |
| 225  | 57.99 L   | F     | Yu Xi Jin               | 10     | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |  |
| 226  | 58.07 L   | F     | Anrike Bothma           | 9      | AQU ADJ   | 18/11/2023 | Uthukela District Age Group Gala        |  |
| 227  | 58.11 L   | F     | Tshegofatso Le Roux     | 10     | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |  |
| 228  | 58.14 L   | F     | Amice Seaman            | 8      | UNI EZD   | 23/09/2023 | MP SPRINT GALA 23 SEPTEMBER             |  |
| 229  | 58.16 L   | F     | Mia Du Preez            | 10     | BLNE MAN  | 26/08/2023 | kovsie Sprint Gala                      |  |
| 230  | 58.17 L   | P     | Engela Klopper          | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 231  | 58.35 L   | F     | Leah Kriel              | 9      | GREY CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |  |
| 232  | 58.40 L   | F     | Vania Martin            | 10     | SOUL EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 233  | 58.41 L   | F     | Elizabeth Hartman       | 9      | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |  |
| 234  | 58.47 L   | F     | Amelie Piater           | 9      | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |  |
| 235  | 58.52 L   | F     | Alyx Cupido             | 8      | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |  |
| 236  | 58.58 L   | F     | Christine Kruger        | 10     | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |  |
| 237  | 58.61 L   | F     | Emma Marx               | 9      | NAE EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |  |
| 238  | 58.67 L   | F     | Rorisang Lempe          | 9      | MAKO EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 239  | 58.69 L   | F     | Morgan Burstein         | 10     | TUKS TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |  |
| 240  | 58.72 L S | P     | Nina Bosch              | 8      | BAS EKU   | 07/12/2023 | EGA Summer Championships                |  |
| 241* | 58.75 L   | F     | Hayley Liedeman         | 10     | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |  |
| 241* | 58.75 L   | F     | Niah De Lange           | 9      | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |  |
| 243  | 58.80 L   | F     | Kenzie Du Preez         | 10     | PRIO NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |  |
| 244  | 58.83 L   | F     | Leané Bruwer            | 10     | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |  |
| 245  | 58.86 L   | P     | Khloe Weimers           | 9      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 246  | 58.92 L   | F     | Jemima Muirhead         | 8      | HDAQ MP   | 01/12/2023 | Limpopo Champs                          |  |
| 247  | 58.93 L   | F     | Mckayla Du Plessis      | 9      | CLSC WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |  |
| 248* | 58.96 L   | F     | Anzel Smit              | 10     | EXP TSH   | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG       |  |
| 248* | 58.96 L   | F     | Carla Fourie            | 10     | NAE EZD   | 13/10/2023 | MP AGE GROUP 2                          |  |
| 250  | 58.98 L   | F     | Emma Swanepoel          | 10     | CLSC WCD  | 18/11/2023 | CTA QUALIFYING MEET 2                   |  |
| 251  | 58.99 L   | F     | Ymeri Wilken            | 10     | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |  |
| 252  | 59.04 L   | P     | Gabriella Scott         | 10     | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 253  | 59.06 L   | P     | Tiisetso Makhatho       | 10     | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 254  | 59.13 L   | F     | Olivia Mason            | 9      | UNI EZD   | 13/10/2023 | MP AGE GROUP 2                          |  |
| 255  | 59.22 L   | F     | Kaleigh Henning         | 9      | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |  |



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time      | P/F/S | Name                  | Age/Yr |       |     |            |   |
|------|-----------|-------|-----------------------|--------|-------|-----|------------|---|
| 256* | 59.34 L   | F     | Huibrecht Engelbrecht | 8      | LSTZN | CCD | 27/01/2024 | Limpopo School Champs                   |
| 256* | 59.34 L   | F     | Reabetswe Tau         | 9      | PER   | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 258  | 59.35 L   | F     | Demi Palmer           | 10     | PEAS  | NMA | 24/06/2023 | PEA Winter Gala 2023                    |
| 259  | 59.37 L   | F     | Teagan Morritt        | 9      | SOUL  | EKU | 26/01/2024 | EGA Last Chance 2024                    |
| 260* | 59.39 L   | P     | Mieke Drenth          | 9      | AWIN  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 260* | 59.39 L   | F     | Olivia Berry          | 10     | COLJ  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 262  | 59.42 L   | P     | Meziana Hammouche     | 10     | MAKO  | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 263  | 59.44 L   | F     | Lente Keun            | 8      | VINE  | CPT | 11/11/2023 | Swartland Prestige Gala 2023            |
| 264  | 59.46 L   | F     | Mèri Loubser          | 9      | ROA   | EDD | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 265  | 59.54 L   | P     | Georgia Carls         | 9      | KTS   |     | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 266  | 59.56 L   | P     | Olivia Viviers        | 9      | SPS   | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 267  | 59.59 L   | F     | Jessica Francis       | 9      | SEAL  | UMD | 24/11/2023 | Westville-Seals LC Championships        |
| 268  | 59.64 L   | F     | Vinelle Moss          | 10     | HHPs  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 269  | 59.66 L   | F     | Klara Meindertsma     | 8      | TUKS  | FSH | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 270  | 59.71 L   | P     | Mariandi Bredenkamp   | 10     | BS    | LLD | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 271  | 59.78 L   | P     | Arielle Christie      | 9      | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 272  | 59.82 L   | F     | Zoë Selesho           | 10     | TUKS  | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 273  | 59.85 L   | F     | Isabella Du Preez     | 10     | CPREP | BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 274  | 59.88 L   | F     | Jana Hiestermann      | 9      | DDA   | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 275  | 59.89 L S | P     | Emily Bestbier        | 10     | BON   | EKU | 07/12/2023 | EGA Summer Championships                |
| 276  | 59.99 L   | P     | Emma Ranger           | 10     | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 277  | 1:00.04 L | F     | Olivia Odendaal       | 10     | HPS   | FSH | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 278  | 1:00.09 L | F     | Jane Barnard          | 9      | UNI   | EZD | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 279  | 1:00.15 L | F     | Miane Bendeman        | 10     | SS    | MPD | 21/10/2023 | Limpopo Age Group 4                     |
| 280* | 1:00.21 L | F     | Ayesha Fakier         | 9      | SAAW  | CPT | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 280* | 1:00.21 L | F     | Janina Badenhorst     | 9      | GHS   | BP  | 23/02/2024 | NW School Championships 2024            |
| 282  | 1:00.22 L | F     | Juliette Myburgh      | 9      | COLJ  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 283  | 1:00.25 L | F     | Elbe van Zyl          | 9      | BLNE  | MAN | 02/03/2024 | FSA Level 1 2024                        |
| 284  | 1:00.31 L | F     | Tabo Mwenechanya      | 10     | CRSC  | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 285* | 1:00.34 L | P     | Katherine Schutzler   | 9      | CPREP | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 285* | 1:00.34 L | F     | Arianne Bac           | 9      | TUKS  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 287* | 1:00.37 L | F     | Dané Combrinck        | 10     | TUKS  | FSH | 16/02/2024 | NTS February Open Age Group 2024        |
| 287* | 1:00.37 L | F     | Lienke Rossouw        | 10     | LALE  | GED | 11/11/2023 | Winelands SL4                           |
| 289  | 1:00.42 L | F     | Marné Truter          | 10     | TKS   | WBD | 01/12/2023 | Limpopo Champs                          |
| 290  | 1:00.53 L | F     | Carli Roos            | 8      | CPSC  | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 291  | 1:00.60 L | F     | Kendall Perrins       | 8      | GREY  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 292  | 1:00.67 L | F     | Heidi Du Toit         | 8      | CSA   | EZD | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 293  | 1:00.77 L | F     | Leanke Loots          | 10     | KNYA  | EDD | 04/11/2023 | EDEN 3rd A-League School Trials Gala    |
| 294  | 1:00.80 L | F     | Rachael McMaster      | 9      | HARL  | BUF | 24/11/2023 | BCA Long Course Championships 2023      |
| 295  | 1:00.86 L | F     | Emily Newcombe        | 8      | CPREP | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 296  | 1:00.88 L | F     | Milan Botha           | 9      | LSTZN | CCD | 27/01/2024 | Limpopo School Champs                   |
| 297  | 1:00.96 L | F     | Courtney Killian      | 9      | CPPS  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 298  | 1:01.21 L | P     | Elmare Naude          | 9      | DESA  | NMA | 09/02/2024 | Infinity Gala 2024                      |
| 299  | 1:01.29 L | P     | Charme Van Niekerk    | 9      | DOLFI | MPD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 300  | 1:01.40 L | F     | Ava van Coller        | 8      | CPREP | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 301  | 1:01.41 L | F     | Emily Goosen          | 8      | SPS   | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 302  | 1:01.46 L | F     | Olivia Plowman        | 9      | SGUL  | ETH | 24/11/2023 | Westville-Seals LC Championships        |
| 303  | 1:01.48 L | F     | Tabea Greyling        | 10     | RFA   | FSH | 16/02/2024 | NTS February Open Age Group 2024        |
| 304  | 1:01.50 L | F     | Lily Marais           | 10     | FISH  | EDD | 18/11/2023 | Eden LC Champs 2023                     |
| 305* | 1:01.54 L | F     | Amorick Jacobs        | 10     | KTS   |     | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 305* | 1:01.54 L | F     | Lisa Myburgh          | 9      | AFIN  | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 307  | 1:01.55 L | F     | Kai Roux              | 9      | SOUL  | EKU | 02/03/2024 | AG Level 1 Regional Age Group           |
| 308* | 1:01.56 L | P     | Emma Swanepoel        | 10     | MPS   | NGD | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 308* | 1:01.56 L | F     | Jemina Hibbert        | 10     | CPPS  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 310  | 1:01.64 L | F     | Kayden Jack           | 10     | PER   | JHB | 17/02/2024 | CGA Level 2+ Gala 17 Feb 2024           |
| 311  | 1:01.66 L | F     | Katarina Stojanovic   | 9      | RFA   | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 312  | 1:01.68 L | F     | Marné Van Eyssen      | 9      | BARR  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 313  | 1:01.80 L | F     | Natalie Brown         | 10     | MATL  | KKD | 11/11/2023 | NWS Age Group 3 + 4                     |
| 314  | 1:01.84 L | F     | Courtney Alcock       | 10     | CASC  | CPT | 17/09/2023 | CTA BMEET 3                             |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                        |    |       |     |            |   |
|------|---------|-------|------|-------------------------------|----|-------|-----|------------|---|
| 315  | 1:01.85 | L     | F    | Lize-Mari Cloete              | 10 | BS    | LLD | 06/10/2023 | Super Seals & Sentraal Aquatics Gala    |
| 316  | 1:01.86 | L     | F    | Nathalie Naude                | 10 | HHPS  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 317  | 1:01.89 | L     | F    | Tanya Loots                   | 10 | TYGE  | CPT | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 318* | 1:01.96 | L     | F    | Cathryn Davenport             | 9  | DESA  | NMA | 15/12/2023 | NMBA Championships 2023                 |
| 318* | 1:01.96 | L     | F    | Riley Adams                   | 8  | LSN   | EZD | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 320  | 1:01.98 | L     | F    | Bela Davis-Taylor             | 10 | COLJ  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 321  | 1:02.00 | L     | P    | Kano Molefe                   | 9  | HREF  | BP  | 06/12/2023 | NWS Championships 2023/24               |
| 322  | 1:02.01 | L     | F    | Marieke Gab                   | 8  | SPS   | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 323* | 1:02.02 | L     | F    | Kirsten Gibson                | 8  | GREY  | CPT | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 323* | 1:02.02 | L     | F    | Henriette Odendaal            | 8  | QUIC  | CPT | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 323* | 1:02.02 | L     | F    | Adrienne Meiring              | 10 | HHPS  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 326  | 1:02.03 | L     | P    | Sarah Palmer                  | 10 | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 327  | 1:02.06 | L     | F    | Olivia Rossouw                | 8  | LSKP  | WB  | 27/01/2024 | Limpopo School Champs                   |
| 328  | 1:02.07 | L     | F    | Minay Boshoff                 | 9  | PSC   | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 329  | 1:02.08 | L     | F    | Taylor Geswind                | 8  | CPREP | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 330  | 1:02.09 | L     | F    | Mia Haddad                    | 10 | FAAC  |     | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 331  | 1:02.12 | L     | F    | Anashe Nhando                 | 10 | AFIN  | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 332* | 1:02.14 | L     | F    | Leah Liebenberg               | 9  | TYGE  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 332* | 1:02.14 | L     | P    | Sofia Liss                    | 10 | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 334  | 1:02.16 | L     | F    | Aziza Zuma                    | 10 | ACSA  | ETH | 03/11/2023 | EDA Age Group Gala 4 2023               |
| 335  | 1:02.22 | L     | F    | Bianca Van Jaarsveld          | 10 | TYGE  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 336  | 1:02.27 | L     | F    | Leah Bunge                    | 10 | BLUO  | UGD | 02/12/2023 | Stingrays Swim Champs 2023              |
| 337  | 1:02.30 | L     | F    | Happy Raphuti                 | 10 | HARB  | BPD | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 338  | 1:02.32 | L     | F    | Carli Marais                  | 10 | KNYA  | EDD | 18/11/2023 | Eden LC Champs 2023                     |
| 339  | 1:02.33 | L     | F    | Jamie Pentz                   | 8  | BLOT  | MAN | 16/02/2024 | Neptunes Last chance Gala               |
| 340  | 1:02.34 | L     | F    | Tshegofatso Kwadjo            | 10 | TUKS  | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 341  | 1:02.36 | L     | F    | Riaze Haynes                  | 9  | RFA   | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 342  | 1:02.44 | L     | F    | Jo Anne Schutte               | 9  | KALA  |     | 03/02/2024 | NCASA SPRINTS 2024                      |
| 343* | 1:02.47 | L     | F    | Mieke Labuschagne             | 8  | GREY  | CPT | 17/02/2024 | Swartland Invitational Gala 2024        |
| 343* | 1:02.47 | L     | F    | Ilanca Smuts                  | 10 | PPARK | BP  | 23/02/2024 | NW School Championships 2024            |
| 345  | 1:02.48 | L     | F    | Hanneli van der Watt          | 8  | GREY  | CPT | 17/02/2024 | Swartland Invitational Gala 2024        |
| 346  | 1:02.54 | L     | F    | Abigail Snyman                | 10 | SS    | MPD | 01/12/2023 | Limpopo Champs                          |
| 347  | 1:02.56 | L     | F    | Helana Pretorius              | 10 | SWAR  | WCD | 11/11/2023 | Swartland Prestige Gala 2023            |
| 348  | 1:02.64 | L     | P    | Nina Els                      | 10 | RBOT  | BPD | 06/12/2023 | NWS Championships 2023/24               |
| 349  | 1:02.69 | L     | F    | Liani Jacobs                  | 9  | BARR  | CPT | 21/01/2024 | CTA BMEET 4                             |
| 350  | 1:02.72 | L     | F    | Faythe Evans                  | 10 | HASC  | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 351  | 1:02.73 | L     | F    | Lua Haasbroek                 | 9  | BLSS  | MAN | 06/12/2023 | Free State Champs 2023                  |
| 352  | 1:02.81 | L     | F    | Ava Forsythe                  | 8  | COLJ  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 353  | 1:02.83 | L     | F    | Lenice Lange                  | 10 | TKS   | WBD | 01/12/2023 | Limpopo Champs                          |
| 354  | 1:03.04 | L     | F    | Nina Groenewald               | 9  | KTS   |     | 14/10/2023 | FLAMINGO GALA 14 - 15 OCTOBER           |
| 355  | 1:03.08 | L     | F    | Lily Jones                    | 10 | COLJ  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 356  | 1:03.27 | L     | F    | Mackenzie Bouwer              | 9  | EXP   | FSH | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 357  | 1:03.28 | L     | F    | Cara Cornelissen              | 9  | KTS   |     | 03/02/2024 | NCASA SPRINTS 2024                      |
| 358  | 1:03.31 | L     | F    | Thalia Yiorkas                | 8  | BLOT  | MAN | 02/03/2024 | FSA Level 1 2024                        |
| 359* | 1:03.34 | L     | F    | Mari Malherbe                 | 9  | QSAW  | CED | 17/02/2024 | Swartland Invitational Gala 2024        |
| 359* | 1:03.34 | L     | F    | Lauren Hans                   | 10 | MATL  | KKD | 11/11/2023 | NWS Age Group 3 + 4                     |
| 361  | 1:03.37 | L     | F    | Vida - Ani Markgraaff         | 8  | BLOT  | MAN | 21/10/2023 | Otters Prestige Gala 2023               |
| 362  | 1:03.45 | L     | P    | Noluthando Zungu              | 9  | HPPS  | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 363  | 1:03.46 | L     | F    | Chloé Scott                   | 8  | TUKS  | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 364  | 1:03.49 | L     | F    | Isabelle Oliphant             | 9  | SPS   | BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 365  | 1:03.53 | L     | F    | Mikayla Hanneman              | 10 | GHS   | BP  | 23/02/2024 | NW School Championships 2024            |
| 366  | 1:03.57 | L     | P    | Zoe Danha                     | 10 | NAE   | EZD | 01/12/2023 | Mpumalanga Championships 2023           |
| 367  | 1:03.65 | L     | F    | Mieke Taylor                  | 9  | SS    | MPD | 01/12/2023 | Limpopo Champs                          |
| 368  | 1:03.67 | L     | F    | Skyler Petzer                 | 9  | RUSTL | BP  | 23/02/2024 | NW School Championships 2024            |
| 369  | 1:03.72 | L     | F    | Zivah Carson                  | 8  | BULS  | MAN | 06/12/2023 | Free State Champs 2023                  |
| 370  | 1:03.77 | L     | F    | Adison Gericke                | 10 | SPS   | BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 371  | 1:03.81 | L     | F    | Adri Lynn Sykes               | 10 | COLJ  | NMA | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 372  | 1:03.83 | L     | F    | Anais Christine van Huyssteen | 9  | VRC   | FSH | 02/03/2024 | AG Level 1 Regional Age Group           |
| 373  | 1:03.89 | L     | F    | Milana Kyriakides             | 9  | SOUL  | EKU | 02/03/2024 | AG Level 1 Regional Age Group           |

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr              |    |           |            |   |
|------|---------|-------|------|---------------------|----|-----------|------------|---|
| 374  | 1:03.94 | L     | F    | Jana Pienaar        | 10 | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 375* | 1:04.00 | L     | F    | Anja Schreve        | 9  | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 375* | 1:04.00 | L     | F    | Joané Jansen        | 10 | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 375* | 1:04.00 | L     | F    | Rone Burger         | 9  | STGR XRD  | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 378  | 1:04.03 | L S   | F    | Tee Nala            | 9  | ONYX EKU  | 07/12/2023 | EGA Summer Championships                |
| 379  | 1:04.09 | L     | F    | Kagiso Motuku       | 10 | PGAC EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 380  | 1:04.10 | L     | F    | Iané Briedenhann    | 9  | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 381  | 1:04.13 | L     | F    | Lia Geldenhuys      | 8  | BULS MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 382  | 1:04.15 | L     | P    | Marli Nel           | 9  | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 383  | 1:04.18 | L     | F    | Ava Candiotas       | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 384  | 1:04.24 | L     | F    | Kiera Damons        | 8  | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 385  | 1:04.29 | L     | F    | Rachel Johnson      | 10 | BARA EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 386  | 1:04.35 | L     | F    | Libe Fouche         | 10 | LALE CED  | 03/02/2024 | Winelands SL final                      |
| 387  | 1:04.36 | L     | F    | Neriché Pretorius   | 9  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 388  | 1:04.52 | L     | F    | Mirelle Rademeyer   | 9  | PELIC MAN | 16/02/2024 | Neptunes Last chance Gala               |
| 389  | 1:04.55 | L     | F    | Danelle Louw        | 10 | BULS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 390  | 1:04.57 | L     | F    | Tebogo Machaba      | 10 | PER JHB   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 391  | 1:04.62 | L     | F    | Hannah Stewart      | 9  | TASC MPD  | 01/12/2023 | Limpopo Champs                          |
| 392  | 1:04.71 | L     | F    | Milanke Swanepoel   | 9  | FROS TMD  | 02/03/2024 | FSA Level 1 2024                        |
| 393  | 1:04.75 | L     | F    | Milandri Du Preez   | 8  | LSM EZD   | 23/02/2024 | NW School Championships 2024            |
| 394  | 1:04.87 | L     | F    | Mika Habib          | 9  | KNYA EDD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 395* | 1:04.91 | L     | F    | Riani Vos           | 9  | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |
| 395* | 1:04.91 | L     | F    | Kirei Burgess       | 8  | CA EKU    | 15/09/2023 | EGA Summer 1                            |
| 397  | 1:04.95 | L     | F    | Jessica Treeby      | 9  | AWIN TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 398  | 1:04.96 | L     | F    | Karli Botha         | 8  | KALA      | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 399  | 1:04.98 | L     | P    | Lisette Peters      | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 400  | 1:05.14 | L     | F    | Ashley Trollop      | 9  | GREY CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 401  | 1:05.19 | L     | P    | Harper van Dyk      | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 402  | 1:05.36 | L     | F    | Olivia Sherry       | 9  | HERO JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 403  | 1:05.51 | L     | F    | Kayla Fouche        | 8  | TYGE CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 404  | 1:05.57 | L     | F    | Rosie Deacon        | 8  | UPL EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 405  | 1:05.58 | L     | F    | Karin Gericke       | 9  | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 406  | 1:05.69 | L     | F    | Belissa Shabangu    | 7  | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 407  | 1:05.70 | L     | F    | Alic Van Heerden    | 10 | TYGE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 408  | 1:05.73 | L     | F    | Jorja-Lee Hendricks | 9  | TYGE CPT  | 17/09/2023 | CTA BMEET 3                             |
| 409  | 1:05.77 | L     | F    | Isabella Purdon     | 10 | SWIM1 JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 410  | 1:05.79 | L     | F    | Theresa Bartmann    | 9  | SWAR WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 411  | 1:05.83 | L     | F    | Leah Staples        | 9  | PELIC MAN | 06/12/2023 | Free State Champs 2023                  |
| 412  | 1:05.84 | L     | F    | Amy Dick            | 9  | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 413  | 1:05.86 | L     | F    | Cayla Senekal       | 10 | TKS WBD   | 01/12/2023 | Limpopo Champs                          |
| 414  | 1:05.98 | L     | F    | Carmi Nothnagel     | 9  | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 415  | 1:06.01 | L     | F    | Nicole Eleftheriou  | 8  | HARL BUF  | 10/02/2024 | BCA Feb Age Group Gala 2024             |
| 416* | 1:06.03 | L     | F    | Aniek Myburgh       | 8  | NAE EZD   | 13/10/2023 | MP AGE GROUP 2                          |
| 416* | 1:06.03 | L     | P    | Rebecca Cronje      | 9  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 418  | 1:06.04 | L     | P    | Lusanele Qusheka    | 10 | BEST NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 419  | 1:06.08 | L     | F    | Kamili Kaombwe      | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 420  | 1:06.13 | L     | F    | Alexa Kuhn          | 10 | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 421  | 1:06.15 | L     | F    | Erin Mackenzie      | 9  | FAAC      | 14/10/2023 | FLAMINGO GALA 14 - 15 OCTOBER           |
| 422* | 1:06.17 | L     | P    | Farron Sincok       | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 422* | 1:06.17 | L     | F    | Nolitha Luhabe      | 9  | SWIFT EKU | 02/03/2024 | AG Level 1 Regional Age Group           |
| 424  | 1:06.23 | L     | F    | Anke Van den Berg   | 9  | CSC TSH   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 425  | 1:06.25 | L     | F    | Mieke Koekemoer     | 9  | QUIC CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 426  | 1:06.33 | L     | F    | Sofia Grebe         | 8  | CUHE OBD  | 21/01/2024 | CTA BMEET 4                             |
| 427  | 1:06.39 | L     | F    | Demi Scholl         | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 428  | 1:06.46 | L     | F    | Armani Jones        | 8  | XCEL CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 429  | 1:06.58 | L     | F    | Nina Vancoillie     | 9  | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 430  | 1:06.62 | L     | F    | Katrien Radley      | 10 | NSAD EZD  | 13/10/2023 | MP AGE GROUP 2                          |
| 431  | 1:06.67 | L     | P    | Emma-Kate McCallum  | 10 | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 432* | 1:06.81 | L     | F    | Ellie du Plessis    | 7  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

| Time | P/F/S     | Name | Age/Yr                 |    |           |            |   |
|------|-----------|------|------------------------|----|-----------|------------|---|
| 432* | 1:06.81 L | P    | Iminathi Fezani        | 9  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 434  | 1:06.83 L | P    | Khazimla Gqokoma       | 8  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 435  | 1:07.00 L | F    | Jaed Beaton            | 10 | PEAS NMA  | 24/06/2023 | PEA Winter Gala 2023                    |
| 436* | 1:07.01 L | F    | Daniella-Mohapi Lebogo | 10 | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 436* | 1:07.01 L | F    | Juno Vermaak           | 8  | VINE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 438  | 1:07.18 L | F    | Luvuyokazi Dlamini     | 10 | FSE KCD   | 27/01/2024 | Ushaka Champs 2024                      |
| 439  | 1:07.31 L | F    | Kgadi Mamaila          | 10 | DOLFI MPD | 01/12/2023 | Limpopo Champs                          |
| 440  | 1:07.38 L | F    | Lilly-Marlene Pete     | 7  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 441  | 1:07.39 L | P    | Olivia Becker          | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 442  | 1:07.43 L | F    | Simoné Vd Bank         | 7  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 443* | 1:07.48 L | F    | Alae Loots             | 10 | KNYA EDD  | 04/11/2023 | EDEN 3rd A-League School Trials Gala    |
| 443* | 1:07.48 L | F    | Iva Theron             | 10 | MCS BP    | 23/02/2024 | NW School Championships 2024            |
| 445  | 1:07.50 L | F    | Mia du Plessis         | 10 | OLS BP    | 23/02/2024 | NW School Championships 2024            |
| 446  | 1:07.52 L | F    | Li-Mare Olivier        | 9  | FAAC      | 11/11/2023 | AGE GROUP 1                             |
| 447  | 1:07.56 L | F    | Lee-Ann Du Plessis     | 8  | RUSTL BP  | 23/02/2024 | NW School Championships 2024            |
| 448  | 1:07.61 L | F    | Sofia Daniels          | 8  | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 449  | 1:07.65 L | F    | Nelia Kleynhans        | 9  | POTC KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 450  | 1:07.66 L | F    | Yolla Mario            | 8  | KALA      | 17/02/2024 | KATHU T&S CLUB GALA 2024                |
| 451  | 1:07.67 L | F    | Sisanda Cele           | 9  | FRA KCD   | 27/01/2024 | Ushaka Champs 2024                      |
| 452  | 1:07.79 L | F    | Cleo Julius            | 10 | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 453  | 1:08.11 L | F    | Keira Douglas          | 8  | BLOT MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 454  | 1:08.14 L | F    | Sophie Shaw            | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 455* | 1:08.15 L | F    | Cara Swanepoel         | 8  | LSN EZD   | 13/10/2023 | MP AGE GROUP 2                          |
| 455* | 1:08.15 L | F    | Madison Dingle         | 9  | SOUL EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 457  | 1:08.17 L | F    | Mpho Kutumane          | 10 | UWCA CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 458  | 1:08.26 L | F    | Jorja Petschel         | 10 | HARL BUF  | 10/02/2024 | BCA Feb Age Group Gala 2024             |
| 459  | 1:08.45 L | F    | Karlienke Ras          | 9  | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 460  | 1:08.66 L | F    | Issabel Lindeboom      | 9  | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 461  | 1:08.91 L | F    | Gemma Goedhals         | 9  | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 462  | 1:09.00 L | F    | Mine Zietsman          | 9  | BETH FDD  | 06/12/2023 | Free State Champs 2023                  |
| 463  | 1:09.02 L | F    | Jinxuan Li             | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 464  | 1:09.03 L | F    | Amy Masterson          | 10 | INFA NMA  | 21/10/2023 | 4th A League Gala 2023                  |
| 465  | 1:09.04 L | F    | Lucy Bush              | 10 | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 466  | 1:09.15 L | F    | Paige Aarninkhof       | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 467  | 1:09.20 L | F    | Anchen Schoeman        | 10 | BS LLD    | 02/03/2024 | FSA Level 1 2024                        |
| 468  | 1:09.23 L | P    | Eela-Beth Pete         | 7  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 469  | 1:09.31 L | F    | Amelia Hope Deiner     | 7  | MPS NGD   | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 470* | 1:09.48 L | F    | Milea Louw             | 10 | TYGE CPT  | 17/09/2023 | CTA BMEET 3                             |
| 470* | 1:09.48 L | F    | Mieke Robertson        | 9  | WRP EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 472  | 1:09.63 L | F    | Emma Vd Linde          | 8  | LSBOS WB  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 473  | 1:09.66 L | F    | Michaela Kröger        | 10 | BARR CPT  | 17/09/2023 | CTA BMEET 3                             |
| 474  | 1:09.73 L | F    | Molly Raphuti          | 8  | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 475  | 1:09.77 L | F    | Hluma Ndamse           | 10 | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 476  | 1:09.98 L | F    | Jemma October          | 9  | AQDO CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 477  | 1:10.02 L | F    | Cayla Joubert          | 9  | PELIC MAN | 06/12/2023 | Free State Champs 2023                  |
| 478  | 1:10.16 L | F    | Beulah vd Merwe        | 10 | MCS BP    | 23/02/2024 | NW School Championships 2024            |
| 479  | 1:10.28 L | P    | Lacey Buitendag        | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 480  | 1:10.32 L | F    | Demi Pieterse          | 8  | AWIN TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 481  | 1:10.47 L | F    | Relebohile Khaoletsa   | 10 | PELIC MAN | 16/02/2024 | Neptunes Last chance Gala               |
| 482  | 1:10.49 L | F    | Anlia Webb             | 8  | NSAD EZD  | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 483  | 1:10.50 L | F    | Carli van der Walt     | 10 | PSA ZLD   | 27/01/2024 | Ushaka Champs 2024                      |
| 484  | 1:10.59 L | F    | Bailey Nel             | 8  | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 485  | 1:10.83 L | F    | Elné Hoffmann          | 9  | BS LLD    | 15/09/2023 | Bull Sharks Annual Gala                 |
| 486  | 1:10.86 L | F    | Montana Barclay        | 10 | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 487  | 1:10.94 L | F    | Joané Viljoen          | 10 | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 488  | 1:11.02 L | F    | Lehanri Cronje         | 10 | NSAD EZD  | 02/02/2024 | MP AGE GROUP 5 GALA                     |
| 489  | 1:11.04 L | F    | Yandzisa Sambo         | 8  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 490  | 1:11.06 L | F    | Katryn Gerber          | 10 | CPPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 491  | 1:11.09 L | F    | Lea De Jager           | 9  | ROA EDD   | 20/01/2024 | EDEN 4th A-League Gala 2024             |

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

|      | Time        | P/F/S | Name                      | Age/Yr |           |            |   |  |
|------|-------------|-------|---------------------------|--------|-----------|------------|---|--|
| 492  | 1:11.12 L   | F     | Rainn Hughes              | 8      | PELIC MAN | 01/09/2023 | Seals Gala                              |  |
| 493  | 1:11.19 L   | F     | Thalia Mbock Madjang      | 10     | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |  |
| 494  | 1:11.23 L   | F     | Milan Genis               | 10     | UNI EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |  |
| 495  | 1:11.46 L   | F     | Lua Van Coller            | 8      | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |  |
| 496  | 1:11.48 L   | F     | Kuno Moleme               | 8      | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 497* | 1:11.58 L   | F     | Lara Fouché               | 9      | KPA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |  |
| 497* | 1:11.58 L   | F     | Rouxvé Henn               | 8      | ZASC TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 499  | 1:11.63 L   | F     | Camryn Bolitho            | 9      | SOUL EKU  | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 500  | 1:11.69 L   | F     | Aaliya Chippendale        | 9      | MARL CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |  |
| 501  | 1:11.82 L   | P     | Ayana Mandeane            | 8      | HPPS BUF  | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 502  | 1:11.84 L   | F     | Emily Rushin              | 8      | HURA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |  |
| 503  | 1:11.97 L   | F     | Mianka Lubbe              | 10     | HWSK FBD  | 20/01/2024 | AGE GROUP 5 KBY 2024                    |  |
| 504  | 1:11.98 L   | P     | Shaye Thornhill           | 9      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 505  | 1:12.22 L S | F     | Amelia-Rose Geldart       | 9      | ESP EKU   | 07/12/2023 | EGA Summer Championships                |  |
| 506  | 1:12.31 L   | F     | Bea-Mari Bekker           | 8      | LSTZN CCD | 27/01/2024 | Limpopo School Champs                   |  |
| 507  | 1:12.38 L   | F     | Klara Bruwer              | 10     | SUMW NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |  |
| 508  | 1:12.49 L   | F     | Oageng Mmalekutu          | 9      | LEBII BP  | 23/02/2024 | NW School Championships 2024            |  |
| 509  | 1:12.51 L   | F     | Maria Ferreira            | 7      | GHS BP    | 23/02/2024 | NW School Championships 2024            |  |
| 510  | 1:12.55 L   | F     | Leeanne Terblanche        | 9      | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |  |
| 511  | 1:12.57 L   | F     | Nina Schoeman             | 10     | AGAQ OBD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |  |
| 512  | 1:12.65 L   | P     | Omphile Mahlohela         | 10     | HREF BP   | 06/12/2023 | NWS Championships 2023/24               |  |
| 513  | 1:12.71 L   | F     | Lila Raubenheimer         | 9      | GILL NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |  |
| 514  | 1:12.88 L   | F     | Otile Molamu              | 10     | TUKS TSH  | 02/02/2024 | NTS Level 1+2 February Age Group        |  |
| 515  | 1:12.93 L   | F     | Yi-han Huang              | 9      | BLMA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |  |
| 516  | 1:13.00 L   | F     | Mareli Janse van Rensburg | 7      | BARR CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |  |
| 517  | 1:13.03 L   | F     | Emily Ohlson              | 9      | AQDO CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |  |
| 518  | 1:13.06 L   | F     | Nikola De Villiers        | 8      | TYGE CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |  |
| 519  | 1:13.36 L   | F     | Ellie van der Mescht      | 8      | DESA NMA  | 15/12/2023 | NMBA Championships 2023                 |  |
| 520  | 1:13.48 L   | F     | Lakin Leibrandt           | 9      | XSAQ CPT  | 21/01/2024 | CTA BMEET 4                             |  |
| 521  | 1:13.57 L   | F     | Sakeenah Du Toit          | 8      | UWCA CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |  |
| 522  | 1:13.78 L   | F     | Mieke Jv Vuuren           | 9      | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |  |
| 523  | 1:13.83 L   | F     | Paigan Stols              | 7      | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |  |
| 524  | 1:14.09 L   | F     | Lulu Mosima               | 9      | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |  |
| 525  | 1:14.39 L   | F     | Olivia Wood               | 10     | BARA EKU  | 11/11/2023 | EGA Summer 3                            |  |
| 526  | 1:14.49 L   | F     | Rachel Hartwig            | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |  |
| 527  | 1:14.52 L   | P     | Leandri Puth              | 9      | RBOT BPD  | 06/12/2023 | NWS Championships 2023/24               |  |
| 528  | 1:14.66 L   | F     | Lilani Wolmarans          | 8      | VIPS NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |  |
| 529  | 1:14.75 L   | F     | Abigail Lange             | 9      | VINE CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |  |
| 530  | 1:14.78 L   | F     | Elzaan Kieck              | 9      | AWIN TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |  |
| 531  | 1:15.06 L   | F     | Miane Kruger              | 9      | SLS KK    | 23/02/2024 | NW School Championships 2024            |  |
| 532  | 1:15.09 L   | F     | Elzere Meyer              | 9      | NAE EZD   | 03/11/2023 | MP AGE GROUP 3 3&4 NOV 2023             |  |
| 533  | 1:15.20 L S | P     | Tsakani Mithi             | 10     | BARA EKU  | 07/12/2023 | EGA Summer Championships                |  |
| 534  | 1:15.42 L   | F     | Josie Faught              | 9      | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |  |
| 535* | 1:15.53 L   | F     | India Parr                | 8      | KNYA EDD  | 20/01/2024 | EDEN 4th A-League Gala 2024             |  |
| 535* | 1:15.53 L   | F     | Mia Snyders               | 9      | UWCA CPT  | 21/01/2024 | CTA BMEET 4                             |  |
| 537  | 1:15.61 L   | F     | Tshepang Malete           | 10     | MATL KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |  |
| 538  | 1:15.62 L   | F     | Sophia Erasmus            | 8      | FROS TMD  | 02/03/2024 | FSA Level 1 2024                        |  |
| 539  | 1:15.83 L   | F     | Katrien Van Tonder        | 9      | WOLK MP   | 27/01/2024 | Limpopo School Champs                   |  |
| 540  | 1:16.07 L   | F     | Ané de Wet                | 9      | STGR XRD  | 20/01/2024 | AGE GROUP 5 KBY 2024                    |  |
| 541  | 1:16.33 L   | F     | Leah Schultz              | 9      | WBAC CC   | 27/01/2024 | Limpopo School Champs                   |  |
| 542  | 1:16.37 L   | F     | Lia Van der Walt          | 8      | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |  |
| 543  | 1:16.74 L   | F     | Lene Wessels              | 9      | BLOT MAN  | 27/01/2024 | Pelicans Gala 2024                      |  |
| 544  | 1:16.85 L   | F     | Kirsten Schnehage         | 10     | VINE CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |  |
| 545  | 1:16.96 L   | F     | Zinnia De Lange           | 9      | TASC MPD  | 21/10/2023 | Limpopo Age Group 4                     |  |
| 546  | 1:17.01 L   | F     | Iteolaoluwakisi Sogbanmu  | 8      | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |  |
| 547  | 1:17.07 L   | F     | Leah Spangenberg          | 8      | QUIC CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |  |
| 548  | 1:17.09 L   | F     | Mila De Kock              | 8      | CA EKU    | 11/11/2023 | EGA Summer 3                            |  |
| 549  | 1:17.26 L   | F     | Reaotlotla Mofokeng       | 10     | NWUC KKD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |  |
| 550  | 1:17.33 L   | F     | Kgosigadi Makatiers       | 7      | RBOT BPD  | 11/11/2023 | NWS Age Group 3 + 4                     |  |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time      | P/F/S | Name                    | Age/Yr |           |            |   |
|------|-----------|-------|-------------------------|--------|-----------|------------|---|
| 551  | 1:17.35 L | F     | Ava Smith               | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 552  | 1:17.48 L | F     | Zoey Arlow              | 9      | RBOT BPD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 553  | 1:17.54 L | F     | Emily Rawlins           | 9      | CPREP BUF | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 554  | 1:17.68 L | F     | Nika Loots              | 10     | PELIC MAN | 27/01/2024 | Pelicans Gala 2024                      |
| 555  | 1:17.90 L | F     | Bea Koortzen            | 9      | FAAC      | 10/02/2024 | AGE GROUP 6 KBY - 2024                  |
| 556  | 1:17.97 L | F     | Hailey Alcock           | 8      | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 557  | 1:18.01 L | F     | Eva-Grace Bezuidenhout  | 10     | FISH EDD  | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 558  | 1:18.09 L | F     | Bonolo Komape           | 10     | DOLFI MPD | 21/10/2023 | Limpopo Age Group 4                     |
| 559  | 1:18.89 L | F     | Adelle Luttig           | 10     | UPSK ZMD  | 20/01/2024 | AGE GROUP 5 UPT 2024                    |
| 560* | 1:18.96 L | F     | Linnea Bond             | 8      | ROA EDD   | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 560* | 1:18.96 L | F     | Kara Spies              | 8      | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 562  | 1:19.23 L | F     | Zanokuhle Luthuli       | 9      | USH KCD   | 27/01/2024 | Ushaka Champs 2024                      |
| 563  | 1:19.28 L | F     | Nina Nauhaus            | 9      | QSAW CED  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 564  | 1:19.47 L | F     | Lumay De Beer           | 7      | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 565  | 1:19.54 L | F     | Ansonika Mostert        | 9      | STSC KCD  | 28/10/2023 | KCDA October Age Group Gala 2023        |
| 566  | 1:19.59 L | F     | Kristi Marais           | 9      | PELIC MAN | 13/10/2023 | Pelicans Gala                           |
| 567  | 1:20.08 L | F     | Noorah Ahmed            | 9      | BLNE MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 568  | 1:20.25 L | F     | Kiara Kent              | 7      | LSN EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 569  | 1:20.33 L | F     | Julia De Beer           | 9      | TASC MPD  | 11/11/2023 | Limpopo Age Group 5                     |
| 570  | 1:20.34 L | F     | Nienke Eksteen          | 10     | VALS FDD  | 18/11/2023 | Valsrivier Gala                         |
| 571  | 1:20.38 L | F     | Helizna Schoeman        | 10     | FROS TMD  | 02/03/2024 | FSA Level 1 2024                        |
| 572  | 1:20.59 L | F     | Janah Louw              | 9      | KALA      | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 573  | 1:20.76 L | F     | Sthando Dlamini         | 10     | EKAQ ETH  | 03/11/2023 | EDA Age Group Gala 4 2023               |
| 574  | 1:21.33 L | F     | Paige Hirst             | 9      | HREF BP   | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 575  | 1:21.35 L | F     | Mishanie Van Jaarsveld  | 9      | UPSK ZMD  | 10/02/2024 | AGE GROUP 6 UPT - 2024                  |
| 576  | 1:21.62 L | F     | Adanje Du Plessis       | 8      | QSAW CED  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 577  | 1:21.82 L | F     | Jelanri Du Toit         | 7      | CUR EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 578  | 1:22.11 L | F     | Ayla Mahlangu           | 9      | NSAD EZD  | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 579  | 1:22.45 L | F     | Maya Abrahams           | 10     | UWCA CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 580  | 1:22.57 L | F     | Emilie Labuschagne      | 8      | WRP EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 581  | 1:22.75 L | F     | Gabrielle Craib         | 8      | CUHE OBD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 582  | 1:22.78 L | F     | Sarah-Faye Lubbe        | 8      | KALA      | 03/02/2024 | NCASA SPRINTS 2024                      |
| 583  | 1:23.26 L | F     | Annabelle Fouche        | 8      | KPA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 584  | 1:23.43 L | F     | Bella De Villiers       | 10     | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 585  | 1:23.44 L | F     | Catarina Miquelino      | 7      | CUR EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 586  | 1:23.45 L | F     | Olivia Harbron          | 8      | FAAC      | 27/10/2023 | Neptune Prestige Gala                   |
| 587  | 1:24.17 L | F     | Chloe Liddle            | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 588  | 1:24.21 L | F     | Adia Theko              | 7      | PELIC MAN | 02/03/2024 | FSA Level 1 2024                        |
| 589  | 1:24.39 L | F     | Annabelle Mc Donald     | 8      | FISH EDD  | 12/08/2023 | Madibaz Swim Meet 2023                  |
| 590  | 1:24.65 L | F     | Makaila Knickelbein     | 10     | KBPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 591  | 1:25.25 L | F     | Alexia Ras              | 8      | QUIC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 592  | 1:26.12 L | F     | Amore Bloem             | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 593  | 1:26.43 L | F     | Jone de Bruin           | 8      | FAAC      | 20/01/2024 | AGE GROUP 5 KBY 2024                    |
| 594  | 1:26.49 L | F     | Bumcwane Taleni         | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 595  | 1:26.86 L | F     | Micaela Thomas          | 10     | ROA EDD   | 04/11/2023 | EDEN 3rd A-League School Trials Gala    |
| 596  | 1:27.71 L | F     | Mandi Lotriet           | 10     | FAAC      | 14/10/2023 | FLAMINGO GALA 14 - 15 OCTOBER           |
| 597  | 1:28.09 L | F     | Mikayla Krebs           | 9      | PRIO NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |
| 598  | 1:29.50 L | F     | Reitumetse Thakalekoala | 7      | PELIC MAN | 02/03/2024 | FSA Level 1 2024                        |
| 599  | 1:30.49 L | F     | Mbalenhle Siwela        | 9      | AWIN TSH  | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 600  | 1:32.80 L | F     | Mabohlale Seabela       | 9      | KALA      | 02/12/2023 | AGE GROUP 3 KATHU - 2023                |
| 601  | 1:33.07 L | F     | Chaney Nathan           | 8      | FISH EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 602  | 1:33.53 L | F     | Amahle Boya             | 10     | MPS NGD   | 20/01/2024 | MP AGE GROUP 4 GALA 20 JANUARY          |
| 603  | 1:34.53 L | F     | Sophia De Beer          | 10     | QSAW CED  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 604  | 1:35.42 L | F     | Jessica Davie           | 9      | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 605  | 1:36.81 L | F     | Carlyn Spogter          | 8      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 606  | 1:37.26 L | F     | Emily Ross              | 9      | AGAQ OBD  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 607  | 1:38.19 L | F     | Karli Jv Nieuwenhuizen  | 7      | LSWBA WB  | 27/01/2024 | Limpopo School Champs                   |
| 608  | 1:39.89 L | F     | Orefile Mahume          | 10     | MATL KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 609  | 1:44.91 L | F     | Makanaka Myotcha        | 9      | FRA KCD   | 21/10/2023 | Froggies Championships 2023             |

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

|  | Time        | P/F/S | Name                     | Age/Yr |           |            |   |  |
|--|-------------|-------|--------------------------|--------|-----------|------------|---|--|
| 610                                    | 1:47.10 L   | F     | Faith Keabetswe Shamboko | 10     | NAE EZD   | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |  |
| 611                                    | 1:47.24 L   | F     | Jané Vivier              | 7      | BS LLD    | 02/03/2024 | FSA Level 1 2024                        |  |
| 612                                    | 1:47.42 L   | F     | Mia Lessing              | 10     | BETH FDD  | 02/03/2024 | FSA Level 1 2024                        |  |
| 613                                    | 1:48.59 L   | F     | Celeste Parker           | 8      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |  |
| 614                                    | 1:56.08 L   | F     | Mackenzie Puchert        | 9      | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |  |
| 615                                    | 1:57.81 L   | F     | Richdean De Take         | 10     | KALA      | 02/12/2023 | AGE GROUP 3 KATHU - 2023                |  |
| 616                                    | 2:05.38 L   | F     | Elmi van Heerden         | 8      | BS LLD    | 02/03/2024 | FSA Level 1 2024                        |  |
| 617                                    | 2:19.08 L   | F     | Eden Ehlers              | 6      | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |  |
| <b>Women 10 &amp; Under 100 Breast</b> |             |       |                          |        |           |            |   |  |
| 1                                      | 1:34.69 L   | F     | Hayley Greyvenstein      | 10     | USC BUF   | 21/03/2024 | SA Level 3 Regional Age Group           |  |
| 2                                      | 1:38.18 L   | F     | Lefei Li                 | 10     | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 3                                      | 1:38.22 L   | P     | Kasey De Bruyn           | 10     | TUKS FSH  | 20/03/2024 | SA Level 3 Regional Age Group           |  |
| 4                                      | 1:38.96 L   | F     | Danica Grant             | 10     | SOUL EKV  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 5                                      | 1:39.40 L   | F     | Olivia Geldart           | 10     | NMBA NM   | 13/01/2024 | BCA Inter-District Championship Gala    |  |
| 6                                      | 1:40.88 L   | F     | Marli Strydom            | 10     | QUIC CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 7                                      | 1:41.65 L   | F     | Ella Johnson             | 10     | SAAW CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 8                                      | 1:41.85 L   | F     | Sophie Chiang            | 10     | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 9                                      | 1:42.14 L   | F     | Mambay Banza             | 10     | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023           |  |
| 10                                     | 1:42.64 L   | P     | Bria Ahmed               | 10     | SAAW CPT  | 14/12/2023 | Western Cape LC-A Championship 2023     |  |
| 11                                     | 1:42.65 L   | F     | Jessica Steyn            | 10     | VHD ZLD   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 12                                     | 1:42.66 L   | F     | Avah Smit                | 9      | TKS WBD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 13                                     | 1:42.86 L   | F     | Leah Dabrowski           | 10     | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 14                                     | 1:42.99 L   | F     | Kayla Coetzee            | 10     | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |  |
| 15                                     | 1:43.27 L   | P     | Annebelle Botha          | 10     | PER JHB   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 16                                     | 1:43.34 L   | F     | Ané Venter               | 10     | EDA ED    | 13/01/2024 | BCA Inter-District Championship Gala    |  |
| 17                                     | 1:43.79 L   | F     | Gianna Olivier           | 10     | PAQU CED  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 18                                     | 1:44.53 L   | F     | Elke Coetsee             | 10     | SHARK     | 11/08/2023 | 1st ARENA Invitational                  |  |
| 19                                     | 1:44.98 L   | F     | Anè Bezuidenhout         | 9      | TUKS FSH  | 20/10/2023 | NTS Level 3+ October Age Group 2023     |  |
| 20                                     | 1:45.98 L   | F     | Cara Hill                | 10     | OHAN HLD  | 27/01/2024 | Ushaka Champs 2024                      |  |
| 21                                     | 1:46.27 L   | F     | Ava Du Preez             | 10     | BEAV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 22                                     | 1:46.46 L   | F     | Simone Zoutendyk         | 10     | RBOT BPD  | 06/12/2023 | NWS Championships 2023/24               |  |
| 23                                     | 1:46.56 L   | F     | Leah Schemel             | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 24                                     | 1:47.34 L   | F     | Keyla Douglas            | 10     | ROA EDD   | 18/11/2023 | Eden LC Champs 2023                     |  |
| 25                                     | 1:47.39 L   | P     | Kari Nel                 | 10     | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 26                                     | 1:47.50 L   | F     | Kyra Du Preez            | 10     | USC BUF   | 09/02/2024 | Infinity Gala 2024                      |  |
| 27                                     | 1:47.65 L   | F     | Lisa Le Roux             | 10     | BLOT MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 28                                     | 1:47.92 L   | P     | Miané Prinsloo           | 10     | ACAQ CCD  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 29                                     | 1:48.18 L   | F     | Skye Taute               | 9      | NWS       | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023        |  |
| 30*                                    | 1:48.72 L   | F     | Demi Vorster             | 10     | TUKS FSH  | 16/02/2024 | NTS February Open Age Group 2024        |  |
| 30*                                    | 1:48.72 L   | P     | Rachel Thompson          | 10     | PSC FSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 32                                     | 1:49.26 L   | P     | Mia Oosthuizen           | 10     | PAC FSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 33                                     | 1:49.27 L   | F     | Marizel Prinsloo         | 10     | BS LLD    | 06/12/2023 | Free State Champs 2023                  |  |
| 34                                     | 1:49.35 L   | F     | Isla Conradie            | 10     | SAAW CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 35                                     | 1:49.64 L   | P     | Luze Potgieter           | 10     | PAC FSH   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 36                                     | 1:49.66 L   | F     | Colleen McQueen          | 10     | BLSS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 37                                     | 1:49.68 L S | F     | Saskia Gilligan          | 10     | BLMA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |  |
| 38                                     | 1:49.71 L   | F     | Courtney Grant           | 10     | WSTV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 39                                     | 1:49.78 L   | F     | Hannah Stearn            | 10     | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |  |
| 40                                     | 1:50.29 L   | F     | Berre Sun                | 9      | MDOL JHB  | 14/10/2023 | CGA Level 2 + Gala Oct 2023             |  |
| 41                                     | 1:50.34 L   | F     | Hannah Raphaela Morgado  | 10     | CSA EZD   | 01/12/2023 | Mpumalanga Championships 2023           |  |
| 42                                     | 1:50.41 L   | F     | Mika Pelser              | 10     | AFIN JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |  |
| 43                                     | 1:50.60 L   | F     | Ava Maritz               | 10     | SEAL UMD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 44                                     | 1:50.80 L   | F     | Olivia Normington        | 10     | XCEL CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 45                                     | 1:51.51 L   | F     | Haley Pieterse           | 9      | COLJ NMA  | 03/02/2024 | Nelson Mandela Bay Schools Trials & 1st |  |
| 46                                     | 1:51.68 L   | P     | Mamoso Ramokgopa         | 10     | TKS WBD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 47                                     | 1:52.01 L   | F     | Emma-lee Claassen        | 9      | TKS WBD   | 01/12/2023 | Limpopo Champs                          |  |
| 48                                     | 1:52.15 L   | F     | Maya Schenck             | 10     | TYGE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 49                                     | 1:52.52 L   | P     | Alexi Dandoulakis        | 10     | CA EKV    | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 50                                     | 1:52.53 L   | F     | Emily Van Der Byl        | 10     | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |  |

### Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24  
 Number of Top Times: All Show Long Course Only

|     | Time    | P/F/S | Name | Age/Yr                 |    |           |  |
|-----|---------|-------|------|------------------------|----|-----------|--|
| 51  | 1:52.79 | L     | F    | Izelda Meyer           | 10 | VHD ZLD   | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 52  | 1:53.16 | L     | F    | Morgan Thysses         | 9  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 53  | 1:53.31 | L     | F    | Zayb Christians        | 9  | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 54  | 1:53.42 | L     | F    | Z'Ney Piechaczek       | 9  | BLOT MAN  | 06/12/2023 Free State Champs 2023                  |
| 55  | 1:53.59 | L     | F    | Amber Gewer            | 10 | MDOL JHB  | 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023      |
| 56  | 1:54.07 | L     | F    | Skyler Muller          | 10 | HARL BUF  | 10/02/2024 BCA Feb Age Group Gala 2024             |
| 57  | 1:54.28 | L     | F    | Julie Schwartz         | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 58  | 1:54.31 | L     | F    | Pia Swanepoel          | 10 | ASAC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 59  | 1:54.41 | L     | F    | Shalom Mtileni         | 10 | UNI EZD   | 02/02/2024 MP AGE GROUP 5 GALA                     |
| 60  | 1:54.50 | L     | P    | Sarah Mann             | 10 | CA EKV    | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 61  | 1:54.51 | L     | F    | Kelsey Markgraaff      | 9  | TUKS TSH  | 02/02/2024 NTS Level 1+2 February Age Group        |
| 62  | 1:54.68 | L     | F    | Wendy Modiba           | 10 | POLSC CCD | 01/12/2023 Limpopo Champs                          |
| 63  | 1:54.72 | L     | F    | Maria Geysers          | 10 | ELRAS WBD | 01/12/2023 Limpopo Champs                          |
| 64* | 1:54.76 | L     | F    | Layla Palframan        | 10 | SEAL UMD  | 24/11/2023 Westville-Seals LC Championships        |
| 64* | 1:54.76 | L     | F    | Annabelle Ras          | 10 | QUIC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 66  | 1:55.08 | L     | F    | Zoey Zovitzkey         | 9  | TUKS TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 67* | 1:55.13 | L     | F    | Mackenzi Dart          | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 67* | 1:55.13 | L     | F    | Isabel Helberg         | 10 | MDOL JHB  | 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023      |
| 69  | 1:55.15 | L     | F    | Amy Freeman            | 10 | NAE EZD   | 23/09/2023 MP SPRINT GALA 23 SEPTEMBER             |
| 70  | 1:55.21 | L     | F    | Shaylee Scheffer       | 10 | GREY CPT  | 11/11/2023 Winelands SL4                           |
| 71  | 1:55.46 | L     | F    | Phelan Labuscagne      | 10 | QUES JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 72  | 1:55.47 | L     | P    | Emma Gutsche           | 10 | POLSC CCD | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 73  | 1:55.49 | L     | P    | Chelsey Crossman       | 10 | BLSS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 74  | 1:55.53 | L     | P    | Dominique Du Plessis   | 9  | HPS TSH   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 75  | 1:55.54 | L     | P    | Mackenzie Spencer      | 9  | TRAZ TSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 76  | 1:56.18 | L     | P    | Mia Mostert            | 10 | AWIN TSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 77  | 1:56.39 | L     | F    | Morgan Baard           | 10 | FISH EDD  | 18/11/2023 Eden LC Champs 2023                     |
| 78  | 1:56.44 | L     | F    | Addison Pitout         | 9  | ASAC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 79  | 1:56.85 | L     | P    | Alexus Erasmus         | 9  | FSE KCD   | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 80* | 1:56.87 | L     | F    | Isabella Van Breda     | 10 | NWUC KKD  | 06/12/2023 NWS Championships 2023/24               |
| 80* | 1:56.87 | L     | P    | Holly Couzens          | 10 | SGUL ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 82  | 1:57.07 | L     | F    | Myra Bailey            | 10 | HASC JHB  | 27/01/2024 CGA Level 2+ Gala 27 Jan 2024           |
| 83  | 1:57.10 | L     | F    | Alexi Claassen         | 10 | TUKS TSH  | 20/10/2023 NTS Level 3+ October Age Group 2023     |
| 84  | 1:57.25 | L     | F    | Elle-Anne Roper        | 9  | WSS LLD   | 06/12/2023 Free State Champs 2023                  |
| 85  | 1:57.26 | L S   | F    | Leah Verdon            | 10 | INFA NMA  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 86  | 1:57.43 | L     | F    | Siphwosethu Sikhakhane | 10 | AZON ETH  | 24/11/2023 Westville-Seals LC Championships        |
| 87  | 1:57.48 | L     | P    | Mia Tonkinson          | 10 | SOUL EKV  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 88  | 1:57.50 | L     | F    | Kailah Nel             | 10 | BLSS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 89  | 1:57.61 | L     | F    | Beatrisa Kotklier      | 10 | CYBE CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 90  | 1:57.74 | L     | F    | Anzel Smit             | 10 | EXP TSH   | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 91  | 1:57.75 | L     | P    | Peta De Souza          | 9  | EXP TSH   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 92  | 1:57.78 | L     | P    | Puleng Masemene        | 10 | ELEC TSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 93  | 1:58.44 | L     | P    | Alexia Botha           | 10 | KALA      | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 94* | 1:58.55 | L     | F    | Jane Tredoux           | 10 | BLNE MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 94* | 1:58.55 | L     | F    | Paige Van Breda        | 9  | TCA EKV   | 02/03/2024 AG Level 1 Regional Age Group           |
| 96  | 1:58.56 | L     | F    | Sophia Ebrahim         | 10 | ESP EKV   | 24/11/2023 EGA Summer 4                            |
| 97  | 1:58.77 | L     | F    | Miane Bendeman         | 10 | LSPHA MP  | 27/01/2024 Limpopo School Champs                   |
| 98  | 1:58.82 | L     | F    | Dine Vd Wal            | 10 | CASC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 99  | 1:58.85 | L     | F    | Lienke Myburgh         | 9  | CSA EZD   | 02/02/2024 MP AGE GROUP 5 GALA                     |
| 100 | 1:58.86 | L     | F    | Cato" Erasmus          | 10 | UNAT      | 02/03/2024 FSA Level 1 2024                        |
| 101 | 1:58.95 | L     | P    | Mine' Kirstein         | 10 | PAC TSH   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 102 | 1:59.11 | L     | F    | Anika Nel              | 9  | EXP TSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 103 | 1:59.25 | L     | F    | Chloe Charedzera       | 10 | PEAS NMA  | 09/02/2024 Infinity Gala 2024                      |
| 104 | 1:59.51 | L     | F    | Geneva Keeton          | 10 | OHAN LLD  | 27/01/2024 Ushaka Champs 2024                      |
| 105 | 1:59.53 | L     | P    | Nissi Mtetwa           | 10 | WWOL TSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 106 | 1:59.55 | L S   | F    | Alyssa Bosch           | 10 | BARR CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 107 | 1:59.63 | L     | F    | Inge Jv Vuuren         | 10 | LSTZN CCD | 27/01/2024 Limpopo School Champs                   |
| 108 | 1:59.64 | L     | F    | Anje Adendorff         | 9  | NC FB     | 27/01/2024 4 + 1 Inter Provincial Gala 2023        |
| 109 | 1:59.69 | L     | F    | Chloe Pohlmann         | 10 | CPPS NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |



### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                  |    |       |     |            |   |
|------|---------|-------|------|-------------------------|----|-------|-----|------------|---|
| 110* | 1:59.71 | L     | F    | Aziza Zuma              | 10 | ACSA  | ETH | 16/02/2024 | EDA Age Group Gala 6 2024               |
| 110* | 1:59.71 | L     | P    | Holly Noble             | 10 | ESP   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 112  | 1:59.73 | L     | P    | Lexie Carstens          | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 113  | 1:59.92 | L     | F    | Isabelle de Beer        | 10 | NWS   |     | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023        |
| 114  | 2:00.06 | L     | P    | Emma Roets              | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 115  | 2:00.10 | L     | F    | Mariane Labuschagne     | 10 | FISH  | EDD | 18/11/2023 | Eden LC Champs 2023                     |
| 116  | 2:00.11 | L     | P    | Mika Ferreira           | 10 | ZASC  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 117  | 2:00.25 | L     | F    | Isabella De Jager       | 9  | QSAW  | GED | 17/02/2024 | Swartland Invitational Gala 2024        |
| 118  | 2:00.38 | L     | F    | Grace Hoar              | 9  | KLOO  | ETH | 24/11/2023 | Westville-Seals LC Championships        |
| 119  | 2:00.43 | L     | F    | Emma McClure            | 10 | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 120  | 2:00.62 | L     | F    | Aishah Bingudza         | 10 | VRC   | FSH | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 121  | 2:00.64 | L     | F    | Murunwa Thidiela        | 10 | BON   | EKU | 26/01/2024 | EGA Last Chance 2024                    |
| 122  | 2:00.66 | L     | P    | Zara Komani             | 10 | WATR  | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 123  | 2:00.73 | L     | F    | Diante Bothma           | 10 | CSA   | EZD | 13/10/2023 | MP AGE GROUP 2                          |
| 124  | 2:00.78 | L     | F    | Annique Bester          | 10 | AGAQ  | QBD | 11/11/2023 | Swartland Prestige Gala 2023            |
| 125  | 2:00.90 | L     | F    | Annabelle Van Onselen   | 9  | TYGE  | CPT | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 126  | 2:00.93 | L     | F    | Sabrina Madondo         | 10 | AAS   | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 127  | 2:01.19 | L     | F    | Anna Charlton           | 10 | TRAZ  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 128  | 2:01.23 | L     | F    | Sophia Abrams           | 9  | USC   | BUF | 24/11/2023 | BCA Long Course Championships 2023      |
| 129  | 2:01.44 | L     | F    | Ditebogo Pheeha         | 10 | ACAA  | CCD | 21/10/2023 | Limpopo Age Group 4                     |
| 130  | 2:01.51 | L     | F    | Leah Victor             | 9  | LSPHA | MP  | 27/01/2024 | Limpopo School Champs                   |
| 131  | 2:01.67 | L     | P    | Khera Murray            | 10 | H2O   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 132* | 2:01.73 | L     | F    | Catherine Couch         | 10 | QUES  | JHB | 10/11/2023 | CGA Level 2+ Gala 10 - 11 Nov 2023      |
| 132* | 2:01.73 | L     | P    | Etli Van Niekerk        | 10 | CSA   | EZD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 134  | 2:01.75 | L     | P    | Kamila Mohapi           | 10 | ESTR  | EKU | 07/12/2023 | EGA Summer Championships                |
| 135  | 2:01.87 | L     | F    | Hayley Liedeman         | 10 | SWAR  | WCD | 17/02/2024 | Swartland Invitational Gala 2024        |
| 136  | 2:01.89 | L     | F    | Mia De Lange            | 10 | SS    | MPD | 01/12/2023 | Limpopo Champs                          |
| 137  | 2:02.00 | L     | F    | Mihanka vd Bank         | 10 | CUHE  | QBD | 17/02/2024 | Swartland Invitational Gala 2024        |
| 138  | 2:02.08 | L     | F    | Nina Bosch              | 8  | BAS   | EKU | 07/12/2023 | EGA Summer Championships                |
| 139* | 2:02.37 | L     | F    | SCARLETT MAC DONALD     | 8  | ROA   | EDD | 20/01/2024 | EDEN 4th A-League Gala 2024             |
| 139* | 2:02.37 | L     | P    | Maya Chelin             | 10 | H2O   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 141  | 2:02.38 | L     | P    | Lucy Van der Westhuizen | 9  | NAE   | EZD | 01/12/2023 | Mpumalanga Championships 2023           |
| 142  | 2:02.40 | L     | F    | Marguerite Burger       | 9  | SWAR  | WCD | 11/11/2023 | Swartland Prestige Gala 2023            |
| 143  | 2:02.42 | L     | F    | Amelie Theron           | 9  | QUIC  | CPT | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 144  | 2:02.48 | L     | F    | Amice Seaman            | 8  | UNI   | EZD | 23/09/2023 | MP SPRINT GALA 23 SEPTEMBER             |
| 145  | 2:02.63 | L     | F    | Zeney De Beer           | 10 | CSA   | EZD | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 146  | 2:02.88 | L     | F    | Ivy Wilkins             | 9  | HPS   | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 147  | 2:02.94 | L     | F    | Elmine Opperman         | 10 | KTS   |     | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 148  | 2:03.00 | L     | F    | Accalia Maartens        | 9  | BLOT  | MAN | 16/02/2024 | Neptunes Last chance Gala               |
| 149  | 2:03.01 | L     | F    | Engela Klopper          | 10 | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 150  | 2:03.02 | L     | F    | Veronique Coetzee       | 9  | JAQ   | EKU | 26/01/2024 | EGA Last Chance 2024                    |
| 151  | 2:03.17 | L     | F    | Rachel John             | 9  | DORE  | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 152  | 2:03.20 | L     | F    | Lisa Kotzé              | 9  | POTC  | KKD | 11/11/2023 | NWS Age Group 3 + 4                     |
| 153  | 2:03.27 | L     | F    | Millay de Kock          | 9  | LSM   | EZD | 23/02/2024 | NW School Championships 2024            |
| 154  | 2:03.43 | L     | F    | Thendo Nemakanga        | 9  | AAS   | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 155  | 2:03.53 | L     | F    | Mia Thompson            | 9  | BEST  | NMA | 15/12/2023 | NMBA Championships 2023                 |
| 156  | 2:03.55 | L     | F    | Jaunté Duvenage         | 10 | LPTBO | CCD | 27/01/2024 | Limpopo School Champs                   |
| 157  | 2:03.80 | L     | F    | Daniella Louw           | 10 | FAAC  |     | 27/10/2023 | Neptune Prestige Gala                   |
| 158  | 2:03.83 | L     | F    | Lexi Abrahamse          | 10 | VINE  | CPT | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 159  | 2:03.84 | L     | F    | Ashleigh Goosen         | 9  | UNI   | EZD | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 160  | 2:03.99 | L     | F    | Lea Noble               | 10 | BLMA  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 161  | 2:04.57 | L     | F    | Olivia Odendaal         | 10 | HPS   | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 162  | 2:04.81 | L     | F    | Kayla Pieterse          | 10 | LSWBA | WB  | 27/01/2024 | Limpopo School Champs                   |
| 163  | 2:04.89 | L     | P    | Peyton Strydom          | 9  | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 164  | 2:04.91 | L     | F    | Vida Olivier            | 10 | BLNE  | MAN | 27/10/2023 | Neptune Prestige Gala                   |
| 165  | 2:05.12 | L     | F    | Sarah Ferreira          | 9  | PER   | JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 166  | 2:05.19 | L S   | F    | Lily Van Zyl            | 10 | TYGE  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 167  | 2:05.42 | L     | F    | Emma Strydom            | 9  | QUIC  | CPT | 17/02/2024 | Swartland Invitational Gala 2024        |
| 168  | 2:05.49 | L     | F    | Miele' Loftus           | 10 | BULS  | MAN | 02/03/2024 | FSA Level 1 2024                        |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                  |    |           |  |
|------|---------|-------|------|-------------------------|----|-----------|--|
| 169  | 2:05.57 | L     | F    | Mari-Hane Visser        | 10 | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 170  | 2:05.62 | L S   | F    | Yamakhuze Loni          | 10 | INFA NMA  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 171  | 2:05.68 | L     | F    | Lianka Spies            | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 172  | 2:05.79 | L     | F    | Elizabeth Hartman       | 9  | BLOT MAN  | 02/03/2024 FSA Level 1 2024                        |
| 173  | 2:05.91 | L     | F    | Willow Coleman          | 10 | SEAL UMD  | 24/11/2023 Westville-Seals LC Championships        |
| 174  | 2:06.01 | L     | F    | Eva Coates              | 8  | FISH EDD  | 09/02/2024 Infinity Gala 2024                      |
| 175  | 2:06.06 | L     | F    | Kaylyn Blair            | 9  | BLOT MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 176  | 2:06.12 | L     | F    | Anni Jordaan            | 9  | QSAW CED  | 11/11/2023 Swartland Prestige Gala 2023            |
| 177  | 2:06.23 | L     | F    | Skylin Koupis           | 10 | BLOT MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 178  | 2:06.48 | L     | F    | Annabel Swart           | 9  | QSAW CED  | 17/02/2024 Swartland Invitational Gala 2024        |
| 179  | 2:06.49 | L     | F    | Livia Venter            | 8  | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 180  | 2:06.55 | L     | F    | Molly Wang              | 9  | OHAN ILD  | 27/01/2024 Ushaka Champs 2024                      |
| 181* | 2:06.56 | L     | P    | Chelsey Witney          | 10 | PGAC EKU  | 07/12/2023 EGA Summer Championships                |
| 181* | 2:06.56 | L     | F    | Kayline Cronje          | 9  | JAQ EKU   | 26/01/2024 EGA Last Chance 2024                    |
| 183  | 2:06.81 | L     | F    | Emma Ranger             | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 184  | 2:07.25 | L     | F    | Bianca Van Jaarsveld    | 10 | TYGE CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 185  | 2:07.27 | L     | F    | Psalm Oswald            | 9  | ESP EKU   | 02/03/2024 AG Level 1 Regional Age Group           |
| 186  | 2:07.28 | L     | F    | Isabelle Oliphant       | 9  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 187  | 2:07.30 | L     | F    | Roxanne Hautmann        | 10 | DSK BP    | 23/02/2024 NW School Championships 2024            |
| 188  | 2:07.36 | L     | F    | Elbe van Zyl            | 9  | BLNE MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 189  | 2:07.44 | L     | F    | Caitlin Lombard         | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 190  | 2:07.55 | L     | F    | Leah Vos                | 10 | CSA EZD   | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 191  | 2:07.71 | L     | F    | Tshegofatso Le Roux     | 10 | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 192  | 2:07.75 | L     | F    | Janina Badenhorst       | 9  | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 193  | 2:07.81 | L     | F    | Leané Bruwer            | 10 | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 194  | 2:07.95 | L     | F    | Leah Kriel              | 9  | GREY CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 195  | 2:08.02 | L     | F    | Bella-Rose Hutchinson   | 9  | SGUL ETH  | 24/11/2023 Westville-Seals LC Championships        |
| 196  | 2:08.08 | L     | F    | Ymeri Wilken            | 10 | VALS FDD  | 06/12/2023 Free State Champs 2023                  |
| 197  | 2:08.14 | L     | F    | Meziana Hammouche       | 10 | MAKO EKU  | 26/01/2024 EGA Last Chance 2024                    |
| 198  | 2:08.29 | L     | F    | Vania Martin            | 10 | SOUL EKU  | 02/03/2024 AG Level 1 Regional Age Group           |
| 199  | 2:08.30 | L     | F    | Meandri Vorster         | 9  | TUKS FSH  | 29/09/2023 2023 OR Tambo Trials & NTS Oct AG       |
| 200  | 2:08.33 | L     | F    | Emma Marx               | 9  | NAE EZD   | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 201  | 2:08.55 | L     | F    | Olivia Mason            | 9  | UNI EZD   | 13/10/2023 MP AGE GROUP 2                          |
| 202  | 2:08.76 | L     | F    | Vinelle Moss            | 10 | PEAS NMA  | 11/11/2023 5th A League Gala 2023                  |
| 203  | 2:08.77 | L     | F    | Carli Stoop             | 10 | COMS FSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 204  | 2:08.86 | L     | F    | Pradhia Singh           | 10 | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 205  | 2:08.90 | L     | F    | Nathalie Naude          | 10 | HHPS NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 206* | 2:08.91 | L     | P    | Carla Fourie            | 10 | NAE EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 206* | 2:08.91 | L     | F    | Hayden Perrins          | 10 | GREY CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 208  | 2:09.09 | L     | F    | Paige Plumb             | 8  | CSA EZD   | 29/09/2023 MP AGE GROUP 1 29.09.2023 -             |
| 209  | 2:09.32 | L     | F    | Jeanine Goosen          | 10 | BLNE MAN  | 13/10/2023 Pelicans Gala                           |
| 210  | 2:09.40 | L     | F    | Amelie v Staden         | 10 | HREF BP   | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 211  | 2:09.53 | L     | F    | Danille De Jager        | 10 | OLDE JHB  | 27/01/2024 CGA Level 2+ Gala 27 Jan 2024           |
| 212  | 2:09.66 | L     | P    | Nduvho Rabambi          | 10 | BULS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 213  | 2:09.69 | L     | F    | Anzel Swiegers          | 8  | BULS MAN  | 27/01/2024 Pelicans Gala 2024                      |
| 214  | 2:10.03 | L     | F    | Tenè Venter             | 10 | BLSS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 215  | 2:10.46 | L     | F    | Kaleigh Henning         | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 216  | 2:10.48 | L     | F    | Holly Miles             | 9  | HARL BUF  | 24/11/2023 BCA Long Course Championships 2023      |
| 217  | 2:10.50 | L     | F    | Adrienne Meiring        | 10 | PEAS NMA  | 09/02/2024 Infinity Gala 2024                      |
| 218  | 2:10.52 | L     | F    | Miane Steyn             | 10 | LEGC ETH  | 02/12/2023 Stingrays Swim Champs 2023              |
| 219  | 2:10.57 | L     | F    | Yu Xi Jin               | 10 | TYGE CPT  | 11/11/2023 Winelands SL4                           |
| 220  | 2:10.60 | L     | F    | Alyx Cupido             | 8  | BLNE MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 221  | 2:10.95 | L     | F    | Natalie Maritz          | 10 | NSAD EZD  | 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023             |
| 222  | 2:10.98 | L S   | F    | Karin Gericke           | 9  | CASC CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 223  | 2:11.20 | L     | F    | Marlien Nell            | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 224  | 2:11.21 | L     | F    | Cayden Parfitt          | 10 | CASC CPT  | 24/06/2023 PEA Winter Gala 2023                    |
| 225  | 2:11.22 | L     | F    | Lienke Jv Nieuwenhuizen | 10 | LSWBA WB  | 27/01/2024 Limpopo School Champs                   |
| 226  | 2:11.28 | L     | F    | Reabetswe Tau           | 9  | PER JHB   | 02/03/2024 AG Level 1 Regional Age Group           |
| 227  | 2:11.52 | L     | F    | Christine Kruger        | 10 | BLSS MAN  | 06/12/2023 Free State Champs 2023                  |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time    | P/F/S | Name | Age/Yr                |    |           |  |
|------|---------|-------|------|-----------------------|----|-----------|--|
| 228  | 2:11.63 | L     | F    | Gabriella Loucao      | 9  | SS MPD    | 01/12/2023 Limpopo Champs                          |
| 229  | 2:11.87 | L     | F    | Faythe Evans          | 10 | HASC JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 230  | 2:11.99 | L     | F    | Olivia Plowman        | 9  | SGUL ETH  | 24/11/2023 Westville-Seals LC Championships        |
| 231  | 2:12.03 | L     | F    | Tabo Mwenechanya      | 10 | CRSC JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 232  | 2:12.04 | L     | F    | Nina Groenewald       | 9  | KTS       | 03/02/2024 NCASA SPRINTS 2024                      |
| 233  | 2:12.65 | L     | F    | Marné Truter          | 10 | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 234  | 2:12.68 | L     | F    | Lizanté Bam           | 10 | BLSS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 235  | 2:12.87 | L     | F    | Emily Bestbier        | 10 | BON ECU   | 07/12/2023 EGA Summer Championships                |
| 236  | 2:13.08 | L     | F    | Ayesha Fakier         | 9  | SAAW CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 237  | 2:13.12 | L     | F    | Kgothatso Raphadu     | 9  | TUKS TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 238  | 2:13.24 | L     | F    | Nienke van Wyngaard   | 8  | PSC TSH   | 16/02/2024 NTS February Open Age Group 2024        |
| 239  | 2:13.67 | L     | F    | Isabella Liberty      | 10 | GREY CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 240  | 2:13.85 | L     | F    | Lauren Hans           | 10 | MATL KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 241  | 2:14.02 | L     | F    | Jana Hiestermann      | 9  | DDA TSH   | 02/02/2024 NTS Level 1+2 February Age Group        |
| 242  | 2:14.03 | L     | F    | Mieke Koekemoer       | 9  | QUIC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 243  | 2:14.29 | L     | F    | Lara Britz            | 9  | FRA KCD   | 21/10/2023 Froggies Championships 2023             |
| 244  | 2:14.38 | L     | F    | Heidi Du Toit         | 8  | CSA EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 245  | 2:14.54 | L     | F    | Gabriella Scott       | 10 | TUKS TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 246  | 2:14.87 | L S   | F    | Henriette Odendaal    | 8  | QUIC CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 247  | 2:14.90 | L     | F    | Elmare Naude          | 9  | DESA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 248* | 2:14.92 | L     | F    | Hanneli van der Watt  | 8  | GREY CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 248* | 2:14.92 | L     | F    | Anja Schreve          | 9  | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 250  | 2:14.96 | L     | F    | Sarah Palmer          | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 251  | 2:15.04 | L     | F    | Annabel Marais        | 10 | ACSC TSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 252  | 2:15.15 | L     | F    | Mia Du Preez          | 10 | BLNE MAN  | 24/06/2023 PEA Winter Gala 2023                    |
| 253  | 2:15.22 | L     | F    | Rorisang Lempe        | 9  | MAKO ECU  | 02/03/2024 AG Level 1 Regional Age Group           |
| 254* | 2:15.37 | L     | F    | Jessica Francis       | 9  | SEAL UMD  | 24/11/2023 Westville-Seals LC Championships        |
| 254* | 2:15.37 | L     | F    | Tabea Greyling        | 10 | RFA TSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 256  | 2:15.39 | L     | F    | Zoë Selesho           | 10 | TUKS TSH  | 02/02/2024 NTS Level 1+2 February Age Group        |
| 257  | 2:15.72 | L     | F    | Jo Anne Schutte       | 9  | KALA      | 17/02/2024 KATHU T&S CLUB GALA 2024                |
| 258  | 2:15.74 | L     | F    | Cara Cornelissen      | 9  | KTS       | 10/02/2024 AGE GROUP 6 KATHU 2024                  |
| 259  | 2:15.76 | L     | F    | Dané Combrinck        | 10 | TUKS TSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 260  | 2:15.96 | L     | F    | Skyler Petzer         | 9  | RUSTL BP  | 23/02/2024 NW School Championships 2024            |
| 261  | 2:17.17 | L     | F    | Tiisetso Makhatho     | 10 | ESP ECU   | 26/01/2024 EGA Last Chance 2024                    |
| 262  | 2:17.19 | L     | F    | Natalie Brown         | 10 | MATL KKD  | 11/11/2023 NWS Age Group 3 + 4                     |
| 263  | 2:17.40 | L     | F    | Kirei Burgess         | 8  | CA ECU    | 28/10/2023 EGA Summer 2 2023                       |
| 264  | 2:17.57 | L     | F    | Klara Meindertsmma    | 8  | TUKS TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 265  | 2:17.59 | L     | F    | Charme Van Niekerk    | 9  | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 266  | 2:17.68 | L     | F    | Kgadi Mamaila         | 10 | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 267  | 2:17.88 | L     | F    | Helana Pretorius      | 10 | SWAR WCD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 268  | 2:17.90 | L     | F    | Olivia Rossouw        | 8  | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 269  | 2:18.17 | L     | F    | Adison Gericke        | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 270  | 2:18.24 | L     | F    | Hannah Stewart        | 9  | TASC MPD  | 01/12/2023 Limpopo Champs                          |
| 271  | 2:18.28 | L     | F    | Demi Palmer           | 10 | PEAS NMA  | 24/06/2023 PEA Winter Gala 2023                    |
| 272  | 2:18.41 | L     | F    | Amorick Jacobs        | 10 | KTS       | 17/02/2024 KATHU T&S CLUB GALA 2024                |
| 273  | 2:18.45 | L     | F    | Tlotlotsame Makatiers | 10 | RBOT BPD  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 274  | 2:18.66 | L     | F    | Tshegofatso Kwadjo    | 10 | TUKS TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 275  | 2:20.29 | L     | F    | Emma-Kate McCallum    | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 276  | 2:20.49 | L     | F    | Jorja Petschel        | 10 | HARL BUF  | 24/11/2023 BCA Long Course Championships 2023      |
| 277  | 2:20.58 | L S   | F    | Yi-han Huang          | 9  | BLMA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 278  | 2:20.59 | L     | F    | Ava Forsythe          | 8  | COLJ NMA  | 03/02/2024 Nelson Mandela Bay Schools Trials & 1st |
| 279  | 2:20.62 | L     | F    | Josephine Feher       | 10 | DORE JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 280  | 2:20.98 | L     | F    | Mariandi Bredenkamp   | 10 | BS LLD    | 06/12/2023 Free State Champs 2023                  |
| 281  | 2:21.04 | L     | F    | Theresa Bartmann      | 9  | SWAR WCD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 282  | 2:21.22 | L     | F    | Sofia Grebe           | 8  | CUHE OBD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 283  | 2:22.25 | L     | F    | Karli Botha           | 8  | KALA      | 03/02/2024 NCASA SPRINTS 2024                      |
| 284  | 2:22.43 | L     | F    | Ashley Du Randt       | 10 | CASC CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 285  | 2:22.61 | L     | F    | Leah Bunge            | 10 | BLUO UGD  | 02/12/2023 Stingrays Swim Champs 2023              |
| 286  | 2:23.14 | L     | F    | Anashe Nhando         | 10 | AFIN JHB  | 02/03/2024 AG Level 1 Regional Age Group           |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time    | P/F/S | Name | Age/Yr                 |    |           |            |                                      |
|------|---------|-------|------|------------------------|----|-----------|------------|--------------------------------------|
| 287  | 2:23.17 | L     | P    | Kagiso Motuku          | 10 | PGAC EKU  | 07/12/2023 | EGA Summer Championships             |
| 288  | 2:23.32 | L S   | F    | Jinxuan Li             | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 289  | 2:23.74 | L     | F    | Cleo Julius            | 10 | KALA      | 10/02/2024 | AGE GROUP 6 KATHU 2024               |
| 290* | 2:23.76 | L     | F    | Lenice Lange           | 10 | TKS WBD   | 01/12/2023 | Limpopo Champs                       |
| 290* | 2:23.76 | L     | F    | Lize-Mari Cloete       | 10 | BS LLD    | 06/12/2023 | Free State Champs 2023               |
| 292  | 2:23.77 | L     | F    | Mia Haddad             | 10 | FAAC      | 01/12/2023 | AGE GROUP 3 KBY 2023                 |
| 293  | 2:23.96 | L     | F    | Danelle Louw           | 10 | BULS MAN  | 06/12/2023 | Free State Champs 2023               |
| 294  | 2:24.22 | L     | F    | Ashley Trollop         | 9  | GREY CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 295  | 2:24.48 | L     | F    | Mari Malherbe          | 9  | QSAW CED  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 296  | 2:24.62 | L     | P    | Nina Els               | 10 | RBOT BPD  | 06/12/2023 | NWS Championships 2023/24            |
| 297  | 2:24.95 | L     | F    | Jana Pienaar           | 10 | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 298  | 2:25.36 | L     | F    | Mieke Drenth           | 9  | AWIN TSH  | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG    |
| 299  | 2:25.46 | L     | F    | Daniella-Mohapi Lebogo | 10 | TUKS TSH  | 02/03/2024 | AG Level 1 Regional Age Group        |
| 300  | 2:25.62 | L     | P    | Kano Molefe            | 9  | HREF BP   | 06/12/2023 | NWS Championships 2023/24            |
| 301  | 2:25.74 | L S   | F    | Kayla Fouche           | 8  | TYGE CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 302  | 2:25.76 | L     | F    | Belissa Shabangu       | 7  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS          |
| 303  | 2:25.78 | L S   | F    | Michaela Kröger        | 10 | BARR CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 304  | 2:25.79 | L     | F    | Carli Marais           | 10 | KNYA EDD  | 20/01/2024 | EDEN 4th A-League Gala 2024          |
| 305  | 2:25.98 | L     | F    | Jaed Beaton            | 10 | PEAS NMA  | 24/06/2023 | PEA Winter Gala 2023                 |
| 306  | 2:26.66 | L     | P    | Zoe Danha              | 10 | NAE EZD   | 01/12/2023 | Mpumalanga Championships 2023        |
| 307  | 2:26.74 | L     | F    | Georgia Carls          | 9  | KTS       | 17/02/2024 | KATHU T&S CLUB GALA 2024             |
| 308  | 2:26.75 | L     | F    | Happy Raphuti          | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 309  | 2:27.27 | L     | F    | Anke Van den Berg      | 9  | CSC TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 310  | 2:27.40 | L     | F    | Nina Vancoillie        | 9  | QUIC CPT  | 11/11/2023 | Swartland Prestige Gala 2023         |
| 311  | 2:27.53 | L     | F    | Amy Dick               | 9  | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023         |
| 312  | 2:27.55 | L S   | F    | Marné Van Eyssen       | 9  | BARR CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 313  | 2:27.58 | L     | F    | Milana Kyriakides      | 9  | SOUL EKU  | 02/03/2024 | AG Level 1 Regional Age Group        |
| 314  | 2:27.89 | L     | F    | Rachel Johnson         | 10 | BARA EKU  | 02/03/2024 | AG Level 1 Regional Age Group        |
| 315  | 2:27.93 | L     | F    | Cathryn Davenport      | 9  | DESA NMA  | 23/09/2023 | 3rd A League Gala 2023               |
| 316  | 2:28.24 | L     | F    | Marli Nel              | 9  | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 317  | 2:29.02 | L     | F    | Carli van der Walt     | 10 | PSA ZLD   | 27/01/2024 | Ushaka Champs 2024                   |
| 318  | 2:29.19 | L     | F    | Iva Theron             | 10 | MCS BP    | 23/02/2024 | NW School Championships 2024         |
| 319  | 2:29.25 | L     | F    | Mia du Plessis         | 10 | OLS BP    | 23/02/2024 | NW School Championships 2024         |
| 320  | 2:29.43 | L     | F    | Li-Mare Olivier        | 9  | FAAC      | 01/12/2023 | AGE GROUP 3 KBY 2023                 |
| 321* | 2:29.90 | L     | F    | Mikayla Hanneman       | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 321* | 2:29.90 | L     | F    | Anlia Webb             | 8  | NSAD EZD  | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS          |
| 323  | 2:29.91 | L     | F    | Milandri Du Preez      | 8  | LSM EZD   | 23/02/2024 | NW School Championships 2024         |
| 324  | 2:30.77 | L     | F    | Erin Mackenzie         | 9  | FAAC      | 11/11/2023 | AGE GROUP 1                          |
| 325  | 2:31.12 | L     | F    | Luvuyokazi Dlamini     | 10 | FSE KCD   | 27/01/2024 | Ushaka Champs 2024                   |
| 326  | 2:31.63 | L     | F    | Lusanele Qusheka       | 10 | BEST NMA  | 24/06/2023 | PEA Winter Gala 2023                 |
| 327  | 2:31.75 | L     | F    | Lily-Mae Smith         | 10 | TCA EKU   | 24/11/2023 | EGA Summer 4                         |
| 328  | 2:31.91 | L S   | F    | Paige Aarninkhof       | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 329  | 2:32.42 | L     | F    | Tsakani Mithi          | 10 | BARA EKU  | 24/11/2023 | EGA Summer 4                         |
| 330  | 2:33.08 | L     | F    | Cayla Senekal          | 10 | TKS WBD   | 11/11/2023 | Limpopo Age Group 5                  |
| 331  | 2:33.49 | L     | F    | Nikola De Villiers     | 8  | TYGE CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 332  | 2:34.21 | L     | F    | Camryn Bolitho         | 9  | SOUL EKU  | 24/11/2023 | EGA Summer 4                         |
| 333  | 2:34.45 | L     | F    | Molly Raphuti          | 8  | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 334  | 2:34.56 | L     | F    | Anchen Schoeman        | 10 | BS LLD    | 02/03/2024 | FSA Level 1 2024                     |
| 335  | 2:34.67 | L     | F    | Ané de Wet             | 9  | STGR XRD  | 20/01/2024 | AGE GROUP 5 KBY 2024                 |
| 336  | 2:35.37 | L     | F    | Emily Ohlson           | 9  | AQDO CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet     |
| 337  | 2:35.67 | L     | F    | Amelia-Rose Geldart    | 9  | ESP EKU   | 24/11/2023 | EGA Summer 4                         |
| 338  | 2:35.81 | L     | P    | Milan Genis            | 10 | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023        |
| 339  | 2:36.65 | L     | F    | Elzaan Kieck           | 9  | AWIN TSH  | 03/11/2023 | NTS Level 1+2 November Age Group     |
| 340  | 2:37.01 | L     | F    | Lehanri Cronje         | 10 | NSAD EZD  | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -          |
| 341  | 2:37.61 | L     | F    | Demi Pieterse          | 8  | AWIN TSH  | 02/03/2024 | AG Level 1 Regional Age Group        |
| 342  | 2:38.21 | L     | F    | Nolitha Luhabe         | 9  | SWIFT EKU | 07/12/2023 | EGA Summer Championships             |
| 343  | 2:38.41 | L     | P    | Oageng Mmalekutu       | 9  | TLAC BPD  | 06/12/2023 | NWS Championships 2023/24            |
| 344  | 2:38.61 | L     | F    | Lua Van Collier        | 8  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS          |
| 345  | 2:39.78 | L S   | F    | Thalia Mbock Madjang   | 10 | HURA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|  | Time    | P/F/S | Name | Age/Yr                 |    |           |   |
|--|---------|-------|------|------------------------|----|-----------|---|
| 346                                    | 2:40.15 | L     | F    | Abigail Lange          | 9  | VINE CPT  | 11/11/2023 Swartland Prestige Gala 2023         |
| 347                                    | 2:41.08 | L     | F    | Leandri Puth           | 9  | LSB BP    | 23/02/2024 NW School Championships 2024         |
| 348                                    | 2:41.11 | L     | F    | Kiara Kent             | 7  | LSN EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS          |
| 349                                    | 2:41.18 | L     | F    | Mieke Jv Vuuren        | 9  | LSKP WB   | 27/01/2024 Limpopo School Champs                |
| 350                                    | 2:42.22 | L     | F    | Mila De Kock           | 8  | CA EKV    | 28/10/2023 EGA Summer 2 2023                    |
| 351*                                   | 2:42.61 | L     | F    | Raya Singh             | 8  | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024     |
| 351*                                   | 2:42.61 | L     | F    | Yandzisa Sambo         | 8  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS          |
| 353                                    | 2:42.77 | L     | F    | Yolla Mario            | 8  | KALA      | 20/01/2024 AGE GROUP 5 KATHU 2024               |
| 354                                    | 2:45.93 | L     | F    | Ellie van der Mescht   | 8  | DESA NMA  | 11/11/2023 5th A League Gala 2023               |
| 355                                    | 2:48.20 | L     | P    | Omphile Mahlohela      | 10 | HREF BP   | 06/12/2023 NWS Championships 2023/24            |
| 356                                    | 2:48.24 | L     | F    | Issabel Lindeboom      | 9  | BLNE MAN  | 02/03/2024 FSA Level 1 2024                     |
| 357                                    | 2:48.78 | L S   | F    | Emily Rushin           | 8  | HURA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala |
| 358                                    | 2:49.53 | L     | F    | Nika Loots             | 10 | PELIC MAN | 11/11/2023 Bull Sharks Gala                     |
| 359                                    | 2:50.81 | L     | F    | Jemma October          | 9  | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023         |
| 360                                    | 2:55.99 | L     | F    | Adelle Luttig          | 10 | UPSK ZMD  | 20/01/2024 AGE GROUP 5 UPT 2024                 |
| 361                                    | 2:56.40 | L     | F    | Mishanie Van Jaarsveld | 9  | UPSK ZMD  | 10/02/2024 AGE GROUP 6 UPT - 2024               |
| 362                                    | 3:01.87 | L     | F    | Sarah-Faye Lubbe       | 8  | KALA      | 01/12/2023 AGE GROUP 3 KBY 2023                 |
| 363                                    | 3:02.61 | L     | F    | Ayla Mahlangu          | 9  | NSAD EZD  | 13/10/2023 MP AGE GROUP 2                       |
| 364                                    | 3:05.41 | L S   | F    | Gabrielle Craib        | 8  | CUHE OBD  | 05/10/2023 42nd Freda Barnard Invitational Gala |
| 365                                    | 3:06.29 | L     | F    | Janah Louw             | 9  | KALA      | 11/11/2023 AGE GROUP 1 KATHU                    |
| 366                                    | 3:31.58 | L     | F    | Mabohlale Seabela      | 9  | KALA      | 02/12/2023 AGE GROUP 3 KATHU - 2023             |
| 367                                    | 3:44.41 | L     | F    | Richdean De Take       | 10 | KALA      | 02/12/2023 AGE GROUP 3 KATHU - 2023             |
| <b>Women 10 &amp; Under 200 Breast</b> |         |       |      |                        |    |           |   |
| 1                                      | 3:20.93 | L     | F    | Hayley Greyvenstein    | 10 | USC BUF   | 09/02/2024 Infinity Gala 2024                   |
| 2                                      | 3:30.81 | L     | P    | Kasey De Bruyn         | 10 | TUKS TSH  | 20/03/2024 SA Level 3 Regional Age Group        |
| 3                                      | 3:35.17 | L     | P    | Sophie Chiang          | 10 | WATR JHB  | 30/11/2023 CGA Championships 2023               |
| 4                                      | 3:37.89 | L     | F    | Bria Ahmed             | 10 | SAAW CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet     |
| 5                                      | 3:38.59 | L     | F    | Marli Strydom          | 10 | QUIC CPT  | 17/02/2024 Swartland Invitational Gala 2024     |
| 6                                      | 3:38.75 | L     | F    | Danica Grant           | 10 | SOUL EKV  | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 7                                      | 3:40.14 | L     | F    | Lefei Li               | 10 | WATR JHB  | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 8                                      | 3:40.69 | L     | F    | Elke Coetsee           | 10 | FISH EDD  | 09/02/2024 Infinity Gala 2024                   |
| 9                                      | 3:41.72 | L     | F    | Kari Nel               | 10 | TUKS TSH  | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 10                                     | 3:42.51 | L     | F    | Gianna Olivier         | 10 | PAQU CED  | 10/02/2024 WCA-B Champs - 2024                  |
| 11                                     | 3:42.78 | L     | F    | Miané Prinsloo         | 10 | ACAA CCD  | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 12                                     | 3:43.22 | L     | F    | Avah Smit              | 9  | TKS WBD   | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 13                                     | 3:43.33 | L     | F    | Annebelle Botha        | 10 | PER JHB   | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 14                                     | 3:43.93 | L     | F    | Ané Bezuidenhout       | 9  | TUKS TSH  | 20/10/2023 NTS Level 3+ October Age Group 2023  |
| 15                                     | 3:44.48 | L     | F    | Kayla Coetzee          | 10 | VALS FDD  | 21/03/2024 SA Level 3 Regional Age Group        |
| 16                                     | 3:45.47 | L     | F    | Mia Oosthuizen         | 10 | PAC TSH   | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 17                                     | 3:46.76 | L     | F    | Ané Venter             | 10 | FISH EDD  | 20/01/2024 EDEN 4th A-League Gala 2024          |
| 18                                     | 3:47.53 | L     | F    | Rachel Thompson        | 10 | PSC TSH   | 01/12/2023 2023 The Tshwane Mayor's Gala        |
| 19                                     | 3:48.97 | L     | F    | Annabelle Ras          | 10 | QUIC CPT  | 10/02/2024 WCA-B Champs - 2024                  |
| 20                                     | 3:49.76 | L     | F    | Olivia Normington      | 10 | XCEL CPT  | 18/11/2023 CTA QUALIFYING MEET 2                |
| 21                                     | 3:50.04 | L     | F    | Colleen McQueen        | 10 | BLSS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs |
| 22                                     | 3:51.24 | L     | F    | Keyla Douglas          | 10 | ROA EDD   | 18/11/2023 Eden LC Champs 2023                  |
| 23                                     | 3:51.92 | L     | F    | Leah Schemel           | 10 | HARL BUF  | 27/01/2024 BCA January Age Group Gala 2024      |
| 24                                     | 3:52.30 | L     | F    | Mambay Banza           | 10 | UNI EZD   | 01/12/2023 Mpumalanga Championships 2023        |
| 25                                     | 3:53.03 | L     | F    | Demi Vorster           | 10 | TUKS TSH  | 16/02/2024 NTS February Open Age Group 2024     |
| 26                                     | 3:54.56 | L     | F    | Mamoso Ramokgopa       | 10 | TKS WBD   | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 27                                     | 3:55.35 | L     | F    | Isla Conradie          | 10 | SAAW CPT  | 10/02/2024 WCA-B Champs - 2024                  |
| 28                                     | 3:55.76 | L     | F    | Morgan Thyssen         | 9  | USC BUF   | 24/11/2023 BCA Long Course Championships 2023   |
| 29                                     | 3:55.88 | L     | F    | Alexi Dandoulakis      | 10 | CA EKV    | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 30                                     | 3:56.03 | L     | F    | Emily Van Der Byl      | 10 | USC BUF   | 15/12/2023 NMBA Championships 2023              |
| 31                                     | 3:56.08 | L     | F    | Dominique Du Plessis   | 9  | HPS TSH   | 24/03/2024 SA Level 2 Regional Age Group Champs |
| 32                                     | 3:56.70 | L     | F    | Leah Verdon            | 10 | INFA NMA  | 09/02/2024 Infinity Gala 2024                   |
| 33                                     | 3:57.27 | L     | F    | Saskia Gilligan        | 10 | BLMA CPT  | 10/02/2024 WCA-B Champs - 2024                  |
| 34                                     | 3:57.94 | L     | F    | Kyra Du Preez          | 10 | USC BUF   | 15/12/2023 NMBA Championships 2023              |
| 35                                     | 3:57.95 | L     | F    | Skyler Muller          | 10 | HARL BUF  | 10/02/2024 BCA Feb Age Group Gala 2024          |
| 36                                     | 3:59.20 | L     | F    | Wendy Modiba           | 10 | POLSC CCD | 01/12/2023 Limpopo Champs                       |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|    | Time    | P/F/S | Name | Age/Yr                  |    |           |            |                                      |
|----|---------|-------|------|-------------------------|----|-----------|------------|--------------------------------------|
| 37 | 3:59.40 | L     | F    | Shalom Mtileni          | 10 | UNI EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 38 | 3:59.51 | L     | F    | Zayb Christians         | 9  | HURA CPT  | 10/02/2024 | WCA-B Champs - 2024                  |
| 39 | 3:59.62 | L     | F    | Sarah Mann              | 10 | CA EKU    | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 40 | 3:59.67 | L     | F    | Leah Dabrowski          | 10 | BLMA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 41 | 4:01.53 | L     | P    | Anje Adendorff          | 9  | KALA      | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 42 | 4:02.67 | L     | F    | Skye Taute              | 9  | LSM EZD   | 23/02/2024 | NW School Championships 2024         |
| 43 | 4:03.61 | L     | F    | Ava Maritz              | 10 | SEAL UMD  | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 44 | 4:03.93 | L     | F    | Mia Tonkinson           | 10 | SOUL EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 45 | 4:04.32 | L     | F    | Emma Gutsche            | 10 | POLSC CCD | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 46 | 4:04.63 | L S   | F    | Isabella Van Breda      | 10 | NWUC KKD  | 06/12/2023 | NWS Championships 2023/24            |
| 47 | 4:05.38 | L     | F    | Sophia Ebrahim          | 10 | ESP EKU   | 07/12/2023 | EGA Summer Championships             |
| 48 | 4:07.22 | L     | F    | Mari-Hane Visser        | 10 | KALA      | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 49 | 4:07.29 | L     | F    | Alexia Botha            | 10 | KALA      | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 50 | 4:07.67 | L     | F    | Maya Schenck            | 10 | TYGE CPT  | 10/02/2024 | WCA-B Champs - 2024                  |
| 51 | 4:08.68 | L     | F    | Morgan Baard            | 10 | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                  |
| 52 | 4:08.89 | L     | F    | Miane Bendeman          | 10 | LSPHA MP  | 27/01/2024 | Limpopo School Champs                |
| 53 | 4:09.59 | L     | F    | Isabelle de Beer        | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 54 | 4:10.49 | L     | F    | Amy Freeman             | 10 | NAE EZD   | 01/12/2023 | Mpumalanga Championships 2023        |
| 55 | 4:10.91 | L     | F    | Jane Tredoux            | 10 | BLNE MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 56 | 4:11.29 | L     | F    | Kelsey Markgraaff       | 9  | TUKS TSH  | 03/11/2023 | NTS Level 1+2 November Age Group     |
| 57 | 4:11.43 | L     | F    | Kaylee Vd Wal           | 10 | CASC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 58 | 4:12.14 | L     | F    | Emma Vorster            | 10 | HPS TSH   | 29/09/2023 | 2023 OR Tambo Trials & NTS Oct AG    |
| 59 | 4:13.07 | L     | F    | Lea Noble               | 10 | BLMA CPT  | 10/02/2024 | WCA-B Champs - 2024                  |
| 60 | 4:13.18 | L     | F    | Chelsey Crossman        | 10 | BLSS MAN  | 16/02/2024 | Neptunes Last chance Gala            |
| 61 | 4:13.51 | L     | F    | Thalia Breedt           | 10 | KSC EZD   | 01/12/2023 | Mpumalanga Championships 2023        |
| 62 | 4:13.59 | L     | F    | Beatrisa Kotkliaar      | 10 | CYBE CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 63 | 4:13.65 | L     | F    | Isabel Helberg          | 10 | MDOL JHB  | 24/02/2024 | CGA Level 2+ Last Chance Gala 24 Feb |
| 64 | 4:14.35 | L     | F    | Kailah Nel              | 10 | BLSS MAN  | 11/11/2023 | Bull Sharks Gala                     |
| 65 | 4:14.77 | L     | F    | Maya Chelin             | 10 | H2O EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 66 | 4:15.12 | L     | F    | Lianka Spies            | 10 | GHS BP    | 23/02/2024 | NW School Championships 2024         |
| 67 | 4:15.68 | L     | F    | Annabelle Van Onselen   | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 68 | 4:15.75 | L     | F    | Etti Van Niekerk        | 10 | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17       |
| 69 | 4:16.01 | L     | F    | Alexus Erasmus          | 9  | FSE KCD   | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 70 | 4:16.52 | L     | F    | Emma Roets              | 10 | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 71 | 4:16.53 | L     | F    | Khera Murray            | 10 | H2O EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 72 | 4:17.81 | L     | F    | Leah Victor             | 9  | LSPHA MP  | 27/01/2024 | Limpopo School Champs                |
| 73 | 4:18.02 | L     | F    | Amice Seaman            | 8  | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023        |
| 74 | 4:18.05 | L     | F    | Holly Noble             | 10 | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 75 | 4:18.15 | L     | P    | Chelsey Witney          | 10 | PGAC EKU  | 07/12/2023 | EGA Summer Championships             |
| 76 | 4:18.61 | L     | F    | Zeney De Beer           | 10 | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 77 | 4:19.66 | L     | F    | Sophia Abrams           | 9  | USC BUF   | 09/02/2024 | Infinity Gala 2024                   |
| 78 | 4:20.51 | L     | P    | Kamila Mohapi           | 10 | ESTR EKU  | 07/12/2023 | EGA Summer Championships             |
| 79 | 4:20.84 | L     | F    | Marizel Prinsloo        | 10 | BS LLD    | 27/10/2023 | Neptune Prestige Gala                |
| 80 | 4:22.30 | L     | F    | Caitlin Lombard         | 10 | HARL BUF  | 24/11/2023 | BCA Long Course Championships 2023   |
| 81 | 4:22.61 | L     | F    | Mine' Kirstein          | 10 | PAC TSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 82 | 4:24.35 | L     | F    | Peyton Strydom          | 9  | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 83 | 4:24.45 | L     | F    | Hayley Liedeman         | 10 | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 84 | 4:24.65 | L     | F    | Nduvho Rabambi          | 10 | BULS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 85 | 4:25.75 | L     | F    | Diante Bothma           | 10 | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 86 | 4:25.97 | L     | F    | Lienke Jv Nieuwenhuizen | 10 | LSWBA WB  | 27/01/2024 | Limpopo School Champs                |
| 87 | 4:26.24 | L     | F    | Hannah Stearn           | 10 | INFA NMA  | 21/10/2023 | 4th A League Gala 2023               |
| 88 | 4:26.62 | L     | F    | Emma Strydom            | 9  | QUIC CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 89 | 4:26.79 | L S   | F    | Marlien Nell            | 10 | HREF BP   | 06/12/2023 | NWS Championships 2023/24            |
| 90 | 4:27.14 | L     | F    | Dine Vd Wal             | 10 | CASC CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 91 | 4:27.69 | L     | F    | Pradhia Singh           | 10 | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024     |
| 92 | 4:28.38 | L     | F    | Meziana Hammouche       | 10 | MAKO EKU  | 26/01/2024 | EGA Last Chance 2024                 |
| 93 | 4:28.87 | L     | F    | Veronique Coetzee       | 9  | JAQ EKU   | 07/12/2023 | EGA Summer Championships             |
| 94 | 4:29.67 | L S   | F    | Janina Badenhorst       | 9  | HREF BP   | 06/12/2023 | NWS Championships 2023/24            |
| 95 | 4:31.11 | L     | F    | Paige Plumb             | 8  | CSA EZD   | 13/10/2023 | MP AGE GROUP 2                       |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|                                    | Time    | P/F/S | Name | Age/Yr                  |    |       |     |            |   |
|------------------------------------|---------|-------|------|-------------------------|----|-------|-----|------------|---|
| 96                                 | 4:31.45 | L     | F    | Millay de Kock          | 9  | LSM   | EZD | 23/02/2024 | NW School Championships 2024            |
| 97                                 | 4:32.66 | L     | F    | Yu Xi Jin               | 10 | TYGE  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 98                                 | 4:32.93 | L     | F    | Leah Vos                | 10 | CSA   | EZD | 01/12/2023 | Mpumalanga Championships 2023           |
| 99                                 | 4:33.97 | L     | F    | Henriette Odendaal      | 8  | QUIC  | CPT | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 100                                | 4:35.11 | L     | F    | Kaleigh Henning         | 9  | SS    | MPD | 01/12/2023 | Limpopo Champs                          |
| 101                                | 4:35.18 | L     | F    | Livia Venter            | 8  | TKS   | WBD | 01/12/2023 | Limpopo Champs                          |
| 102                                | 4:35.20 | L     | F    | Charme Van Niekerk      | 9  | DOLFI | MPD | 21/10/2023 | Limpopo Age Group 4                     |
| 103                                | 4:35.66 | L     | F    | Amelie v Staden         | 10 | MCS   | BP  | 23/02/2024 | NW School Championships 2024            |
| 104                                | 4:36.92 | L     | F    | Mieke Koekemoer         | 9  | QUIC  | CPT | 17/02/2024 | Swartland Invitational Gala 2024        |
| 105                                | 4:37.87 | L     | F    | Adrienne Meiring        | 10 | PEAS  | NMA | 24/06/2023 | PEA Winter Gala 2023                    |
| 106                                | 4:38.81 | L     | F    | Mihanka vd Bank         | 10 | CUHE  | QBD | 11/11/2023 | Swartland Prestige Gala 2023            |
| 107                                | 4:38.95 | L     | F    | Amorick Jacobs          | 10 | KTS   |     | 10/02/2024 | AGE GROUP 6 KATHU 2024                  |
| 108                                | 4:39.84 | L     | F    | Kayline Cronje          | 9  | JAQ   | EKU | 26/01/2024 | EGA Last Chance 2024                    |
| 109                                | 4:45.06 | L     | F    | Ashleigh Goosen         | 9  | UNI   | EZD | 01/12/2023 | Mpumalanga Championships 2023           |
| 110                                | 4:46.70 | L     | F    | Paige Van Breda         | 9  | TCA   | EKU | 11/11/2023 | EGA Summer 3                            |
| 111                                | 4:47.69 | L     | F    | Karli Botha             | 8  | KALA  |     | 03/02/2024 | NCASA SPRINTS 2024                      |
| 112                                | 4:51.33 | L     | F    | Jo Anne Schutte         | 9  | KALA  |     | 17/02/2024 | KATHU T&S CLUB GALA 2024                |
| 113                                | 4:53.83 | L     | F    | Tiisetso Makhatho       | 10 | ESP   | EKU | 26/01/2024 | EGA Last Chance 2024                    |
| 114                                | 4:55.25 | L     | F    | Jorja Petschel          | 10 | HARL  | BUF | 24/11/2023 | BCA Long Course Championships 2023      |
| 115                                | 4:57.35 | L     | F    | Yi-han Huang            | 9  | BLMA  | CPT | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 116                                | 5:00.49 | L     | F    | Cara Cornelissen        | 9  | KTS   |     | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 117                                | 5:02.65 | L     | F    | Tenè Venter             | 10 | BLSS  | MAN | 27/10/2023 | Neptune Prestige Gala                   |
| 118                                | 5:06.07 | L S   | F    | Tlotlotsame Makatiers   | 10 | RBOT  | BPD | 06/12/2023 | NWS Championships 2023/24               |
| 119                                | 5:13.51 | L S   | F    | Kano Molefe             | 9  | HREF  | BP  | 06/12/2023 | NWS Championships 2023/24               |
| 120                                | 5:29.27 | L     | F    | Cleo Julius             | 10 | KALA  |     | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 121                                | 5:44.23 | L S   | F    | Omphile Mahlohela       | 10 | HREF  | BP  | 06/12/2023 | NWS Championships 2023/24               |
| 122                                | 5:46.66 | L     | F    | Amy Dick                | 9  | HURA  | CPT | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 123                                | 6:41.35 | L     | F    | Adelle Luttig           | 10 | UPSK  | ZMD | 13/01/2024 | AGE GROUP 4 UPT 2024                    |
| 124                                | 7:15.64 | L     | F    | Mishanie Van Jaarsveld  | 9  | UPSK  | ZMD | 13/01/2024 | AGE GROUP 4 UPT 2024                    |
| <b>Women 10 &amp; Under 50 Fly</b> |         |       |      |                         |    |       |     |            |   |
| 1                                  | 37.71   | L     | F    | Olivia Geldart          | 10 | INFA  | NMA | 09/02/2024 | Infinity Gala 2024                      |
| 2                                  | 37.91   | L     | F    | Kaylie Van der Linde    | 10 | VHD   | ZLD | 27/01/2024 | Ushaka Champs 2024                      |
| 3                                  | 38.11   | L     | F    | Mila Geldenhuys         | 10 | ACAA  | CCD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 4                                  | 38.52   | L     | F    | Hannah Raphaela Morgado | 10 | CSA   | EZD | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 5                                  | 38.86   | L     | F    | Keyla Douglas           | 10 | EDA   | ED  | 13/01/2024 | BCA Inter-District Championship Gala    |
| 6                                  | 39.09   | L     | F    | Hayley Greyvenstein     | 10 | CPRIM | BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 7                                  | 39.83   | L     | F    | Cayden Parfitt          | 10 | CASC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 8                                  | 39.99   | L     | P    | Layla Palframan         | 10 | SEAL  | UMD | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 9                                  | 40.03   | L     | F    | Skye Taute              | 9  | LSM   | EZD | 23/02/2024 | NW School Championships 2024            |
| 10                                 | 40.40   | L     | F    | Simone Zoutendyk        | 10 | RBOT  | BPD | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 11                                 | 40.69   | L     | F    | Isabel Helberg          | 10 | MDOL  | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 12                                 | 40.87   | L     | F    | Elke Coetsee            | 10 | FISH  | EDD | 09/02/2024 | Infinity Gala 2024                      |
| 13                                 | 40.93   | L     | F    | Addison Pitout          | 9  | ASAC  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 14                                 | 41.00   | L     | F    | Kasey De Bruyn          | 10 | TUKS  | FSH | 16/02/2024 | NTS February Open Age Group 2024        |
| 15                                 | 41.27   | L     | P    | Cara Hill               | 10 | OHAN  | ILD | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 16                                 | 41.46   | L     | F    | Alexi Claassen          | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 17                                 | 41.56   | L     | F    | Leah Dabrowski          | 10 | BLMA  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 18                                 | 41.57   | L     | F    | Mia Kunzler             | 9  | KLOO  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 19                                 | 41.63   | L     | F    | Sarah Mann              | 10 | CA    | EKU | 07/12/2023 | EGA Summer Championships                |
| 20                                 | 42.24   | L     | F    | Gia Warby               | 10 | AFIN  | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 21                                 | 42.27   | L     | F    | Olivia Normington       | 10 | XCEL  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 22                                 | 42.31   | L     | F    | Lisa Le Roux            | 10 | BLOT  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 23                                 | 42.66   | L     | P    | Carli Stoop             | 10 | COMS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 24                                 | 42.81   | L     | F    | Siphwosethu Sikhakhane  | 10 | AZON  | ETH | 03/11/2023 | EDA Age Group Gala 4 2023               |
| 25                                 | 42.83   | L     | F    | Ella Johnson            | 10 | SAAW  | CPT | 10/02/2024 | WCA-B Champs - 2024                     |
| 26                                 | 43.25   | L     | F    | Lize Beyers             | 10 | AGAQ  | QBD | 10/02/2024 | WCA-B Champs - 2024                     |
| 27                                 | 43.38   | L     | F    | Demi Vorster            | 10 | TUKS  | FSH | 17/11/2023 | NTS Level 3+ November Age Group         |
| 28                                 | 43.70   | L     | F    | Haley Pieterse          | 9  | INFA  | NMA | 15/12/2023 | NMBA Championships 2023                 |
| 29                                 | 43.83   | L     | F    | Yamakhuze Loni          | 10 | INFA  | NMA | 15/12/2023 | NMBA Championships 2023                 |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time  | P/F/S | Name | Age/Yr              |    |           |  |
|-----|-------|-------|------|---------------------|----|-----------|--|
| 30  | 43.89 | L     | F    | Maria Geysler       | 10 | ELRAS WBD | 01/12/2023 Limpopo Champs                          |
| 31  | 44.05 | L     | P    | Chelsey Crossman    | 10 | BLSS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 32  | 44.35 | L     | F    | Mariane Labuschagne | 10 | FISH EDD  | 18/11/2023 Eden LC Champs 2023                     |
| 33  | 44.39 | L     | F    | Jane Tredoux        | 10 | BLNE MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 34  | 44.54 | L     | P    | Diante Bothma       | 10 | CSA EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 35  | 44.61 | L     | F    | Anè Bezuidenhout    | 9  | TUKS FSH  | 20/10/2023 NTS Level 3+ October Age Group 2023     |
| 36  | 44.71 | L     | P    | Peyton Strydom      | 9  | TUKS FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 37  | 44.73 | L     | P    | Kari Nel            | 10 | TUKS FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 38  | 44.89 | L     | F    | Gianna Olivier      | 10 | PAQU CED  | 10/02/2024 WCA-B Champs - 2024                     |
| 39  | 44.90 | L     | P    | Amy-Lee Wood        | 10 | TCA ECU   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 40  | 45.05 | L     | F    | Dine Vd Wal         | 10 | CASC CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 41  | 45.19 | L     | P    | Kyra Du Preez       | 10 | USC BUF   | 09/02/2024 Infinity Gala 2024                      |
| 42  | 45.25 | L     | F    | Shalom Mtleni       | 10 | UNI EZD   | 20/01/2024 MP AGE GROUP 4 GALA 20 JANUARY          |
| 43  | 45.30 | L     | F    | Alyx Cupido         | 8  | BLNE MAN  | 06/12/2023 Free State Champs 2023                  |
| 44  | 45.36 | L     | F    | Berre Sun           | 9  | MDOL JHB  | 14/10/2023 CGA Level 2 + Gala Oct 2023             |
| 45  | 45.46 | L     | F    | Emily Van Der Byl   | 10 | USC BUF   | 09/02/2024 Infinity Gala 2024                      |
| 46  | 45.48 | L     | F    | Erin Shekel         | 10 | CYBE CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 47* | 45.52 | L     | F    | Pia Swanepoel       | 10 | ASAC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 47* | 45.52 | L     | F    | Paige Davies        | 10 | KLOO ETH  | 24/11/2023 Westville-Seals LC Championships        |
| 49  | 45.53 | L     | F    | Colleen McQueen     | 10 | BLSS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 50  | 45.55 | L S   | F    | Zayb Christians     | 9  | HURA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 51  | 45.62 | L     | P    | Mackenzie Spencer   | 9  | TRAZ FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 52  | 45.72 | L     | P    | Zeney De Beer       | 10 | CSA EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 53  | 45.77 | L     | P    | Lefei Li            | 10 | WATR JHB  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 54  | 46.10 | L     | F    | Lisa Kotzé          | 9  | NWS       | 27/01/2024 4 + 1 Inter Provincial Gala 2023        |
| 55  | 46.12 | L     | P    | Holly Couzens       | 10 | SGUL ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 56  | 46.16 | L     | P    | Bella-Mae Makelele  | 10 | HPPS BUF  | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 57  | 46.17 | L     | F    | Emma-lee Claassen   | 9  | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 58  | 46.23 | L     | F    | Arianne Bac         | 9  | TUKS FSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 59  | 46.34 | L     | F    | Emma McClure        | 10 | BCA BUF   | 13/01/2024 BCA Inter-District Championship Gala    |
| 60  | 46.44 | L     | P    | Mia Oosthuizen      | 10 | PAC FSH   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 61  | 46.50 | L     | P    | Sophie Chiang       | 10 | WATR JHB  | 30/11/2023 CGA Championships 2023                  |
| 62  | 46.65 | L     | P    | Courtney Grant      | 10 | WSTV ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 63  | 46.66 | L     | F    | Alexa Kuhn          | 10 | CASC CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 64  | 46.67 | L     | P    | Morgan Burstein     | 10 | TUKS FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 65  | 46.74 | L     | F    | Z'Ney Piechaczek    | 9  | BLOT MAN  | 06/12/2023 Free State Champs 2023                  |
| 66  | 46.77 | L     | P    | Murunwa Thidiela    | 10 | BON ECU   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 67  | 46.93 | L     | F    | Kayden Jack         | 10 | PER JHB   | 24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb    |
| 68  | 47.05 | L     | F    | Mackenzi Dart       | 10 | USC BUF   | 15/12/2023 NMBA Championships 2023                 |
| 69  | 47.36 | L S   | F    | Saskia Gilligan     | 10 | BLMA CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 70  | 47.45 | L     | F    | Accalia Maartens    | 9  | BLOT MAN  | 03/11/2023 Heidedal Welkom Gala                    |
| 71  | 47.56 | L     | F    | Leah Schemel        | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 72  | 47.59 | L     | P    | Sophia Clutties     | 9  | WSTV ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 73  | 47.63 | L     | P    | Zara Komani         | 10 | WATR JHB  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 74  | 47.65 | L     | F    | Kaylee Vd Wal       | 10 | CASC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 75  | 47.87 | L     | P    | Rachael McMaster    | 9  | HPPS BUF  | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 76  | 47.97 | L     | P    | Ashleigh Goosen     | 9  | UNI EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 77  | 47.98 | L     | P    | Danica Grant        | 10 | SOUL ECU  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 78  | 48.41 | L     | P    | Puleng Masemene     | 10 | ELEC FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 79  | 48.52 | L     | P    | Mila Nel            | 10 | TUKS FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 80  | 48.53 | L     | P    | Holly Noble         | 10 | ESP ECU   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 81  | 48.71 | L     | F    | Kirsti Davids       | 10 | GREY CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 82  | 48.79 | L     | F    | Psalm Oswald        | 9  | ESP ECU   | 02/03/2024 AG Level 1 Regional Age Group           |
| 83  | 48.84 | L     | F    | Ivy Wilkins         | 9  | HPS FSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 84  | 48.85 | L     | F    | Vida Olivier        | 10 | BLNE MAN  | 27/10/2023 Neptune Prestige Gala                   |
| 85  | 48.86 | L     | P    | Leah Verdon         | 10 | INFA NMA  | 09/02/2024 Infinity Gala 2024                      |
| 86  | 48.90 | L     | P    | Grace Hoar          | 9  | KLOO ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 87  | 48.95 | L     | P    | Kyla Coetzee        | 10 | TUKS FSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 88  | 49.05 | L     | F    | Leanke Loots        | 10 | KNYA EDD  | 20/01/2024 EDEN 4th A-League Gala 2024             |



### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

|      | Time    | P/F/S | Name                  | Age/Yr |           |            |   |
|------|---------|-------|-----------------------|--------|-----------|------------|---|
| 89   | 49.16 L | P     | Tiisetso Makhatho     | 10     | ESP EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 90   | 49.17 L | F     | Sophia Ebrahim        | 10     | ESP EKU   | 24/11/2023 | EGA Summer 4                            |
| 91   | 49.25 L | F     | Ava Forsythe          | 8      | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 92   | 49.31 L | F     | Kayla Pieterse        | 10     | LSWBA WB  | 27/01/2024 | Limpopo School Champs                   |
| 93   | 49.36 L | F     | Ava Sincock           | 8      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 94   | 49.45 L | F     | Leah Liebenberg       | 9      | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 95   | 49.51 L | F     | Morgan Thyssen        | 9      | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 96   | 49.79 L | F     | Etti Van Niekerk      | 10     | CSA EZD   | 16/02/2024 | MP SA SCHOOLS TRIALS AG6 16-17          |
| 97   | 49.94 L | P     | Annebelle Botha       | 10     | PER JHB   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 98   | 50.14 L | F     | Wendy Modiba          | 10     | POLSC CCD | 11/11/2023 | Limpopo Age Group 5                     |
| 99*  | 50.26 L | F     | Beatrisa Kotklier     | 10     | CYBE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 99*  | 50.26 L | P     | Catherine Couch       | 10     | QUES JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 101  | 50.31 L | F     | Amelie Piater         | 9      | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |
| 102  | 50.50 L | F     | Kailah Nel            | 10     | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 103  | 50.58 L | F     | Jane Barnard          | 9      | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 104  | 50.62 L | F     | Qhama-Qhamisa Gonya   | 10     | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 105  | 50.63 L | F     | Ava Maritz            | 10     | SEAL UMD  | 27/01/2024 | Ushaka Champs 2024                      |
| 106  | 50.66 L | P     | Khera Murray          | 10     | H2O EKU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 107  | 50.94 L | P     | Marli Nel             | 9      | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 108  | 50.95 L | F     | Mia Thompson          | 9      | BEST NMA  | 15/12/2023 | NMBA Championships 2023                 |
| 109  | 51.00 L | F     | Bianca Van Jaarsveld  | 10     | TYGE CPT  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 110  | 51.12 L | F     | Ditebogo Pheeha       | 10     | ACAQ CCD  | 01/12/2023 | Limpopo Champs                          |
| 111  | 51.18 L | F     | Willow Coleman        | 10     | SEAL UMD  | 24/11/2023 | Westville-Seals LC Championships        |
| 112  | 51.22 L | P     | Jaime-Lynn Vermeulen  | 10     | GPS EDD   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 113  | 51.26 L | P     | Julie Schwartz        | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 114  | 51.35 L | F     | Mika Pelser           | 10     | AFIN JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 115  | 51.39 L | F     | Tlotlotsame Makatiers | 10     | RBOT BPD  | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 116  | 51.50 L | F     | Shaylee Scheffer      | 10     | GREY CPT  | 11/11/2023 | Winelands SL4                           |
| 117  | 51.79 L | F     | Daniella Louw         | 10     | FAAC      | 06/12/2023 | Free State Champs 2023                  |
| 118  | 51.82 L | F     | Sophia Abrams         | 9      | USC BUF   | 15/12/2023 | NMBA Championships 2023                 |
| 119  | 52.00 L | F     | Anzel Swiegers        | 8      | BULS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 120  | 52.22 L | F     | Emma Roets            | 10     | TUKS FSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 121  | 52.28 L | F     | Annabelle Van Onselen | 9      | TYGE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |
| 122  | 52.33 L | P     | Ava Du Preez          | 10     | BEAV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 123  | 52.36 L | F     | Amy Freeman           | 10     | NAE EZD   | 23/09/2023 | MP SPRINT GALA 23 SEPTEMBER             |
| 124  | 52.58 L | F     | Lizanté Bam           | 10     | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 125  | 52.69 L | F     | Jeanine Goosen        | 10     | BLNE MAN  | 15/09/2023 | Bull Sharks Annual Gala                 |
| 126  | 52.74 L | F     | Morgan Baard          | 10     | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                     |
| 127  | 52.78 L | F     | Mia Du Preez          | 10     | BLNE MAN  | 24/06/2023 | PEA Winter Gala 2023                    |
| 128  | 52.79 L | F     | Jessica Francis       | 9      | SEAL UMD  | 24/11/2023 | Westville-Seals LC Championships        |
| 129  | 52.82 L | F     | Miané Prinsloo        | 10     | LPTBO CCD | 27/01/2024 | Limpopo School Champs                   |
| 130  | 52.84 L | F     | Huibrecht Engelbrecht | 8      | LSTZN CCD | 27/01/2024 | Limpopo School Champs                   |
| 131  | 53.09 L | P     | Elmare Naude          | 9      | DESA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 132  | 53.23 L | F     | Thalia Breedt         | 10     | KSC EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 133  | 53.30 L | P     | Caitlin Lombard       | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 134  | 53.39 L | F     | Georgia Carls         | 9      | KTS       | 14/10/2023 | FLAMINGO GALA 14 - 15 OCTOBER           |
| 135  | 53.40 L | F     | Yu Xi Jin             | 10     | TYGE CPT  | 11/11/2023 | Winelands SL4                           |
| 136* | 53.41 L | F     | Paige Plumb           | 8      | CSA EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 136* | 53.41 L | F     | Kayla Coetzee         | 10     | VALS FDD  | 18/11/2023 | Valsrivier Gala                         |
| 138  | 53.42 L | F     | Alexi Dandoulakis     | 10     | CA EKU    | 28/10/2023 | EGA Summer 2 2023                       |
| 139  | 53.46 L | F     | Nina Groenewald       | 9      | KTS       | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 140  | 53.54 L | F     | Elma Delpont          | 10     | BLSS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 141  | 53.79 L | F     | Molly Wang            | 9      | OHAN ILD  | 27/01/2024 | Ushaka Champs 2024                      |
| 142  | 53.80 L | F     | Zaan Van Goeverden    | 10     | FISH EDD  | 18/11/2023 | Eden LC Champs 2023                     |
| 143  | 53.90 L | F     | Khloe Weimers         | 9      | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 144  | 53.93 L | F     | Ashley Du Randt       | 10     | TYGE CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 145  | 53.95 L | P     | Anrike Bothma         | 9      | AQU ADJ   | 05/04/2024 | SA Level 2 Regional Age Group Champs    |
| 146  | 54.05 L | P     | Mia Tonkinson         | 10     | SOUL EKU  | 07/12/2023 | EGA Summer Championships                |
| 147  | 54.06 L | F     | Danelle Louw          | 10     | BULS MAN  | 14/10/2023 | FLAMINGO GALA 14 - 15 OCTOBER           |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time  | P/F/S | Name | Age/Yr              |    |           |  |
|------|-------|-------|------|---------------------|----|-----------|--|
| 148  | 54.37 | L     | F    | Kgothatso Raphadu   | 9  | TUKS TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 149  | 54.40 | L     | F    | Elle-Anne Roper     | 9  | WSS LLD   | 06/12/2023 Free State Champs 2023                  |
| 150  | 54.43 | L     | F    | Mambay Banza        | 10 | UNI EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 151  | 54.44 | L     | F    | Madison Dingle      | 9  | SOUL EKV  | 02/03/2024 AG Level 1 Regional Age Group           |
| 152  | 54.45 | L     | F    | Peta De Souza       | 9  | EXP TSH   | 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 153  | 54.50 | L     | F    | Hannah Stearn       | 10 | INFA NMA  | 21/10/2023 4th A League Gala 2023                  |
| 154  | 54.57 | L     | F    | Bethany Pierce      | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 155  | 54.60 | L     | F    | Elné Hoffmann       | 9  | BS LLD    | 06/12/2023 Free State Champs 2023                  |
| 156  | 54.65 | L     | F    | Kgadi Mamaïla       | 10 | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 157* | 54.91 | L     | P    | Skyler Muller       | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 157* | 54.91 | L     | F    | Chelsey Witney      | 10 | PGAC EKV  | 24/11/2023 EGA Summer 4                            |
| 159  | 55.03 | L     | P    | Holly Miles         | 9  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 160  | 55.05 | L     | F    | Inge Jv Vuuren      | 10 | LSTZN CCD | 27/01/2024 Limpopo School Champs                   |
| 161  | 55.13 | L     | P    | Miane Steyn         | 10 | LEGC ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 162  | 55.21 | L     | F    | Elzere Meyer        | 9  | NAE EZD   | 03/11/2023 MP AGE GROUP 3 3&4 NOV 2023             |
| 163  | 55.31 | L     | F    | Charme Van Niekerk  | 9  | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 164  | 55.50 | L     | F    | Lente Keun          | 8  | VINE CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 165  | 55.52 | L     | F    | Sophia Lemmer       | 9  | HPPS BUF  | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 166  | 55.68 | L     | F    | Riani Vos           | 9  | ELRAS WBD | 01/12/2023 Limpopo Champs                          |
| 167  | 55.77 | L     | F    | Mamoso Ramokgopa    | 10 | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 168  | 55.78 | L     | F    | Anje Weldhagen      | 9  | BLOT MAN  | 02/03/2024 FSA Level 1 2024                        |
| 169  | 55.82 | L     | F    | Marizel Prinsloo    | 10 | BS LLD    | 02/03/2024 FSA Level 1 2024                        |
| 170  | 56.05 | L     | F    | Karin Gericke       | 9  | CASC CPT  | 18/11/2023 CTA QUALIFYING MEET 2                   |
| 171  | 56.23 | L     | F    | Nduvho Rabambi      | 10 | BULS MAN  | 06/12/2023 Free State Champs 2023                  |
| 172  | 56.31 | L     | P    | Bailey Bowman       | 9  | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 173  | 56.44 | L     | F    | Helana Pretorius    | 10 | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 174  | 56.45 | L     | F    | Emma Gutsche        | 10 | POLSC CCD | 11/11/2023 Limpopo Age Group 5                     |
| 175  | 56.47 | L     | F    | Lara Fouché         | 9  | KPA EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 176* | 56.50 | L     | F    | Leah Staples        | 9  | PELIC MAN | 02/03/2024 FSA Level 1 2024                        |
| 176* | 56.50 | L     | P    | Rachel Thompson     | 10 | PSC TSH   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 178  | 56.54 | L     | F    | Gabriella Scott     | 10 | TUKS TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 179  | 56.58 | L     | F    | Mariandi Bredenkamp | 10 | BS LLD    | 06/12/2023 Free State Champs 2023                  |
| 180  | 56.65 | L     | F    | Mieke Drenth        | 9  | AWIN TSH  | 02/02/2024 NTS Level 1+2 February Age Group        |
| 181  | 56.87 | L     | F    | Tshegofatso Le Roux | 10 | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 182  | 56.90 | L S   | F    | Anniqwe Bester      | 10 | AGAQ OBD  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 183  | 56.96 | L     | F    | Kaylyn Blair        | 9  | BLOT MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 184  | 57.01 | L     | F    | Natalie Gouveia     | 9  | SOUL EKV  | 28/10/2023 EGA Summer 2 2023                       |
| 185  | 57.17 | L     | F    | Isabella De Jager   | 9  | QSAW CED  | 17/02/2024 Swartland Invitational Gala 2024        |
| 186  | 57.32 | L     | F    | Faythe Evans        | 10 | HASC JHB  | 02/03/2024 AG Level 1 Regional Age Group           |
| 187  | 57.37 | L     | F    | Lulu Mosima         | 9  | BLOT MAN  | 02/03/2024 FSA Level 1 2024                        |
| 188  | 57.43 | L     | P    | Maya Chelin         | 10 | H2O EKV   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 189  | 57.51 | L     | F    | Lara Britz          | 9  | FRA KCD   | 21/10/2023 Froggies Championships 2023             |
| 190  | 57.67 | L     | P    | Sofia Liss          | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 191  | 57.77 | L     | P    | Isabella Van Breda  | 10 | NWUC KKD  | 06/12/2023 NWS Championships 2023/24               |
| 192  | 57.81 | L     | P    | Adison Gericke      | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 193  | 57.82 | L     | F    | Sadie Els           | 9  | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 194  | 57.99 | L     | F    | Mika Ferreira       | 10 | ZASC TSH  | 01/12/2023 2023 The Tshwane Mayor's Gala           |
| 195  | 58.07 | L     | P    | Kamila Mohapi       | 10 | ESTR EKV  | 07/12/2023 EGA Summer Championships                |
| 196  | 58.09 | L     | F    | Amelia-Rose Geldart | 9  | ESP EKV   | 24/11/2023 EGA Summer 4                            |
| 197  | 58.15 | L     | F    | Mia Mostert         | 10 | AWIN TSH  | 03/11/2023 NTS Level 1+2 November Age Group        |
| 198  | 58.42 | L     | F    | Tshegofatso Kwadjo  | 10 | TUKS TSH  | 02/03/2024 AG Level 1 Regional Age Group           |
| 199  | 58.46 | L     | F    | Christel Vd Linde   | 10 | LSKP WB   | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 200* | 58.97 | L     | F    | Isabelle de Beer    | 10 | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 200* | 58.97 | L     | F    | SCARLETT MAC DONALD | 8  | ROA EDD   | 09/02/2024 Infinity Gala 2024                      |
| 202  | 59.01 | L     | P    | Emma Ranger         | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 203  | 59.06 | L     | F    | Tabea Greyling      | 10 | RFA TSH   | 02/03/2024 AG Level 1 Regional Age Group           |
| 204  | 59.11 | L     | F    | Alyssa Bosch        | 10 | BARR CPT  | 24/11/2023 CTA A & B CHAMPS 2023                   |
| 205  | 59.12 | L     | F    | Lily-Mae Smith      | 10 | TCA EKV   | 02/03/2024 AG Level 1 Regional Age Group           |
| 206  | 59.24 | L     | F    | Mirelle Rademeyer   | 9  | PELIC MAN | 16/02/2024 Neptunes Last chance Gala               |

### Individual Top Times

Times since: 01-May-23  
 Number of Top Times: All

Times until: 30-Apr-24  
 Show Long Course Only

|      | Time        | P/F/S | Name                    | Age/Yr |           |            |   |
|------|-------------|-------|-------------------------|--------|-----------|------------|---|
| 207  | 59.39 L     | F     | Jaunté Duvenage         | 10     | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 208  | 59.62 L     | F     | Bella-Rose Hutchinson   | 9      | SGUL ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 209  | 59.73 L     | F     | Lusanele Qusheka        | 10     | BEST NMA  | 11/11/2023 | 5th A League Gala 2023                  |
| 210  | 59.95 L     | F     | Kirei Burgess           | 8      | CA EKV    | 28/10/2023 | EGA Summer 2 2023                       |
| 211  | 59.97 L     | F     | Kenzie Du Preez         | 10     | PEAS NMA  | 21/10/2023 | 4th A League Gala 2023                  |
| 212  | 59.98 L     | F     | Mpho Kutumane           | 10     | UWCA CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 213  | 59.99 L     | F     | Lene Wessels            | 9      | BLOT MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 214  | 1:00.01 L S | F     | Lea Noble               | 10     | BLMA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 215  | 1:00.05 L   | F     | Olivia Wood             | 10     | BARA EKV  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 216  | 1:00.09 L   | F     | Iané Briedenhann        | 9      | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 217  | 1:00.10 L   | F     | Hluma Ndamse            | 10     | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 218  | 1:00.18 L   | F     | Hayley Liedeman         | 10     | SWAR WCD  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 219  | 1:00.21 L   | F     | Lua Haasbroek           | 9      | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 220* | 1:00.32 L   | F     | Isabella Purdon         | 10     | SWIM1 JHB | 02/03/2024 | AG Level 1 Regional Age Group           |
| 220* | 1:00.32 L   | F     | Johane' Goosen          | 10     | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 222  | 1:00.36 L   | F     | Lee-Ann Du Plessis      | 8      | RUSTL BP  | 23/02/2024 | NW School Championships 2024            |
| 223  | 1:00.47 L   | F     | Dané Combrinck          | 10     | TUKS TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 224  | 1:00.49 L   | F     | Ava van Coller          | 8      | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 225  | 1:00.64 L   | F     | Kethelo Mkhize          | 10     | USH KCD   | 18/11/2023 | KCDA November Age Group Gala 2023       |
| 226  | 1:00.65 L   | F     | Lienke Rossouw          | 10     | LALE CED  | 11/11/2023 | Winelands SL4                           |
| 227  | 1:00.67 L   | P     | Engela Klopper          | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 228  | 1:00.72 L   | P     | Emma-Kate McCallum      | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 229  | 1:00.80 L   | F     | Adia Theko              | 7      | PELIC MAN | 16/02/2024 | Neptunes Last chance Gala               |
| 230  | 1:00.86 L   | F     | Olivia Viviers          | 9      | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 231  | 1:00.95 L   | F     | Emily Goosen            | 8      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 232  | 1:00.98 L   | F     | Josephine Watt          | 10     | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 233  | 1:01.05 L   | P     | Lianka Spies            | 10     | HARB BPD  | 06/12/2023 | NWS Championships 2023/24               |
| 234  | 1:01.06 L   | F     | Anika Nel               | 9      | EXP TSH   | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 235  | 1:01.08 L   | F     | Marlien Nell            | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 236  | 1:01.15 L   | F     | Miele' Loftus           | 10     | BULS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 237* | 1:01.16 L   | F     | Mihanka vd Bank         | 10     | CUHE OBD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 237* | 1:01.16 L   | F     | Cayla Joubert           | 9      | PELIC MAN | 02/03/2024 | FSA Level 1 2024                        |
| 239  | 1:01.20 L   | F     | Ymeri Wilken            | 10     | VALS FDD  | 06/12/2023 | Free State Champs 2023                  |
| 240  | 1:01.33 L   | F     | Lienke Jv Nieuwenhuizen | 10     | LSWBA WB  | 27/01/2024 | Limpopo School Champs                   |
| 241  | 1:01.36 L   | F     | Zivah Carson            | 8      | BULS MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 242  | 1:01.38 L   | F     | Rachel Johnson          | 10     | BARA EKV  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 243  | 1:01.50 L   | P     | Arielle Christie        | 9      | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 244  | 1:01.82 L   | F     | Izelda Meyer            | 10     | VHD ZLD   | 13/01/2024 | KCDA January Age Group Gala 2024        |
| 245  | 1:01.89 L   | F     | Ashley Trollop          | 9      | GREY CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 246  | 1:01.90 L   | F     | Janina Badenhorst       | 9      | HREF BP   | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 247  | 1:02.11 L   | P     | Rachel Hartwig          | 9      | HPPS BUF  | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 248  | 1:02.12 L   | F     | Beulah vd Merwe         | 10     | MCS BP    | 23/02/2024 | NW School Championships 2024            |
| 249  | 1:02.22 L   | F     | Kayline Cronje          | 9      | JAQ EKV   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 250  | 1:02.32 L   | F     | Elmine Opperman         | 10     | KTS       | 13/01/2024 | AGE GROUP 4 KATHU 2024                  |
| 251  | 1:02.40 L   | F     | Leah Vos                | 10     | CSA EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 252  | 1:02.53 L   | F     | Christine Kruger        | 10     | BLSS MAN  | 06/12/2023 | Free State Champs 2023                  |
| 253  | 1:02.62 L   | F     | Noliitha Luhabe         | 9      | SWIFT EKV | 02/03/2024 | AG Level 1 Regional Age Group           |
| 254  | 1:02.66 L   | F     | Heidi Du Toit           | 8      | CSA EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 255  | 1:02.68 L S | F     | Henriette Odendaal      | 8      | QUIC CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 256  | 1:02.72 L S | F     | Yi-han Huang            | 9      | BLMA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 257  | 1:02.73 L   | F     | Rorisang Lempe          | 9      | MAKO EKV  | 07/12/2023 | EGA Summer Championships                |
| 258  | 1:03.00 L   | F     | Veronique Coetzee       | 9      | JAQ EKV   | 02/03/2024 | AG Level 1 Regional Age Group           |
| 259  | 1:03.06 L   | P     | Marieke Gab             | 8      | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 260  | 1:03.07 L   | F     | Mileah Fourie           | 9      | FRA KCD   | 21/10/2023 | Froggies Championships 2023             |
| 261  | 1:03.28 L   | F     | Mila Tredoux            | 9      | CLSC WCD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 262* | 1:03.34 L   | F     | Leah Victor             | 9      | SS MPD    | 21/10/2023 | Limpopo Age Group 4                     |
| 262* | 1:03.34 L   | F     | Sophie Shaw             | 10     | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 264* | 1:03.65 L   | F     | Ava Candiotes           | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 264* | 1:03.65 L   | F     | Mieke Koekemoer         | 9      | QUIC CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|      | Time    | P/F/S | Name | Age/Yr                |    |           |            |   |
|------|---------|-------|------|-----------------------|----|-----------|------------|---|
| 266  | 1:03.76 | L     | F    | Elbe van Zyl          | 9  | BLNE MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 267  | 1:03.87 | L     | F    | Kuhlesibonge Zulu     | 10 | DORE JHB  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 268  | 1:03.92 | L     | F    | Elizabeth Hartman     | 9  | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 269  | 1:03.94 | L     | F    | Nicole Eleftheriou    | 8  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 270  | 1:04.53 | L     | P    | Sarah Palmer          | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 271  | 1:04.66 | L     | F    | Jessica Treeby        | 9  | AWIN TSH  | 02/03/2024 | AG Level 1 Regional Age Group           |
| 272  | 1:04.81 | L     | F    | Emma Marx             | 9  | NAE EZD   | 23/09/2023 | MP SPRINT GALA 23 SEPTEMBER             |
| 273  | 1:04.88 | L     | F    | Cathryn Davenport     | 9  | DESA NMA  | 23/09/2023 | 3rd A League Gala 2023                  |
| 274  | 1:04.97 | L     | F    | Rainn Hughes          | 8  | PELIC MAN | 21/10/2023 | Otters Prestige Gala 2023               |
| 275* | 1:04.98 | L     | F    | Marné Truter          | 10 | TKS WBD   | 11/11/2023 | Limpopo Age Group 5                     |
| 275* | 1:04.98 | L     | F    | Amelie Theron         | 9  | QUIC CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 277  | 1:05.18 | L     | F    | Lenice Lange          | 10 | TKS WBD   | 01/12/2023 | Limpopo Champs                          |
| 278  | 1:05.19 | L     | F    | Lexie Carstens        | 10 | TUKS TSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 279  | 1:05.20 | L     | F    | Tenè Venter           | 10 | BLSS MAN  | 24/06/2023 | PEA Winter Gala 2023                    |
| 280  | 1:05.37 | L     | F    | Paige Aarninkhof      | 9  | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 281  | 1:05.46 | L     | F    | Mia Snyders           | 9  | UWCA CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 282  | 1:05.83 | L     | P    | Ellie du Plessis      | 7  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 283  | 1:06.03 | L     | F    | Olivia Plowman        | 9  | SGUL ETH  | 03/11/2023 | EDA Age Group Gala 4 2023               |
| 284  | 1:06.40 | L     | P    | Isabella Du Preez     | 10 | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 285  | 1:06.48 | L     | F    | Belissa Shabangu      | 7  | UNI EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 286  | 1:06.76 | L     | P    | Happy Raphuti         | 10 | HARB BPD  | 06/12/2023 | NWS Championships 2023/24               |
| 287  | 1:06.80 | L     | P    | Alexia Botha          | 10 | KALA      | 26/03/2024 | SA Level 2 Regional Age Group Champs    |
| 288  | 1:06.86 | L     | F    | Issabel Lindeboom     | 9  | BLNE MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 289  | 1:06.89 | L     | F    | Hannah Stewart        | 9  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 290  | 1:06.90 | L     | F    | Lexi Abrahamse        | 10 | VINE CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 291  | 1:07.16 | L     | F    | Gabriella Loucao      | 9  | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 292  | 1:07.17 | L     | F    | Elzaan Kieck          | 9  | AWIN TSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 293  | 1:07.26 | L     | P    | Meziana Hammouche     | 10 | MAKO EKU  | 07/12/2023 | EGA Summer Championships                |
| 294  | 1:07.36 | L     | F    | Cara Cornelissen      | 9  | KTS       | 24/11/2023 | AGE GROUP 2 KATHU 2023                  |
| 295  | 1:07.49 | L     | F    | Lynn-Mari Esterhuyse  | 9  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 296  | 1:07.50 | L     | F    | Vida - Ani Markgraaff | 8  | BLOT MAN  | 02/03/2024 | FSA Level 1 2024                        |
| 297  | 1:07.83 | L     | F    | Demi Scholl           | 8  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 298  | 1:07.99 | L     | F    | Jana Hiestermann      | 9  | DDA TSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 299  | 1:08.77 | L     | F    | Lisette Peters        | 8  | SPS BUF   | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 300  | 1:09.44 | L     | F    | Marné Van Eyssen      | 9  | BARR CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 301  | 1:09.55 | L     | F    | Keira Douglas         | 8  | BLOT MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 302  | 1:09.73 | L     | F    | Cayla Senekal         | 10 | LSJM SKD  | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 303  | 1:10.18 | L     | P    | Iminathi Fezani       | 9  | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 304  | 1:10.29 | L     | P    | Paige Van Breda       | 9  | TCA EKU   | 07/12/2023 | EGA Summer Championships                |
| 305  | 1:10.30 | L     | F    | Anchen Schoeman       | 10 | BS LLD    | 06/12/2023 | Free State Champs 2023                  |
| 306  | 1:10.36 | L     | F    | Lia Van der Walt      | 8  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 307  | 1:10.98 | L     | F    | Chinica De Beer       | 8  | FRA KCD   | 02/12/2023 | Stingrays Swim Champs 2023              |
| 308  | 1:11.06 | L     | F    | Amy Dick              | 9  | HURA CPT  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 309  | 1:11.14 | L     | F    | Zanokuhle Luthuli     | 9  | USH KCD   | 28/10/2023 | KCDA October Age Group Gala 2023        |
| 310  | 1:12.08 | L     | F    | Jamie Pentz           | 8  | BLOT MAN  | 16/02/2024 | Neptunes Last chance Gala               |
| 311  | 1:12.38 | L     | F    | Kagiso Motuku         | 10 | PGAC EKU  | 26/01/2024 | EGA Last Chance 2024                    |
| 312  | 1:12.58 | L     | F    | Mieke Robertson       | 9  | WRP EZD   | 02/03/2024 | SSA LEVEL 1 REGIONAL CHAMPS             |
| 313  | 1:12.87 | L     | F    | Li-Mare Olivier       | 9  | FAAC      | 11/11/2023 | AGE GROUP 1                             |
| 314  | 1:13.00 | L     | F    | Noluthando Zungu      | 9  | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |
| 315  | 1:13.16 | L     | F    | Livia Venter          | 8  | LEUPH WB  | 27/01/2024 | Limpopo School Champs                   |
| 316  | 1:13.24 | L     | F    | Ellie van der Mescht  | 8  | DESA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 317  | 1:13.32 | L     | F    | Alexus Erasmus        | 9  | FSE KCD   | 28/10/2023 | KCDA October Age Group Gala 2023        |
| 318  | 1:13.87 | L     | F    | Carli van der Walt    | 10 | PSA ZLD   | 27/01/2024 | Ushaka Champs 2024                      |
| 319  | 1:14.16 | L     | F    | Meandri Vorster       | 9  | TUKS TSH  | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 320  | 1:14.22 | L     | F    | Lilly-Marlene Pete    | 7  | CPREP BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 321  | 1:14.24 | L     | F    | Sadie Joubert         | 9  | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 322  | 1:14.30 | L     | F    | Omphile Mahlohela     | 10 | HREF BP   | 21/10/2023 | NWS Age Group 1 & 2 2023                |
| 323  | 1:14.37 | L     | F    | Mila De Kock          | 8  | CA EKU    | 28/10/2023 | EGA Summer 2 2023                       |
| 324  | 1:14.70 | L     | P    | Kano Molefe           | 9  | HREF BP   | 06/12/2023 | NWS Championships 2023/24               |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|                                     | Time    | P/F/S | Name | Age/Yr                  |    |           |  |
|-------------------------------------|---------|-------|------|-------------------------|----|-----------|--|
| 325                                 | 1:15.03 | L     | P    | Josie Faught            | 9  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 326                                 | 1:16.88 | L     | F    | Mishanie Van Jaarsveld  | 9  | UPSK ZMD  | 10/02/2024 AGE GROUP 6 UPT - 2024                  |
| 327                                 | 1:17.45 | L     | P    | Amore Bloem             | 9  | HPPS BUF  | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 328                                 | 1:18.04 | L     | F    | Jelanri Du Toit         | 7  | NAE EZD   | 29/09/2023 MP AGE GROUP 1 29.09.2023 -             |
| 329                                 | 1:18.44 | L     | F    | Kiera Damons            | 8  | BLNE MAN  | 16/02/2024 Neptunes Last chance Gala               |
| 330                                 | 1:19.25 | L     | F    | Sisanda Cele            | 9  | FRA KCD   | 02/12/2023 Stingrays Swim Champs 2023              |
| 331                                 | 1:19.78 | L S   | F    | Emily Ross              | 9  | AGAQ OBD  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 332                                 | 1:19.85 | L     | F    | Annabel Marais          | 10 | ACSC TSH  | 29/09/2023 2023 OR Tambo Trials & NTS Oct AG       |
| 333                                 | 1:19.95 | L     | F    | Noorah Ahmed            | 9  | BLNE MAN  | 02/03/2024 FSA Level 1 2024                        |
| 334                                 | 1:20.35 | L     | F    | Relebohile Khaoletsa    | 10 | PELIC MAN | 16/02/2024 Neptunes Last chance Gala               |
| 335                                 | 1:21.11 | L     | F    | Luvuyokazi Dlamini      | 10 | FSE KCD   | 03/02/2024 KCDA February Age Group 2024            |
| 336                                 | 1:21.15 | L     | P    | Eela-Beth Pete          | 7  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 337                                 | 1:22.49 | L     | F    | Lucy Bush               | 10 | HPPS BUF  | 28/10/2023 BCA 1st Primary Schools Sprint Gala Oct |
| 338                                 | 1:23.87 | L     | P    | Khazimla Gqokoma        | 8  | CPREP BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 339                                 | 1:25.98 | L     | F    | Tersia Spies            | 8  | ROA EDD   | 17/02/2024 EDEN 5th A-League Gala 2024             |
| 340                                 | 1:27.90 | L S   | F    | Adrienne Meiring        | 10 | PEAS NMA  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 341                                 | 1:29.77 | L     | F    | Olivia Rossouw          | 8  | LSKP WB   | 04/11/2023 Limpopo LS - Top 8 skole 2023           |
| 342                                 | 1:30.10 | L     | F    | Ane Engels              | 8  | KPA EZD   | 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17          |
| 343                                 | 1:31.47 | L     | F    | Gabrielle Craib         | 8  | CUHE OBD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 344                                 | 1:33.90 | L     | F    | Ané de Wet              | 9  | STGR XRD  | 20/01/2024 AGE GROUP 5 KBY 2024                    |
| 345                                 | 1:35.74 | L S   | F    | Michaela Kröger         | 10 | BARR CPT  | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 346                                 | 1:39.88 | L     | F    | Lia Geldenhuys          | 8  | BULS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 347                                 | 1:40.11 | L     | F    | Chaney Nathan           | 8  | FISH EDD  | 18/11/2023 Eden LC Champs 2023                     |
| 348                                 | 1:42.77 | L     | F    | Nienke Eksteen          | 10 | VALS FDD  | 18/11/2023 Valsrivier Gala                         |
| <b>Women 10 &amp; Under 100 Fly</b> |         |       |      |                         |    |           |  |
| 1                                   | 1:27.01 | L     | F    | Hayley Greyvenstein     | 10 | USC BUF   | 21/03/2024 SA Level 3 Regional Age Group           |
| 2                                   | 1:32.53 | L     | F    | Alexi Claassen          | 10 | TUKS TSH  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 3                                   | 1:34.85 | L     | F    | Simone Zoutendyk        | 10 | RBOT BPD  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 4                                   | 1:35.58 | L     | F    | Cayden Parfitt          | 10 | CASC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 5                                   | 1:36.50 | L     | F    | Keyla Douglas           | 10 | ROA EDD   | 20/01/2024 EDEN 4th A-League Gala 2024             |
| 6                                   | 1:38.35 | L     | F    | Hannah Raphaela Morgado | 10 | CSA EZD   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 7                                   | 1:38.76 | L     | F    | Paige Davies            | 10 | KLOO ETH  | 16/02/2024 EDA Age Group Gala 6 2024               |
| 8                                   | 1:38.93 | L     | F    | Isabel Helberg          | 10 | MDOL JHB  | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 9                                   | 1:39.37 | L     | F    | Kaylie Van der Linde    | 10 | SEALI HLD | 24/11/2023 Westville-Seals LC Championships        |
| 10                                  | 1:41.89 | L     | F    | Layla Palframan         | 10 | SEAL UMD  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 11                                  | 1:42.37 | L     | F    | Addison Pitout          | 9  | ASAC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 12                                  | 1:44.22 | L     | F    | Pia Swanepoel           | 10 | ASAC CPT  | 10/02/2024 WCA-B Champs - 2024                     |
| 13                                  | 1:44.25 | L     | P    | Amy-Lee Wood            | 10 | TCA EKV   | 24/03/2024 SA Level 2 Regional Age Group Champs    |
| 14                                  | 1:44.44 | L     | F    | Holly Couzens           | 10 | SGUL ETH  | 05/04/2024 SA Level 2 Regional Age Group Champs    |
| 15                                  | 1:45.78 | L     | F    | Emily Van Der Byl       | 10 | USC BUF   | 09/02/2024 Infinity Gala 2024                      |
| 16                                  | 1:49.71 | L     | F    | Zayb Christians         | 9  | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 17                                  | 1:50.87 | L     | F    | Mackenzi Dart           | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 18                                  | 1:51.73 | L     | F    | Leah Schemel            | 10 | CPRIM BUF | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 19                                  | 1:52.03 | L     | F    | Chelsey Crossman        | 10 | BLSS MAN  | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 20                                  | 1:52.21 | L     | F    | Erin Shekel             | 10 | CYBE CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 21                                  | 1:55.01 | L     | F    | Aziza Zuma              | 10 | ACSA ETH  | 16/02/2024 EDA Age Group Gala 6 2024               |
| 22                                  | 1:55.08 | L     | F    | Marli Strydom           | 10 | QUIC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 23                                  | 1:55.15 | L     | F    | Morgan Thyssen          | 9  | USC BUF   | 09/02/2024 Infinity Gala 2024                      |
| 24                                  | 1:56.75 | L     | F    | Emma McClure            | 10 | BCA BUF   | 13/01/2024 BCA Inter-District Championship Gala    |
| 25                                  | 1:57.01 | L     | P    | Kayla Coetzee           | 10 | VALS FDD  | 21/03/2024 SA Level 3 Regional Age Group           |
| 26                                  | 1:57.64 | L     | F    | Kyra Du Preez           | 10 | USC BUF   | 24/11/2023 BCA Long Course Championships 2023      |
| 27                                  | 2:00.11 | L     | F    | Jane Barnard            | 9  | UNI EZD   | 01/12/2023 Mpumalanga Championships 2023           |
| 28                                  | 2:01.32 | L     | F    | Shaylee Scheffer        | 10 | GREY CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 29                                  | 2:04.59 | L     | F    | Emma-lee Claassen       | 9  | LSKP WB   | 27/01/2024 Limpopo School Champs                   |
| 30                                  | 2:06.40 | L     | F    | Skyler Muller           | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 31                                  | 2:08.21 | L     | F    | Charme Van Niekerk      | 9  | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 32                                  | 2:11.89 | L     | F    | Ava Du Preez            | 10 | BEAV ETH  | 24/11/2023 Westville-Seals LC Championships        |
| 33                                  | 2:12.75 | L     | F    | Emma-Kate McCallum      | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 34                                  | 2:20.15 | L     | F    | Olivia Plowman          | 9  | SGUL ETH  | 24/11/2023 Westville-Seals LC Championships        |

### Individual Top Times

Times since: 01-May-23      Times until: 30-Apr-24  
 Number of Top Times: All      Show Long Course Only

|                                    | Time        | P/F/S | Name                    | Age/Yr |           |            |   |  |
|------------------------------------|-------------|-------|-------------------------|--------|-----------|------------|---|--|
| 35                                 | 2:22.74 L   | F     | Caitlin Lombard         | 10     | SPS BUF   | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 36                                 | 2:23.86 L   | F     | Engela Klopfer          | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| <b>Women 10 &amp; Under 100 IM</b> |             |       |                         |        |           |            |   |  |
| 1                                  | 2:32.69 L   | F     | Gcinizwi Dom            | 10     | HPPS BUF  | 28/10/2023 | BCA 1st Primary Schools Sprint Gala Oct |  |
| <b>Women 10 &amp; Under 200 IM</b> |             |       |                         |        |           |            |   |  |
| 1                                  | 2:57.83 L   | F     | Hayley Greyvenstein     | 10     | USC BUF   | 21/03/2024 | SA Level 3 Regional Age Group           |  |
| 2                                  | 3:07.06 L   | F     | Ella Johnson            | 10     | SAAW CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 3                                  | 3:12.09 L   | F     | Olivia Geldart          | 10     | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |  |
| 4                                  | 3:12.50 L S | F     | Sophie Chiang           | 10     | WATR JHB  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 5                                  | 3:12.76 L S | F     | Alexi Claassen          | 10     | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 6                                  | 3:14.27 L   | F     | Keyla Douglas           | 10     | EDA ED    | 13/01/2024 | BCA Inter-District Championship Gala    |  |
| 7                                  | 3:14.65 L S | F     | Mila Geldenhuys         | 10     | ACAQ CCD  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 8                                  | 3:14.96 L S | F     | Demi Vorster            | 10     | TUKS TSH  | 12/12/2023 | NTS Championships 2023                  |  |
| 9                                  | 3:15.62 L   | P     | Lisa Le Roux            | 10     | BLOT MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 10                                 | 3:17.86 L   | F     | Courtney Grant          | 10     | WSTV ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 11                                 | 3:17.93 L   | F     | Haley Pieterse          | 9      | NMBA NM   | 13/01/2024 | BCA Inter-District Championship Gala    |  |
| 12                                 | 3:18.19 L   | F     | Olivia Normington       | 10     | XCEL CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 13                                 | 3:18.25 L   | P     | Simone Zoutendyk        | 10     | RBOT BPD  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 14                                 | 3:18.85 L   | F     | Leah Dabrowski          | 10     | BLMA CPT  | 21/01/2024 | CTA BMEET 4                             |  |
| 15                                 | 3:19.78 L   | F     | Bria Ahmed              | 10     | SAAW CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |  |
| 16                                 | 3:20.22 L   | F     | Paige Davies            | 10     | KLOO ETH  | 21/01/2024 | EDA Age Group Gala 5 2024               |  |
| 17                                 | 3:20.33 L   | F     | Hannah Raphaela Morgado | 10     | CSA EZD   | 27/01/2024 | Ushaka Champs 2024                      |  |
| 18                                 | 3:20.48 L   | F     | An  Bezuidenhout        | 9      | TUKS TSH  | 22/09/2023 | NTS Level 3+ September Age Group        |  |
| 19                                 | 3:23.85 L   | F     | Skye Taute              | 9      | NWS       | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023        |  |
| 20                                 | 3:24.72 L   | P     | Colleen McQueen         | 10     | BLSS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 21                                 | 3:24.99 L S | F     | Kari Nel                | 10     | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 22                                 | 3:25.27 L S | F     | Sarah Mann              | 10     | CA EKU    | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 23                                 | 3:26.12 L   | F     | Chelsey Crossman        | 10     | BLSS MAN  | 26/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 24                                 | 3:26.37 L   | F     | Cayden Parfitt          | 10     | CASC CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |  |
| 25                                 | 3:26.78 L   | F     | Erin Shekel             | 10     | CYBE CPT  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 26                                 | 3:26.96 L S | F     | Annebella Botha         | 10     | PER JHB   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 27                                 | 3:27.46 L   | F     | Marli Strydom           | 10     | QUIC CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |  |
| 28                                 | 3:27.58 L   | F     | Elke Coetsee            | 10     | FISH EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |  |
| 29                                 | 3:27.91 L   | F     | Mackenzi Dart           | 10     | CPRIM BUF | 30/01/2024 | Buffalo City Primary School Trials 2024 |  |
| 30                                 | 3:28.70 L S | F     | Shalom Mtileni          | 10     | UNI EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 31                                 | 3:28.83 L   | F     | Gianna Olivier          | 10     | PAQU CED  | 10/02/2024 | WCA-B Champs - 2024                     |  |
| 32                                 | 3:29.39 L   | F     | Maria Geyser            | 10     | ELRAS WBD | 01/12/2023 | Limpopo Champs                          |  |
| 33                                 | 3:30.31 L S | F     | Mackenzie Spencer       | 9      | TRAZ TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 34                                 | 3:30.45 L   | F     | Siphwosethu Sikhakhane  | 10     | AZON ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 35                                 | 3:31.44 L   | F     | Yamakhuzo Loni          | 10     | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |  |
| 36                                 | 3:31.72 L   | P     | Layla Palframan         | 10     | SEAL UMD  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 37                                 | 3:32.38 L   | F     | Holly Couzens           | 10     | SGUL ETH  | 05/04/2024 | SA Level 2 Regional Age Group Champs    |  |
| 38                                 | 3:32.72 L   | F     | Leah Schemel            | 10     | HARL BUF  | 24/11/2023 | BCA Long Course Championships 2023      |  |
| 39                                 | 3:33.09 L   | F     | Caro Bishop             | 10     | VINE CPT  | 21/01/2024 | CTA BMEET 4                             |  |
| 40                                 | 3:33.50 L   | F     | Kailah Nel              | 10     | BLSS MAN  | 16/02/2024 | Neptunes Last chance Gala               |  |
| 41                                 | 3:33.57 L   | F     | Lefei Li                | 10     | WATR JHB  | 10/11/2023 | CGA Level 2+ Gala 10 - 11 Nov 2023      |  |
| 42                                 | 3:33.58 L   | F     | Kaylie Van der Linde    | 10     | VHD ZLD   | 27/01/2024 | Ushaka Champs 2024                      |  |
| 43                                 | 3:33.59 L   | F     | Emma-lee Claassen       | 9      | LSKP WB   | 27/01/2024 | Limpopo School Champs                   |  |
| 44                                 | 3:33.87 L S | F     | Danica Grant            | 10     | SOUL EKU  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 45                                 | 3:33.92 L S | F     | Mian  Prinsloo          | 10     | ACAQ CCD  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 46                                 | 3:34.09 L   | F     | Saskia Gilligan         | 10     | BLMA CPT  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |  |
| 47                                 | 3:34.22 L   | F     | Emily Van Der Byl       | 10     | BCA BUF   | 13/01/2024 | BCA Inter-District Championship Gala    |  |
| 48                                 | 3:34.23 L S | F     | Morgan Burstein         | 10     | TUKS TSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 49                                 | 3:34.67 L   | F     | Cassidy Christensen     | 9      | ACSA ETH  | 21/01/2024 | EDA Age Group Gala 5 2024               |  |
| 50                                 | 3:34.81 L   | F     | Kyra Du Preez           | 10     | USC BUF   | 09/02/2024 | Infinity Gala 2024                      |  |
| 51                                 | 3:36.26 L   | F     | Isabel Helberg          | 10     | MDOL JHB  | 24/02/2024 | CGA Level 2+ Last Chance Gala 24 Feb    |  |
| 52                                 | 3:36.29 L S | F     | Alexi Dandoulakis       | 10     | CA EKU    | 24/03/2024 | SA Level 2 Regional Age Group Champs    |  |
| 53                                 | 3:36.56 L   | T     | An  Venter              | 10     | FISH EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |  |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time    | P/F/S | Name | Age/Yr                |    |       |     |            |                                      |
|-----|---------|-------|------|-----------------------|----|-------|-----|------------|--------------------------------------|
| 54  | 3:36.71 | L     | F    | Mila Nel              | 10 | TUKS  | FSH | 03/11/2023 | NTS Level 1+2 November Age Group     |
| 55  | 3:36.84 | L     | F    | Cara Hill             | 10 | OHAN  | ILD | 27/01/2024 | Ushaka Champs 2024                   |
| 56  | 3:37.16 | L     | F    | Carli Stoop           | 10 | COMS  | FSH | 16/02/2024 | NTS February Open Age Group 2024     |
| 57  | 3:37.44 | L     | F    | Sophia Clutties       | 9  | WSTV  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 58  | 3:38.08 | L S   | F    | Catherine Couch       | 10 | QUES  | JHB | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 59  | 3:38.17 | L S   | F    | Emma Roets            | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 60  | 3:38.66 | L     | F    | Arianne Bac           | 9  | TUKS  | FSH | 01/12/2023 | 2023 The Tshwane Mayor's Gala        |
| 61  | 3:39.36 | L     | F    | Kaylee Vd Wal         | 10 | CASC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 62  | 3:39.85 | L     | F    | Kayla Pieterse        | 10 | LSWBA | WB  | 27/01/2024 | Limpopo School Champs                |
| 63  | 3:40.20 | L     | P    | Jane Tredoux          | 10 | BLNE  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 64  | 3:40.44 | L     | F    | Z'Ney Piechaczek      | 9  | BLOT  | MAN | 06/12/2023 | Free State Champs 2023               |
| 65  | 3:40.66 | L     | F    | Lisa Kotzé            | 9  | NWS   |     | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023     |
| 66  | 3:42.78 | L S   | F    | Holly Noble           | 10 | ESP   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 67  | 3:42.93 | L     | F    | Sophia Abrams         | 9  | USC   | BUF | 09/02/2024 | Infinity Gala 2024                   |
| 68  | 3:43.06 | L     | F    | Morgan Baard          | 10 | FISH  | EDD | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 69  | 3:43.44 | L     | F    | Morgan Thyssse        | 9  | USC   | BUF | 09/02/2024 | Infinity Gala 2024                   |
| 70  | 3:43.56 | L S   | F    | Mia Oosthuizen        | 10 | PAC   | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 71  | 3:44.26 | L     | P    | Amy-Lee Wood          | 10 | TCA   | EKU | 07/12/2023 | EGA Summer Championships             |
| 72  | 3:44.63 | L     | F    | Annabelle Van Onselen | 9  | TYGE  | CPT | 10/02/2024 | WCA-B Champs - 2024                  |
| 73  | 3:44.82 | L     | F    | Lize Beyers           | 10 | AGAQ  | QBD | 05/10/2023 | 42nd Freda Barnard Invitational Gala |
| 74  | 3:45.01 | L     | F    | Hannah Stearn         | 10 | INFA  | NMA | 09/02/2024 | Infinity Gala 2024                   |
| 75  | 3:45.40 | L     | P    | Grace Hoar            | 9  | KLOO  | ETH | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 76  | 3:45.78 | L     | F    | Dine Vd Wal           | 10 | CASC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 77  | 3:45.86 | L     | F    | Elle-Anne Roper       | 9  | WSS   | LLD | 06/12/2023 | Free State Champs 2023               |
| 78  | 3:46.03 | L     | F    | Avah Smit             | 9  | TKS   | WBD | 01/12/2023 | Limpopo Champs                       |
| 79  | 3:46.81 | L     | P    | Jessica Steyn         | 10 | VHD   | ZLD | 05/04/2024 | SA Level 2 Regional Age Group Champs |
| 80  | 3:47.66 | L     | F    | Beatrisa Kotkljar     | 10 | CYBE  | CPT | 21/01/2024 | CTA BMEET 4                          |
| 81  | 3:47.76 | L     | F    | Skyler Muller         | 10 | HARL  | BUF | 24/11/2023 | BCA Long Course Championships 2023   |
| 82  | 3:47.81 | L     | P    | Vida Olivier          | 10 | BLNE  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 83  | 3:47.95 | L     | F    | Wendy Modiba          | 10 | POLSC | CCD | 01/12/2023 | Limpopo Champs                       |
| 84  | 3:48.08 | L     | F    | Kayla Coetzee         | 10 | VALS  | FDD | 06/12/2023 | Free State Champs 2023               |
| 85  | 3:48.59 | L S   | F    | Khera Murray          | 10 | H2O   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 86  | 3:48.75 | L S   | F    | Murunwa Thidiela      | 10 | BON   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 87  | 3:48.79 | L     | F    | Leah Verdon           | 10 | INFA  | NMA | 09/02/2024 | Infinity Gala 2024                   |
| 88  | 3:48.97 | L     | F    | Addison Pitout        | 9  | ASAC  | CPT | 24/11/2023 | CTA A & B CHAMPS 2023                |
| 89  | 3:49.09 | L     | F    | Alexa Kuhn            | 10 | CASC  | CPT | 21/01/2024 | CTA BMEET 4                          |
| 90  | 3:49.95 | L S   | F    | Mamoso Ramokgopa      | 10 | TKS   | WBD | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 91  | 3:51.25 | L     | F    | Psalm Oswald          | 9  | ESP   | EKU | 02/03/2024 | AG Level 1 Regional Age Group        |
| 92  | 3:51.26 | L     | F    | Emma Gutsche          | 10 | POLSC | CCD | 11/11/2023 | Limpopo Age Group 5                  |
| 93  | 3:51.33 | L     | F    | Gia Warby             | 10 | AFIN  | JHB | 17/02/2024 | CGA Level 2+ Gala 17 Feb 2024        |
| 94  | 3:51.97 | L S   | F    | Emma Vorster          | 10 | HPS   | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 95  | 3:52.16 | L     | F    | Mia Mostert           | 10 | AWIN  | FSH | 02/02/2024 | NTS Level 1+2 February Age Group     |
| 96  | 3:52.61 | L     | F    | Jaime-Lynn Vermeulen  | 10 | HARL  | BUF | 27/01/2024 | BCA January Age Group Gala 2024      |
| 97  | 3:52.69 | L S   | F    | Peta De Souza         | 9  | EXP   | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 98  | 3:52.74 | L     | F    | Amelie Piater         | 9  | ELRAS | WBD | 01/12/2023 | Limpopo Champs                       |
| 99  | 3:53.05 | L     | F    | Puleng Masemene       | 10 | ELEC  | FSH | 19/01/2024 | NTS Level 1+2 January Age Group 2024 |
| 100 | 3:53.08 | L     | F    | Mariane Labuschagne   | 10 | EDA   | ED  | 13/01/2024 | BCA Inter-District Championship Gala |
| 101 | 3:53.13 | L     | P    | Jeanine Goosen        | 10 | BLNE  | MAN | 26/03/2024 | SA Level 2 Regional Age Group Champs |
| 102 | 3:53.82 | L S   | F    | Gabriella Scott       | 10 | TUKS  | FSH | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 103 | 3:54.03 | L     | F    | Thalia Breedt         | 10 | KSC   | EZD | 13/10/2023 | MP AGE GROUP 2                       |
| 104 | 3:54.17 | L     | F    | Shaylee Scheffer      | 10 | GREY  | CPT | 17/09/2023 | CTA BMEET 3                          |
| 105 | 3:54.31 | L     | F    | Nina Groenewald       | 9  | NC    | FB  | 27/01/2024 | 4 + 1 Inter Provincial Gala 2023     |
| 106 | 3:54.44 | L S   | F    | Chelsey Witney        | 10 | PGAC  | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 107 | 3:55.53 | L     | F    | Daniella Louw         | 10 | FAAC  |     | 13/01/2024 | AGE GROUP 4 KBY 2024                 |
| 108 | 3:56.58 | L     | F    | Olivia Odendaal       | 10 | HPS   | FSH | 19/01/2024 | NTS Level 1+2 January Age Group 2024 |
| 109 | 3:56.70 | L S   | F    | Maya Chelin           | 10 | H2O   | EKU | 24/03/2024 | SA Level 2 Regional Age Group Champs |
| 110 | 3:56.79 | L     | F    | Maya Schenck          | 10 | TYGE  | CPT | 18/11/2023 | CTA QUALIFYING MEET 2                |
| 111 | 3:56.94 | L     | F    | Kyla Coetzee          | 10 | TUKS  | FSH | 19/01/2024 | NTS Level 1+2 January Age Group 2024 |
| 112 | 3:57.80 | L     | F    | Mieke Drenth          | 9  | AWIN  | FSH | 02/02/2024 | NTS Level 1+2 February Age Group     |

## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|      | Time        | P/F/S | Name                  | Age/Yr |           |            |   |
|------|-------------|-------|-----------------------|--------|-----------|------------|---|
| 113  | 3:57.85 L   | F     | Lexie Carstens        | 10     | TUKS FSH  | 03/11/2023 | NTS Level 1+2 November Age Group        |
| 114  | 3:57.92 L S | F     | Zeney De Beer         | 10     | CSA EZD   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 115  | 3:57.99 L   | F     | Mambay Banza          | 10     | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 116  | 3:58.55 L   | F     | Hayden Perrins        | 10     | GREY CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 117  | 3:58.56 L   | F     | Zaan Van Goeverden    | 10     | FISH EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 118  | 3:58.87 L   | F     | Leanke Loots          | 10     | KNYA EDD  | 17/02/2024 | EDEN 5th A-League Gala 2024             |
| 119  | 3:59.36 L   | F     | Mia Thompson          | 9      | BEST NMA  | 26/08/2023 | 2nd A League Gala 2023                  |
| 120  | 3:59.84 L   | F     | Emma Swanepoel        | 10     | CLSC WCD  | 18/11/2023 | CTA QUALIFYING MEET 2                   |
| 121  | 4:00.05 L S | F     | Mia Tonkinson         | 10     | SOUL ECU  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 122  | 4:00.20 L   | F     | Caitlin Lombard       | 10     | HARL BUF  | 24/11/2023 | BCA Long Course Championships 2023      |
| 123  | 4:00.21 L   | F     | Diante Bothma         | 10     | CSA EZD   | 29/09/2023 | MP AGE GROUP 1 29.09.2023 -             |
| 124  | 4:00.40 L   | F     | Geneva Keeton         | 10     | OHAN ILD  | 27/01/2024 | Ushaka Champs 2024                      |
| 125* | 4:00.46 L   | F     | Isabelle de Beer      | 10     | GHS BP    | 23/02/2024 | NW School Championships 2024            |
| 125* | 4:00.46 L   | F     | Rachael McMaster      | 9      | HPPS BUF  | 30/01/2024 | Buffalo City Primary School Trials 2024 |
| 127  | 4:00.47 L S | F     | Marli Nel             | 9      | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 128  | 4:00.82 L   | F     | Lara Britz            | 9      | FRA KCD   | 28/10/2023 | KCDA October Age Group Gala 2023        |
| 129  | 4:00.91 L   | F     | Anniq Bester          | 10     | AGAQ QBD  | 11/11/2023 | Swartland Prestige Gala 2023            |
| 130  | 4:00.96 L   | F     | Courtney Alcock       | 10     | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 131  | 4:01.08 L   | F     | Cayleigh Knott        | 10     | GSA CPT   | 11/11/2023 | Winelands SL4                           |
| 132  | 4:01.13 L   | F     | Meziana Hammouche     | 10     | MAKO ECU  | 26/01/2024 | EGA Last Chance 2024                    |
| 133  | 4:01.22 L   | F     | Mia De Lange          | 10     | SS MPD    | 01/12/2023 | Limpopo Champs                          |
| 134  | 4:01.40 L   | F     | Paige Plumb           | 8      | CSA EZD   | 03/11/2023 | MP AGE GROUP 3 3&4 NOV 2023             |
| 135  | 4:01.47 L   | F     | Nissi Mtetwa          | 10     | WWOL FSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 136  | 4:01.50 L   | F     | Elmine Opperman       | 10     | KTS       | 07/12/2023 | NCASA CHAMPS 7 - 10 DEC 2023            |
| 137  | 4:01.86 L   | F     | Mika Ferreira         | 10     | ZASC FSH  | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 138  | 4:02.33 L   | F     | Kayden Jack           | 10     | PER JHB   | 17/02/2024 | CGA Level 2+ Gala 17 Feb 2024           |
| 139  | 4:02.42 L   | F     | Kirsti Davids         | 10     | GREY CPT  | 21/01/2024 | CTA BMEET 4                             |
| 140* | 4:02.75 L   | F     | Ditebogo Pheeha       | 10     | CURNA CCD | 27/01/2024 | Limpopo School Champs                   |
| 140* | 4:02.75 L   | F     | Ava Forsythe          | 8      | INFA NMA  | 09/02/2024 | Infinity Gala 2024                      |
| 142  | 4:03.02 L   | F     | Ashleigh Goosen       | 9      | UNI EZD   | 03/11/2023 | MP AGE GROUP 3 3&4 NOV 2023             |
| 143  | 4:03.63 L   | F     | Marizel Prinsloo      | 10     | BS LLD    | 02/03/2024 | FSA Level 1 2024                        |
| 144  | 4:03.83 L   | F     | Amy Freeman           | 10     | NAE EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 145  | 4:04.44 L   | F     | Charme Van Niekerk    | 9      | DOLFI MPD | 01/12/2023 | Limpopo Champs                          |
| 146  | 4:04.68 L   | F     | Kenzie Du Preez       | 10     | PEAS NMA  | 23/09/2023 | 3rd A League Gala 2023                  |
| 147  | 4:05.06 L   | F     | Anni Jordaan          | 9      | QSAW CED  | 05/10/2023 | 42nd Freda Barnard Invitational Gala    |
| 148  | 4:05.37 L S | F     | Peyton Strydom        | 9      | TUKS FSH  | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 149  | 4:05.81 L   | F     | Olivia Plowman        | 9      | SGUL ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 150  | 4:06.24 L   | F     | Amelie Theron         | 9      | QUIC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 151  | 4:06.41 L   | F     | Lily Van Zyl          | 10     | TYGE CPT  | 24/11/2023 | CTA A & B CHAMPS 2023                   |
| 152  | 4:06.97 L   | F     | Bianca Van Jaarsveld  | 10     | TYGE CPT  | 21/01/2024 | CTA BMEET 4                             |
| 153  | 4:07.20 L S | F     | Tiisetso Makhatho     | 10     | ESP ECU   | 24/03/2024 | SA Level 2 Regional Age Group Champs    |
| 154  | 4:07.52 L   | F     | Miane Bendeman        | 10     | LSKP WB   | 04/11/2023 | Limpopo LS - Top 8 skole 2023           |
| 155  | 4:07.81 L   | F     | Mia Du Preez          | 10     | BLNE MAN  | 24/06/2023 | PEA Winter Gala 2023                    |
| 156  | 4:07.90 L   | F     | Ivy Wilkins           | 9      | HPS FSH   | 19/01/2024 | NTS Level 1+2 January Age Group 2024    |
| 157  | 4:08.04 L   | F     | Etti Van Niekerk      | 10     | CSA EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 158  | 4:08.05 L   | F     | Luze Potgieter        | 10     | PAC FSH   | 16/02/2024 | NTS February Open Age Group 2024        |
| 159  | 4:08.40 L   | F     | Jane Barnard          | 9      | UNI EZD   | 01/12/2023 | Mpumalanga Championships 2023           |
| 160  | 4:08.62 L   | F     | Isabella Van Breda    | 10     | NWUC KKD  | 11/11/2023 | NWS Age Group 3 + 4                     |
| 161  | 4:08.64 L   | F     | Kelsey Markgraaff     | 9      | TUKS FSH  | 02/02/2024 | NTS Level 1+2 February Age Group        |
| 162  | 4:08.67 L   | F     | Jaunté Duvenage       | 10     | LPTBO CCD | 27/01/2024 | Limpopo School Champs                   |
| 163  | 4:08.78 L   | F     | Bella-Rose Hutchinson | 9      | SGUL ETH  | 24/11/2023 | Westville-Seals LC Championships        |
| 164  | 4:09.10 L   | F     | Niah De Lange         | 9      | CASC CPT  | 17/02/2024 | Swartland Invitational Gala 2024        |
| 165  | 4:09.16 L   | F     | Lea Dornbrack         | 10     | WELL CED  | 03/02/2024 | Winelands SL final                      |
| 166  | 4:09.32 L   | F     | Yu Xi Jin             | 10     | TYGE CPT  | 11/11/2023 | Winelands SL4                           |
| 167  | 4:09.87 L   | F     | Ashley Du Randt       | 10     | CASC CPT  | 03/02/2024 | CTA BRIAN BUTTON Qualifying Meet        |
| 168  | 4:10.00 L   | F     | Ava Maritz            | 10     | SEAL UMD  | 18/11/2023 | Uthukela District Age Group Gala        |
| 169  | 4:10.87 L   | F     | Tshegofatso Le Roux   | 10     | CASC CPT  | 21/01/2024 | CTA BMEET 4                             |
| 170  | 4:11.37 L   | F     | Mine' Kirstein        | 10     | PAC FSH   | 01/12/2023 | 2023 The Tshwane Mayor's Gala           |
| 171  | 4:12.74 L   | F     | Lexi Abrahamse        | 10     | VINE CPT  | 21/01/2024 | CTA BMEET 4                             |



## Individual Top Times

**Times since: 01-May-23**      **Times until: 30-Apr-24**  
**Number of Top Times: All**      **Show Long Course Only**

|     | Time    | P/F/S | Name | Age/Yr                  |    |           |  |
|-----|---------|-------|------|-------------------------|----|-----------|--|
| 172 | 4:12.77 | L     | F    | Leah Vos                | 10 | CSA EZD   | 13/10/2023 MP AGE GROUP 2                          |
| 173 | 4:13.89 | L     | F    | Mieke Koekemoer         | 9  | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 174 | 4:14.00 | L     | F    | Emma Marx               | 9  | NAE EZD   | 02/02/2024 MP AGE GROUP 5 GALA                     |
| 175 | 4:15.26 | L     | F    | Nduvho Rabambi          | 10 | BULS MAN  | 06/12/2023 Free State Champs 2023                  |
| 176 | 4:16.09 | L     | F    | Leah Liebenberg         | 9  | TYGE CPT  | 17/09/2023 CTA BMEET 3                             |
| 177 | 4:16.55 | L     | P    | Mariandi Bredenkamp     | 10 | BS LLD    | 26/03/2024 SA Level 2 Regional Age Group Champs    |
| 178 | 4:17.01 | L     | F    | Izelda Meyer            | 10 | VHD ZLD   | 24/11/2023 Westville-Seals LC Championships        |
| 179 | 4:17.85 | L     | F    | Pradhia Singh           | 10 | CASC CPT  | 17/02/2024 Swartland Invitational Gala 2024        |
| 180 | 4:17.87 | L     | F    | Kgadi Mamaila           | 10 | DOLFI MPD | 01/12/2023 Limpopo Champs                          |
| 181 | 4:17.88 | L     | F    | Anrike Bothma           | 9  | AQU ADJ   | 18/11/2023 Uthukela District Age Group Gala        |
| 182 | 4:18.25 | L     | F    | Mèri Loubser            | 9  | ROA EDD   | 05/10/2023 42nd Freda Barnard Invitational Gala    |
| 183 | 4:19.01 | L     | F    | Kayline Cronje          | 9  | JAQ EKU   | 26/01/2024 EGA Last Chance 2024                    |
| 184 | 4:19.86 | L     | F    | Isabella Liberty        | 10 | GREY CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 185 | 4:21.07 | L     | F    | Georgia Carls           | 9  | NC FB     | 27/01/2024 4 + 1 Inter Provincial Gala 2023        |
| 186 | 4:21.14 | L     | F    | Miane Steyn             | 10 | LEGC ETH  | 02/12/2023 Stingrays Swim Champs 2023              |
| 187 | 4:21.32 | L     | F    | Elma Delport            | 10 | BLSS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 188 | 4:21.58 | L     | F    | Janina Badenhorst       | 9  | GHS BP    | 23/02/2024 NW School Championships 2024            |
| 189 | 4:21.65 | L     | F    | Danelle Louw            | 10 | BULS MAN  | 11/11/2023 Bull Sharks Gala                        |
| 190 | 4:22.00 | L     | F    | Emma-Kate McCallum      | 10 | SPS BUF   | 30/01/2024 Buffalo City Primary School Trials 2024 |
| 191 | 4:22.16 | L     | F    | Isabella De Jager       | 9  | QSAW CED  | 17/02/2024 Swartland Invitational Gala 2024        |
| 192 | 4:22.33 | L     | F    | Alexia Botha            | 10 | KALA      | 11/11/2023 AGE GROUP 1 KATHU                       |
| 193 | 4:22.37 | L     | F    | Dominique Du Plessis    | 9  | HPS TSH   | 19/01/2024 NTS Level 1+2 January Age Group 2024    |
| 194 | 4:22.57 | L     | F    | Lily Marais             | 10 | FISH EDD  | 17/02/2024 EDEN 5th A-League Gala 2024             |
| 195 | 4:23.20 | L     | F    | Henriette Odendaal      | 8  | QUIC CPT  | 21/01/2024 CTA BMEET 4                             |
| 196 | 4:23.48 | L     | F    | Christine Kruger        | 10 | BLSS MAN  | 06/12/2023 Free State Champs 2023                  |
| 197 | 4:24.28 | L     | F    | Kamila Mohapi           | 10 | ESTR EKU  | 28/10/2023 EGA Summer 2 2023                       |
| 198 | 4:25.19 | L     | F    | Mihanka vd Bank         | 10 | CUHE OBD  | 11/11/2023 Swartland Prestige Gala 2023            |
| 199 | 4:26.83 | L     | F    | Helana Pretorius        | 10 | SWAR WCD  | 17/02/2024 Swartland Invitational Gala 2024        |
| 200 | 4:27.81 | L     | F    | Amice Seaman            | 8  | UNI EZD   | 02/03/2024 SSA LEVEL 1 REGIONAL CHAMPS             |
| 201 | 4:28.07 | L S   | F    | Lusanele Qusheka        | 10 | BEST NMA  | 26/01/2024 6th A League Gala 2024                  |
| 202 | 4:29.46 | L     | F    | Emma Strydom            | 9  | QUIC CPT  | 03/02/2024 CTA BRIAN BUTTON Qualifying Meet        |
| 203 | 4:30.54 | L     | F    | Michaela Kröger         | 10 | BARR CPT  | 21/01/2024 CTA BMEET 4                             |
| 204 | 4:32.35 | L     | F    | Amy Dick                | 9  | HURA CPT  | 11/11/2023 Swartland Prestige Gala 2023            |
| 205 | 4:32.76 | L     | F    | Amelia-Rose Geldart     | 9  | ESP EKU   | 26/01/2024 EGA Last Chance 2024                    |
| 206 | 4:33.34 | L     | F    | Jorja Petschel          | 10 | HARL BUF  | 10/02/2024 BCA Feb Age Group Gala 2024             |
| 207 | 4:35.09 | L     | F    | Lienke Jv Nieuwenhuizen | 10 | WBSK WBD  | 21/10/2023 Limpopo Age Group 4                     |
| 208 | 4:35.95 | L     | F    | Tenè Venter             | 10 | BLSS MAN  | 02/03/2024 FSA Level 1 2024                        |
| 209 | 4:40.12 | L     | F    | Adrienne Meiring        | 10 | PEAS NMA  | 21/10/2023 4th A League Gala 2023                  |
| 210 | 4:40.73 | L     | F    | Mileah Fourie           | 9  | FRA KCD   | 28/10/2023 KCDA October Age Group Gala 2023        |
| 211 | 4:45.19 | L     | F    | Anje Adendorff          | 9  | KALA      | 02/12/2023 AGE GROUP 3 KATHU - 2023                |
| 212 | 4:45.75 | L     | F    | Lenice Lange            | 10 | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 213 | 4:48.07 | L     | F    | Livia Venter            | 8  | TKS WBD   | 01/12/2023 Limpopo Champs                          |
| 214 | 4:48.60 | L     | F    | Kagiso Motuku           | 10 | PGAC EKU  | 02/03/2024 AG Level 1 Regional Age Group           |
| 215 | 4:49.91 | L     | F    | Mpho Kutumane           | 10 | UWCA CPT  | 21/01/2024 CTA BMEET 4                             |
| 216 | 4:51.17 | L     | F    | Amorick Jacobs          | 10 | KTS       | 13/01/2024 AGE GROUP 4 KATHU 2024                  |
| 217 | 4:56.68 | L     | F    | Reaotlotla Mofokeng     | 10 | NWUC KKD  | 21/10/2023 NWS Age Group 1 & 2 2023                |
| 218 | 4:57.44 | L     | P    | Kano Molefe             | 9  | HREF BP   | 06/12/2023 NWS Championships 2023/24               |
| 219 | 5:01.06 | L     | F    | Zanokuhle Luthuli       | 9  | USH KCD   | 27/01/2024 Ushaka Champs 2024                      |
| 220 | 5:01.56 | L     | F    | Ymeri Wilken            | 10 | VALS FDD  | 18/11/2023 Valsrivier Gala                         |
| 221 | 5:03.24 | L     | F    | Mari-Hane Visser        | 10 | KALA      | 02/12/2023 AGE GROUP 3 KATHU - 2023                |
| 222 | 5:03.53 | L     | F    | Jo Anne Schutte         | 9  | KALA      | 02/12/2023 AGE GROUP 3 KATHU - 2023                |
| 223 | 5:12.68 | L     | P    | Omphile Mahlohela       | 10 | HREF BP   | 06/12/2023 NWS Championships 2023/24               |
| 224 | 5:25.63 | L     | F    | Mishanie Van Jaarsveld  | 9  | UPSK ZMD  | 10/02/2024 AGE GROUP 6 UPT - 2024                  |
| 225 | 5:47.16 | L     | F    | Janah Louw              | 9  | KALA      | 02/12/2023 AGE GROUP 3 KATHU - 2023                |